

SOPHIA U

SPSF

SOPHIA PROGRAM FOR
SUSTAINABLE FUTURES

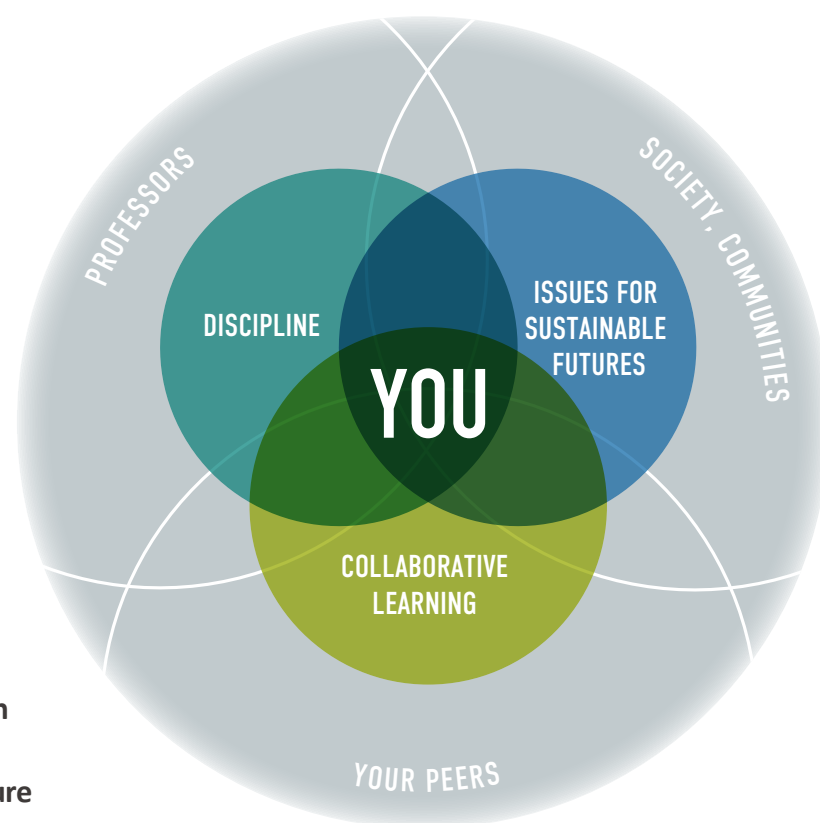
TO CREATE OUR SUSTAINABLE FUTURES IN THE HEART OF TOKYO

PROSPECTUS
2023

SPSF EXPLAINED

SPSF: A New Learning Environment to Create Sustainable Futures

The Sophia Program for Sustainable Futures provides students with a broad understanding of the world's diversities and teaches them the practical skills needed to contribute to building sustainable futures for others, with others. The students will learn about sustainability issues on a global and local scale and will collaborate with their peers and professors both on and off campus in order to determine how to achieve a sustainable future.



- Enhance Your Expertise in Your Department
- Broaden Your Horizons with an Interdisciplinary Approach
- Aiming to Build a Sustainable Future Together with Peers

Interdisciplinary Approach

SPSF is designed to develop students' critical and creative thinking skills to help them to work in the global and local environment and find solutions to issues faced by the international community using an interdisciplinary approach. By interacting and collaborating with students from other majors, students will understand issues from multiple perspectives. That's what makes SPSF so unique!

