

# **SOPHIA UNIVERSITY**

# **CLIMATE SURVEY 2025:**

# **DATA REPORT**

**Public Beliefs, Behaviour, and Emotions**  
**Regarding Climate Change in Japan**



**SOPHIA**  
**UNIVERSITY**

上智大学

# INTRODUCTION

This data report summarizes results from the **Sophia University Climate Survey 2025**, a large-scale online survey on public beliefs, attitudes, behaviours, and emotions related to climate change in Japan.

The survey was administered between August 27 and September 1, 2025, using an online survey panel provided by Neo Marketing, using cross-quota sampling for prefecture, gender, and age, proportionate to the Basic Resident Register of Japan (as of January 1, 2024). A total of 5,000 respondents aged 15 to 74 participated.

The **Sophia University Climate Survey 2025** is part of a research project led by Carola Hommerich, Professor in the Department of Sociology, Faculty of Human Sciences, and supported by a Special Grant for Academic Research on Optional Subjects by Sophia University (2024–2026).

For all inquiries regarding the content of this report, please contact us at: [hommerich\[at\]sophia.ac.jp](mailto:hommerich@sophia.ac.jp)

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# RESEARCH TEAM

**Carola HOMMERICH** (Principal Investigator)

Professor, Department of Sociology, Faculty of Human Sciences, Sophia University

**Takeshi ITO**

Professor, Faculty of Liberal Arts, Sophia University

**Susumu OHNUMA**

Professor, Department of Behavioral Science, Faculty of Humanities and Human Sciences, Hokkaido University

**Joanna KITSNIK**

Researcher, Fondazione Eni Enrico Mattei

**Sighard NECKEL**

Professor Emeritus, Humanities Centre for Advanced Studies “Futures of Sustainability”, Hamburg University



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# METHODOLOGY

**Mode:** Online survey

**Sample size:** 5,000 respondents

**Population:** Members of an online survey panel (Neo Marketing)

**Age range:** 15-74

**Sampling method:** Cross-quota for prefecture, gender, age, proportional to the Basic Resident Register (as of Jan 1, 2024)

**Survey period:** Aug 27 – Sep 1, 2025



# KEY FINDINGS

## High Concern, but Limited Interest and Policy Awareness — Especially Among Young Adults

Overall, 76.3% of respondents report that they are worried about climate change. However, only 58% state that they are interested in the issue. In addition, 57% say they do not know what specific climate change measures the government has implemented, and a further 32.4% indicate that they are unsure — suggesting that public awareness of climate policy is limited.

Concern and interest are comparatively lower among respondents aged 20–39. Among those aged 20–29, only 64.3% report being worried about climate change, and more than 60% state that they are either not interested in the topic or feel neutral about it.

By contrast, respondents aged 15–19 show relatively higher levels of concern and interest compared to those in the immediately older age group.

# KEY FINDINGS

## Lower Climate Knowledge and Climate-Friendly Behavior Among 20–39-Year-Olds

In knowledge-related questions on climate change, respondents aged 20–39 show comparatively lower correct response rates. They are also less likely to link extreme weather events such as heatwaves and heavy rainfall to climate change.

This age group reports lower frequencies of climate-friendly behavior compared to other age groups.

Furthermore, 16.4% of respondents aged 20–29 and 10% of those aged 30–39 state that climate change is not happening, underscoring the comparatively lower levels of climate knowledge observed in these age groups.

# KEY FINDINGS

## Climate-Friendly Behavior Not Yet Fully Normalized — Embarrassment as a Barrier

The survey findings indicate that climate-friendly behavior has not yet become fully socially normalized in Japan. Particularly among younger respondents, feelings of embarrassment about being perceived as “overly environmentally conscious” or “radical” are explicitly mentioned as barriers to climate-friendly behavior.

These responses suggest that visible environmental engagement can carry social costs in certain peer contexts.

# KEY FINDINGS

## **Emotional impact of climate change is widespread, with stronger diffuse climate anxiety among younger respondents**

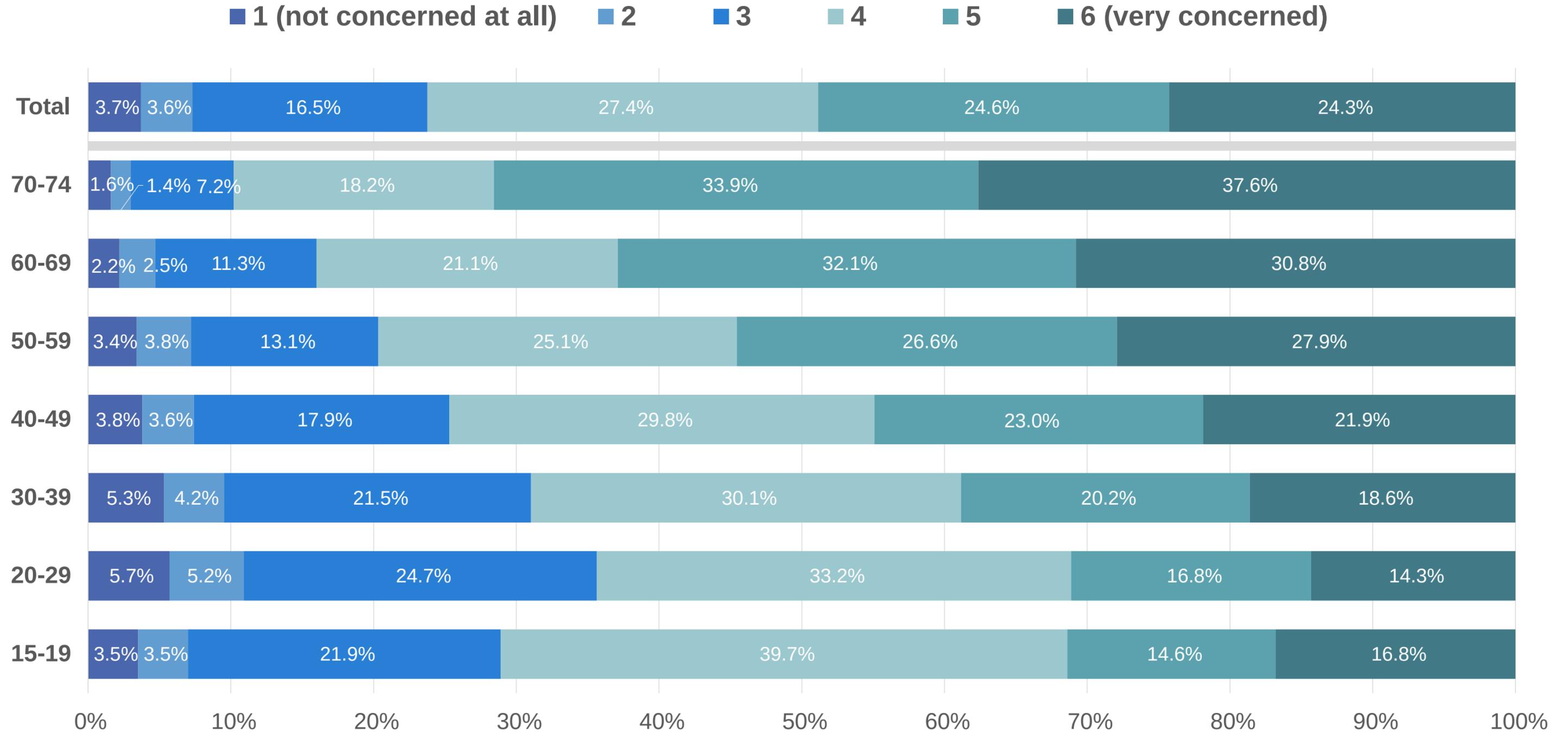
Across all age groups, many respondents report feelings of fear and anxiety regarding changes in nature caused by climate change. Sadness about the weakening of distinct seasons and the loss of traditional landscapes were also widely observed.

Diffuse forms of climate anxiety — including difficulties concentrating or sleeping — were comparatively more prevalent among younger respondents.

While climate change exerts emotional impacts across generations, the way these emotions manifest appears to differ by age group.

# **CLIMATE CHANGE CONCERN AND INTEREST**

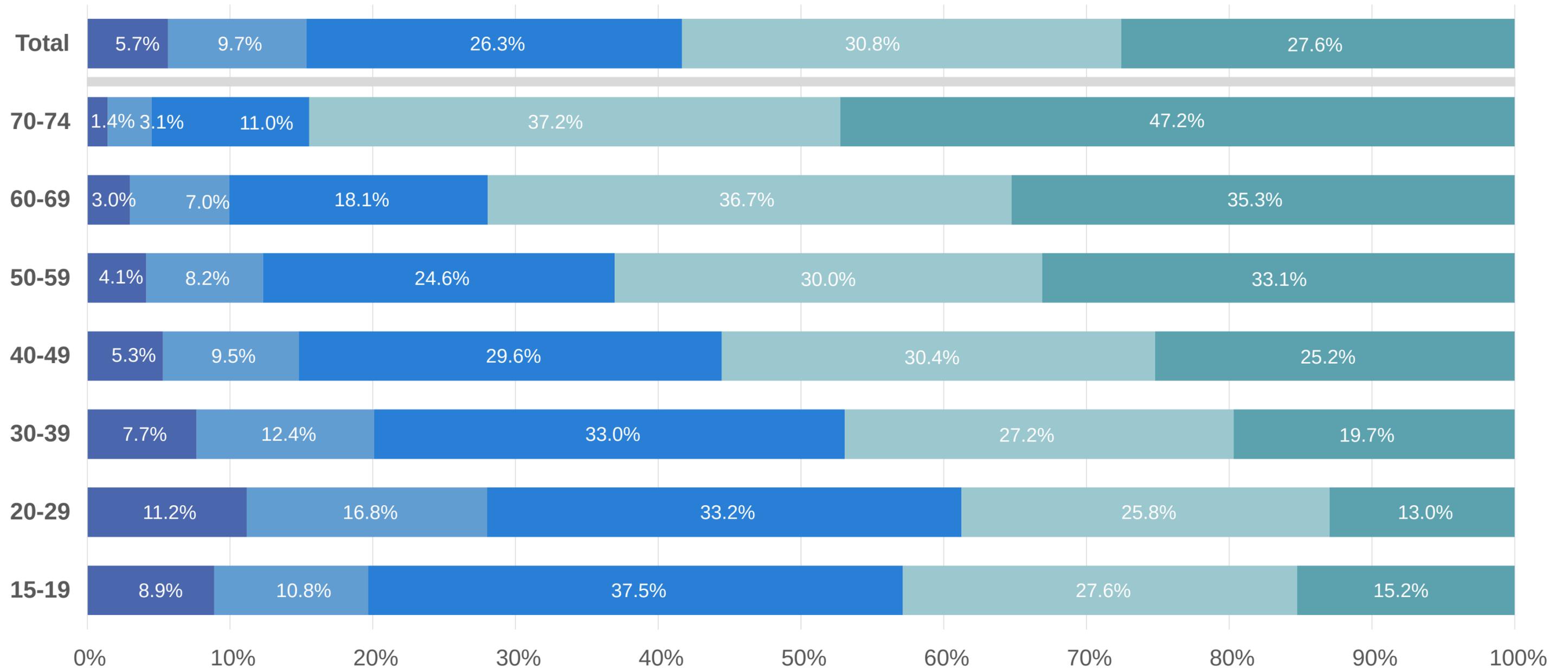
# How concerned are you about climate change?



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# I am not very interested in climate change.

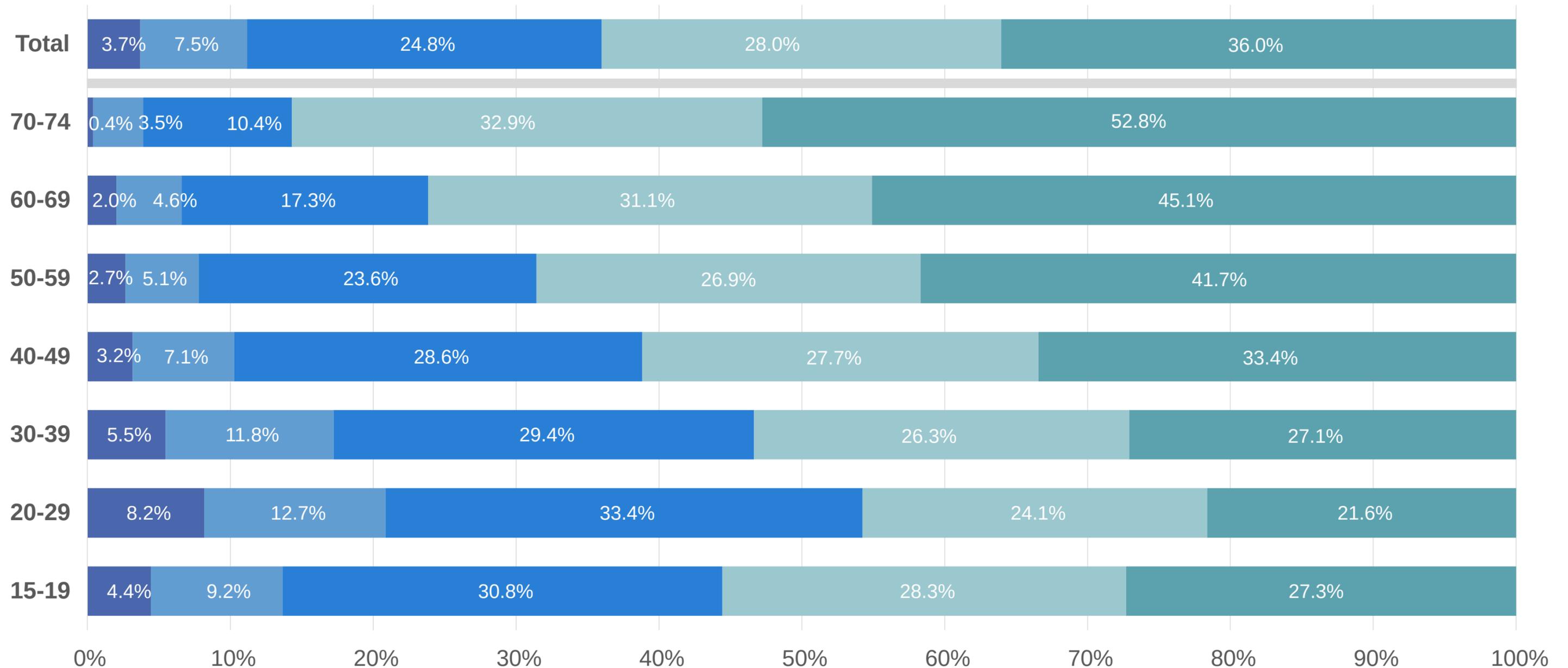
■ Strongly agree 
 ■ Somewhat agree 
 ■ Neither agree nor disagree 
 ■ Somewhat disagree 
 ■ Strongly disagree



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# Climate change does not relate much to my everyday life.

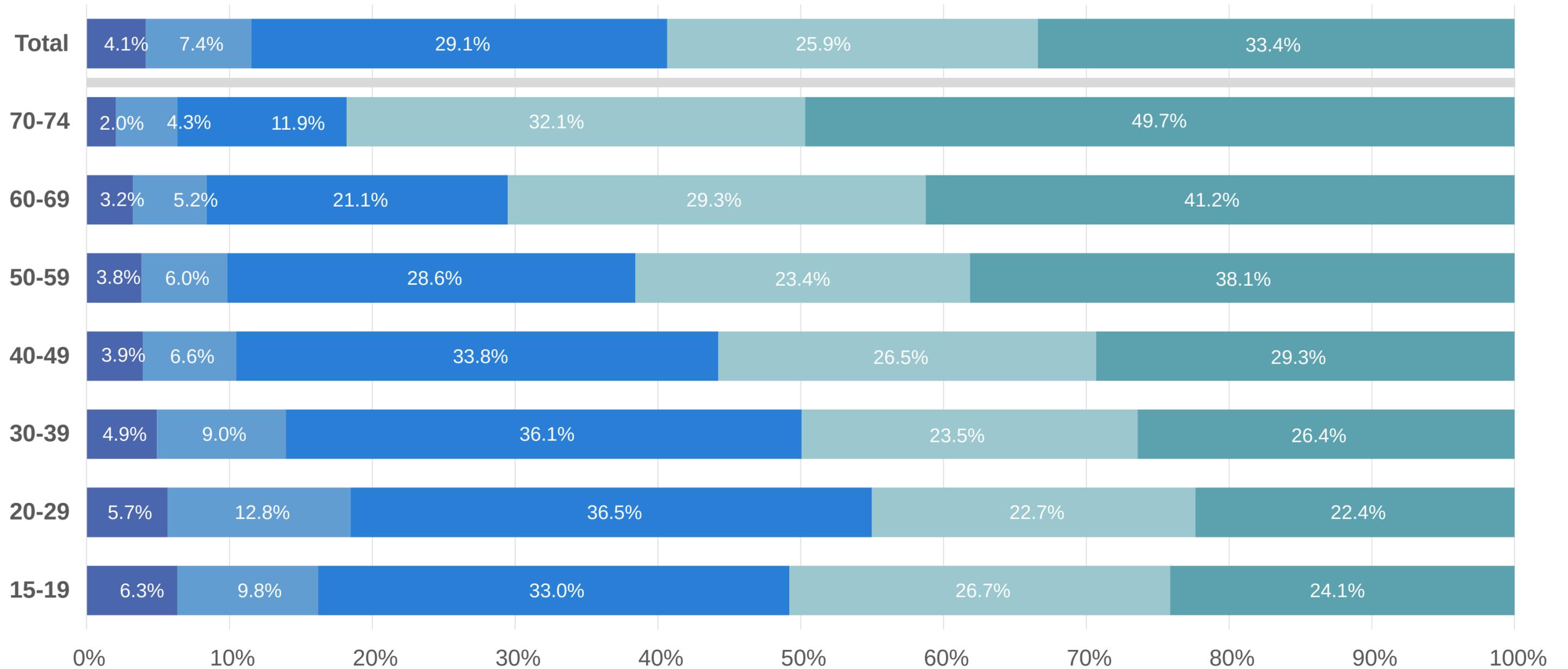
■ Strongly agree  
 ■ Somewhat agree  
 ■ Neither agree nor disagree  
 ■ Somewhat disagree  
 ■ Strongly disagree



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# People make too much fuss about climate change.

■ Strongly agree  
 ■ Somewhat agree  
 ■ Neither agree nor disagree  
 ■ Somewhat disagree  
 ■ Strongly disagree

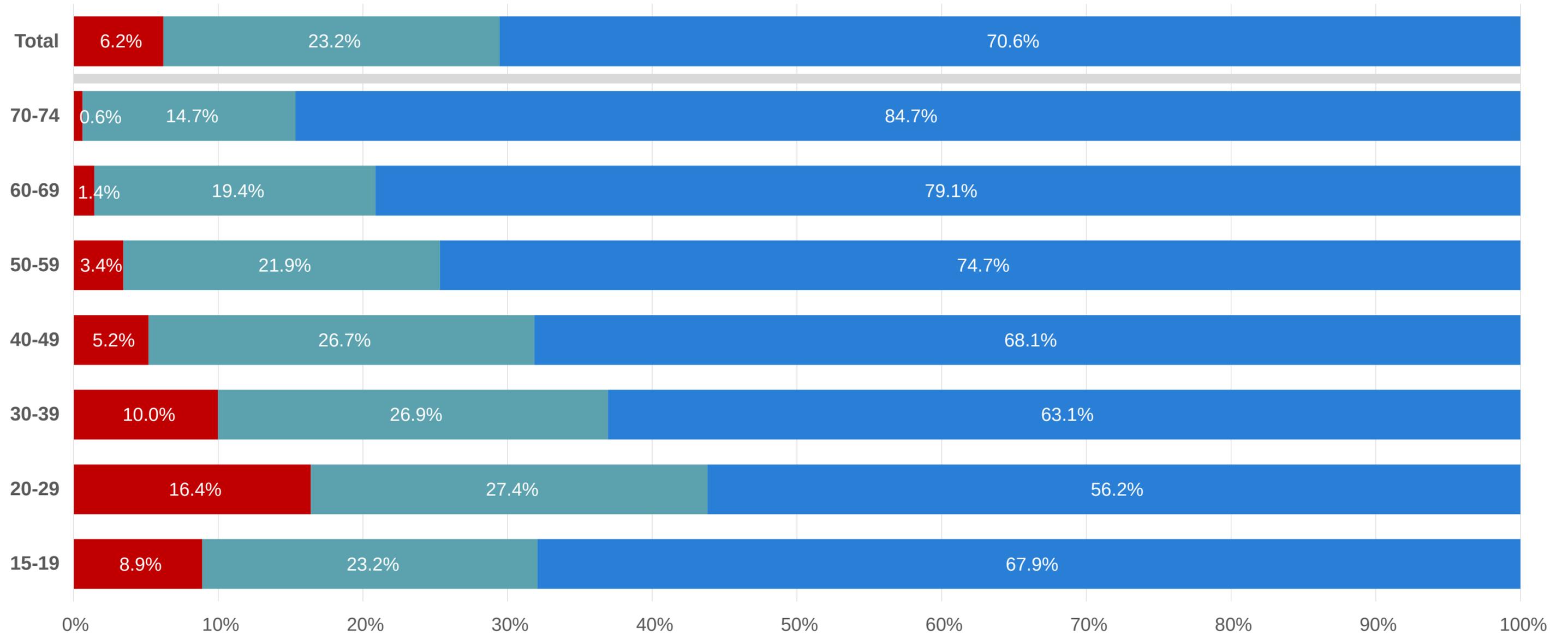


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# **BELIEFS AND KNOWLEDGE ABOUT CLIMATE CHANGE**

In recent years, there has been much debate about global climate change.  
Which of the following opinions is closest to your own?

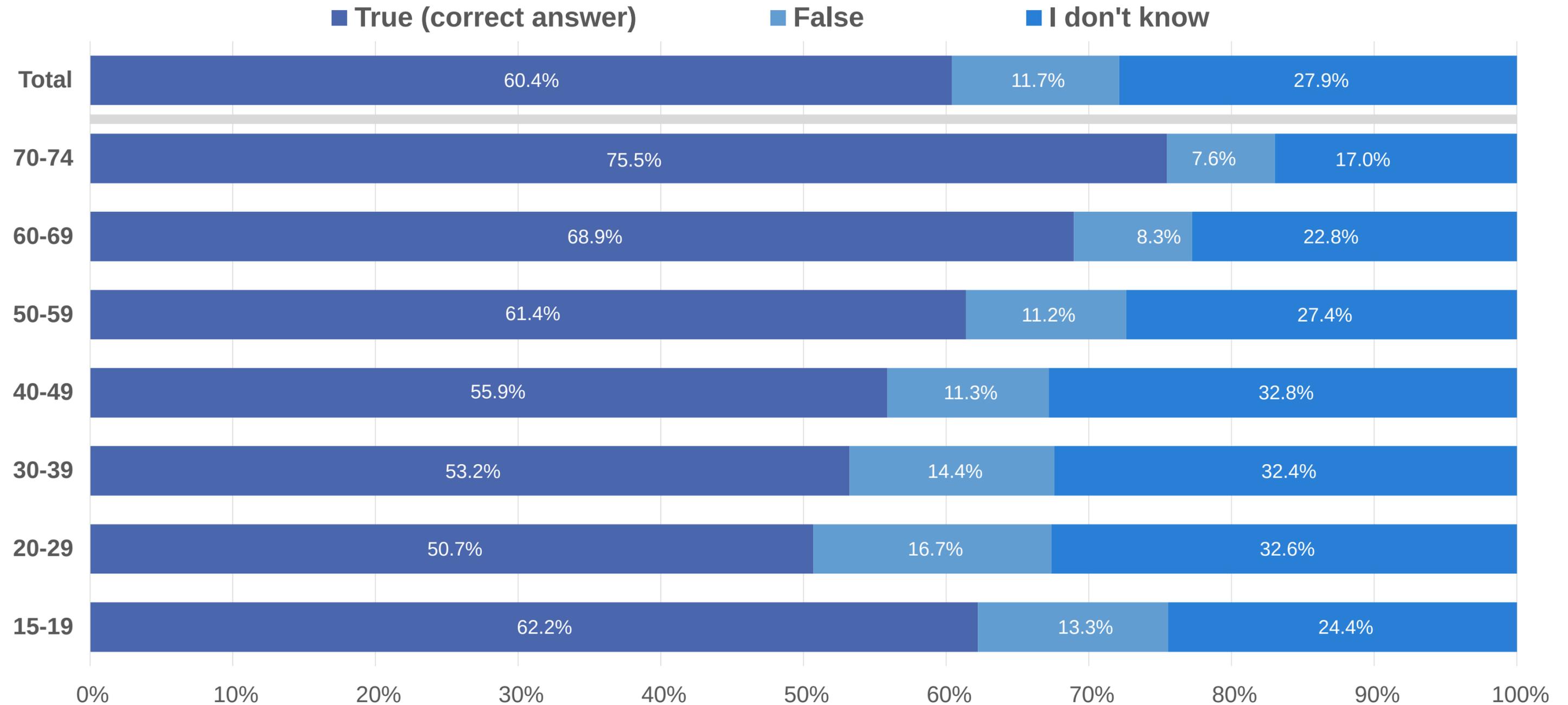
- Climate change is not happening.
- The world's climate has been changing due to natural processes.
- Climate change is happening, caused by human activities.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please indicate whether you think the following statement is correct or incorrect:

