

Yuka Minagawa Sugawara

Faculty of Liberal Arts
Sophia University
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Academic Positions:

2017 - present Associate Professor, Faculty of Liberal Arts
Sophia University
2014 - 2017 Assistant Professor, Faculty of Liberal Arts
Sophia University
2013 - 2014 Assistant Professor, Waseda Institute for Advanced Study (WIAS),
Waseda University

Education:

2013 Ph.D., Sociology, University of Texas at Austin
2008 M.A., Regional Studies in Russia, Eastern Europe, and Central Asia, Harvard University
2004 B.A., Foreign Studies and Russian Language, Sophia University

Primary Research and Teaching Interests:

Social demography; Health and aging; Gender; Socio-economic transition from communism in Eastern Europe and the former Soviet Union

Publications:

Yuka Minagawa and Yasuhiko Saito. 2021. "Disasters and the Disablement Process framework: an analysis of the great east Japan earthquake and tsunami of 2011." *Disasters*. 45(3): 647-663.

Yuka Minagawa and Yasuhiko Saito. 2021. "The Role of Underweight in Active Life Expectancy among Older Adults in Japan." *Journals of Gerontology Series B Psychological Sciences and Social Sciences*. 76(4):756-765.

Yuka Minagawa and Carol Jagger. 2020. "An Analysis of Macro-level Determinants of Geographic Disparities in Health Expectancies." (pp. 35-43) In Carol Jagger et al. (eds.), *International Handbook of Health Expectancies*. Springer Nature: Switzerland.

Marc Luy, Marina Zannella, Christian Wegner-Siegmundt, **Yuka Minagawa**, Wolfgang Lutz, and Graziella Caselli. 2019. "The impact of increasing education levels on rising life expectancy: a decomposition analysis for Italy, Denmark, and the USA." *Genus* 75:11.

Yuka Minagawa. 2018. "Changing Life Expectancy and Health Expectancy among Russian Adults: Results from the Past 20 Years." *Population Research and Policy Review* 37:851-886.

Yuka Minagawa and Yasuhiko Saito. 2018. "An Analysis of Factors Related to Disability-Free Life Expectancy at 65 Years of Age Across Japanese Prefectures." *European Journal of Ageing* 15:15-22.

Yuka Minagawa and Yasuhiko Saito. 2016. "Changes in Disability-Free Life Expectancy (DFLE) at Birth between 2000 and 2010 across Japanese Prefectures." *International Journal of Public Health* 61(7): 739-749.

Yuka Minagawa and Yasuhiko Saito. 2015. "Active Social Participation and Mortality Risk Among Older People in Japan: Results from a Nationally-Representative Sample." *Research on Aging* 37:481-499.

Vanessa Yong, **Yuka Minagawa**, and Yasuhiko Saito. 2015. "Policy and Program Measures for Successful Aging in Japan" (pp. 81-97) In Sheng-Tak Cheng et al. (eds.), *Successful Aging – Asian Perspective*. New York: Springer.

Marc Luy and **Yuka Minagawa**. 2014. "Gender gaps- Life Expectancy and Proportion of Life in Poor Health." *Health Reports* 25(12):12-19.

Yuka Minagawa and Yasuhiko Saito. 2014. "An Analysis of the Impact of Cell Phone Use on Depressive Symptoms among Japanese Elders." *Gerontology* 60:539-547.

Yuka Minagawa. 2013. "Inequality in Healthy Life Expectancy in Eastern Europe." *Population and Development Review* 39(4): 649-671.

Yuka Minagawa. 2013. "The Social Consequences of Post-Communist Structural Change: An Analysis of Suicide Trends in Eastern Europe." *Social Forces* 91(3):1035-1056.

Yuka Minagawa. 2013. "Gender Differences in Alcohol Choice among Russians: Evidence from a Quantitative Study." *European Addiction Research* 19(2):82-88.

Cynthia J. Buckley, Erin T. Hofmann, and **Yuka Minagawa**. 2011. "Does Nativity Matter? Correlates of Health by Immigrant Generation in the Russian Federation." *Demographic Research* 24(32):801-824.