All Nine Faculties on One Campus

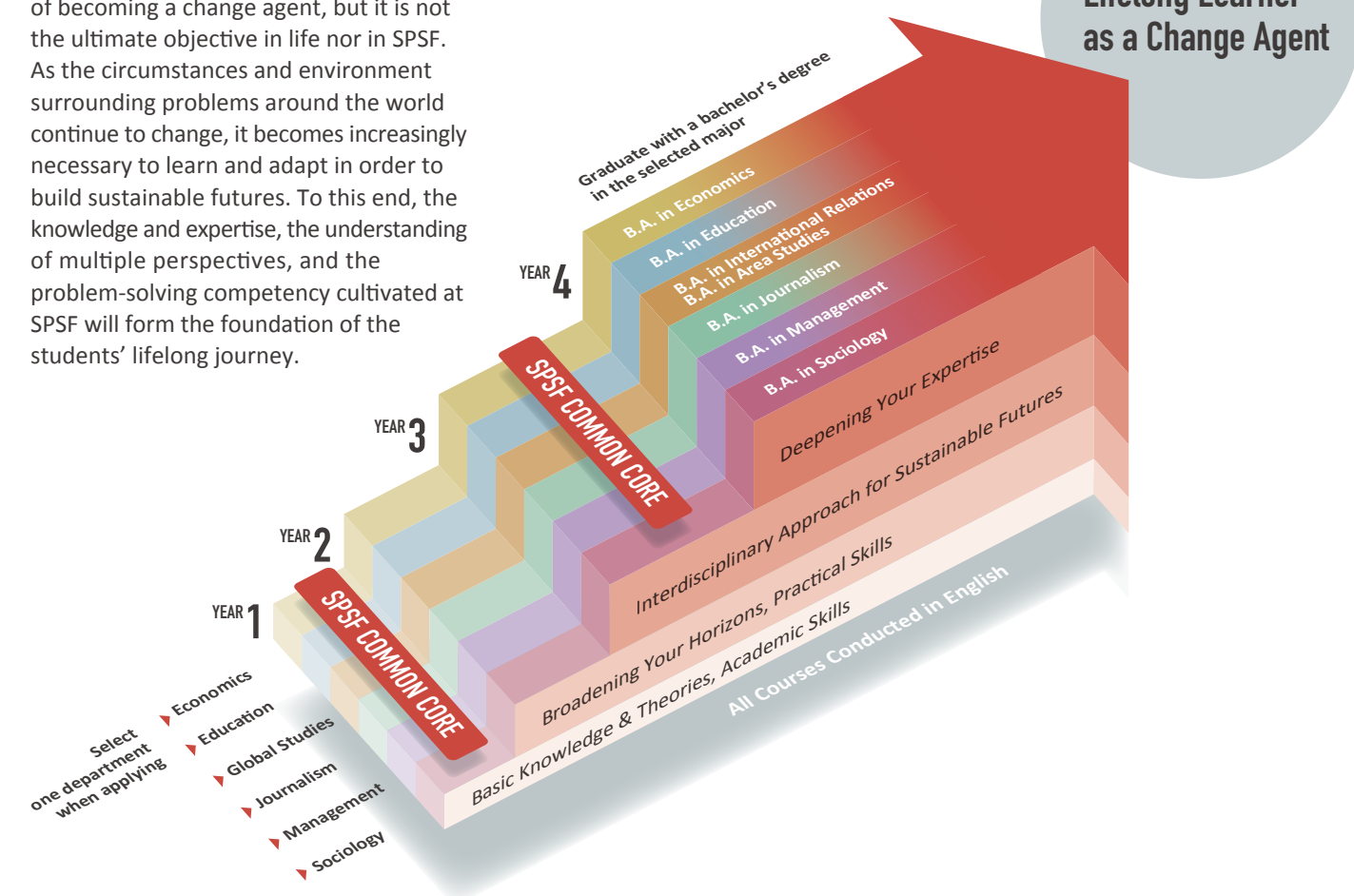
Sophia University has a compact footprint that brings together all faculties on a single campus. It allows SPSF to coordinate discipline-based courses seamlessly across six departments and offer an interdisciplinary learning environment at the same time.

All Courses Conducted in English

SPSF aims to create a learning environment free from conflicts of interest, where students from diverse backgrounds around the world can discuss their futures and deepen their understanding of each other's perspectives. In order to do this, English is used as the common language in which all participants communicate. With slightly more limited credits, courses conducted in Japanese are also available for SPSF students who wish to improve their Japanese-language proficiency or for those who are interested in courses relating to their respective specialized fields of study that are offered outside SPSF.

The Journey to Becoming a Change Agent in Creating Sustainable Futures

Obtaining a degree is part of the process of becoming a change agent, but it is not the ultimate objective in life nor in SPSF. As the circumstances and environment surrounding problems around the world continue to change, it becomes increasingly necessary to learn and adapt in order to build sustainable futures. To this end, the knowledge and expertise, the understanding of multiple perspectives, and the problem-solving competency cultivated at SPSF will form the foundation of the students' lifelong journey.



Offering Bachelor's Degrees in Specialized Fields of Study

SPSF students can study under the common core theme "sustainable futures" together with students from other disciplines to further their understanding of the theme and to obtain a bachelor's degree in one of seven disciplines when they graduate.

A Pioneer in Global Education in Japan

Sophia University now has 70 years of experience in providing courses in English and developing programs in which students can obtain credits solely in English. The knowledge obtained through the many years of experience is utilized in the development of SPSF.

Learning on & off Campus

Students will have opportunities for internships, field research, and other initiatives that foster practical learning in Japan and abroad. A variety of other opportunities such as study-abroad programs at affiliated universities, internships abroad, and international field studies are also offered.

In the Heart of Tokyo

The area around the campus has long been a hotspot of Japanese politics, economy, and culture. It is a place where you can feel the dynamism of the global city of Tokyo and enjoy a rich cultural experience that offers easy access to a variety of historical sites and cultural institutions such as museums, theaters, and libraries.