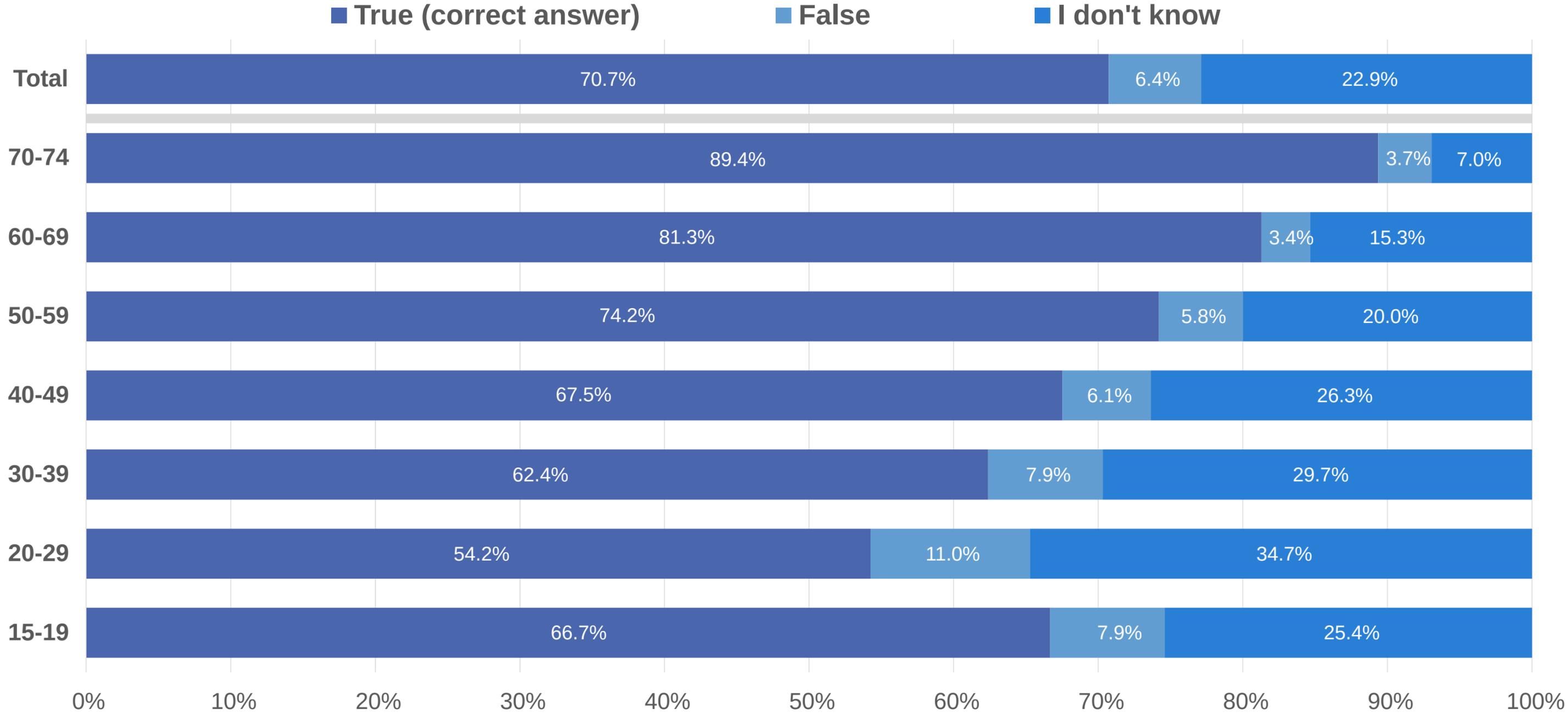
## Most of the current climate change is due to greenhouse gases generated by human activity.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please indicate whether you think the following statement is correct or incorrect:

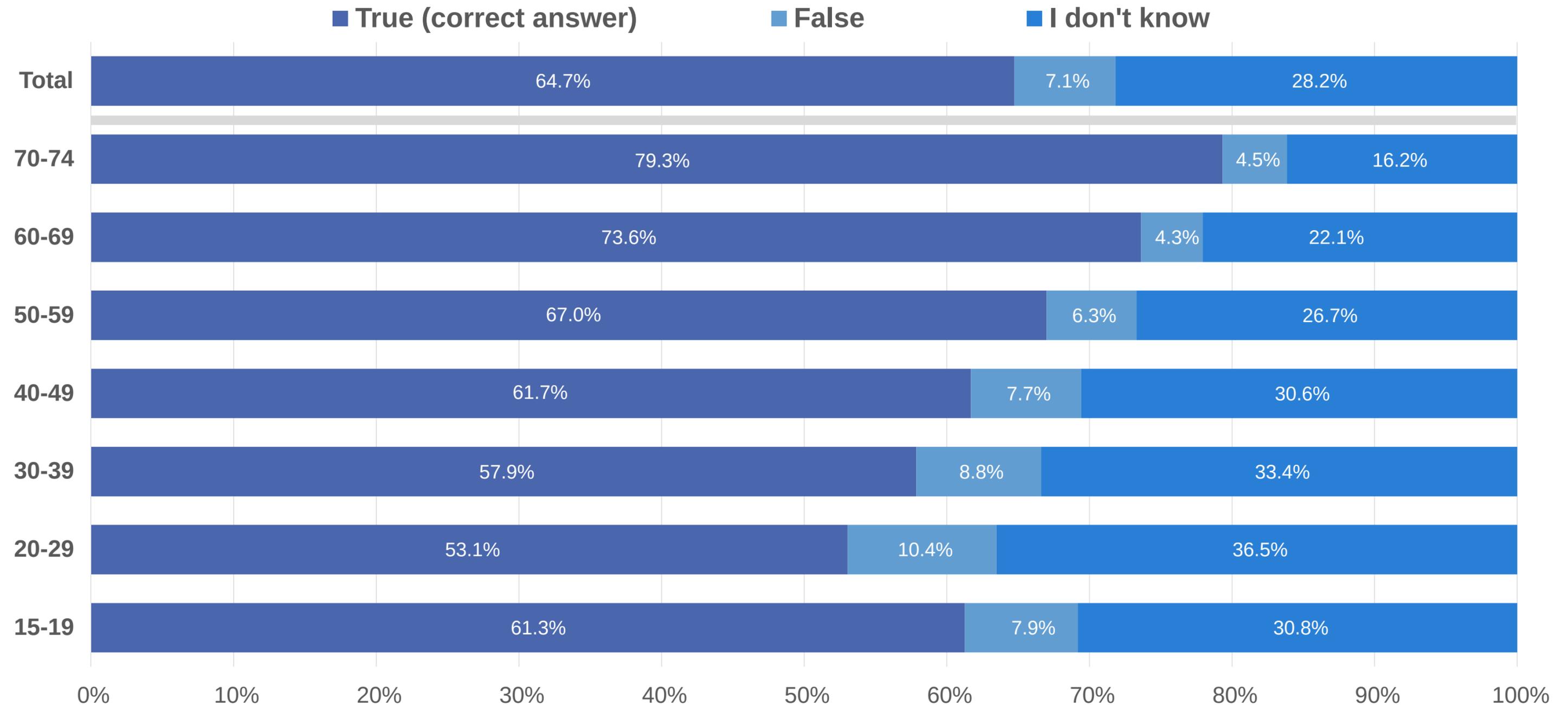
# Rise in sea levels and droughts increase as a consequence of climate change.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please indicate whether you think the following statement is correct or incorrect:

## Because of climate change, certain plants and animals will become extinct.



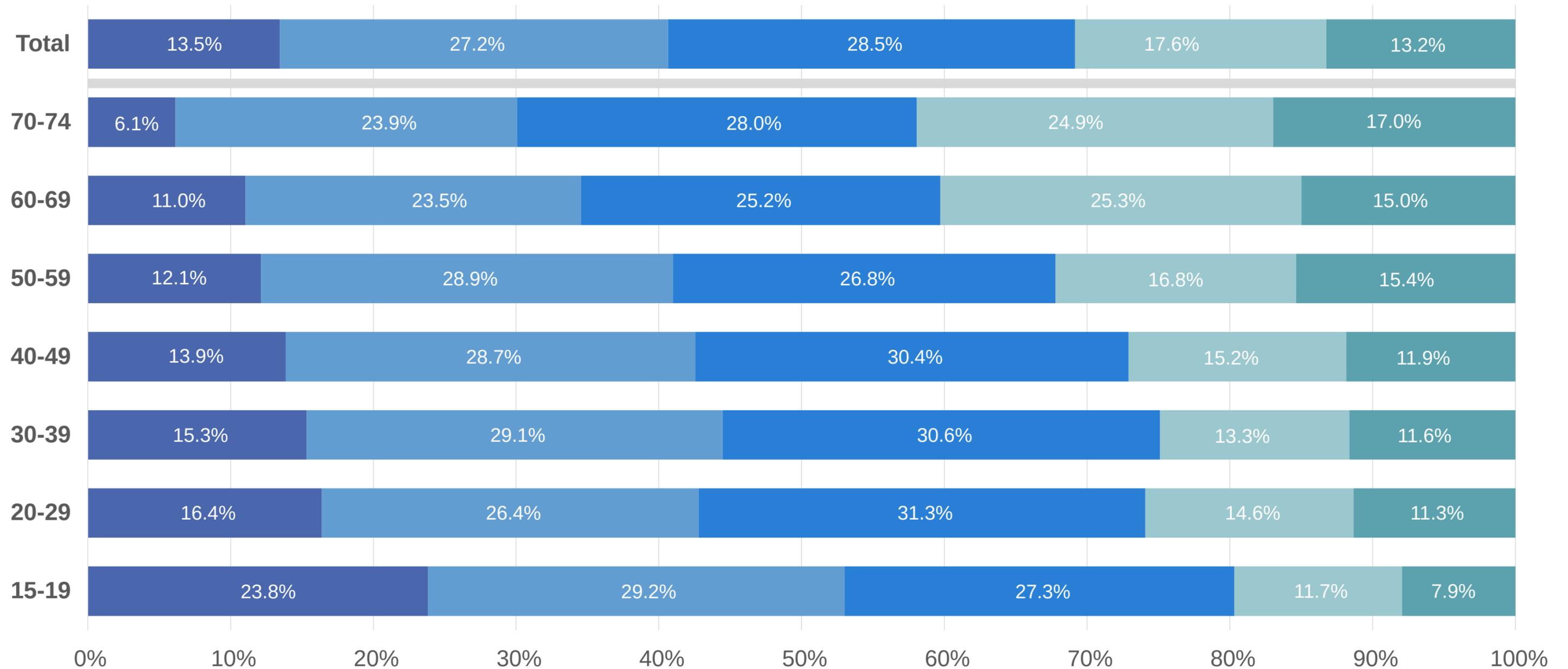
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



# EXPERIENCE OF EXTREME WEATHER EVENTS

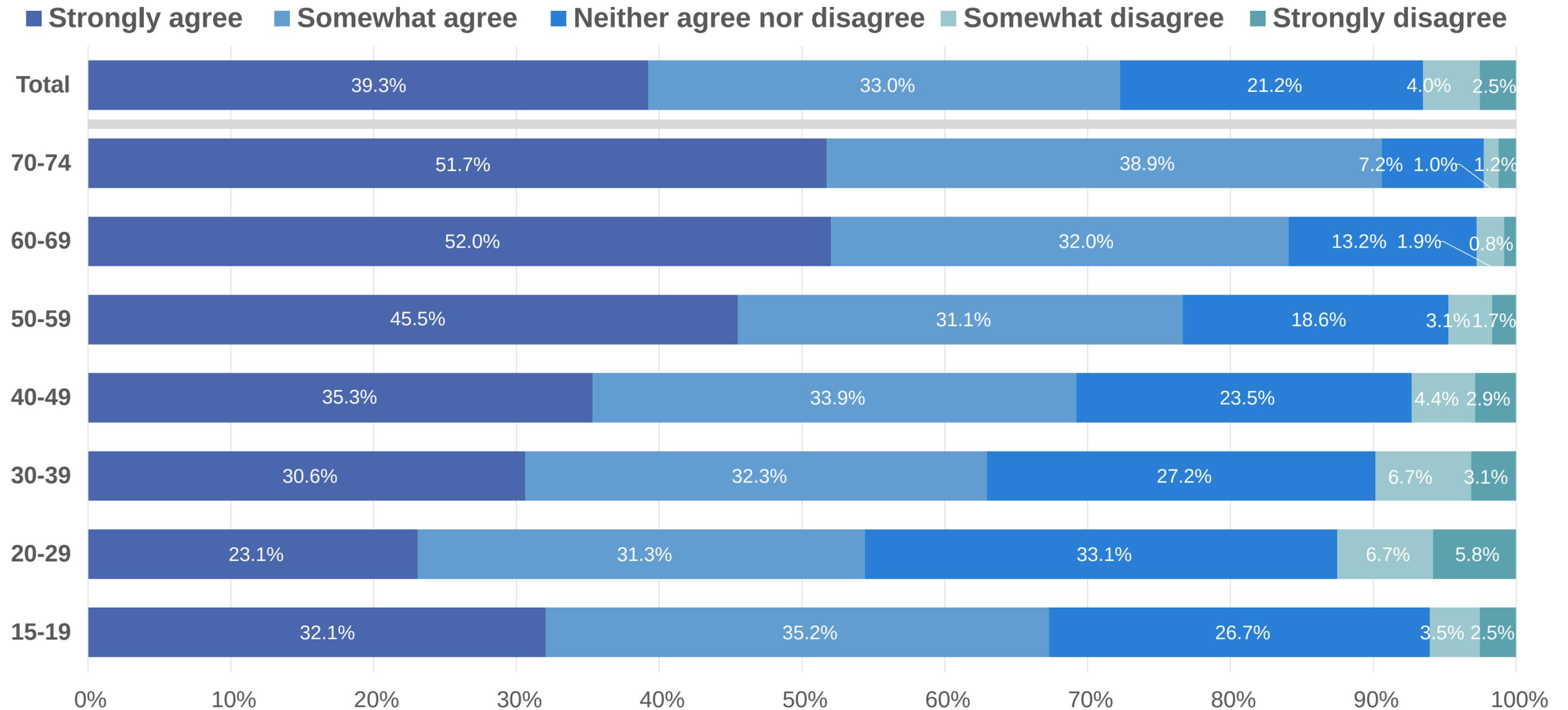
# I have experienced health problems due to extreme heat.

■ Strongly agree  
 ■ Somewhat agree  
 ■ Neither agree nor disagree  
 ■ Somewhat disagree  
 ■ Strongly disagree



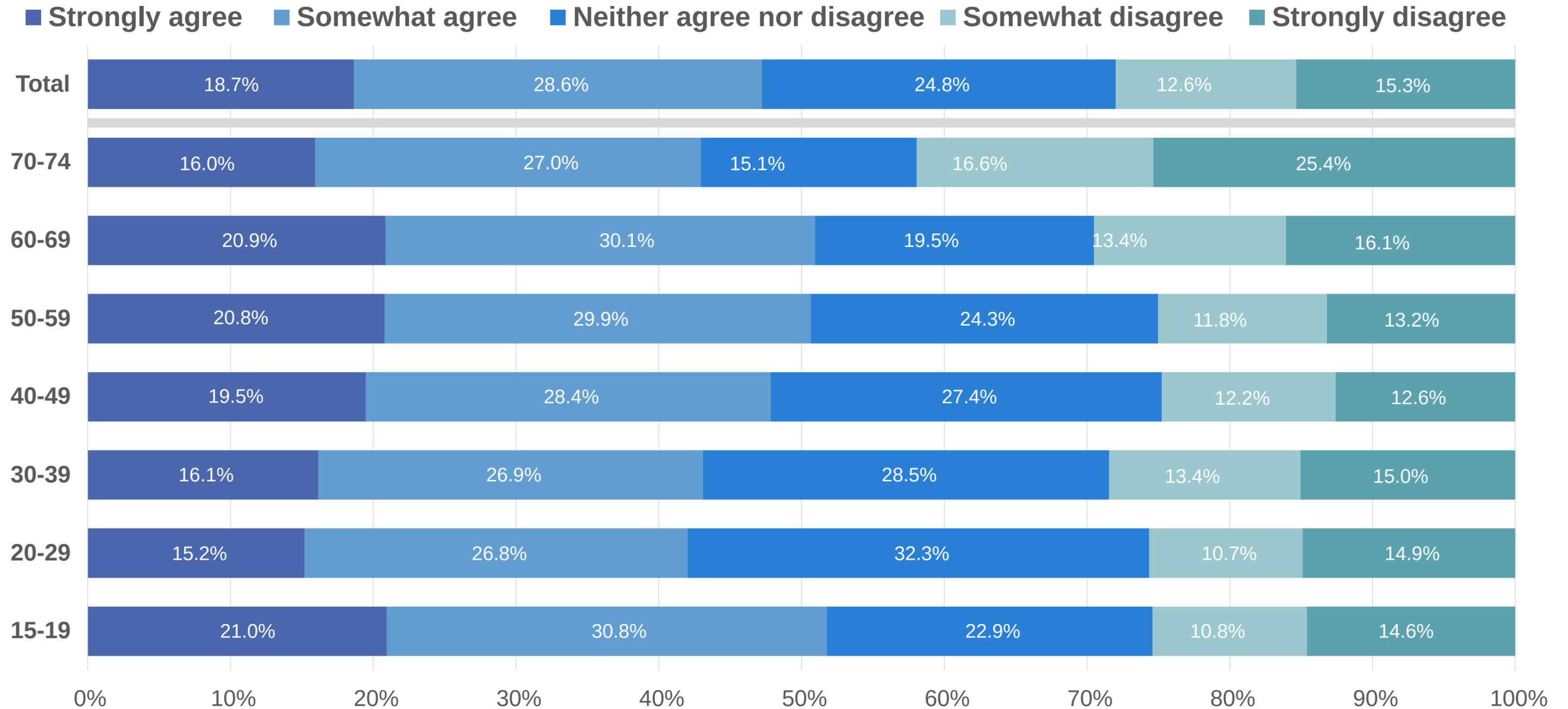
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# Unusual weather or natural disasters have led to rising food prices that affected my household budget.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

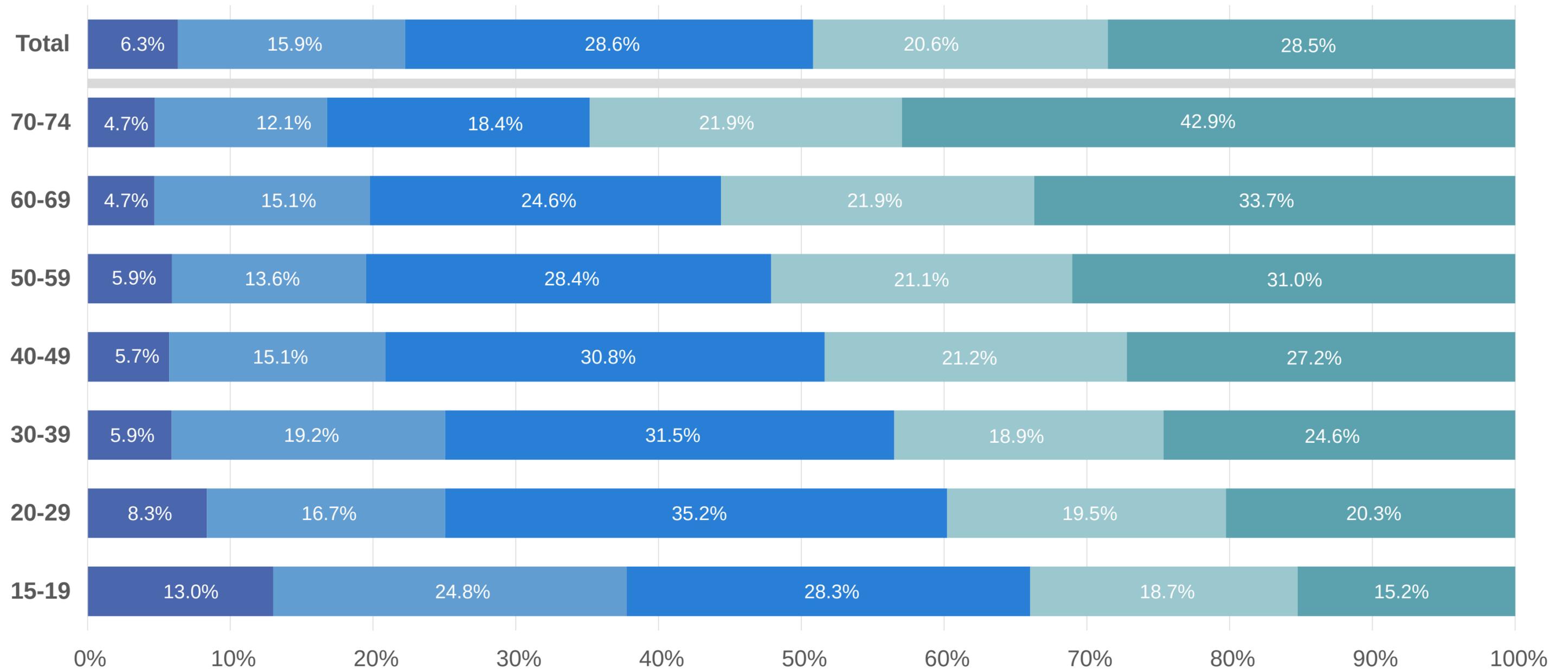
# Heavy snowfall has disrupted my daily life (e.g., transportation delays, difficulty commuting to work or school).



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

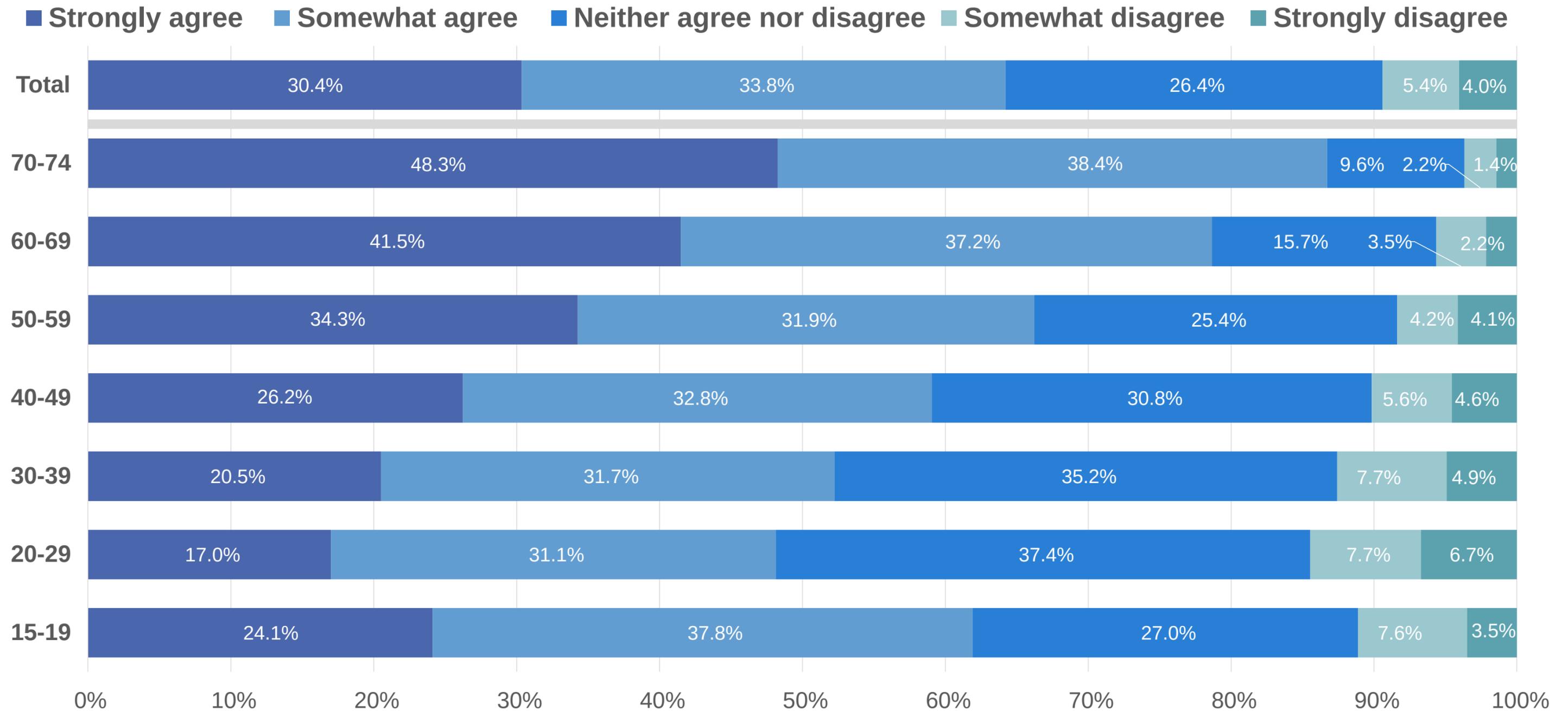
# I have experienced safety concerns or disruptions due to landslides.

■ Strongly agree  
 ■ Somewhat agree  
 ■ Neither agree nor disagree  
 ■ Somewhat disagree  
 ■ Strongly disagree



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# I feel that climate change is causing recent extreme weather and natural disasters.