External Grants, Fellowships, and Awards:

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| 2018 | Grants-in-Aid for Scientific Research, Japan Society for the Promotion of Science (Grant-in-Aid for Research Activity Start-up) |
| 2017 | Japan Center for Economic Research, Independent research grant |
| 2014 | Grants-in-Aid for Scientific Research, Japan Society for the Promotion of Science (Grant for Young Scientists-B) |
| 2013 | Grant for Theme-Specific Research Projects, Waseda University
Research Grant for New Faculty, Waseda University |

- 2012 Mitsubishi Graduate Research Fellowship, Mitsubishi Caterpillar Forklift America
- 2011 Honjo International Scholarship, Honjo International Scholarship Foundation
- 2010 Bruton Fellowship, University of Texas at Austin
Graduate Dean's Prestigious Fellowship, University of Texas at Austin
- 2009 Joint Japan/World Bank Graduate Scholarship, World Bank
- 2007 Graduate Student Research Fellowship, Harvard Ukrainian Institute
- 2006 Fulbright Scholarship, Fulbright Association

Academic Conference Presentations:

Yuka Minagawa. "Changes in Happy Life Expectancy among Russian Adults: Results from 1994-2014." Presented at the Population Association of America (PAA) conference. St. Louis, MO, May, 2021.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. "Changes in Active Life Expectancy in Japan: Results from Two Longitudinal Studies." Presented at the REVES conference. Singapore, June, 2021.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. "Natural Disasters and Physical Health: Evidence from the 2011 Great East Japan Earthquake and Tsunami." Presented at the Population Association of America (PAA) conference. Austin, TX. April, 2019.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. "Determinants of Active Life among Older Adults in Japan: The Role of Weight." Presented at the European Health Economics Association (EuHEA) Conference. Maastricht, the Netherlands. July, 2018.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. "Enduring effects of natural disasters on older people's health: Evidence from the Great East Japan Earthquake and Tsunami." Presented at the International Union for the Scientific Study of Population (IUSSP) conference. Cape Town, South Africa. October, 2017.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. "An Analysis of Factors Related to Disability-Free Life Expectancy (DFLE) at 65 across Japanese Prefectures in 2010." Presented at the European Population conference. Mainz, Germany. September 2016.

Marc Luy, Marina Zannella, Christian Wegner-Siegmundt, **Yuka Minagawa (Sugawara)**, Wolfgang Lutz, and Graziella Caselli. "Increasing Human Capital Fuels Increasing Life Expectancy and Optimism for the Future." Presented at the European Population conference. Mainz, Germany. September 2016.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. "Regional Inequalities in Health-Related Quality of Life in Japan: Results from Prefecture-Level Disability-Free Life Expectancy (DFLE) at 65." Presented at the REVES conference. Singapore, June, 2015.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. “Regional Differentials in Disability Free Life Expectancy in Japan.” Presented at the Population Association of America (PAA) conference. San Diego, CA. May, 2015.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. “Healthy Life Expectancy by Prefecture in Japan: Changes in Inequality between 2000 and 2010.” Presented at the REVES conference. Edinburgh, UK. May, 2014.

Yuka Minagawa. “Trends in Health Expectancy and Its Macroeconomic Correlates among Working-Age Men and Women in Contemporary Russia.” Presented at the Population Association of America (PAA) conference. Boston, MA. May, 2014.

Yuka Minagawa (Sugawara). “Differentials in Quality of Life across Eastern Europe: Evidence Based on Healthy Life Expectancy.” Presented at the International Union for the Scientific Study of Population (IUSSP) conference. Busan, Korea. August, 2013.

Yuka Minagawa (Sugawara). “Trends in Health Expectancy in Contemporary Russia.” Presented at the 1st User Conference of the Russian Longitudinal Monitoring Survey - Higher School of Economics (RLMS-HSE). Moscow, Russia. May, 2013.