YOUR FOUR YEARS AT SPSF

	YEAR 1		YEAR 2		YEAR 3		YEAR 4	
	Autumn	Spring	Autumn	Spring	Autumn	Spring	Autumn	Spring
SPSF Common Core	Theme-based First-Year Lecture in/about SF				Theme-based Third-Year Seminar for SF			
	Academic Skills Academic Writing 1	Academic Skills Academic Writing 2						
	Academic Skills Academic Presentations	Academic Skills Critical Thinking & Discussion						
Specialized Education of the selected fields of study ▶ Dept. Info P. 5–7 ▶ Course List P. 8	Courses offered by Dept. of Economics	Interdisciplinary Learning						Bachelor's thesis
	Courses offered by Dept. of Education							Bachelor's thesis
	Courses offered by Dept. of Global Studies							Bachelor's thesis
	Courses offered by Dept. of Journalism							Bachelor's thesis
	Courses offered by Dept. of Management							Bachelor's thesis
	Courses offered by Dept. of Sociology							Bachelor's thesis
	Foreign language courses taught in English							
General Studies	Compulsory & elective courses including foreign language courses taught in Japanese							
Others			Internships					
			Study Abroad					
			Social Engagement Programs					
			Off-Campus Programs / Life Events					

Other activities may need the extra semester(s) to graduation.

GENERAL STUDIES

Courses designed for students to acquire the abilities necessary for various studies.

PICK UP COURSE Sustainable Development

Sustainable Development offers us many controversial topics these days. It is defined as how to balance economic growth, society, and the environment, not only for us but also for future generations. But is such a thing possible in the first place? We provide students with opportunities to think over the future development we really want and how to pursue "sustainable development" as our shared future goal in this course.

PICK UP COURSE Learning From Southeast Asia (Short -Term Program) A/B

This study tour is a practical program to be conducted in Southeast Asia, a region rich in historical and cultural diversity and where politics, economics, and society are undergoing dynamic transformation. In the spring semester (summer break intensive), a study tour of the "Eastern and Southern Economic Corridors" linking eastern Thailand with Cambodia and Vietnam is scheduled(A). In the autumn semester (spring break intensive), service-learning activities are planned in northern Thailand, while passing through the North-South Economic Corridor (Laos to Thailand) (B).

What is “SPSF Common Core” ? —> The Required Courses for All SPSF Students.

THE THEME-BASED COURSES

Lectures and seminars for Sustainable Futures.

First-Year Lecture in/about Sustainable Futures

This lecture course is required for all SPSF first-year students. The six departments provide lectures related to each discipline of sustainability, while the SPSF coordinator shares the latest studies on sustainability and develops the lecture content from each department. Students learn about issues related to the various disciplines and engage in discussions that connect this broad content through the all-encompassing perspective of sustainability. The course deals with the basics of sustainability study and academic discipline in order to work towards sustainable futures.

Third-Year Seminar for Sustainable Futures

This seminar course is also required to integrate the contents of various lessons the SPSF students have learned. Students bring their knowledge and skills to collaborate in addressing global and local issues related to sustainable futures. The seminar will be based on PBL style and potentially offer off-campus programs such as internships, study tours abroad, and online lessons. The students set their groups for common selective issues about sustainability and develop a solution after researching and analyzing the backgrounds and structures of the issues.

ACADEMIC SKILLS

Basic studies reinforcing the skills of learning in English such as writing, critical thinking, engaging in discussions, and delivering presentations.

Academic Writing 1 (AW1)

In this course, students will develop their academic writing skills using a four-skills integrated approach to equip them to write essays and research papers for undergraduate classes in English. Classes will consist of instructional teaching of academic writing skills, in-class writing exercises and practice, instructors and peer feedback on students' written work, and the presentation and discussion of students' assignments.

Academic Writing 2 (AW2)

This course will build on and further develop the academic writing skills learned in Academic Writing 1.

Academic Presentations

In this course, students will develop confidence speaking in front of others by learning key presentation skills. As well as input from the instructor, there will be extensive practice of presentation skills and active observation of other students' presentations.

Critical Thinking & Discussion

In this course, students will develop the critical thinking skills required to perform well academically as undergraduates and beyond. Most in-class work will be based around discussions of the various texts and topics, with input and guidance from the instructor on academic discussion skills. Students will also learn how to demonstrate their critical thinking skills in these discussions.

DEPT. OF ECONOMICS

SPSF since 2020

As part of the Sophia Program for Sustainable Futures (SPSF), the Department of Economics provides instruction on how the academic discipline of economics can be used to provide insight into real-world, social and economic phenomena, as well as enhance logical thinking skills. The first-year curriculum focuses on basic economic concepts, such as macroeconomics and microeconomics, whilst also teaching quantitative skills. In subsequent years, students study advanced economic theory and apply newly learnt analytical skills to examine various issues associated with developing sustainable societies in a range of settings. In addition, the curriculum is structured so that students can undertake a wide range of courses in the other Sophia University Departments and, in doing so, develop knowledge of other areas where economic concepts can be applied. Courses run by the Department of Economics feature small class sizes in order to promote active discussion between students and lecturers. We welcome self-motivated applicants who are interested in learning how economics can be employed to improve understanding of the socio-economic issues occurring in modern society.



Introduction to Macroeconomics

This course provides students with a basic knowledge of macroeconomic relationships and a toolkit to analyze the effects of various macroeconomic policies. The focus of the course is on understanding and interpreting aggregate data in the light of traditional macroeconomic models using graphical analysis as well as simple algebra. We will cover a wide range of topics in macroeconomics including the drivers of business cycle fluctuations, short-run stabilization policies, and the determinants of inflation and unemployment in the medium run.