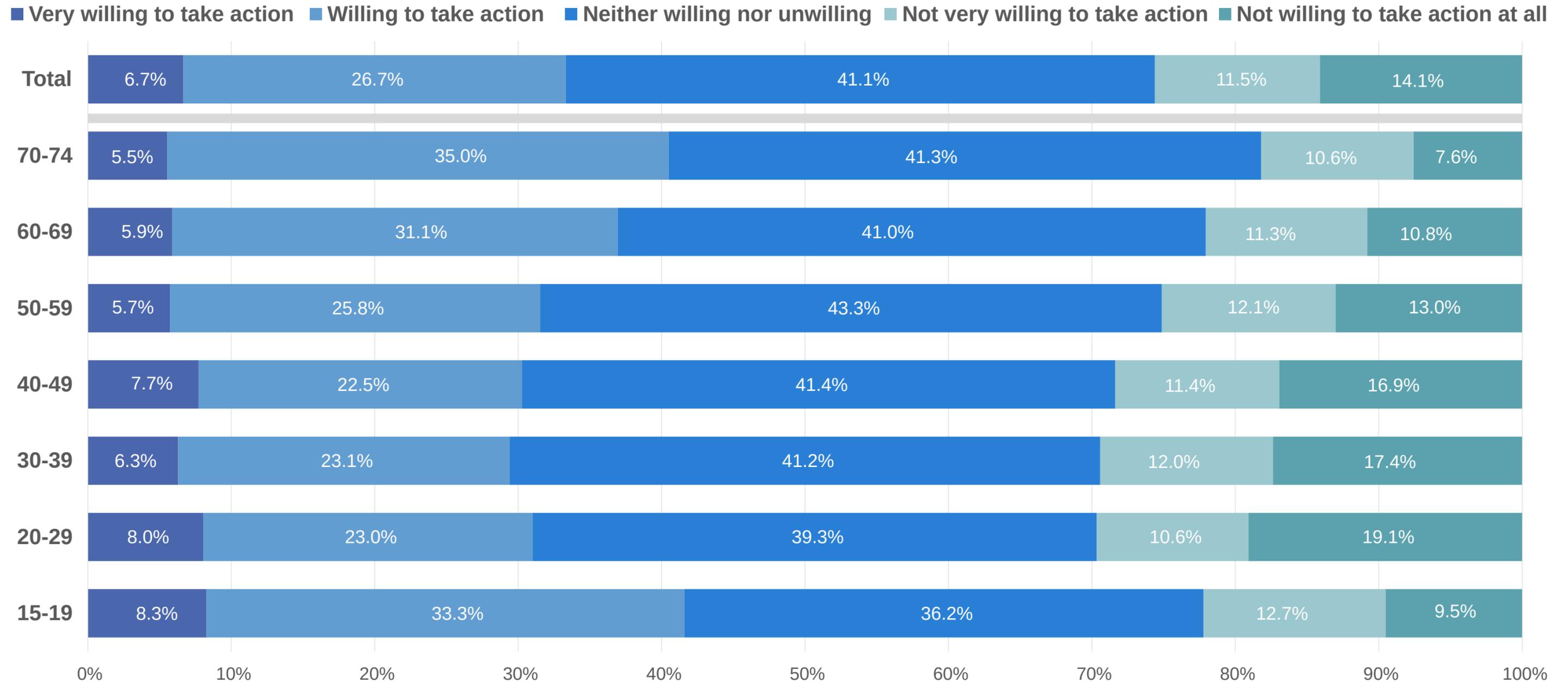


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# **WILLINGNESS TO ENGAGE IN CLIMATE-FRIENDLY BEHAVIOUR**

# How willing are you to take the following actions to address climate change?

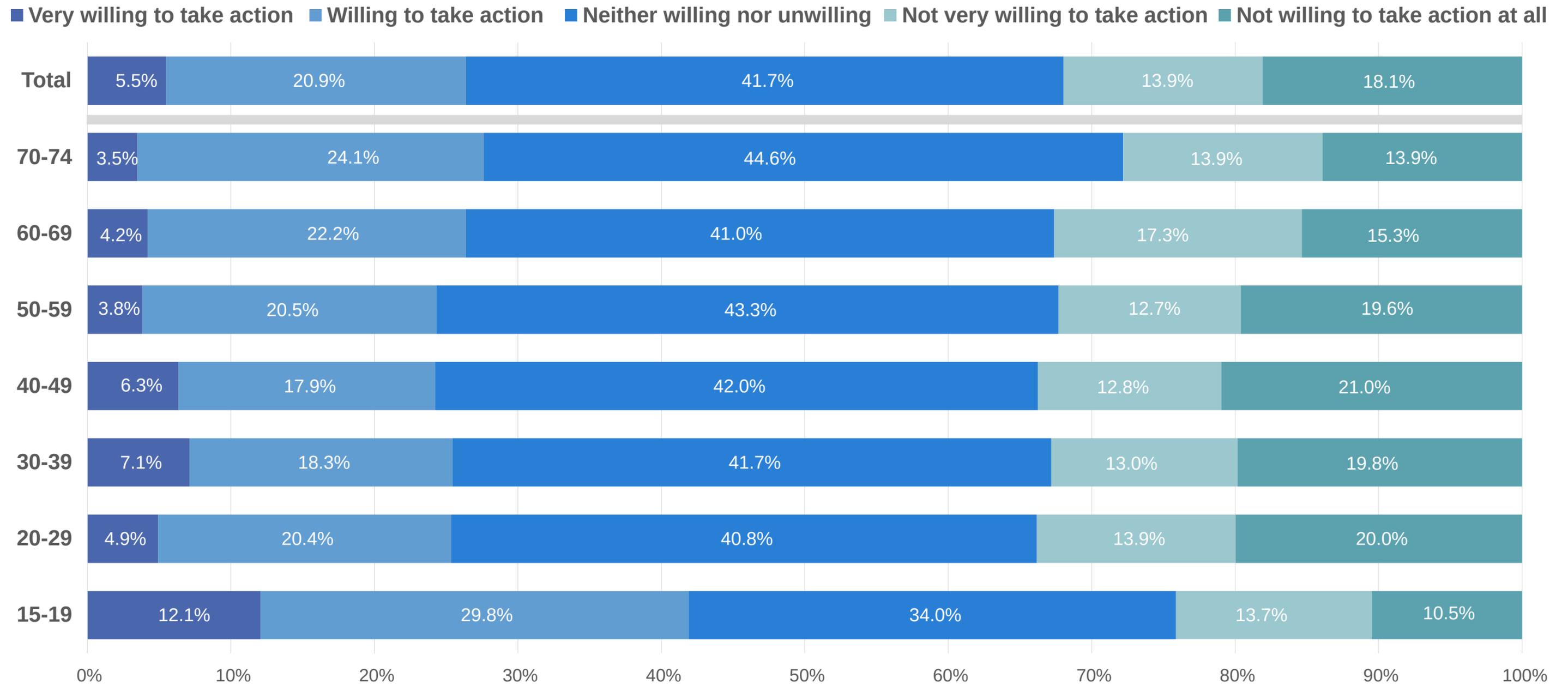
## Participate in community or neighborhood activities that promote climate protection (e.g., cleaning events, recycling campaigns).



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# How willing are you to take the following actions to address climate change?

## Carry out home improvements that make the house more climate friendly (like installing solar panels or improving insulation).

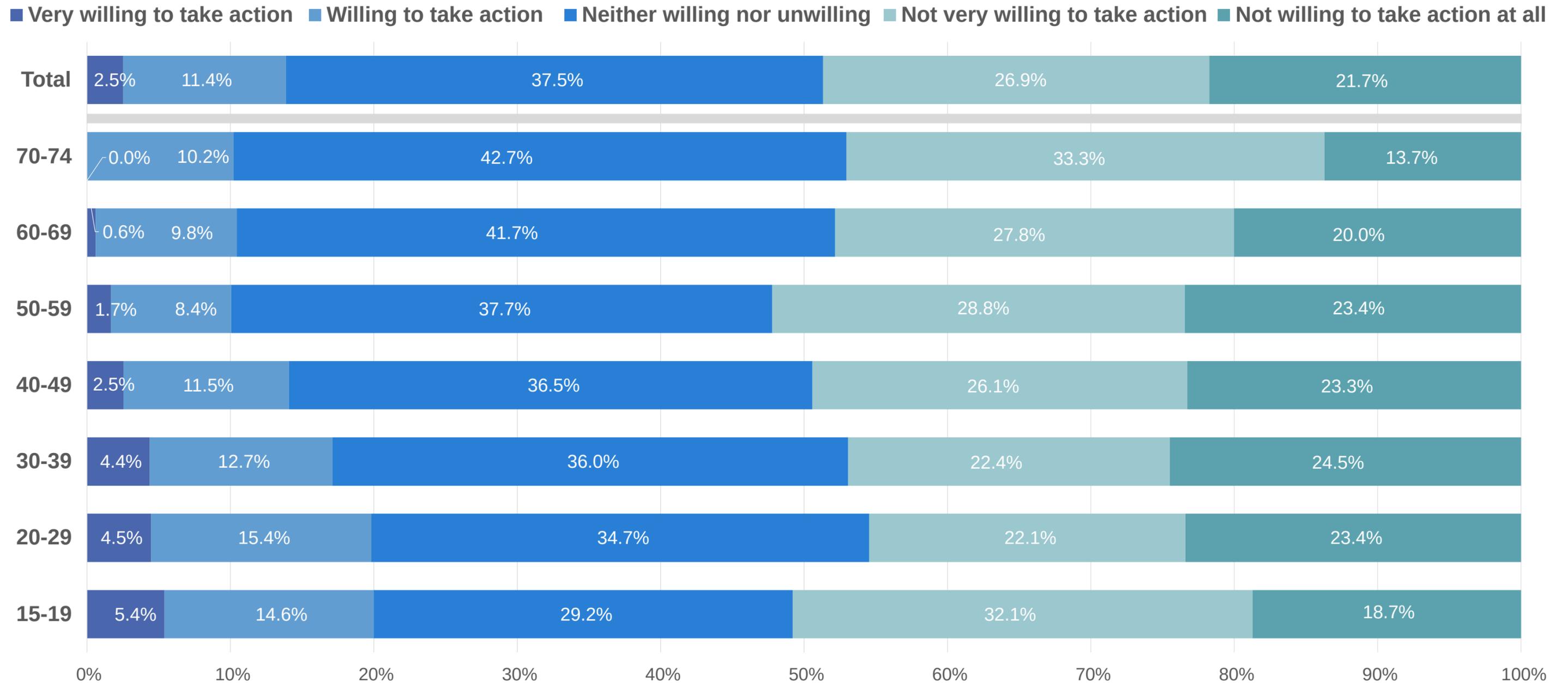


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



# How willing are you to take the following actions to address climate change?

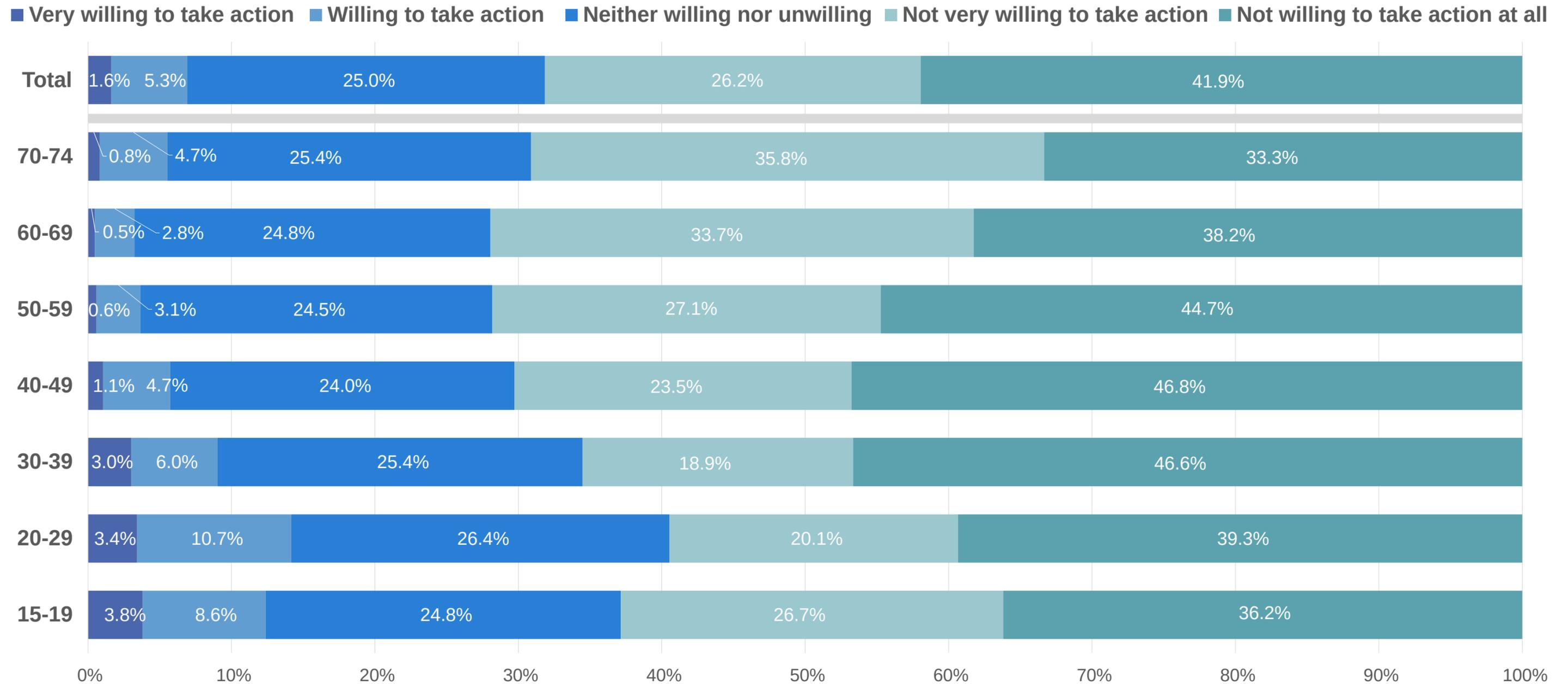
## Pay higher prices.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# How willing are you to take the following actions to address climate change?

## Pay high taxes.

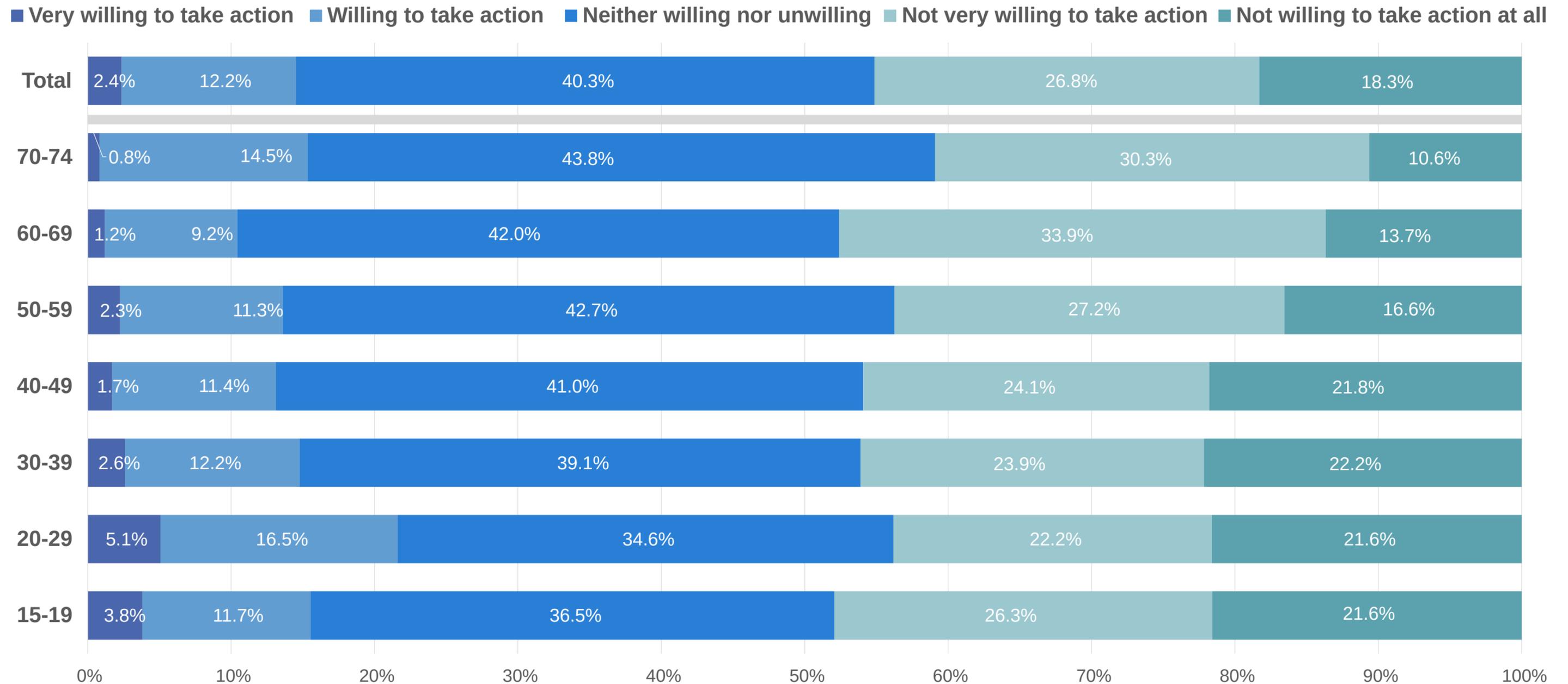


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



# How willing are you to take the following actions to address climate change?

## Reduce standard of living.

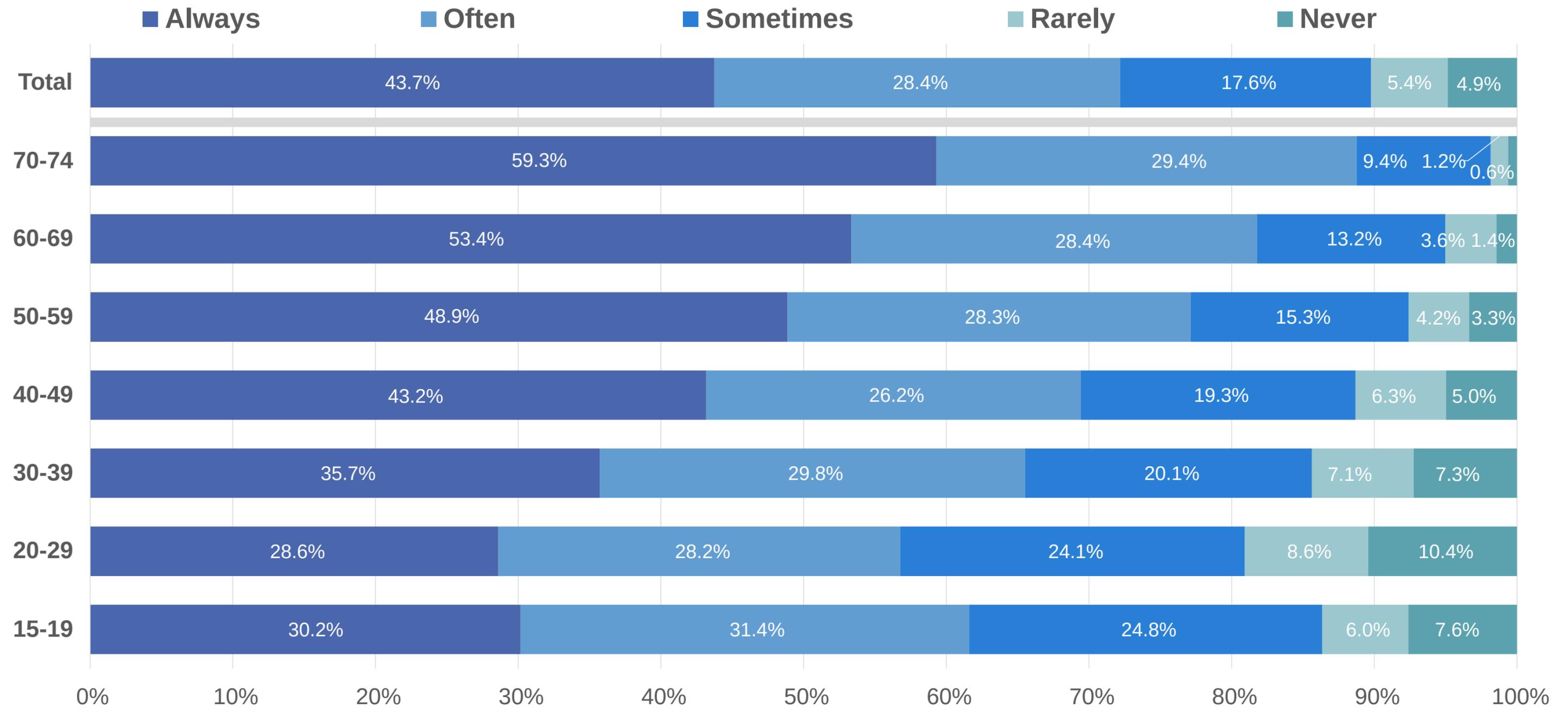


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# FREQUENCY OF CLIMATE-FRIENDLY BEHAVIOUR

How often do you usually engage in the following behaviours?

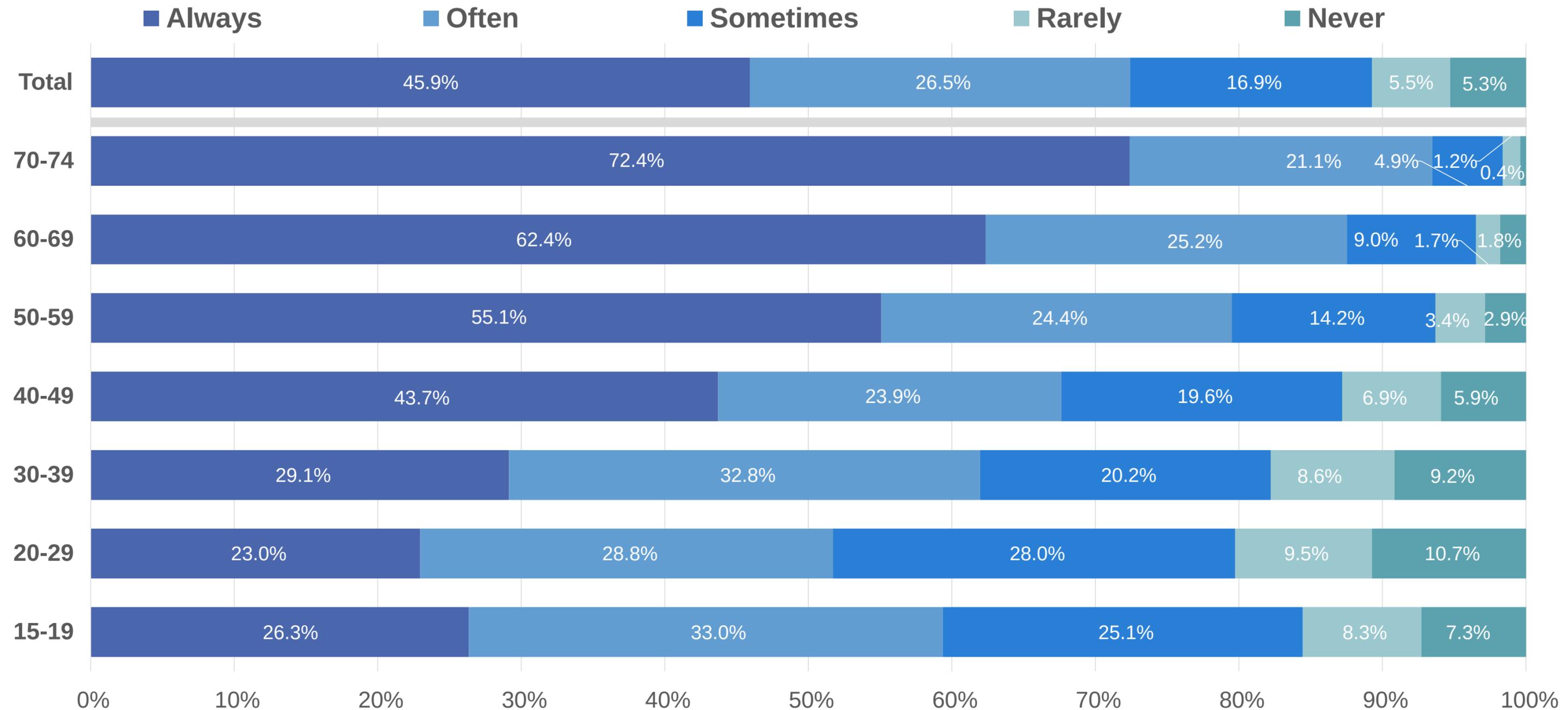
## I refuse excessive packaging and bring my own shopping bags when I shop.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

How often do you usually engage in the following behaviours?