Yuka Minagawa (Sugawara). “Differentials in Healthy Life Expectancy in Eastern Europe.” Presented at the REVES conference. Austin, TX. May, 2013.

Yuka Minagawa (Sugawara). “Sociological Approach toward Aging: Implications from Japan.” Presented at the 1st Asia Future Conference. Bangkok, Thailand. March, 2013.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. “Depression in Modern Times: Effects of Modern Communication Technology on Depressive Symptoms among the Japanese Elderly.” Presented at the Gerontological Society of America (GSA) conference. San Diego, CA. November, 2012.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. “Group Membership and Mortality Risk among the Japanese Elderly: New Evidence from a National Sample.” Presented at the Gerontological Society of America (GSA) conference. San Diego, CA. November, 2012.

Yuka Minagawa (Sugawara) and Robert A. Hummer. “The Long Shadow of Communism: New Cross-National Evidence for the European Health Divide.” Presented at European Population Conference (EPC). Stockholm, Sweden. June, 2012.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. “The Power of the Mind: Emotional Well-Being and Mortality Risk among Older Men and Women in Japan.” Presented at European Population Conference (EPC). Stockholm, Sweden. June, 2012.

Yuka Minagawa (Sugawara) and Yasuhiko Saito. “An Analysis of Trends in Healthy Life Expectancy: Evidence from the Russian Federation.” Presented at the REVES conference. Taichung, Taiwan. May, 2012.

Yuka Minagawa (Sugawara). “The Social Consequences of Post-Communist Structural Change: An Analysis of Suicide Trends in East Central European and Former Soviet Countries.” Presented at the American Sociological Association (ASA) conference. Las Vegas, NV. August, 2011.

Yuka Minagawa (Sugawara). “Gender Differences in Drinking Behavior: An Analysis of a Major Cause of the Mortality Crisis in Contemporary Russia.” Presented at the Population Association of America (PAA) conference. Washington, D.C. April, 2011.

Yuka Minagawa (Sugawara) and Tetyana Pudrovska. “Why Do Russian Men Drink? A Psychosocial Mechanism of Vodka Consumption in Contemporary Russia.” Presented at the American Sociological Association (ASA) conference. Atlanta, GA. August, 2010.

Cynthia J. Buckley, Erin T. Hofmann, and **Yuka Minagawa (Sugawara).** “Does Nativity Matter? Correlates of Health by Immigrant Generation in the Russian Federation.” Presented at the Population Association of America (PAA) conference. Dallas, TX. April, 2010.

Invited Lectures:

“Determinants of Successful Aging: Implications from Japan.” University of Lodz, Lodz, Poland. October 2014.

“Health Inequalities in Eastern Europe.” Vienna Institute of Demography. Vienna Institute of Demography, Vienna, Austria. November 2013.

“Inequalities in Health and Mortality across Europe.” Vrije Universitet. Brussels, Belgium. November 2013.

“Sociological Approach toward Health: An Overview of Health Expectancy.” Waseda University. Tokyo, Japan. September 2013.

“Health Inequalities in Europe.” National Institute of Population and Social Security Research. Tokyo, Japan. July 2012.

“Health Lifestyles and Mortality among Russians.” University of Texas at Austin. Austin, TX. March 2010.

Teaching Experience:

Courses Taught at Sophia University:

- Introduction to Japanese Society (undergraduate)
- Survey Methods (undergraduate)
- Sociology of Health and Aging (undergraduate)
- Population and Society (undergraduate)
- Global Health (graduate)
- Quantitative Research Methods (graduate)

Courses Taught at Waseda University:

- Social Issues in Modern Japan (undergraduate)
- Advanced Quantitative Political Analysis (graduate)

Professional Membership:

American Sociological Association (ASA)
Population Association of America (PAA)
Japanese Population Association

Non-Academic Employment:

2008-2009	Country officer, Japan International Cooperation Agency (JICA), Tokyo, Japan
2004-2006	Overseas market researcher, Japan External Trade Organization (JETRO), Tokyo, Japan