DEPT. OF EDUCATION

SPSF since 2020

The Education major examines educational and human development issues from international and interdisciplinary perspectives, based on a thorough grounding in the discipline of education studies. The international and intercultural dimensions characterize the core courses offered by the Department of Education: Comparative Education, International Education, and Education and International Development. These are complemented by the education foundations courses including Curriculum and Instruction, Philosophy of Education, and Sociology of Education. What unites and imbues these multi-faceted approaches to education and human development is a deep respect for human dignity—a key pillar of sustainable futures.

Comparative Education applies historical, philosophical, and social science theories and methods to international issues in education. International Education examines the rationales and relationships of educational affairs and policies in the various contexts of international relations, and aims to understand their implications for human dignity and peace-building. Meanwhile, Education and International Development seeks to enhance understanding of educational issues in the context of developing nations characterized by extreme poverty, large income gaps, and cultural diversity.

The Education major thus aims to prepare future educators, researchers, and global citizens who possess the knowledge, values, and skills to understand, analyze and construct education for sustainable futures, both locally and internationally.



Comparative Education in Asia

Asia is home to six major civilizations: Buddhist, Christian, Hindu, Islamic, Japanese and Sinic. This course examines the “soul” and native ethos of Asian educational systems taking a historical, philosophical and cultural approach. It explores educational systems in these different cultural traditions and seeks to establish a dialogue among them with a view to contributing to sustainable futures.

DEPT. OF GLOBAL STUDIES

SPSF since 2020

The Faculty of Global Studies (FGS) offers a unique opportunity for students to study both International Relations and Area Studies to help them foster an interdisciplinary perspective of Global Studies. International Relations covers a wide range of pressing issues in international politics, international cooperation, and civil society. Area Studies explores socio-cultural contexts in Asia, Africa, the Middle East, and other areas at the local and cross-regional level. Majoring either in International Relations or Area Studies in the third year, students develop their global minds by combining these macro and micro views to achieve a better understanding of our changing world.

The FGS equips students with the skill sets required for their future. They are trained to identify important questions, deepen discussions, and carry out research projects. Based on faculty members’ lectures on theories and practices, small-sized classes and seminars involve frequent discussions and group activities with students from different parts of the world. FGS’s flexible curriculum allows students to take courses offered by other departments and to learn foreign languages to enhance their capacity for communication and comprehension. Extracurricular activities including studying abroad, internships, and volunteering also help students widen their horizons. Our graduates go on to professionally contribute to society both in the private and public sectors in Japan and abroad. We look forward to welcoming you.



Introduction to Global Studies

Global Studies is a new integrated discipline that explores globalization in the present day. It provides a broad understanding and practical knowledge of global issues for students by interconnecting two points of view: global (in the context of International Relations) and local (in the context of Area Studies). To cover the extensive and integrated scope of Global Studies, the Faculty members teach the course from different disciplines: area studies, anthropology, history, politics, international relations, economics, and sociology, as well as focusing on a number of important issues including gender, media, and civil society in a global context.

DEPT. OF JOURNALISM

SPSF since 2021

Journalism is an interdisciplinary major focusing on the social roles, functions, and influences of all aspects of media activities and communication, investigating a broad range of issues in the news reported in the media. The Department of Journalism at Sophia University, being the first ever journalism school in Japan, has a legacy of 90 years.

In the Sustainable Futures program, special emphasis is placed on issues related to sustainable futures. The realization of sustainable futures depends on the effective and ethical participation of journalists, content creators, and media outlets around the world. This program aims at fostering students’ knowledge, skills, and abilities related to journalism and mass communication, which are vital to the fulfilment of sustainable futures.

The first year students will study the fundamental theories of communication and acquire academic research techniques. Starting from the second year, students will focus more on journalism, mass communication, and international media issues and ethics. In addition to theory classes, students will participate in seminar classes that nurture critical thinking and analytical skills related to sustainable futures. In the final year, students will complete their studies with a graduation dissertation on a specific topic. We look forward to meeting students interested in understanding and discussing sustainable futures through journalism and media communications.



Communication 1

Whether we like it or not, the media (both the traditional mass media and social media) has a strong effect on our society and its futures. This class covers the fundamental concepts and theories related to journalism and media communication that enable us to understand different ways the media is affecting our society, both positively and negatively.