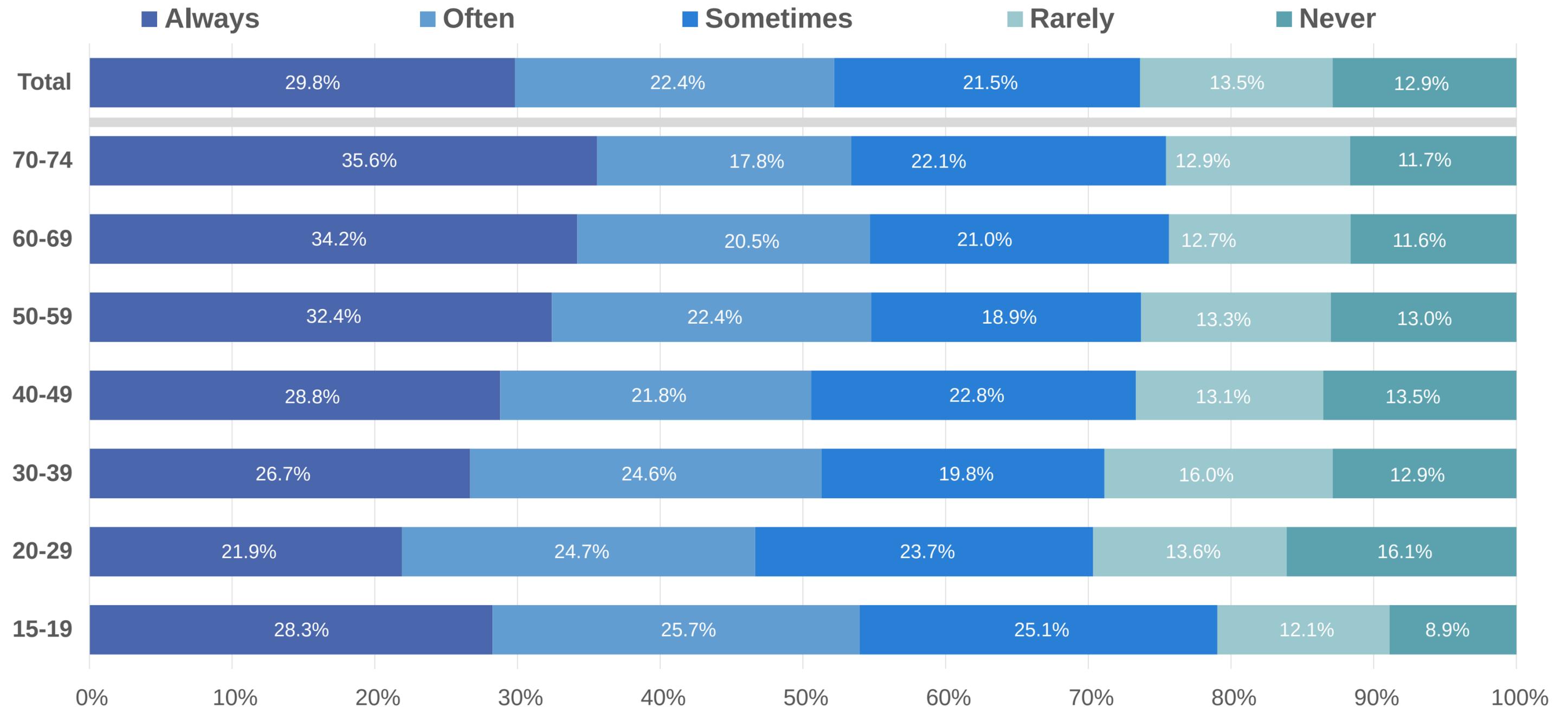
**I separate bottles, metals, plastics, newspapers, etc. for recycling (resource reuse) through waste collection and similar activities.**



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

How often do you usually engage in the following behaviours?

## I carry my own reusable bottle or cup.

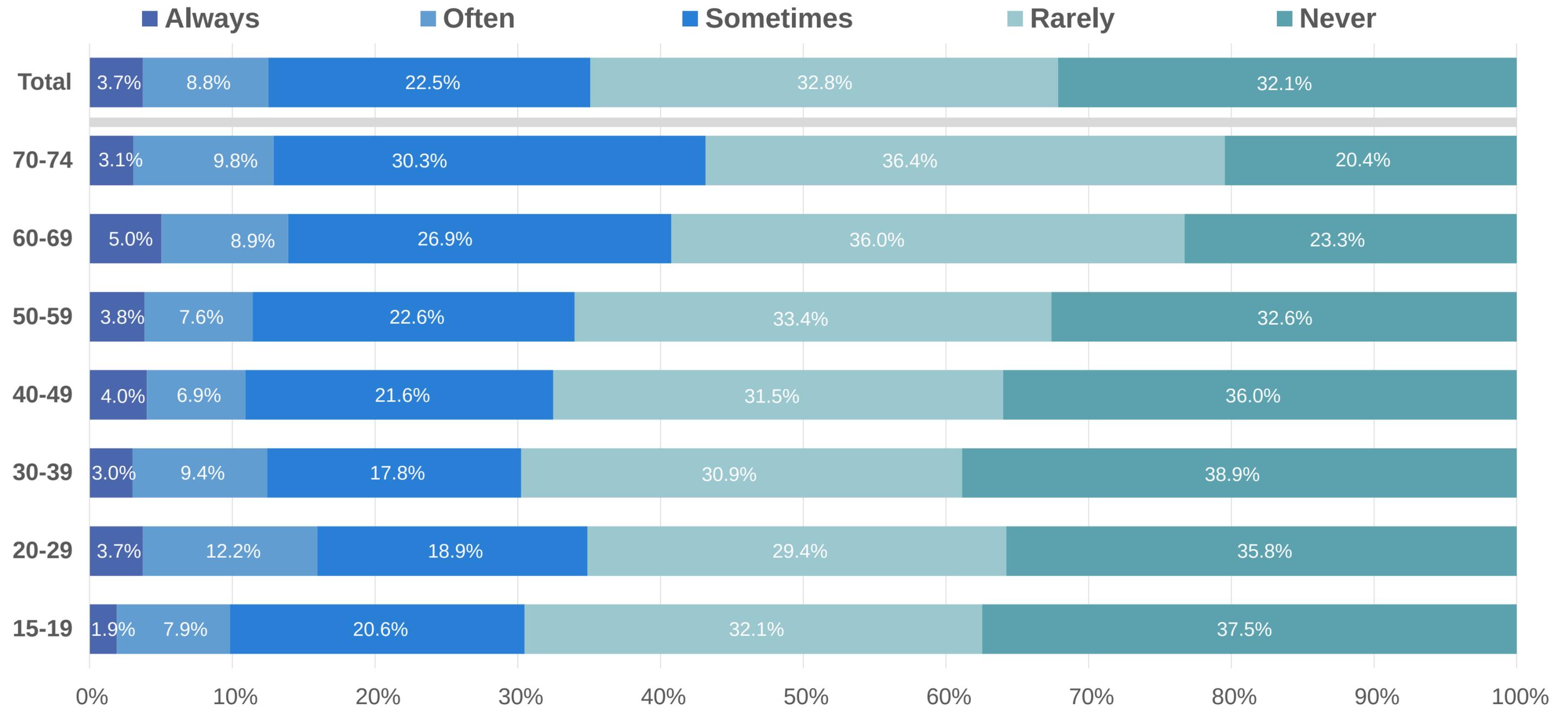


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



How often do you usually engage in the following behaviours?

## I make a conscious effort to eat less meat.

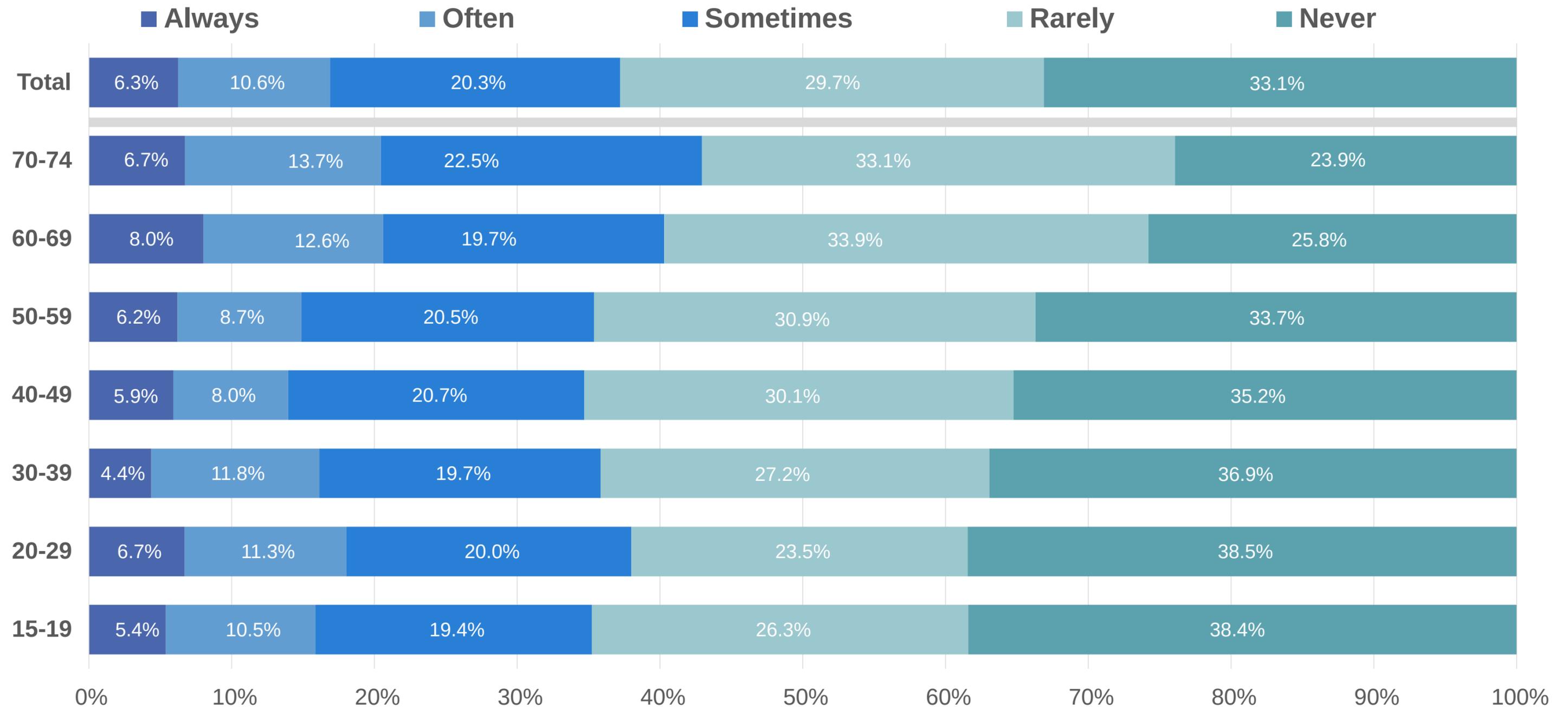


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



How often do you usually engage in the following behaviours?

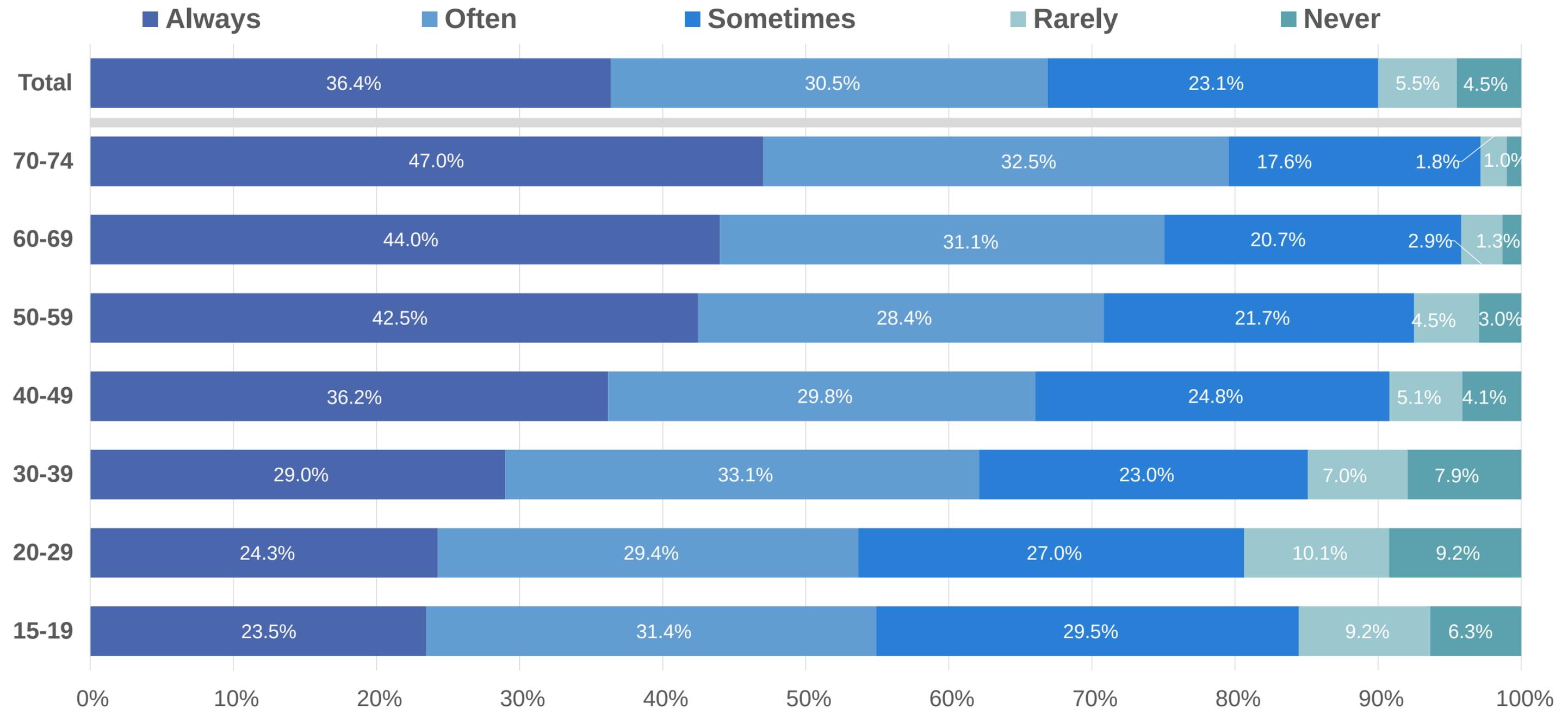
## I avoid buying fast fashion (e.g., Uniqlo, GU, Shein).



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

How often do you usually engage in the following behaviours?

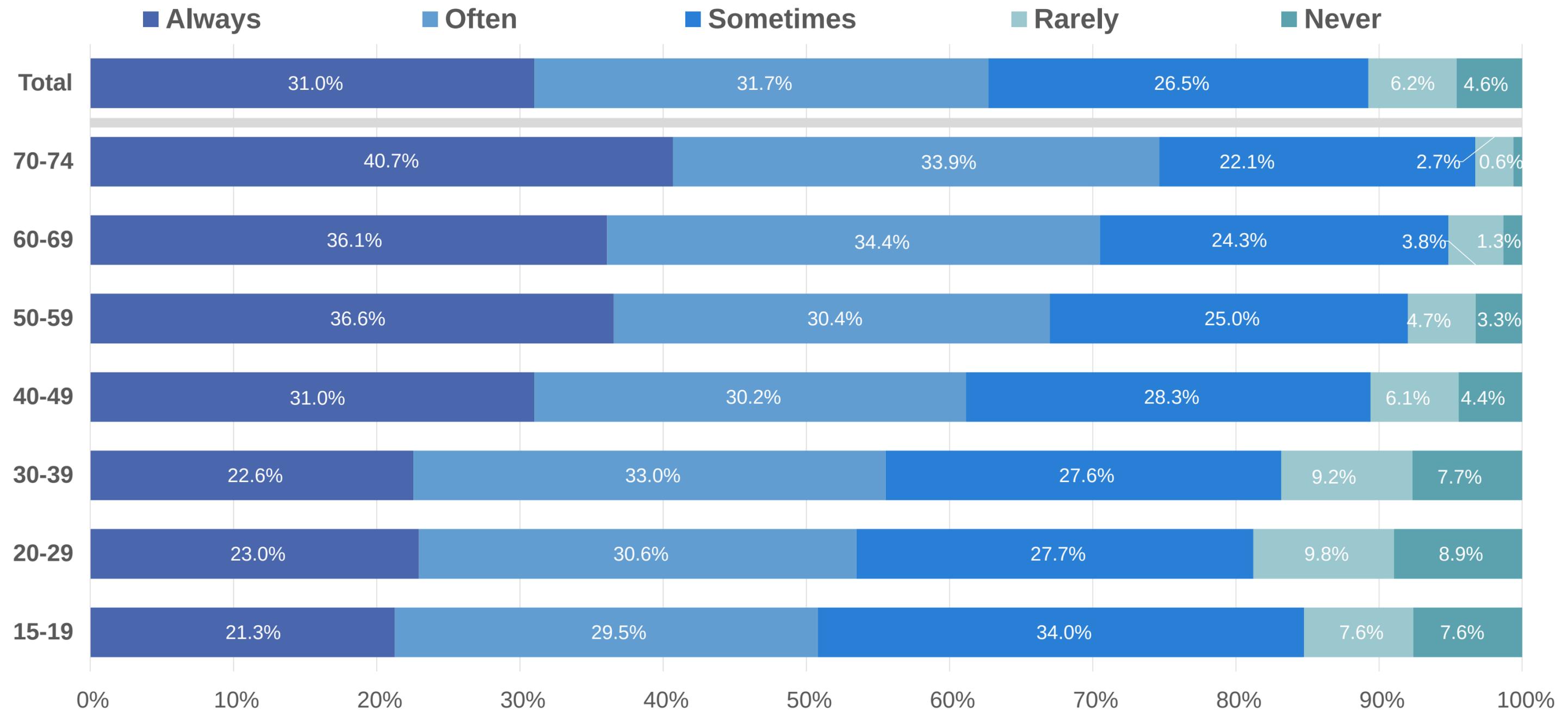
## I turn off lights and gas frequently to save energy.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

How often do you usually engage in the following behaviours?

## I try to reduce water waste.

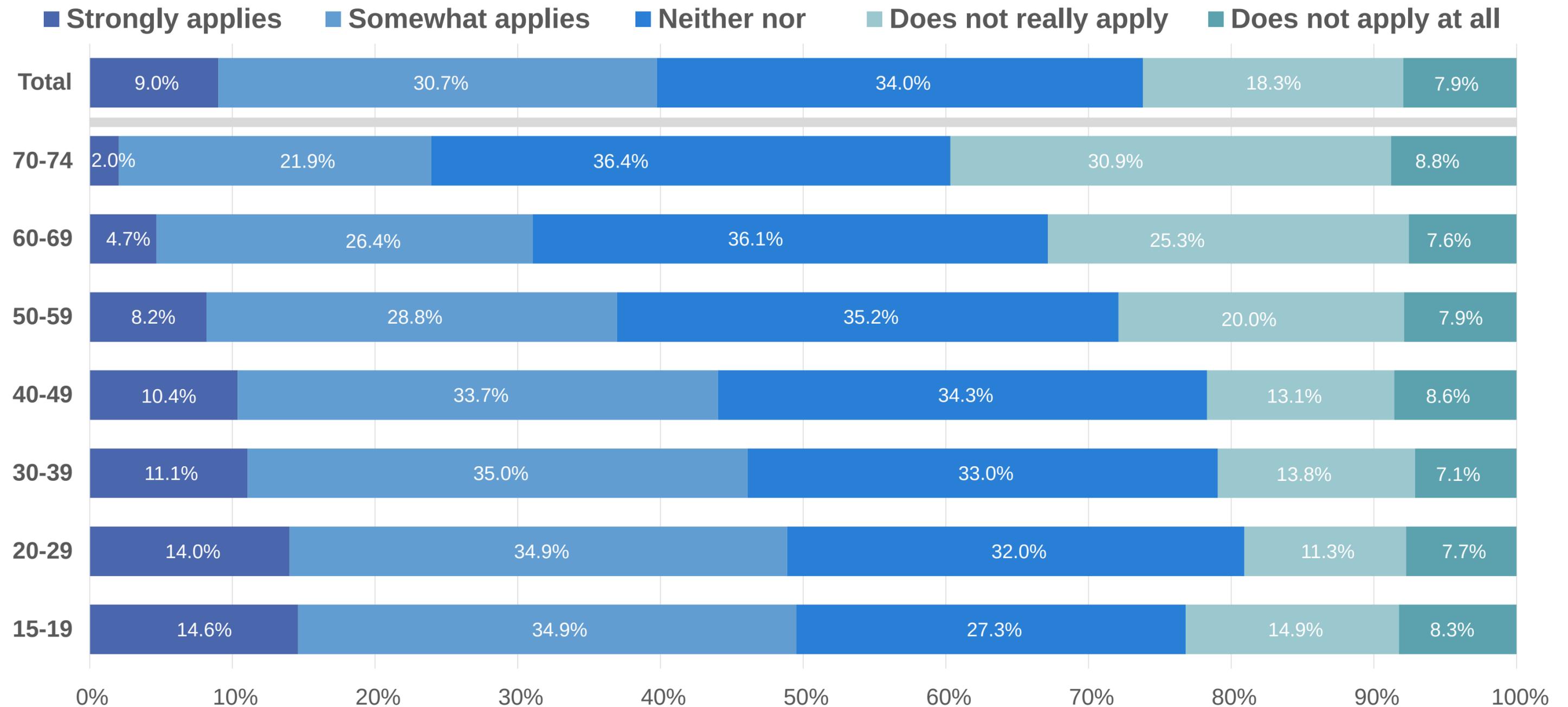


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# PERCEIVED OBSTACLES TO CLIMATE-FRIENDLY BEHAVIOURS

To what extent do the following reasons prevent you from making climate-friendly choices?

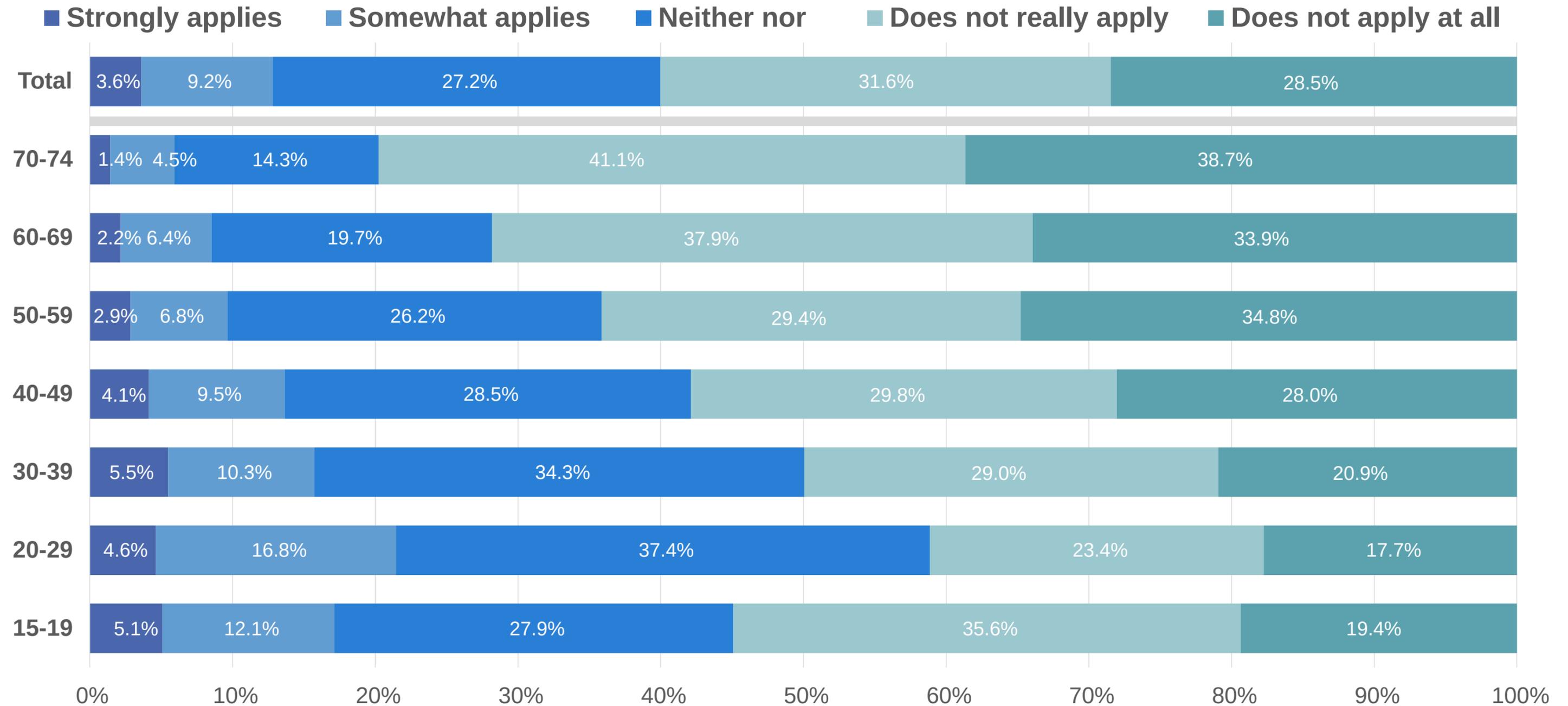
## I'm not sure what action is the best to take.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

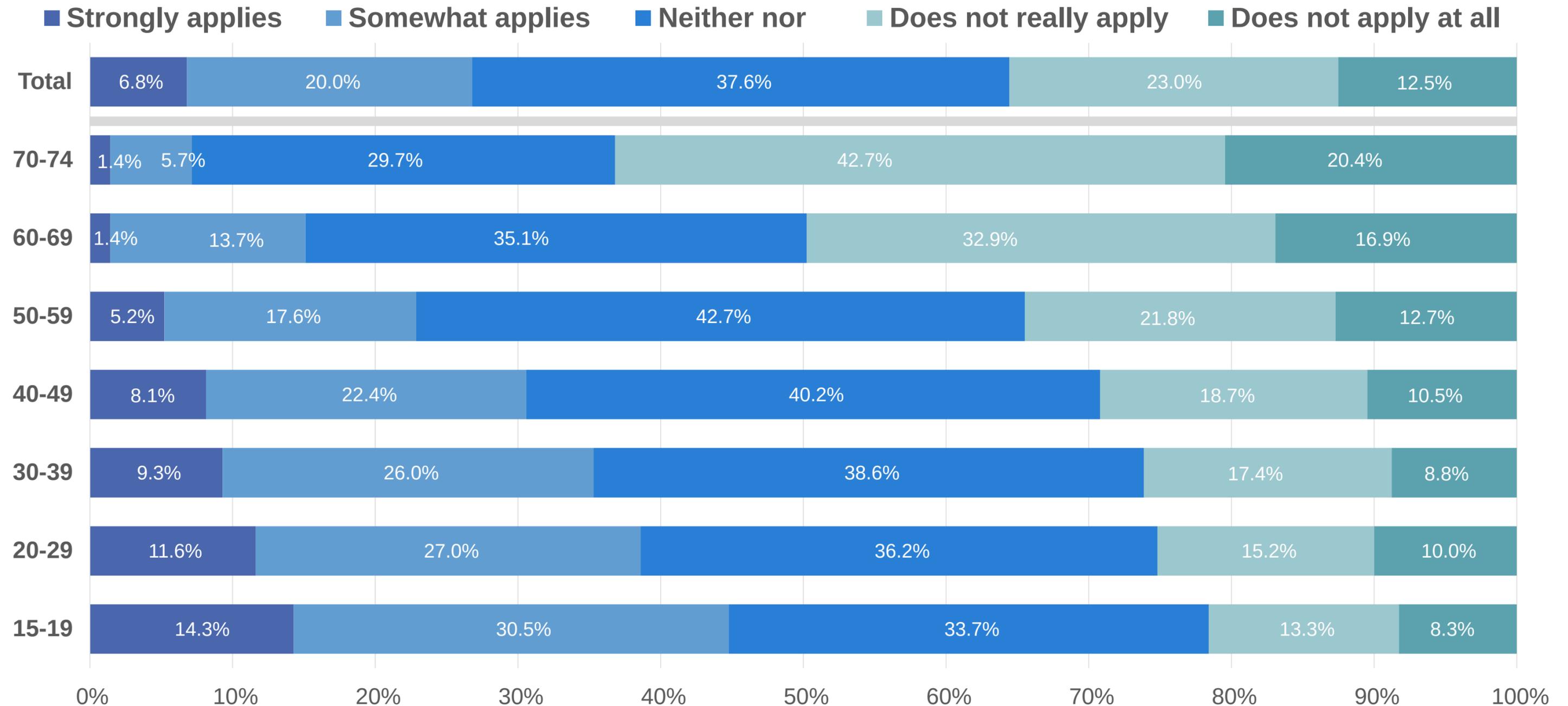
## To be honest, I don't think it's such a big problem.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