DEPT. OF
MANAGEMENT

SPSF since 2022

Business is a crucial driver for addressing demographic, societal, environmental, and economic challenges through the development of new, flexible, and innovative business models. Our core mission is to foster inspirational and aspiring leaders who can make rational decisions and catalyze transformative changes in organizations and civil societies. We aim to cultivate our students' critical and analytical thinking skills and sharpen their evidence-based and practice-based knowledge to support a career in management. With areas of expertise that include accounting, entrepreneurship, organization, marketing, and strategy, our specialized curriculum provides students with unique learning opportunities to enhance their ability to discover meaningful solutions for current management issues within local and global contexts. Students are encouraged to take basic and applied courses in other departments of the university to broaden their vision of the interface between business and society, and to utilize the university's wide range of language teaching and study-abroad programs to bolster their ability to effectively communicate amid rapid changes in global market conditions. Our faculty, our innovative research, and our corporate engagement contribute to ensuring the sustainability of the broader communities in which we are living. We welcome applicants who are eager to proactively pursue their own path and seek out both problems and solutions towards creating a sustainable future.



Principles of
Management

This course introduces participants to the discipline of management. It provides an overview of the traditional approach to management focused on leading, planning, organizing, and controlling, as well as highlights critical perspectives and variations across different contexts. Overall, through a combination of lectures and active participation, the course aims to prepare students to meet complex challenges of contemporary business world in an informed, responsible, and proactive way.

DEPT. OF
SOCIOLOGY

SPSF since 2020

Sociology is the study of social relations and social institutions, with the underlying purpose of explaining how social surroundings shape and are shaped by human behavior and consciousness. Sociologists critically question social reality to identify the mechanisms behind social phenomena and think about how societies might be changed for the better. As a broad discipline that studies all dimensions of life, sociology involves micro-level analyses of personal relationships and community-level occurrences just as much as macro-level investigations of global topics.

In this tradition, the Department of Sociology offers a curriculum that is designed to cultivate intellectual curiosity and critical interest in human society, helping students to develop the capacity to comprehend the causes and consequences of social phenomena. Our classes on sociological theory and empirical methodology equip students with the necessary tools to analyze and make sense of the complex world in which we live. Students are guided to understand the characteristics of the various dimensions of modern society and how they relate to social structure and social change, while fostering skills to approach topics from an international and humanitarian point of view and propose sociologically informed solutions for creating an inclusive and sustainable society.



Principles of
Sociology

This class introduces students to the discipline of sociology. By studying a broad range of basic sociological concepts, students will learn to use their "sociological imagination". Through discussing real-life examples, students are encouraged to think critically about the social reality they live in and to distinguish between common-sense assumptions and evidence-based reasoning. Topics covered include socialization, groups and networks, social control and deviance, social stratification, gender, race, poverty, family, as well as education, among others.

COURSES

Specialized Education

ECONOMICS

- Active Learning Seminar 1,2
- African Economy
- Asian Economy
- Bachelor's Thesis
- Contemporary Issues in International Development
- Economics of Social Policy
- Environmental and Natural Resource Economics
- Game Theory
- Global Development Goals
- Global Economic History
- Intermediate Macroeconomics
- International Economics and Business
- International Finance
- Introduction to Data Analysis
- Introduction to Macroeconomics
- Introduction to Microeconomics
- Introduction to Statistics
- Japanese Economy 1
- Mathematics for Economics
- Poverty in The Global Economy
- Public Economics 1
- Quantitative Analysis of Social Issues
- Seminar-economics and Global Health 1,2
- SPSP Seminar: Macroeconomics 1,2,3,4
- SPSP Seminar: Microeconomics 1,2,3,4

EDUCATION

- Bachelor's Thesis / Bachelor's Graduation Project
- Comparative Education in Asia
- Curriculum and Instruction
- Education and International Development
- International Education
- Introduction to Educational Studies
- Introduction to Comparative Education
- Research in Education 1,2
- Special Topics in Education
- 1: Philosophy of Education
- 2: Sociology of Education
- 3: Current Issues in Education in Asia
- 4: Education for Critical Action in the Anthropocene
- Undergraduate Seminar in Education 1,2,3,4

SPSF Common Core

THEME-BASED

- First-Year Lecture in/about Sustainable Futures
- Third-Year Seminar for Sustainable Futures

ACADEMIC SKILLS

- Academic Writing 1
- Academic Writing 2
- Academic Presentations
- Critical Thinking & Discussion

General Studies

- Offered by Center for Global Education & Discovery and other departments.

GLOBAL STUDIES

- Academic Skills for Global Studies
- Advanced Studies (Contemporary Societies of Asia)
- Advanced Studies (Cultures and Societies of Asia)
- Advanced Studies (Democracy and Conflict)
- Advanced Studies (Global Migration and Koreans in Japan)
- Advanced Studies (International Human Rights)
- Advanced Studies (International Organization B)
- Africa's Development Aid
- Anthropology of Sufferings and Hopes in Africa
- Asian Politics
- Bachelor's Thesis 1,2
- Basics of International Cooperation B
- Basics of Southeast Asian Studies B
- Basics of Theories of Civil Society B
- Conflict Resolution B
- Contemporary Societies of The Middle East
- Education for Minorities in Japan
- Globalization and Economics 2
- Independent Studies 1,2,2a,2b,3,4,4a,4b,5,6,6a,6b
- International Organization: Theory and Practice
- International Politics: Theory and Practice
- Introduction to Area Studies
- Introduction to Global Studies
- Introduction to International Relations
- Life and Culture in Africa
- Modern History of The Middle East B
- Peace Research
- Seminar (International Relations) 1,2
- Seminar (Area Studies) 1,2
- Society and Politics in South Asia
- Theory of International Politics

JOURNALISM

- Bachelor's Thesis A, B
- Communication 1
- Ethics of Mass Communication 1,2
- International Communication 1,2
- Mass Media 1,2
- Reporting in English 1,2,3
- Seminar 1 (Media Research)
- Seminar 2a,2b,3a,3b,4a,4b

Language [Other Than English]

JAPANESE LANGUAGE COURSES

- Japanese 1,2,3,4
- Japanese M1,M2,M3
- Advanced Japanese 1,2
- Intensive Japanese 1,2,3,4
- Business Japanese 1,2
- Business Japanese (Preparation for Internship)
- Reading and Writing (Basics)
- Reading and Writing 1,2,3
- Japanese Literacy 1,2
- Translating English to Japanese: Theory and Practice 1,2
- Translating Japanese to English: Theory and Practice
- Academic Japanese 1-1,1-2,2-1,2-2
- Japanese Tutorial Module 2,3,4
- Review for Japanese Tutorial Module 2,3

MANAGEMENT

- Bachelor's Thesis
- Challenging Frontline Issues in Global Business
- Consumer Behavior 1,2
- Entrepreneurship 1,2
- Financial Accounting 1,2
- Fundamental of Accounting 1,2
- Global Branding
- Global Marketing 1,2
- Innovation Management
- International Accounting
- Introduction to Management 1,2
- Management Accounting 1,2
- Marketing Strategy 1,2
- Organizational Behavior
- Organizational Theory and Analysis
- Principles of Accounting
- Principles of Management
- Principles of Marketing
- Research Seminar in Management 1,2,3,4
- Special Topics in Management 1,2
- Special Topics in Marketing
- Strategic Management

SOCIOLOGY

- Advanced Seminar in Sociology
- Bachelor's Thesis
- Contemporary Social Problems
- Environmental Sociology
- First Year Seminar in Sociology
- Principles of Sociology
- Qualitative Methods in Sociology
- Quantitative Methods in Sociology
- Social Change in Postwar Japan
- Sociological Theory 1,2
- Sociology of Families
- Sociology of Globalization
- Sociology of Happiness
- Special Topics in Sociology 1,2
- Work and Employment in Japan

OTHER LANGUAGES

- Basic Chinese 1,2
- Intermediate Chinese 1,2
- Advanced Chinese
- Basic French 1,2
- Intermediate French 1,2
- Advanced French (Integrated Skills)
- Advanced French
- Basic Spanish 1,2
- Intermediate Spanish 1,2
- Advanced Spanish (Integrated Skills)
- Advanced Spanish etc.

There is also a wide range of other courses available to SPSP students.

FACULTY MEMBERS TALK ABOUT SPSF

QUESTION:

How Can SPSF Contribute to Students' Learning in Your Department?



SPSF PROGRAM COORDINATOR

Professor
Dr. Hideki MARUYAMA

Welcome to SPSF!

Sustainable futures ask us to reflect on our lifestyles and take action for the well-being of people, the planet, and society. SPSF nurtures future generations with the knowledge, skills, and diverse perspectives to discover and solve globally and locally interrelated issues for others, with others. Many of the issues that lie in today's society can hardly be solved by a single approach. What is needed is not a competitive edge over the other, but cooperation and collaboration. Because SPSF

emphasizes collaborative learning among different specialties, students need to develop their own expertise while ensuring collaboration with other specialties. Students around the world are called to actively participate and discuss issues from diverse perspectives in order to build a sustainable future. SPSF focuses on connecting each student's experience in the classroom and campus life to their own sustainability and lifelong learning. University education is the final stage of formal education for students to find meaningful learning in creating sustainable futures. We are waiting for you to join us!



DEPT. OF EDUCATION

Associate Professor
Dr. Maria MANZON

I think the best way to answer the question is by quoting from our SPSF first-year students' reflections after their first semester in the program: One said: "Education is at the core of many other sustainability issues". Another remarked: "Education is very important to achieving sustainability as it is the foundation to spread the importance of sustainability to society." Education is thus key to achieving sustainable futures. Quality education—Sustainable Development Goal no. 4—is interwoven with all the other SDGs and is thus central to them. It is through education that we can **nurture minds, hearts, and hands** for sustainable futures.

The Department of Journalism places a special focus on the issues of sustainable futures. In order to achieve the Sustainable Development Goals, people and organizations around the world must **share facts and ideas** to work on many of the problems that we face. However, the world of media works in a dynamic and complicated context. Through the understanding of history, concepts, and theories related to journalism and media communication, we will discuss environmental and social issues around the world. This program aims to develop students' knowledge, skills, and abilities related to journalism and media communication vital to the realization of sustainable futures.