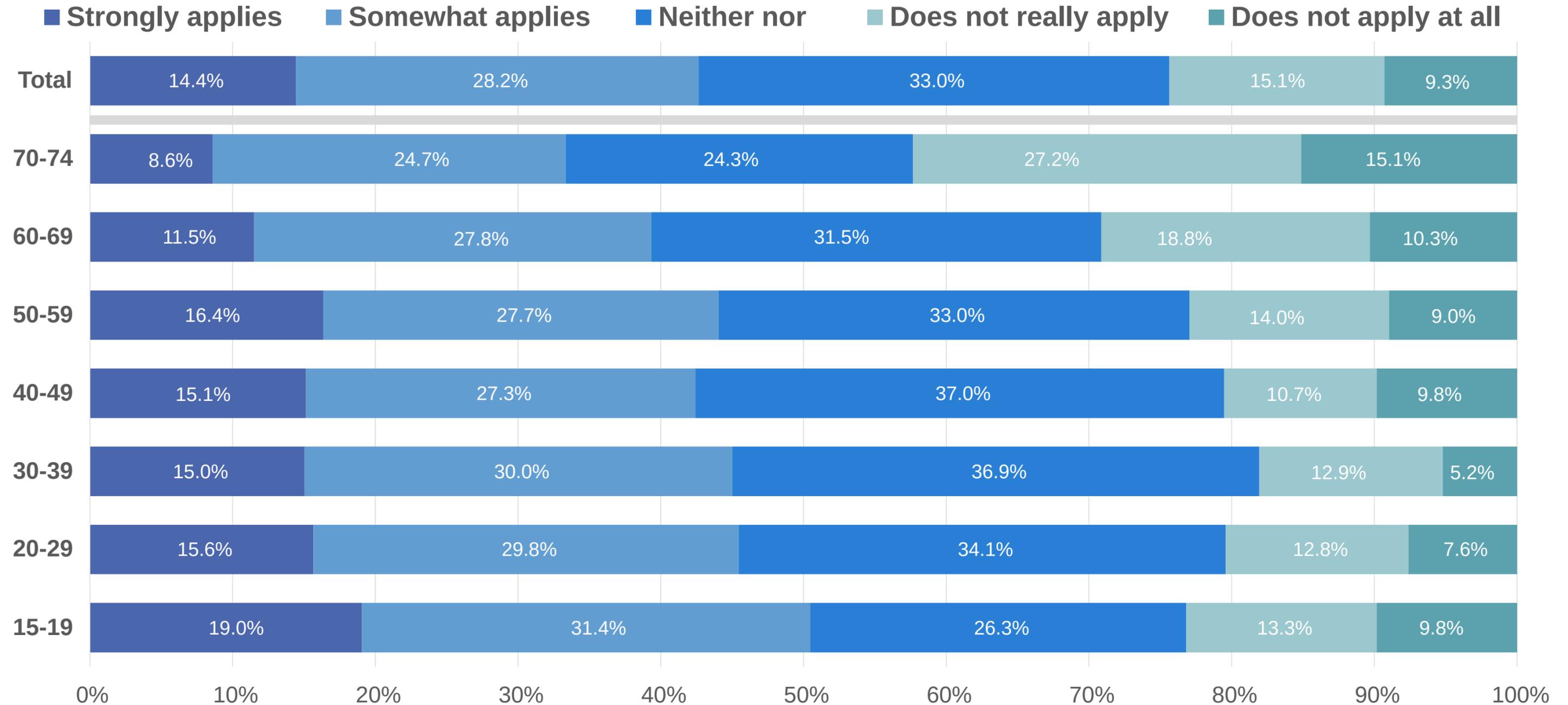
## I am busy with my daily life, so I don't have the time for this.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

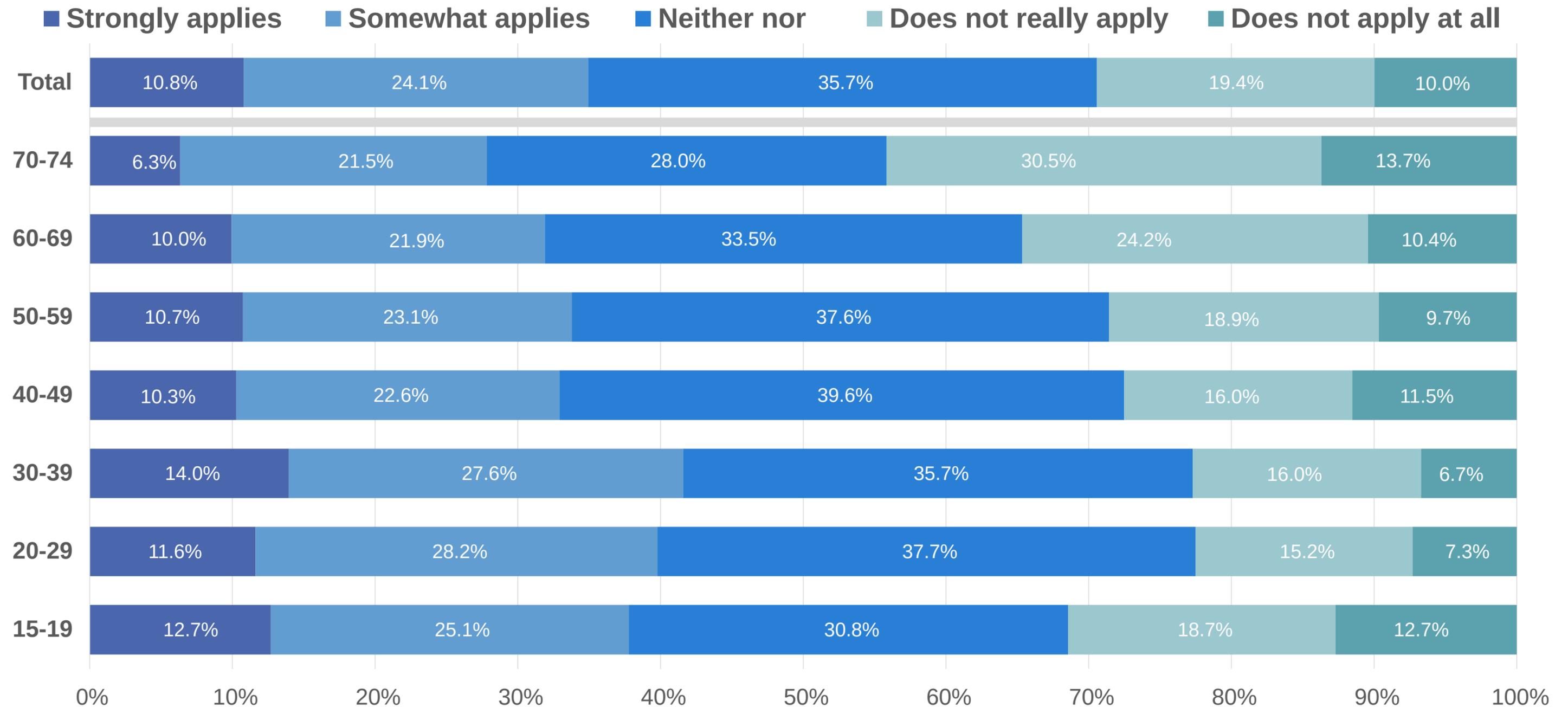
**Even if I do something for the climate,  
I think it doesn't mean much unless others do the same.**



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

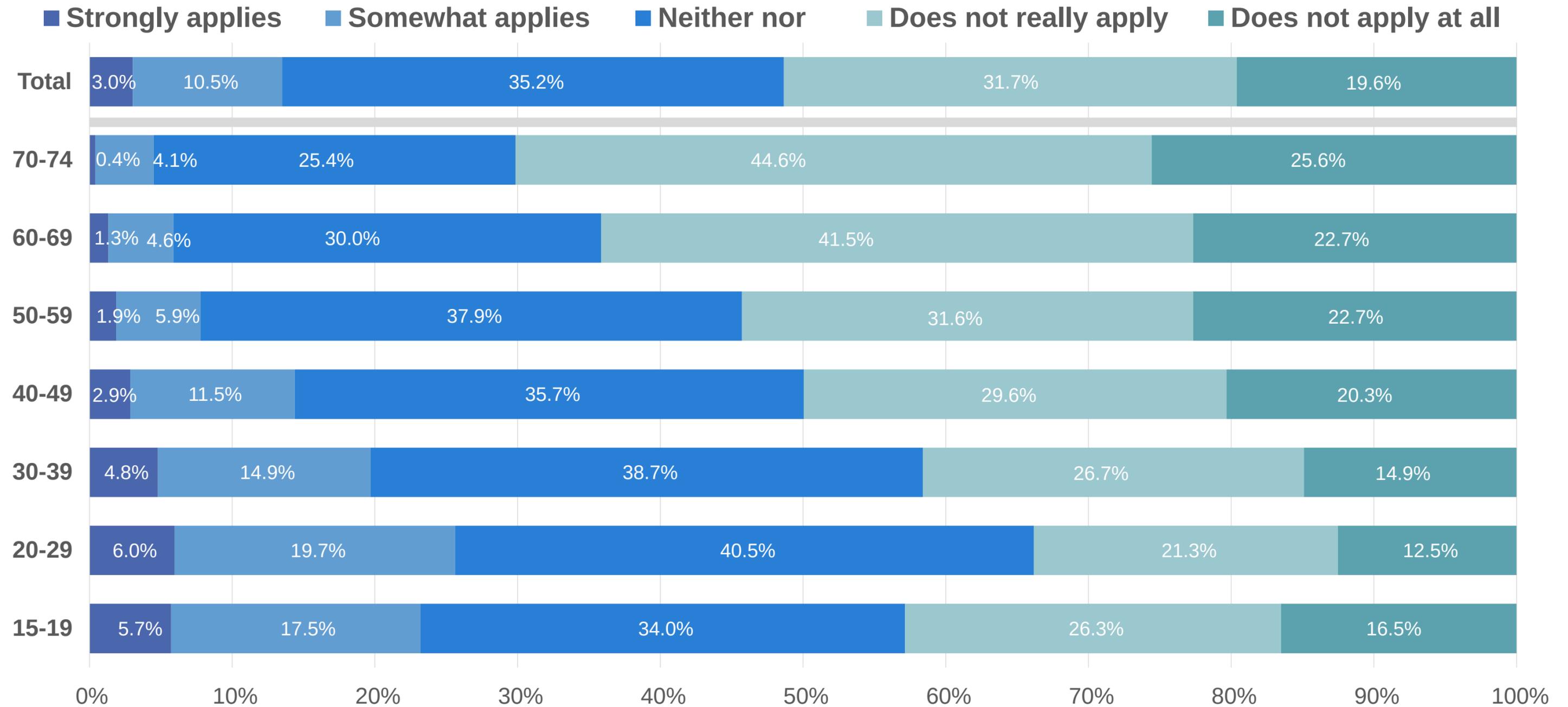
## I don't think my individual actions can have an impact.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

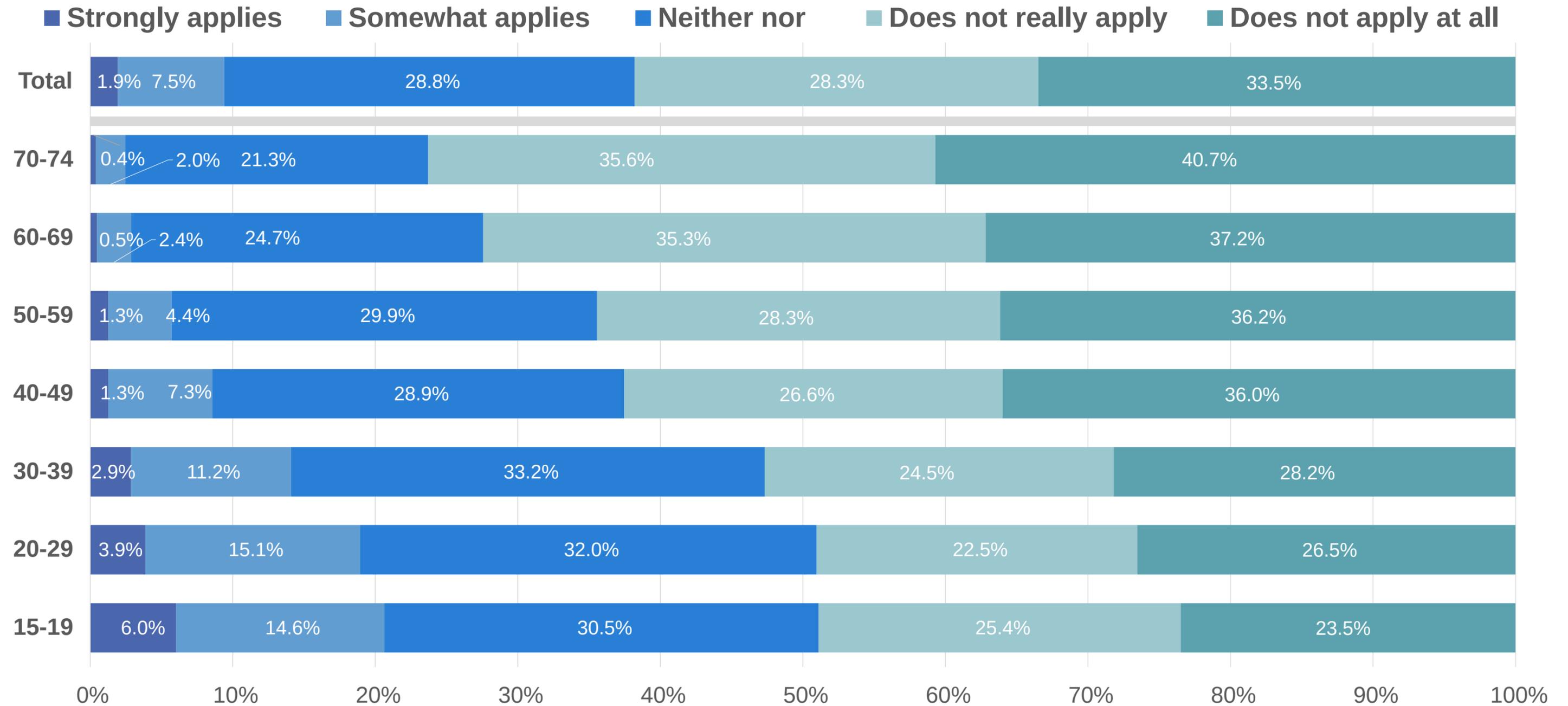
**Even if I won't do it, others will.**



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

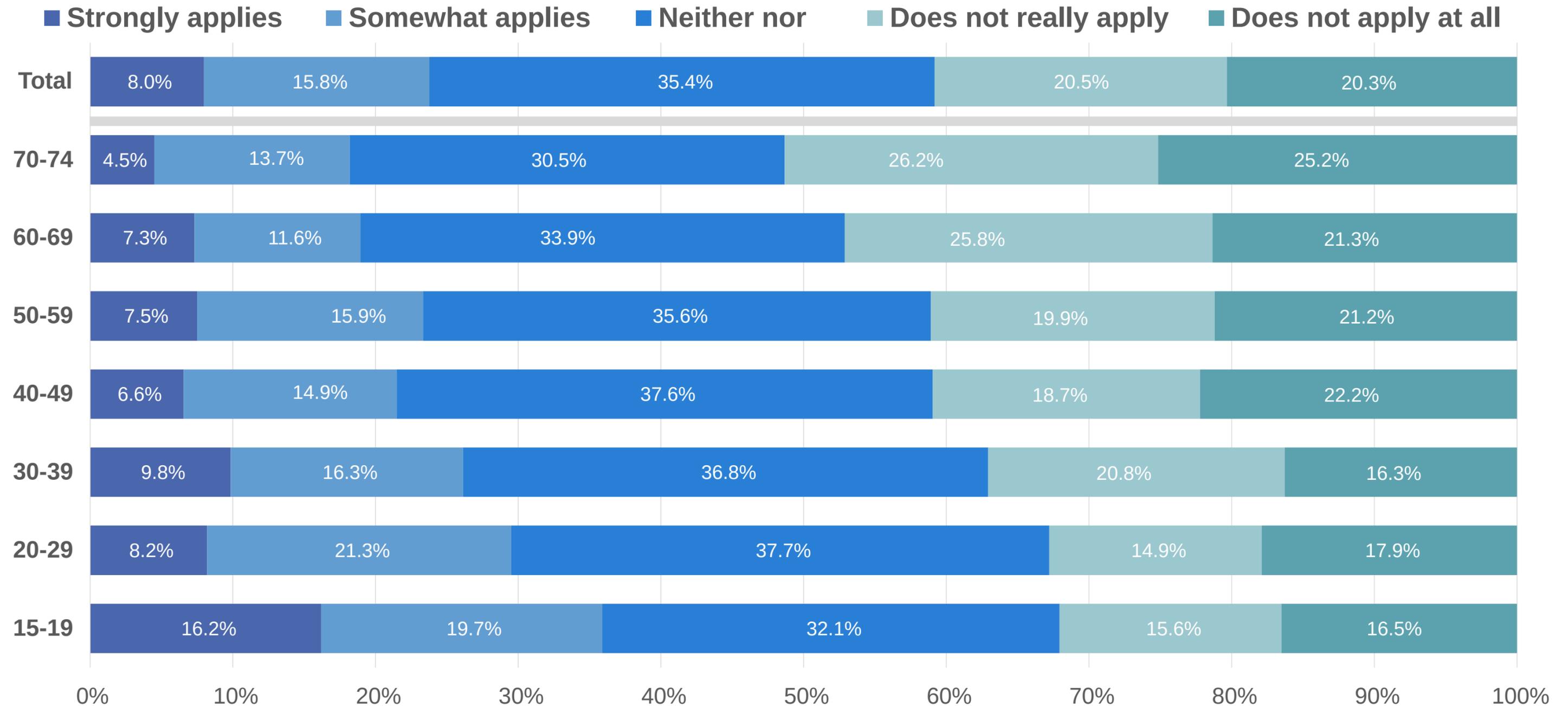
**I would feel embarrassed if others around me would find out about doing such activities.**



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

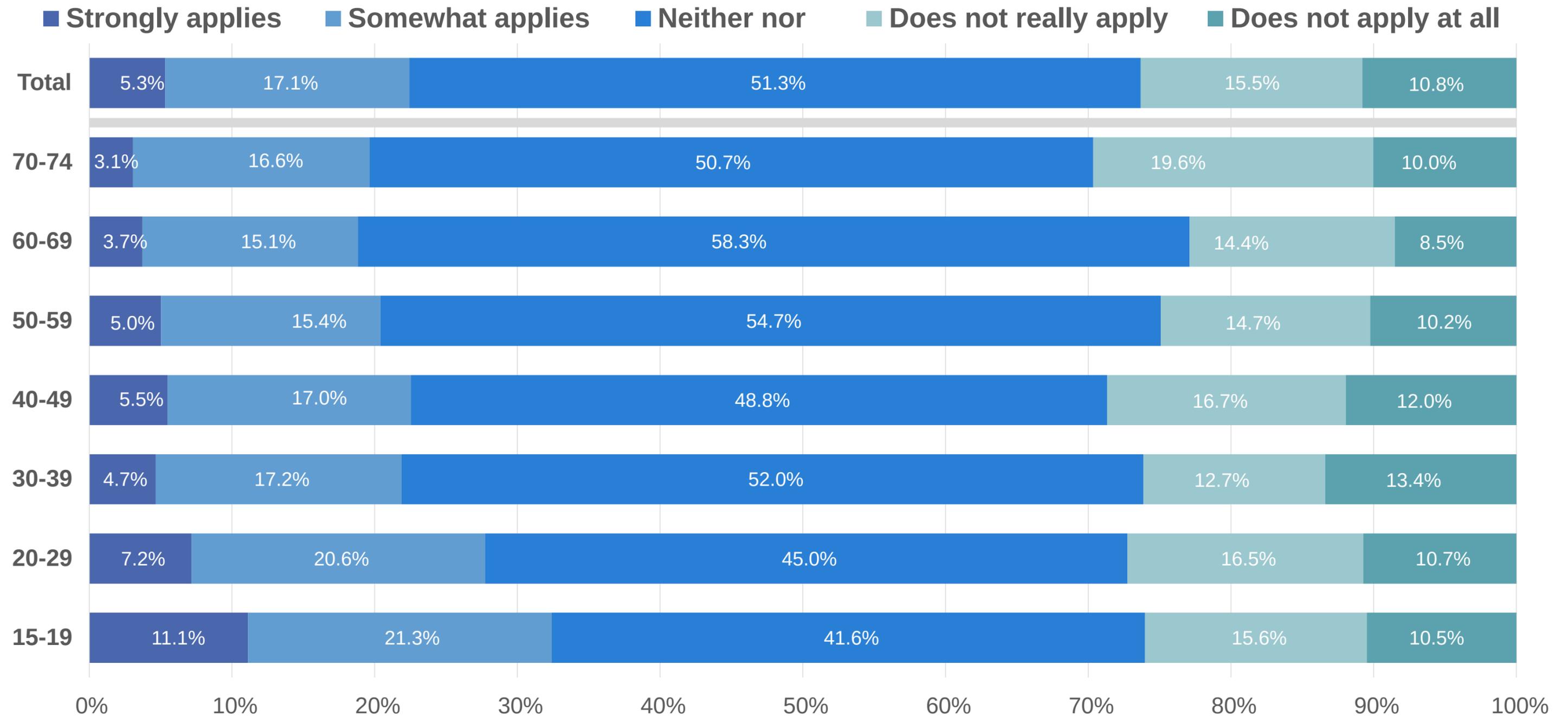
## I don't want to be perceived as somebody who is radical or overly conscious.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

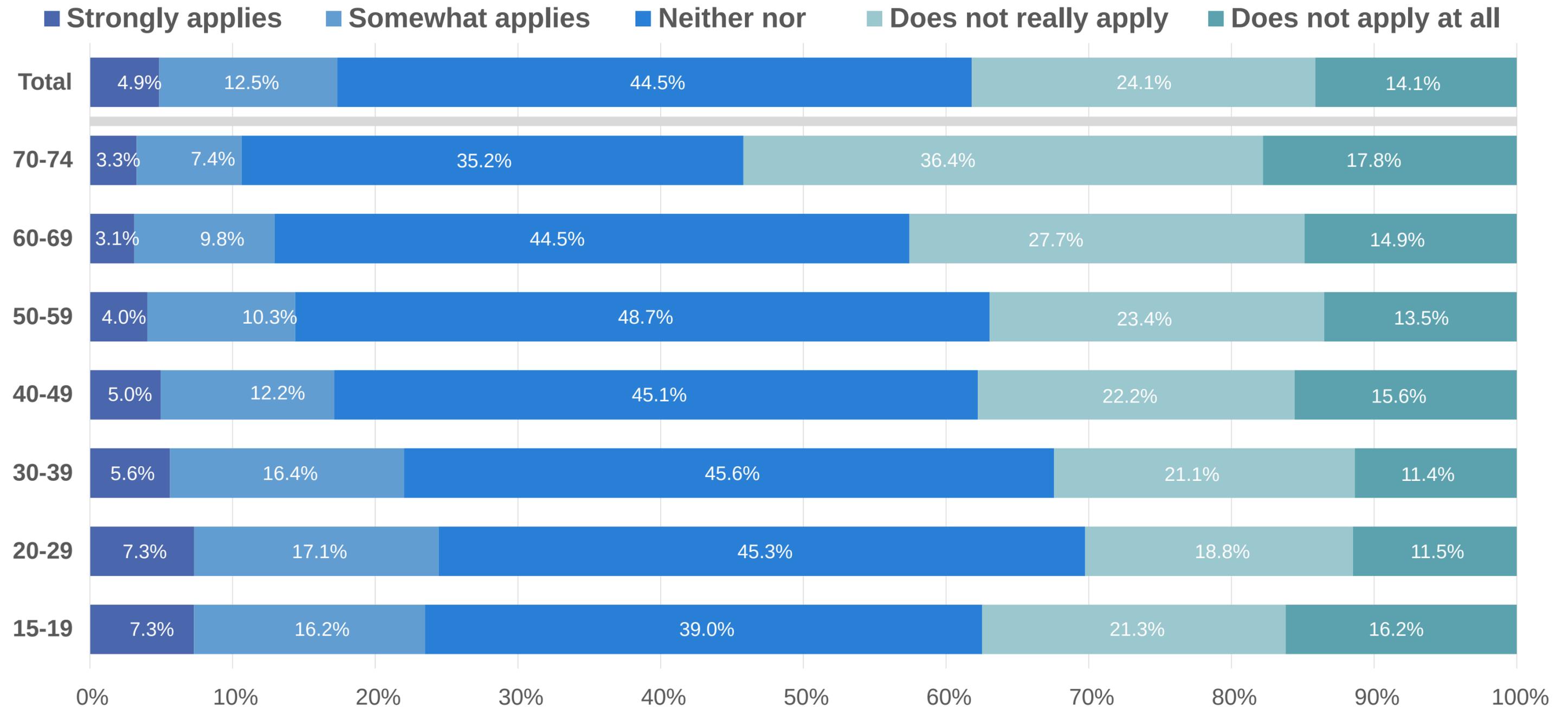
## I haven't met like-minded people.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