DEPT. OF JOURNALISM

Associate Professor
Dr. Tomoki KUNIEDA



Economics is the study of how individuals, businesses, and governments make choices about the use of limited resources. **Sustainability is therefore at the center of economic analysis.** How should we use scarce natural resources? How can we manage the changes in our society associated with globalization and digitalization? Why are some countries poorer than others and how can we support their development? Why has inequality increased so much over the last decades and how can we fix this problem? How can we design financial regulation for a more sustainable financial system? And how can we deal with the economic consequences of severe crises such as the current pandemic or climate change? These are just some examples of questions that students will analyze and discuss in our classes. And our interdisciplinary approach allows our students to exchange their opinions on these issues with their peers from other disciplines to acquire a broader view and to think about sustainability not just from an economic perspective but from a truly integrated one.

DEPT. OF ECONOMICS

Assistant Professor
Dr. Matthias SCHLEGL



DEPT. OF SOCIOLOGY

Associate Professor
Dr. Carola HOMMERICH

Sociology is a thematically broad discipline. It has strong overlaps with other disciplines like economics, education, journalism, and global studies. Within SPSF, you can also take courses from these other disciplines. This will help you **gain a deeper understanding** of the highly complex issues we are facing today and is a clear asset in identifying ways of moving towards sustainable futures. This is something that is unique to SPSF.

SPSF offers **diverse perspectives** through discussing progresses and challenges of sustainable development. SPSF students said they learned that while SDGs are global goals and are discussed at the international level, one-size-fits-all solutions would not work at the local level because different local areas have different histories, cultures, and social systems. Also, students are now keenly interested in issues related to sustainable development that are embedded in our daily lives, from coffee and fashion to infectious diseases and social inequality.

DEPT. OF GLOBAL STUDIES

Assistant Professor
Dr. Ayako KOBAYASHI



DEPT. OF MANAGEMENT

Associate Professor
Dr. Taku TOGAWA

Business plays a crucial role in society. It can provide us with useful and valuable products and services, and not only generate jobs and profit but also contribute to our communities and tackle complex socio-economic challenges of today's world. Our department offers a range of foundational and specialized courses in management, **covering diverse topics and including issues crucial for sustainability** such as corporate social responsibility, business ethics, diversity in the workplace, and others. Being a part of the SPSF further enriches students' experience by immersing them in interdisciplinary learning environment. We welcome students who are motivated to learn business and to take initiative in discovering meaningful solutions that can contribute to realizing a more sustainable future.

FIND OUT MORE
ON YOUTUBE



STUDENTS' VOICE

QUESTION :
What do you like about SPSF ?



"It's great because we get to hear lectures from professors from different departments, and we also get to engage in discussions with students from other departments, so it's **very interdisciplinary**."

"SPSF is an **innovative program** that integrates multiple perspectives into your viewpoint of global issues today with **a great community** and a supportive environment."

QUESTION :
How have your values or perspectives changed during your Sophia university life?

"There are **a lot of students with diverse backgrounds at SPSF**, so there are many **ideas and thoughts** that I would never think about it unless I heard from them, so I enjoy getting new ideas, thinking and finding solutions together."



"At first, the question was how we can help developing countries but later on , that question became should we be developing developing countries. I felt SPSF would be the best place to answer that question. I have definitely gotten somewhat **close to an answer**."

"Change starts from personal connections. SPSF provides an opportunity for you to step outside your box, connect, communicate, collaborate, and expand your knowledge and perceptions of the world. You'll develop personal connections with topics you've only read from the news and SPSF will ultimately guide you to actively begin seeking and ultimately creating change on the environment around you and outwards **'with others, for others'**."



QUESTION :
What would you say to prospective students who are considering attending SPSF?

"SPSF is a place where **we can learn to create better futures** for not only ourselves but also for future generations, futures where we can create a society that is sustainable and inclusive and futures where we can learn to thrive together."

"SPSF really encourages you to go out **of your comfort zone** and try something new, so please join SPSF, and we'll see how it goes from there."



"University is a time for you to find yourself and find how you want to express yourself, and find what you want in the future. You need to keep your options open, that you should always **keep your mind open** to new things to change and remember that you should never give up."



"**Try new things**, whether it be new clubs or circles or internships. You're young. It's time to kind of explore and try new things, and it's okay if you fail or like fall back a few steps because failure is only temporary. **Your future success awaits** you, so try new things over and over again until they work out. Good luck! "



"We're looking forward to welcome you all. If you are looking to experience life from a multicultural community and learn about sustainability from a various different perspectives and levels, then **SPSF is for you**."