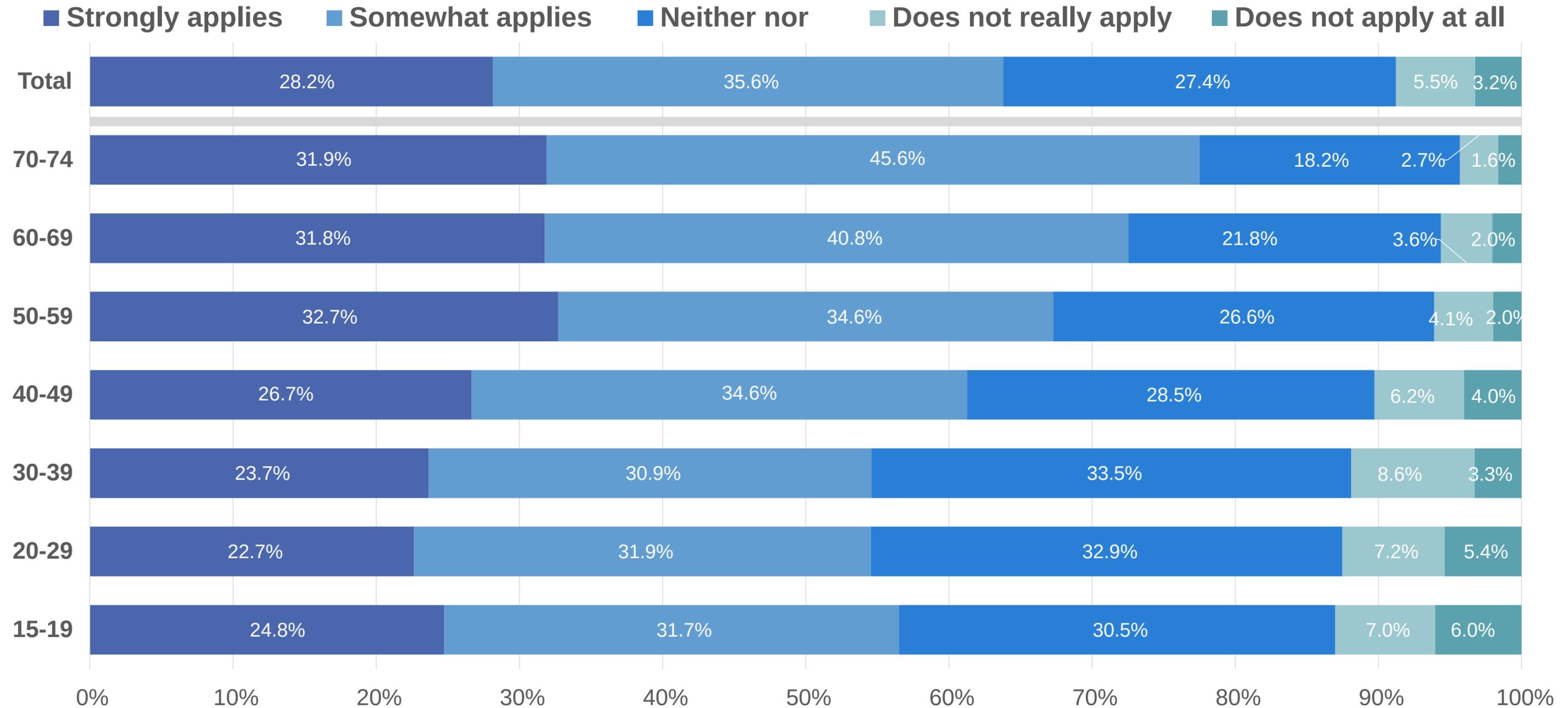
## Lack of access to environmentally friendly options.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

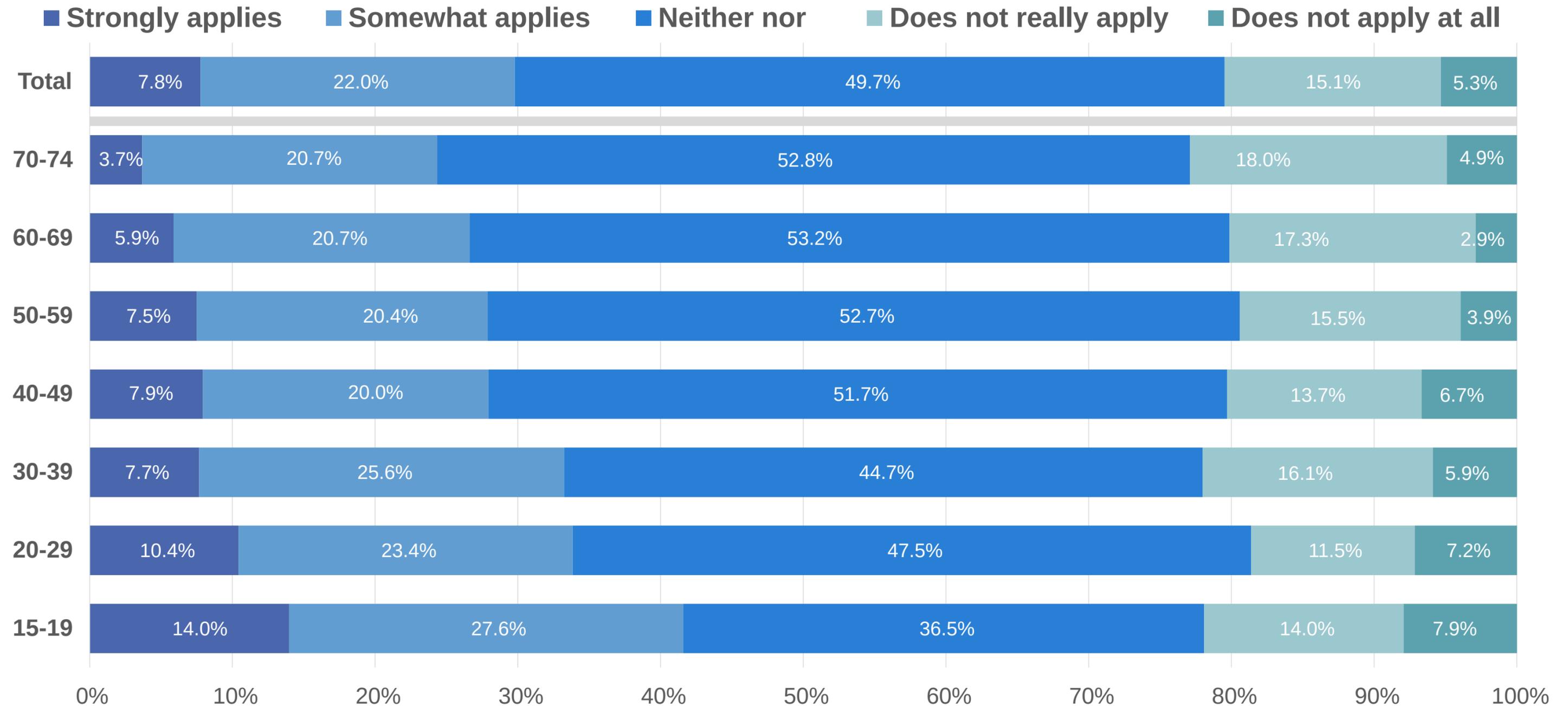
## Environmentally friendly products (e.g., organic food, sustainable fashion, e-cars) are too expensive.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do the following reasons prevent you from making climate-friendly choices?

## People close to me don't think about the environment or climate change.

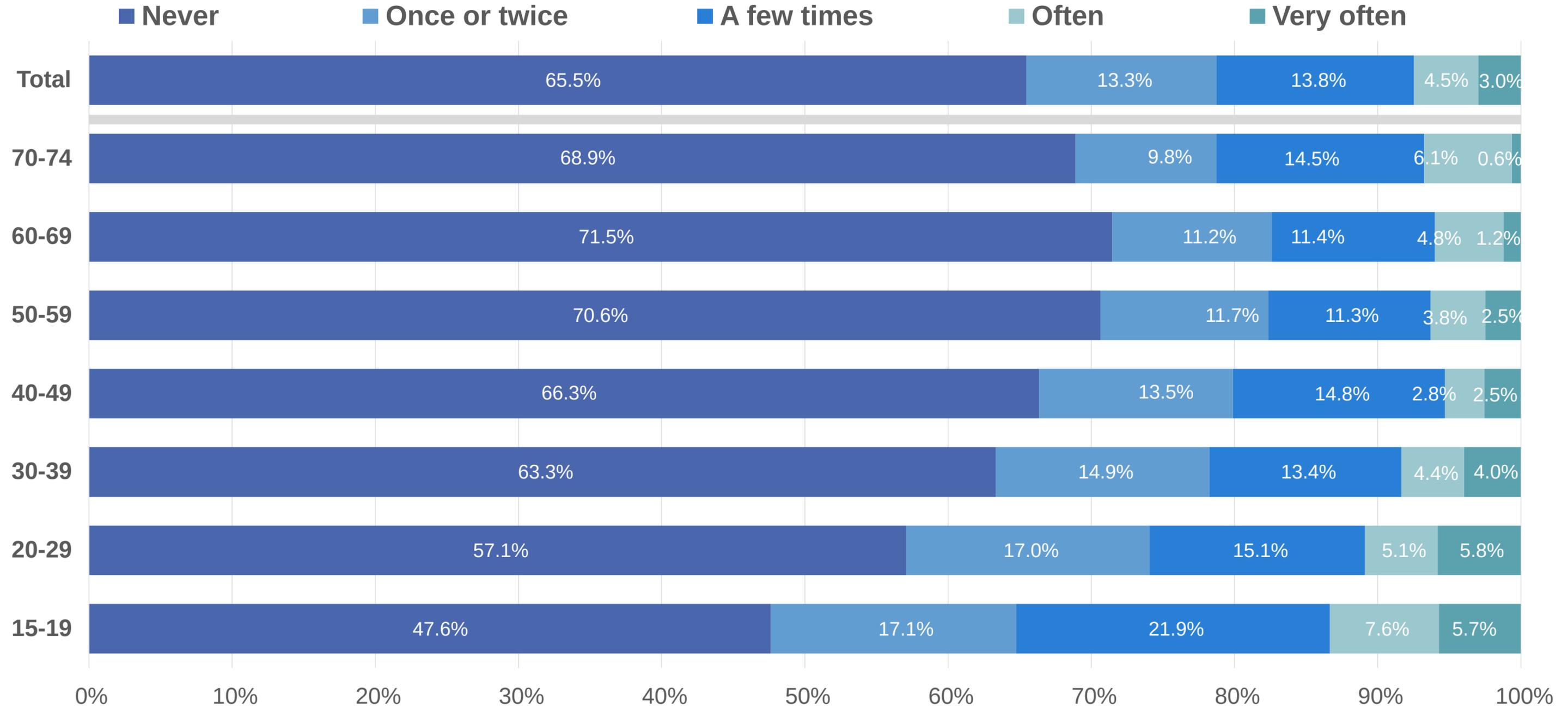


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# ENGAGEMENT IN CLIMATE ACTIVISM

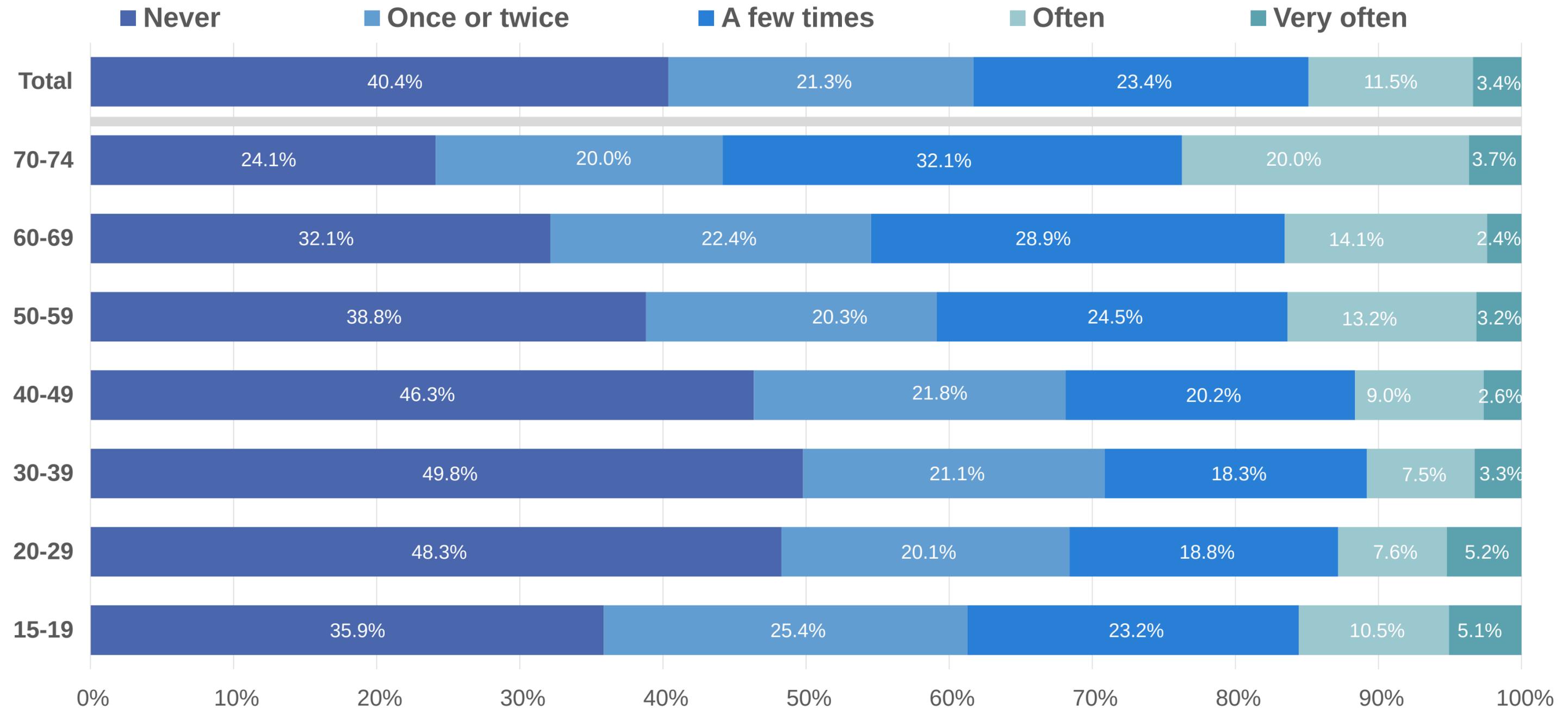
To what extent have you engaged in any of the following actions?

## Access and share information about climate related issues online (social media, newsletter).



To what extent have you engaged in any of the following actions?

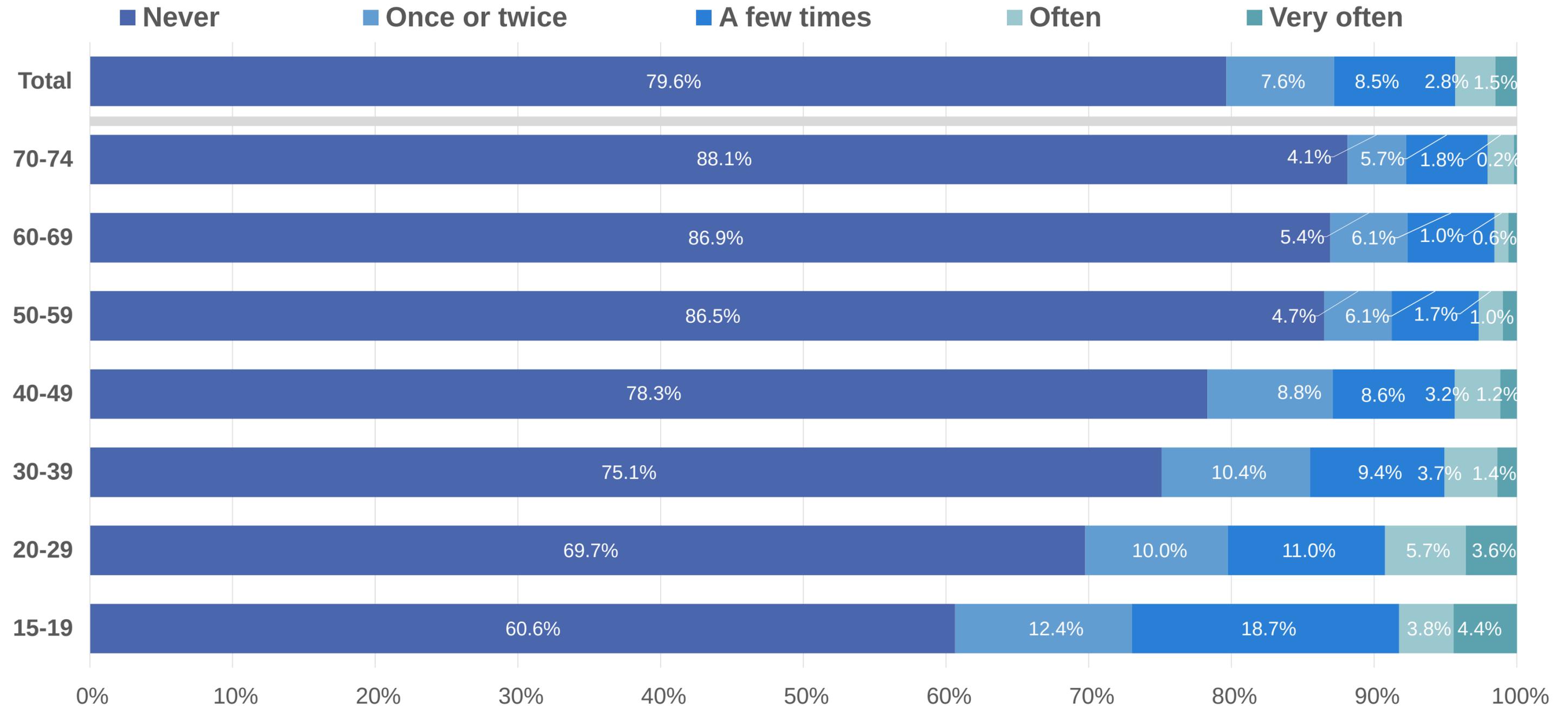
## Talk to family or friends about the risks of climate change.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent have you engaged in any of the following actions?

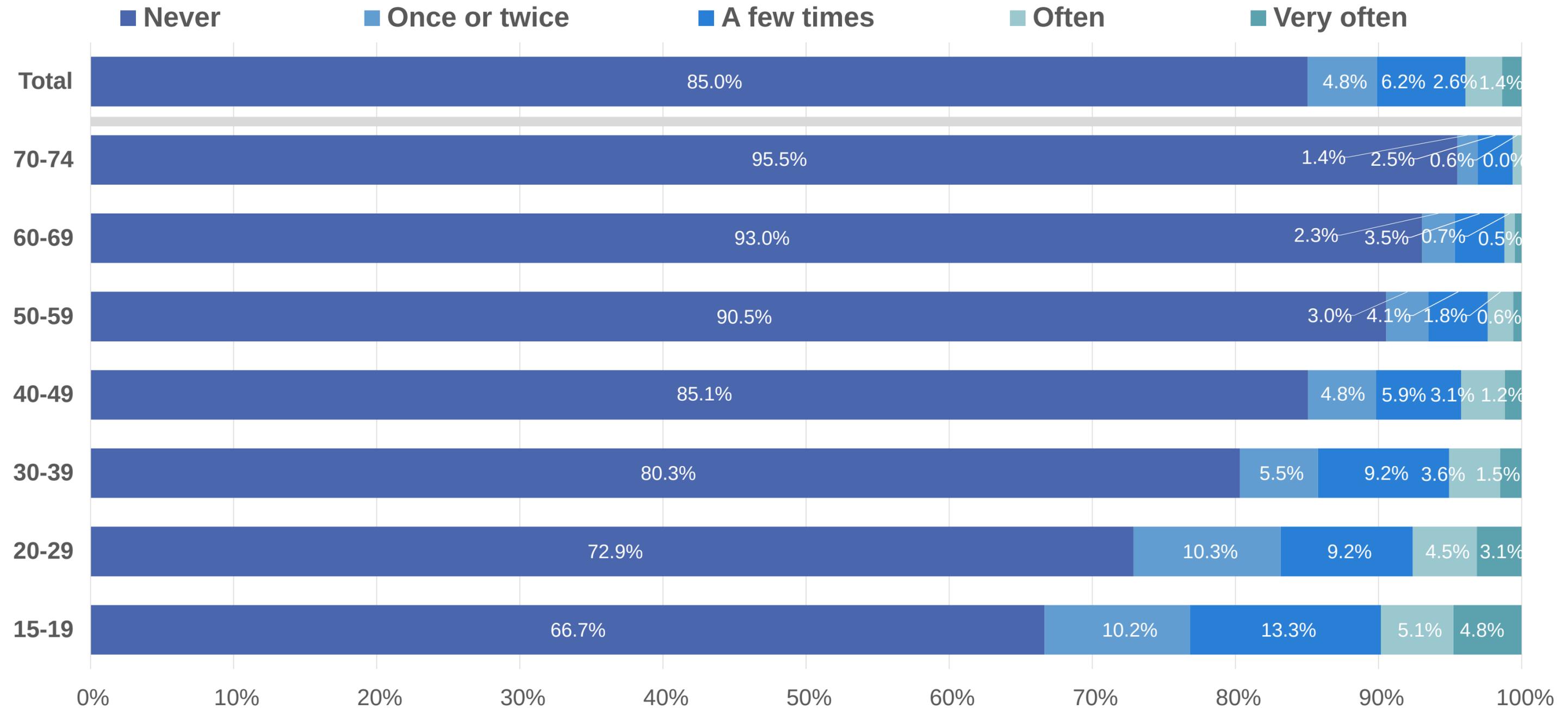
## Participated in an event related to climate change (earth day, etc.).



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent have you engaged in any of the following actions?

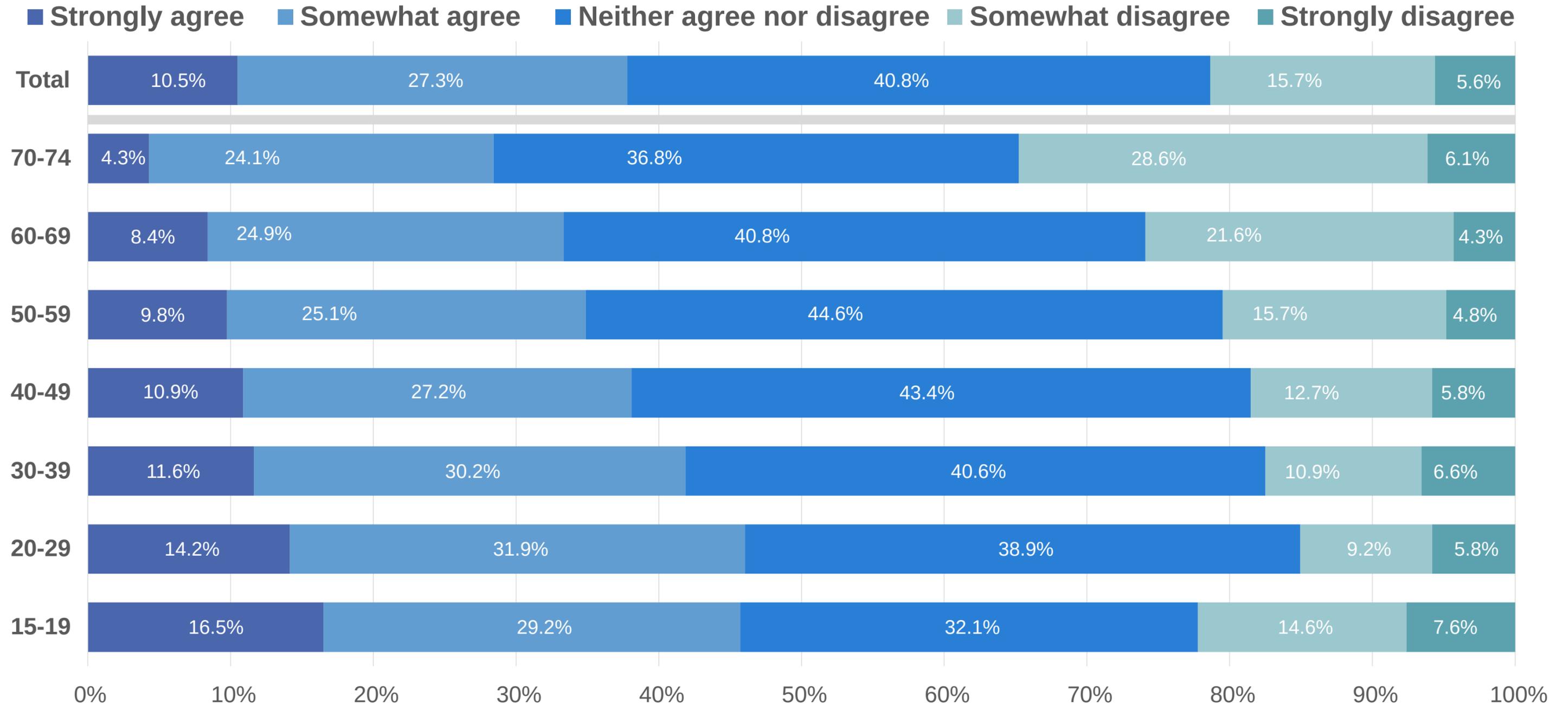
## Participated in demonstration to draw attention to climate change.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

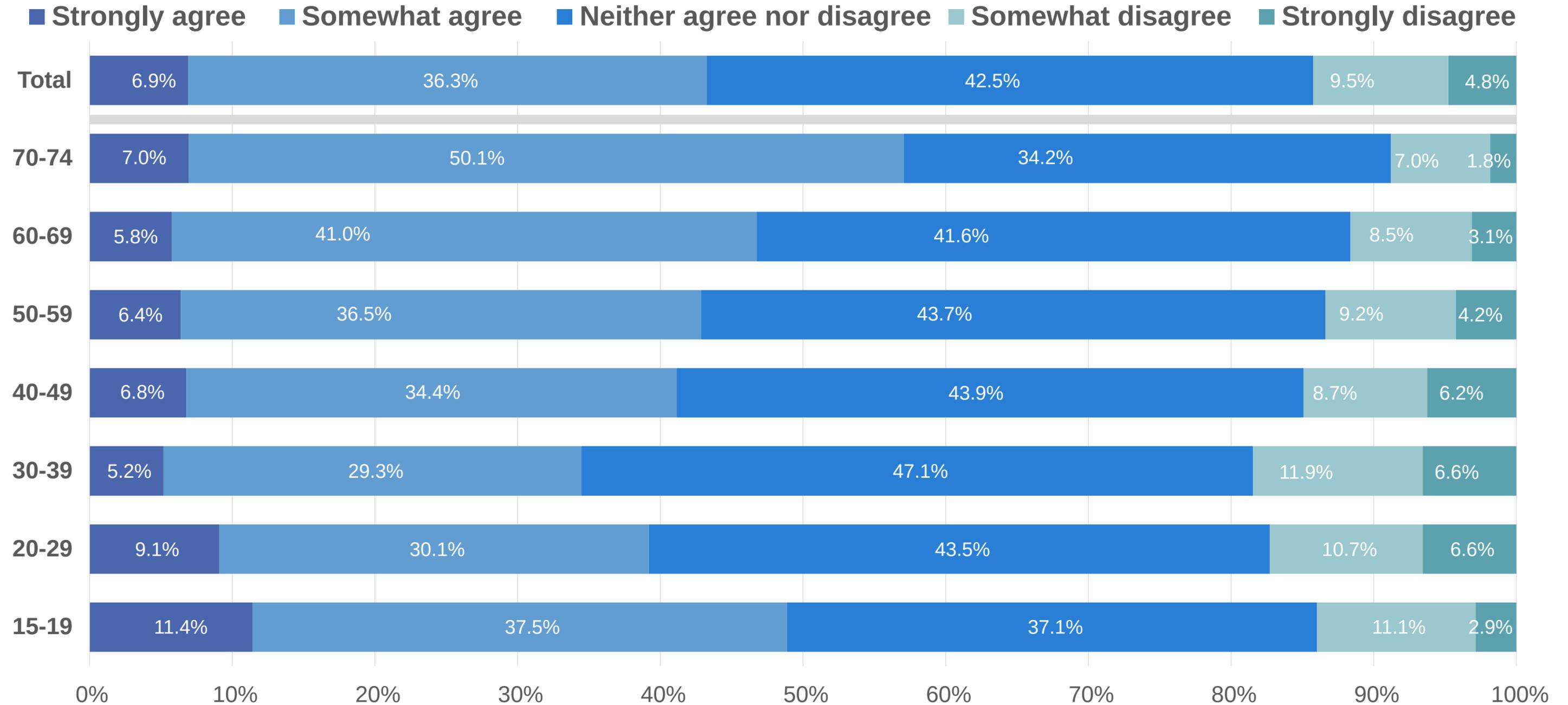
# PERCEPTIONS OF PUBLIC CLIMATE CHANGE AWARENESS

# Most people do not think about climate change.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

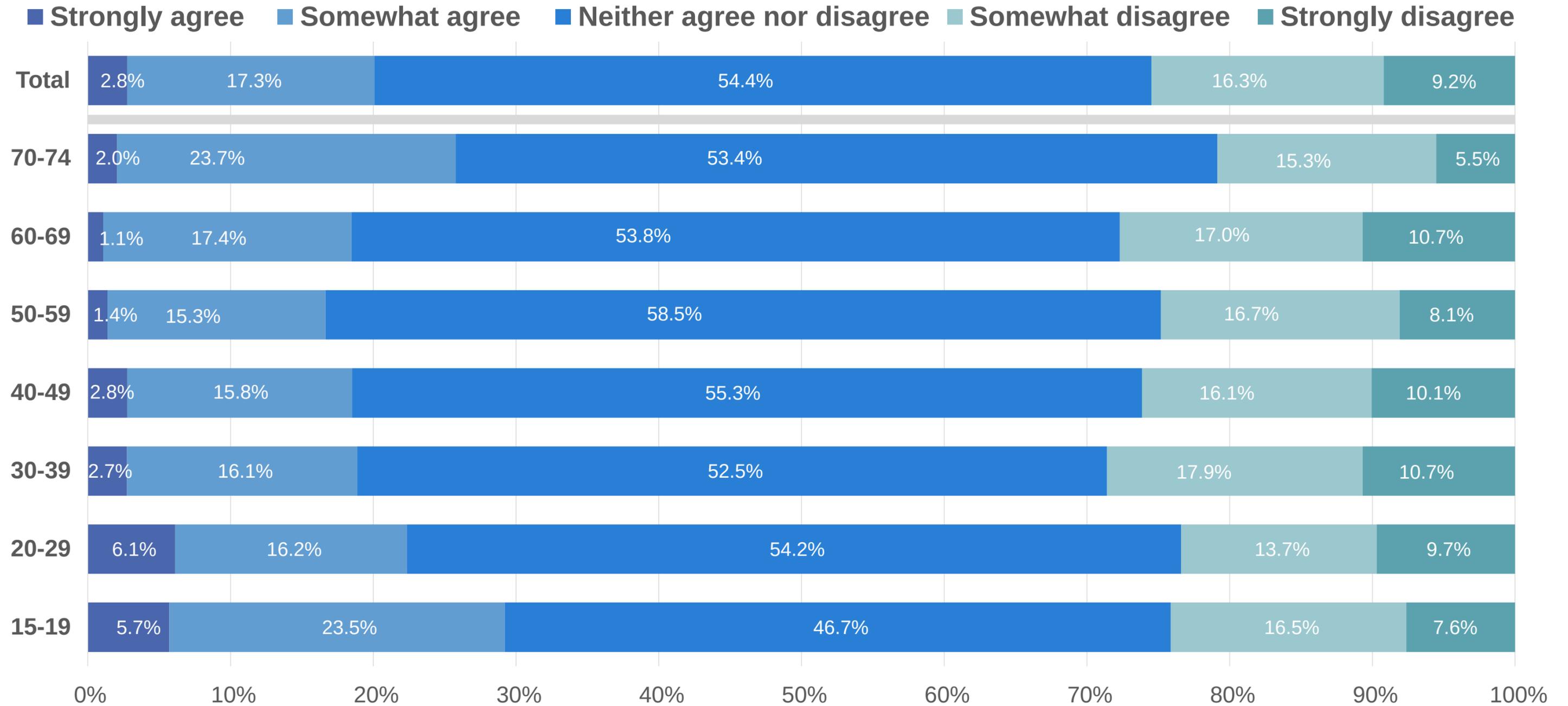
# Small initiatives to counter climate change are increasing.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

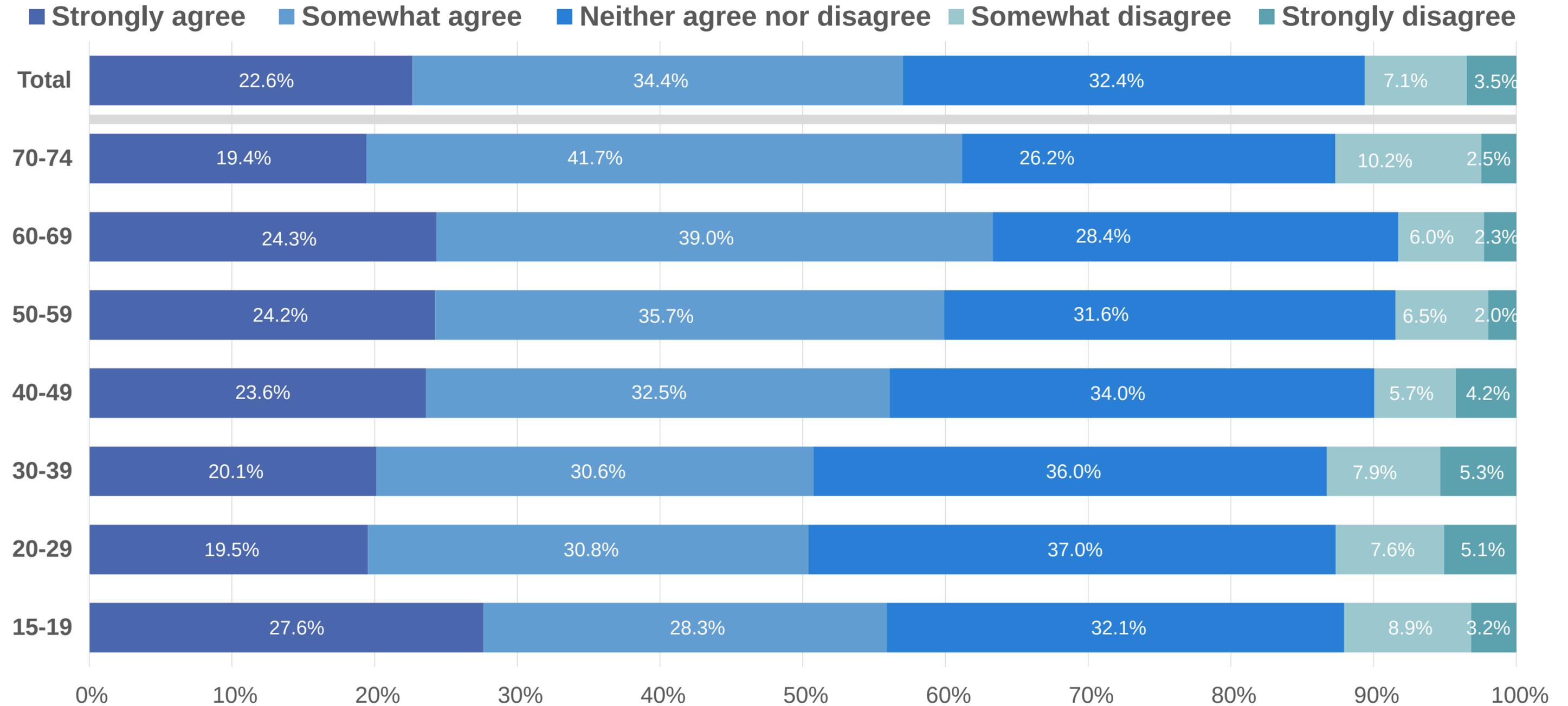
# **PERCEPTIONS OF GOVERNMENT CLIMATE ACTION**

# The Japanese government is firmly steering the country towards carbon-neutrality.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

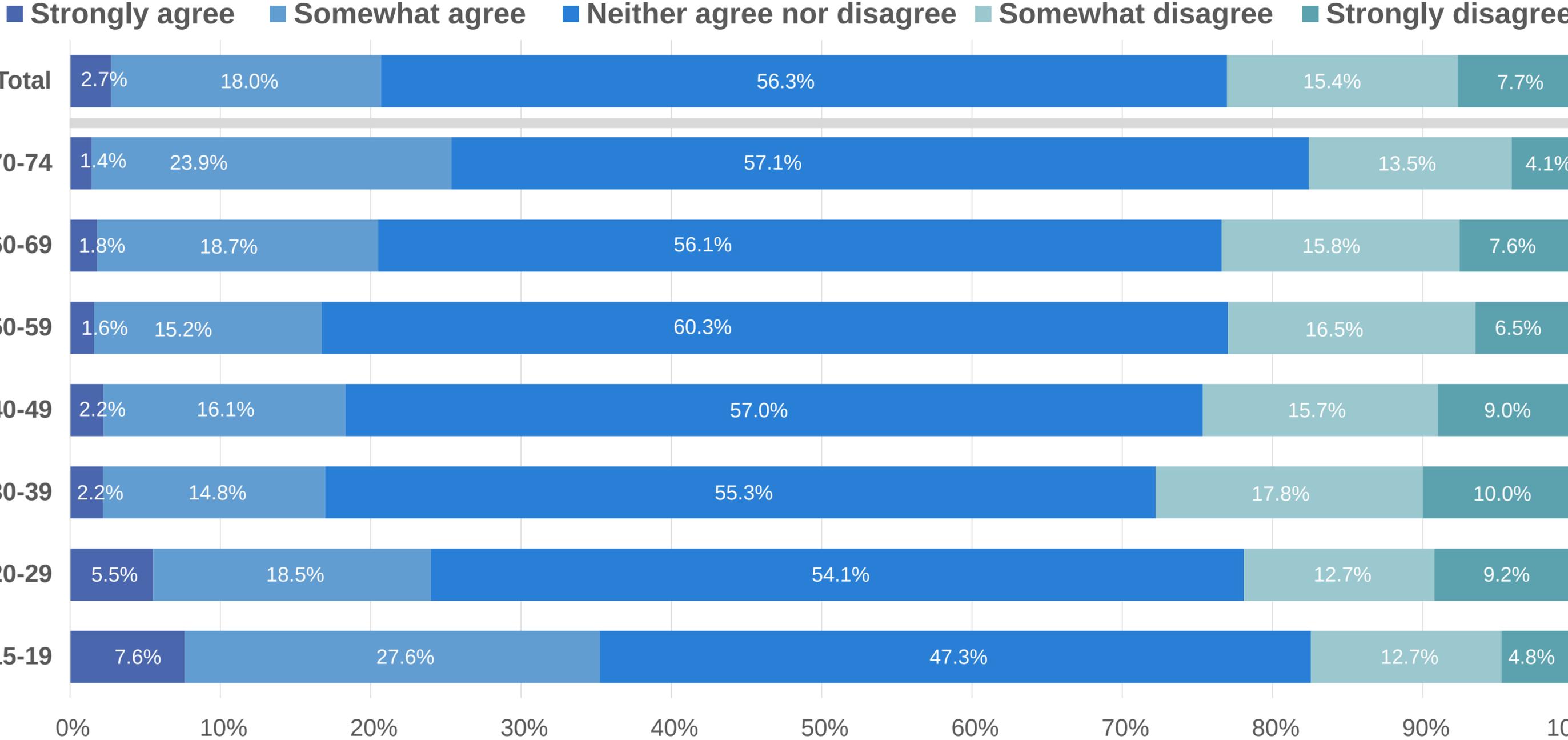
# I don't really know what climate change mitigation efforts the Japanese government has initiated.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

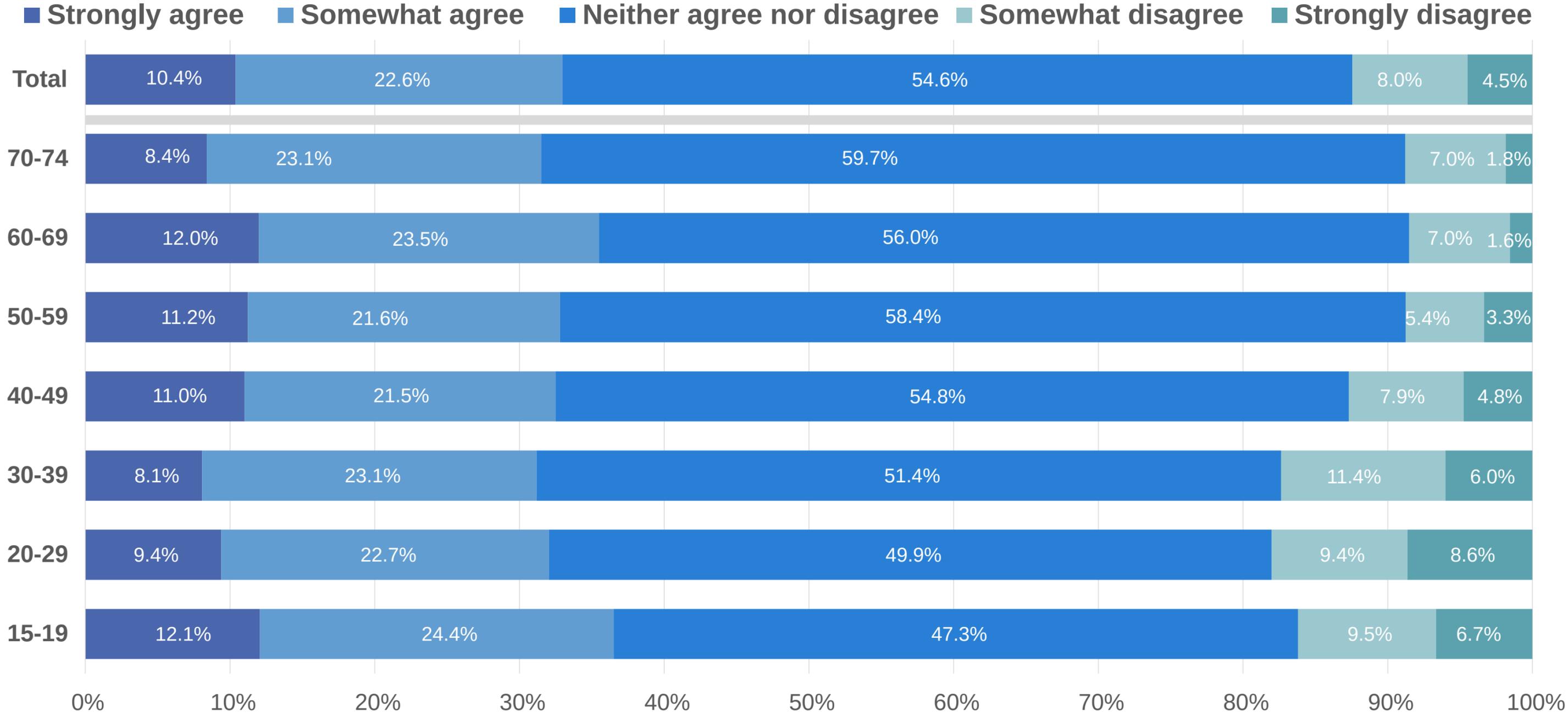
# PERCEPTIONS OF CORPORATE CLIMATE ACTION

# Companies are making significant changes to achieve carbon neutrality.



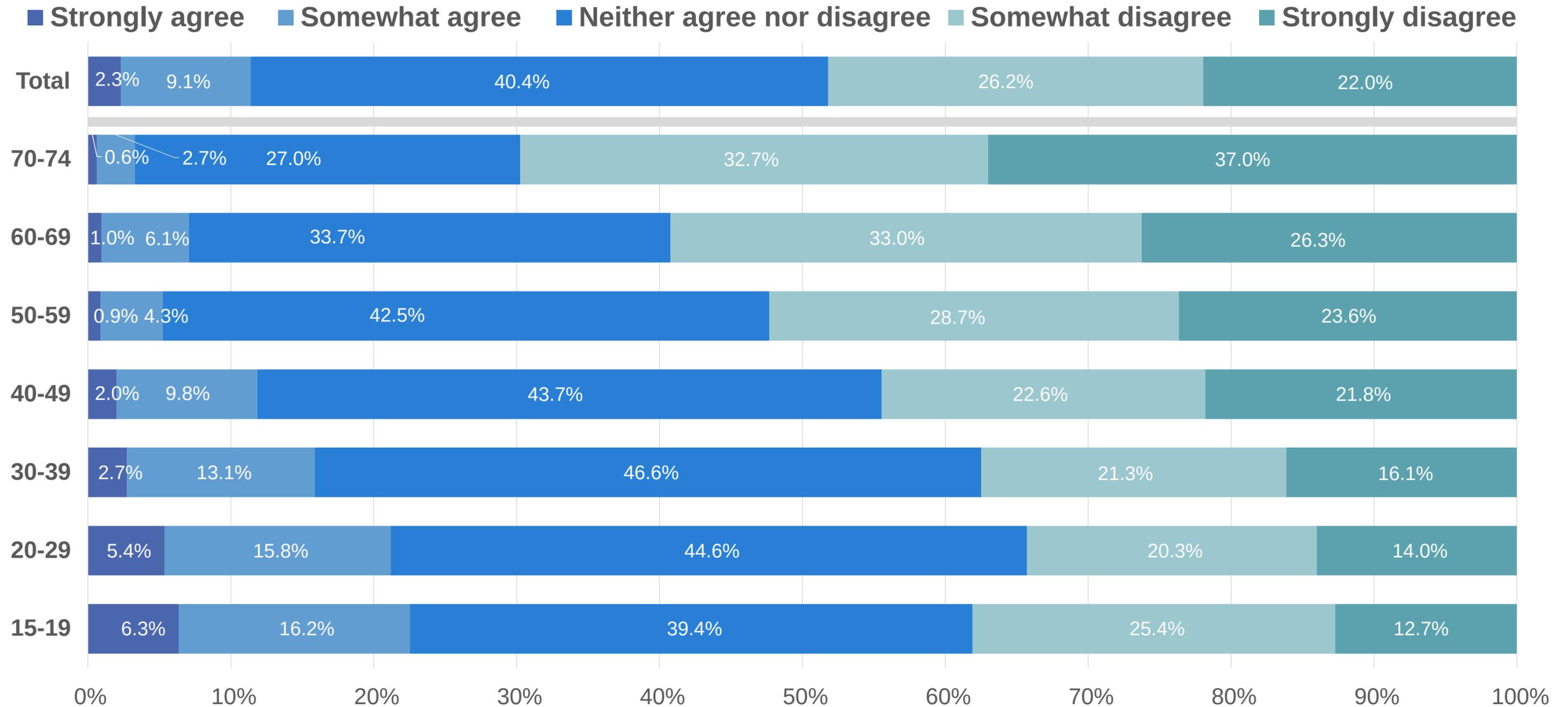
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# Companies are doing more greenwashing rather than implementing impactful climate change mitigation measures.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

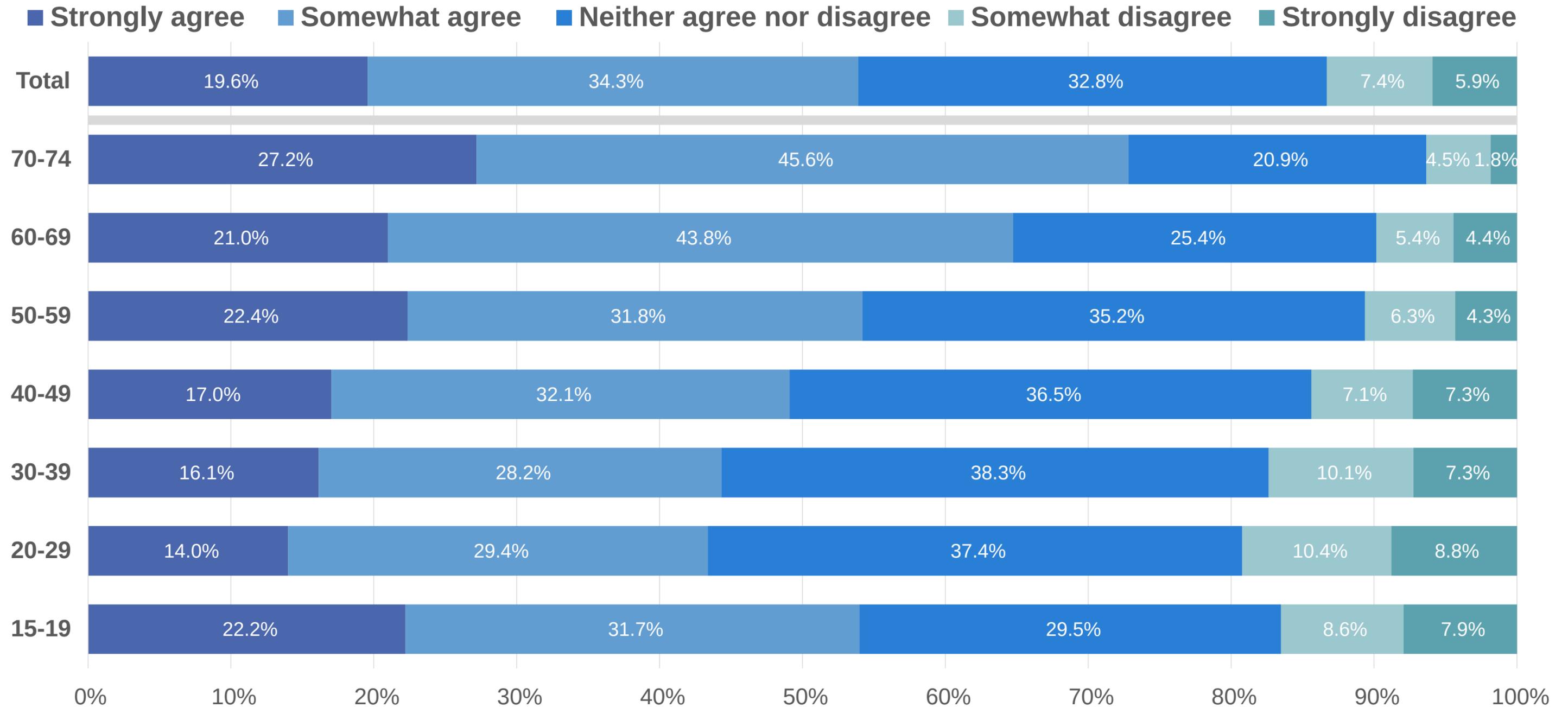
# Technological innovations will alleviate most pressing global environmental problems with little change to our way of life.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