FIND US
ON YOUTUBE



CAMPUS LOCATION

- 1 State Guest House
- 2 Japan National Stadium, Olympic Stadium
- 3 Meiji Shrine
- 4 Tokyo Metropolitan Government Building
- 5 Tokyo Metropolitan Theatre
- 6 Rikugien Garden
- 7 Tokyo National Museum
- 8 Tokyo Metropolitan Art Museum



山手線

- 9 Sensoji Temple
- 10 Tokyo Skytree
- 11 Yasukuni Shrine
- 12 National Diet Building
- 13 Imperial Palace
- 14 Imperial Theatre
- 15 Kabukiza Theatre
- 16 Tokyo Tower
- 17 The National Art Center, Tokyo
- 18 Shibuya Scramble Crossing
- 19 Haneda Airport
- 20 Narita Airport

SCHOLARSHIP, HOUSING

FINANCIAL ASSISTANCE

Various types of scholarships and financial aids are available.

Scholarship application accepted at the time of admission application

- **New Student Scholarship**
Either 1/3, 1/2, or full tuition support for the first year.
- **Adachi Scholarship for international students from Southeast Asia and Africa**
Equivalent to the full tuition and education enhancement fee for the first year.

Other financial aid programs: [Applications accepted after entrance]

- **Sophia University Tuition Support Scholarship**
Either 1/3, 1/2, or full tuition support for the academic year.
- **Adachi Scholarship for international students from Southeast Asia and Africa**
Equivalent to the full tuition and education enhancement fee for the academic year.
- **Sophia University Benefactors' Scholarships**
The amount varies from ¥50,000 / year to ¥400,000 / year.
- **The Monbukagakusho Honors Scholarships**
¥48,000 / month for one year
- **Other scholarship programs:**
More than 100 programs offered by public or private organizations

More Information:
www.sophia.ac.jp/eng/
> Campus Life > Scholarships



HOUSING

Dormitories

Sophia has several off-campus dormitories and affiliated dormitories for students in the Tokyo area.

- **Sophia Soshigaya International House**
Setagaya City
To Sophia Campus : 60 min.
Rent: ¥45,000 / month
- **Sophia-Arrupe International Residence**
Shinjuku City
To Sophia Campus : 10 min.
Rent: ¥95,000 / month
- **Sophia Edagawa Men's Dormitory**
Koto City
To Sophia Campus : 40 min.
Rent: ¥70,000 / month
- **Sophia Higashi Nakano* Women's Dormitory**
Nakano City
To Sophia Campus : 25 min.
Rent: ¥85,000
¥102,400 with meals / month
- **Sophia Kasai International House* Women's Dormitory**
Edogawa City
To Sophia Campus : 40 min.
Rent: ¥56,100 / month
- **Student Hall Luxlass****
Shinjuku City
To Sophia Campus : 15 min.
Rent: ¥85,000 - ¥99,500
¥114,100 - ¥128,100 with meals / month
- **Lestonnac Izumi Kan*** Women's Dormitory**
Suginami City
To Sophia Campus : 45 min.
Rent: ¥50,000 / month

* Owned and managed by Kyoritsu Maintenance Co., Ltd.
** Owned and managed by J.S.B. Network Co., Ltd.
*** Owned and managed by "Sisters of the Company of Mary, our Lady".

[Housing Information as of April 2022]

ADMISSIONS

REGULAR ADMISSIONS

[DOCUMENT SCREENING]

For First-year Students

Acceptance decisions are made on the basis of SAT/ACT/IB Diploma/GCE A Level scores (grades), TOEFL/IELTS scores, official high school transcripts, an essay, and two recommendation letters.

Application Period

First Period: Mid-November - Early December
Second Period: Mid-March - Early April

For details, please refer to:
www.sophia.ac.jp/eng/
> Admissions

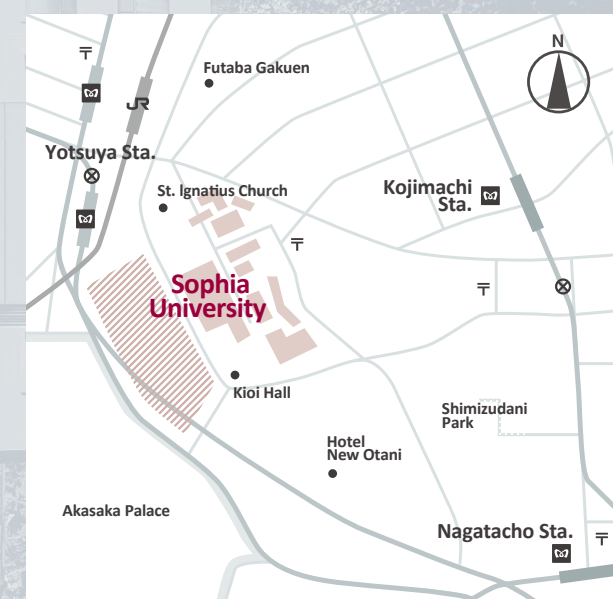


TUITION

[APPROX.]

¥1,490,000 for the first year
¥1,270,000 from the second year on

ACCESS



Sophia University Admissions Office

7-1 Kioi-cho, Chiyoda-ku, Tokyo 102-8554, Japan
EMAIL : admission-u-co@sophia.ac.jp
TEL : +81-3-3238-4018

www.sophia.ac.jp/eng/



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