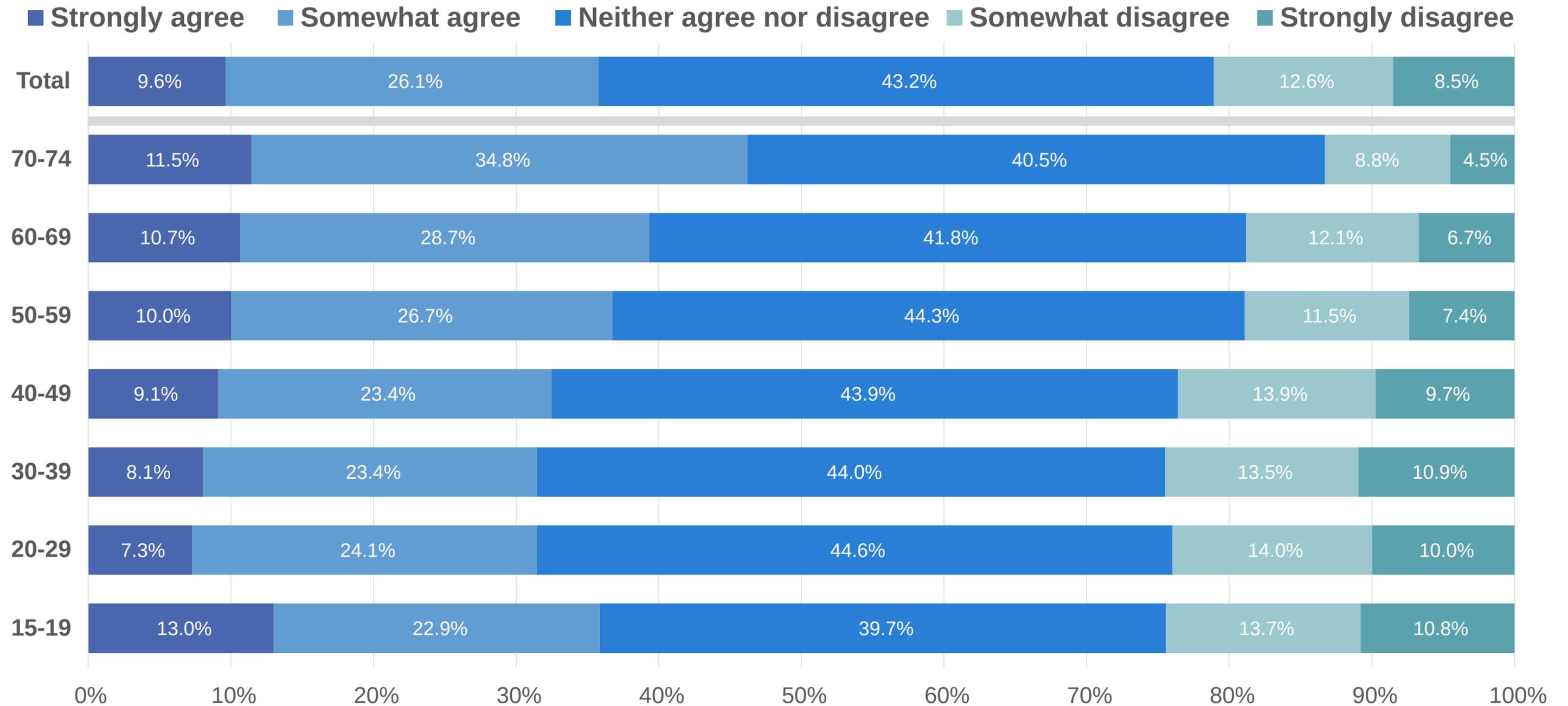
# EMOTIONAL RESPONSES TO CLIMATE CHANGE

# I am terrified by how many things have changed in just a few years because of climate change.



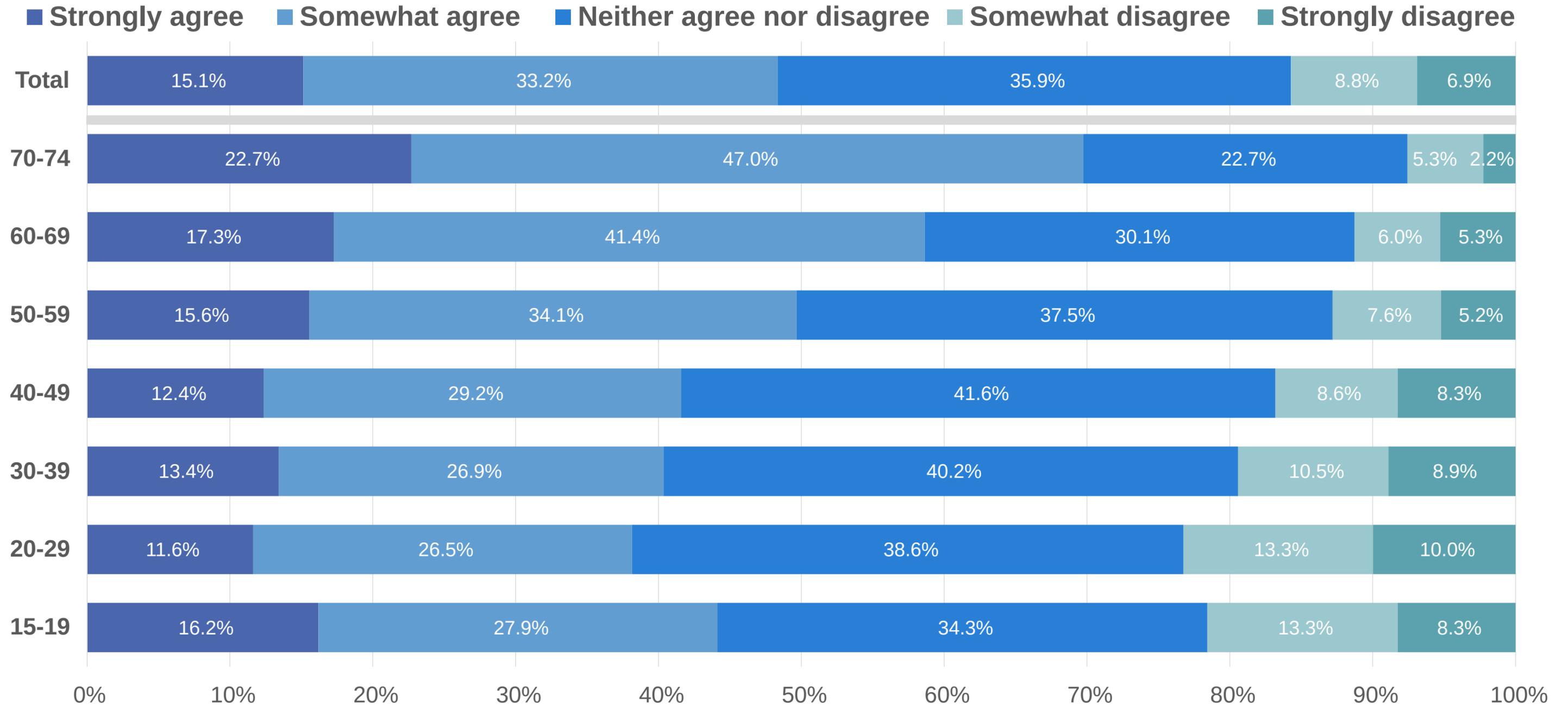
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# I feel a sense of loss because of climate change impacts that are becoming apparent in my local area.



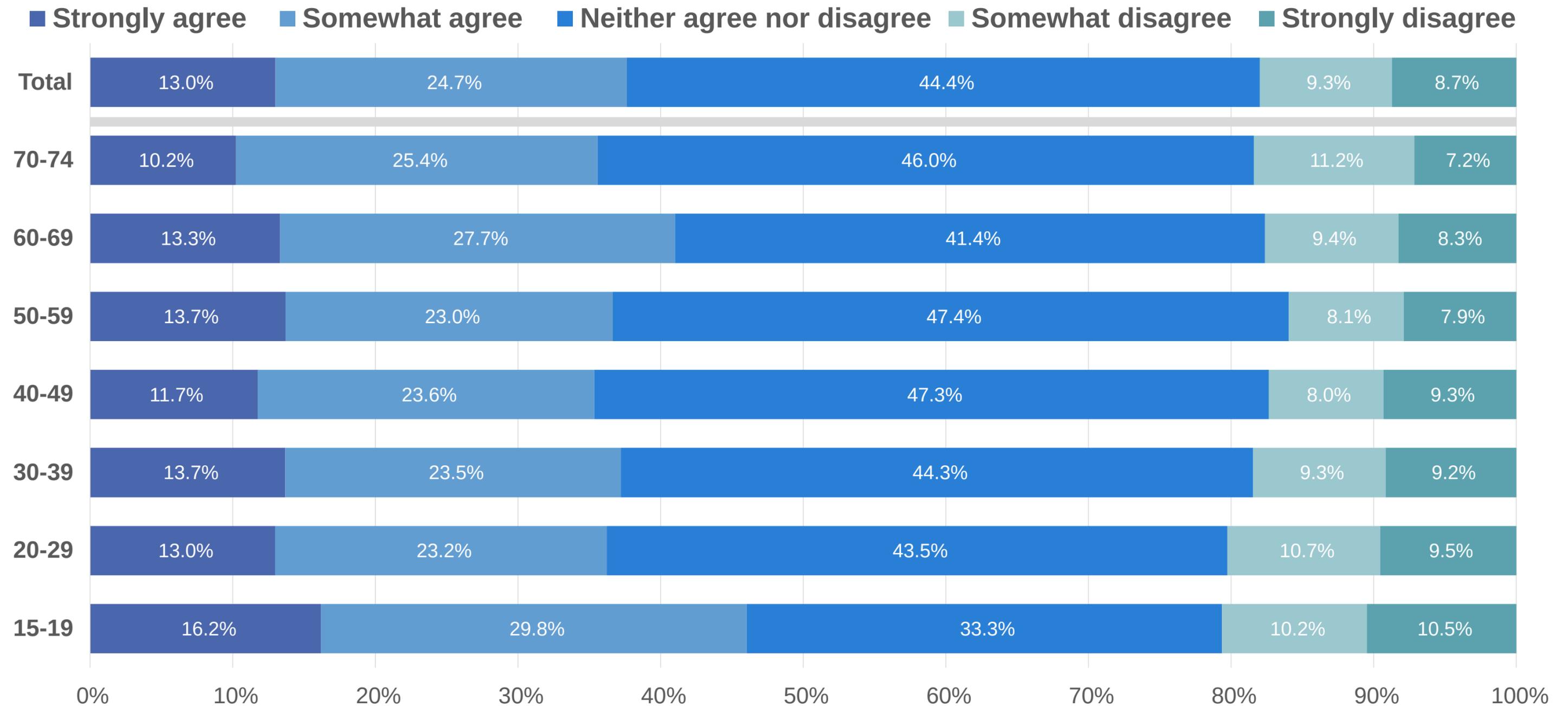
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# I worry about the next generation because they will be drastically affected by climate change.



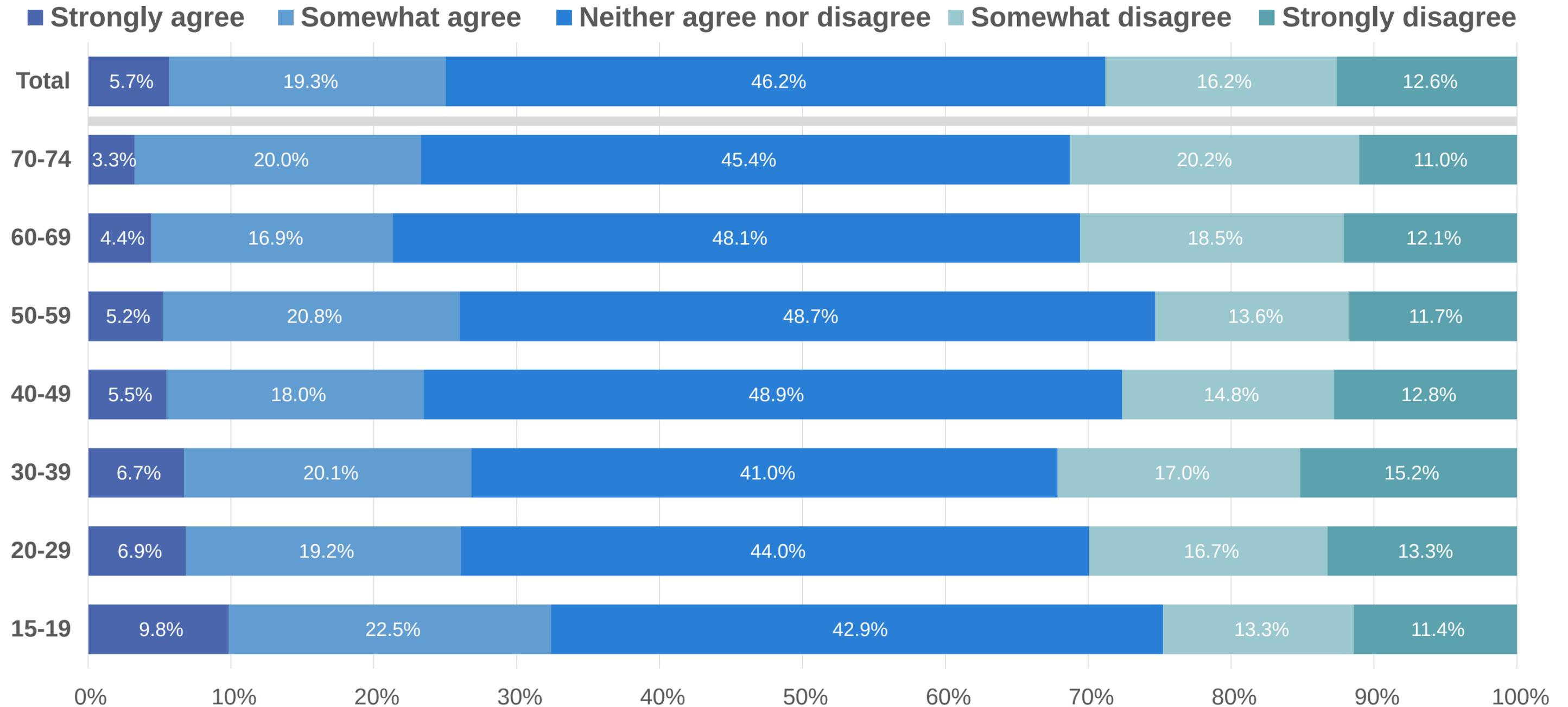
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# I find it unjust that it is mostly wealthy people who cause environmental problems, while it is mostly poor people who suffer from them.



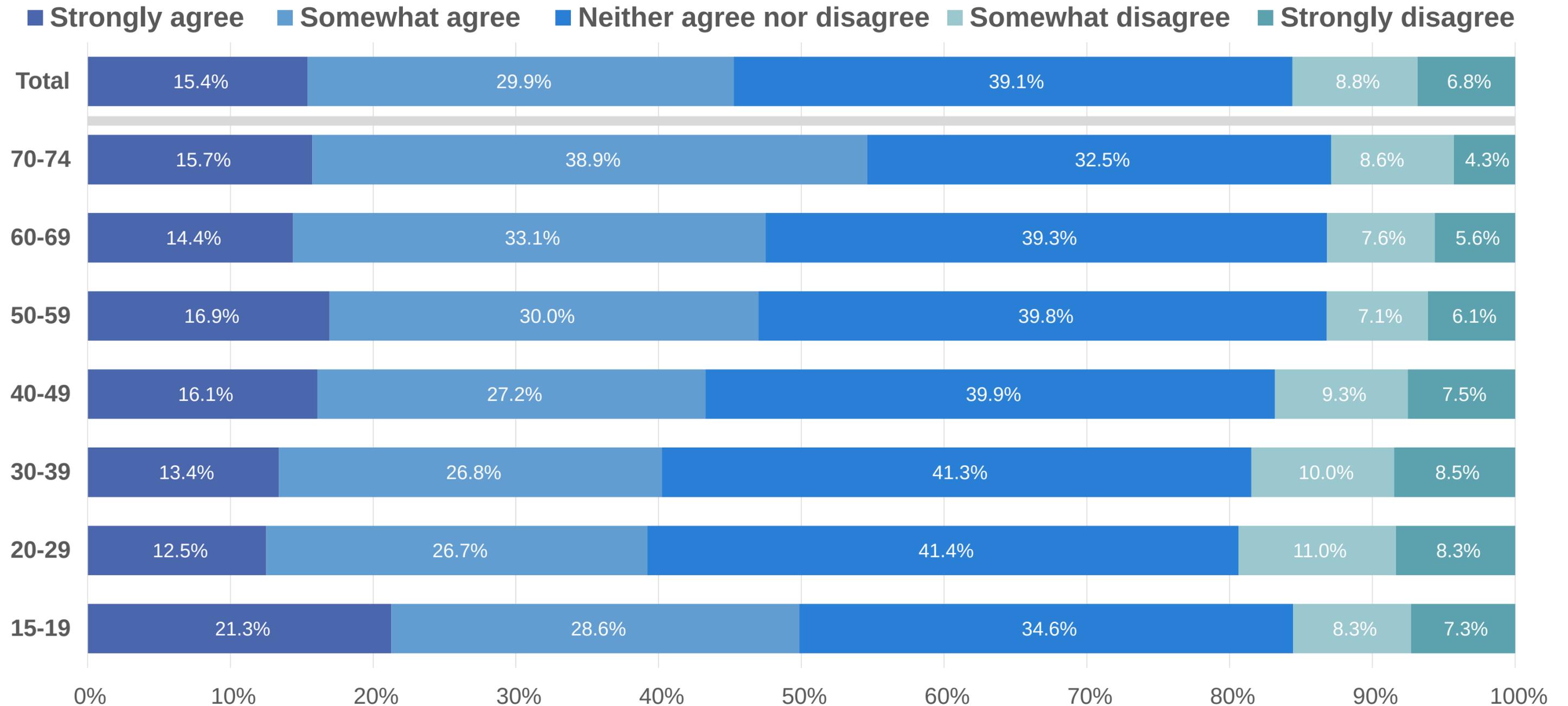
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# I feel guilty about the fact that my lifestyle is in part responsible for climate change.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

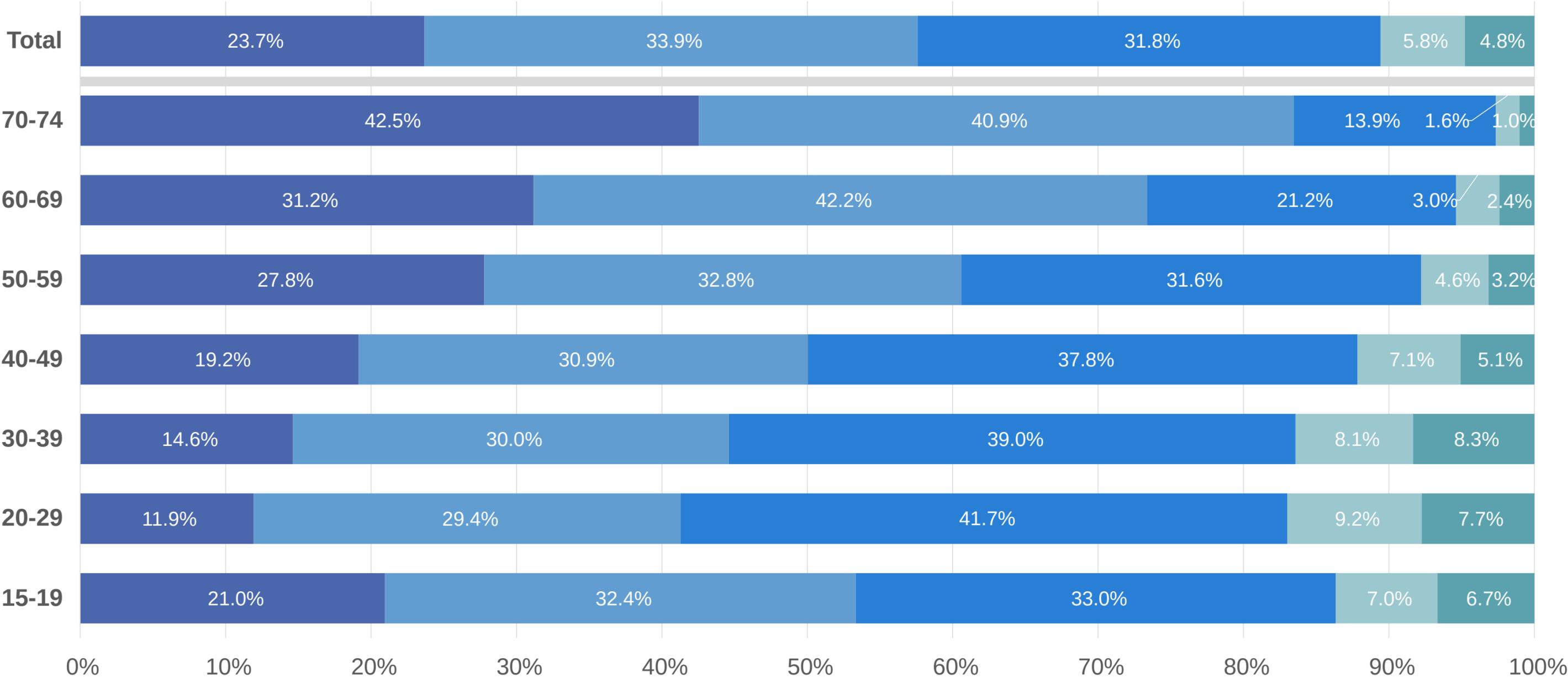
# If we destroy the environment even further, we will not be able to survive.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

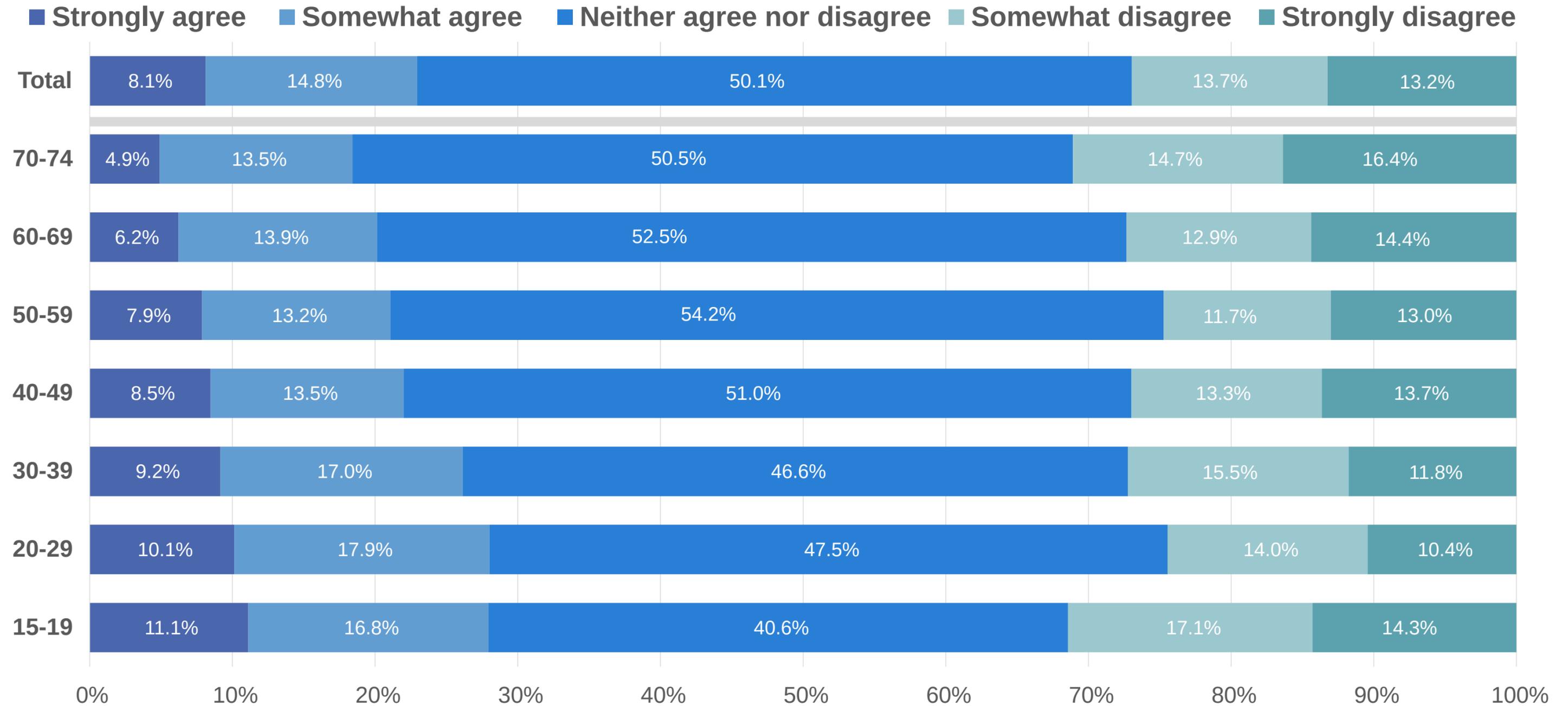
# We humans have a responsibility to protect the environment for future generations.

■ Strongly agree
■ Somewhat agree
■ Neither agree nor disagree
■ Somewhat disagree
■ Strongly disagree



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

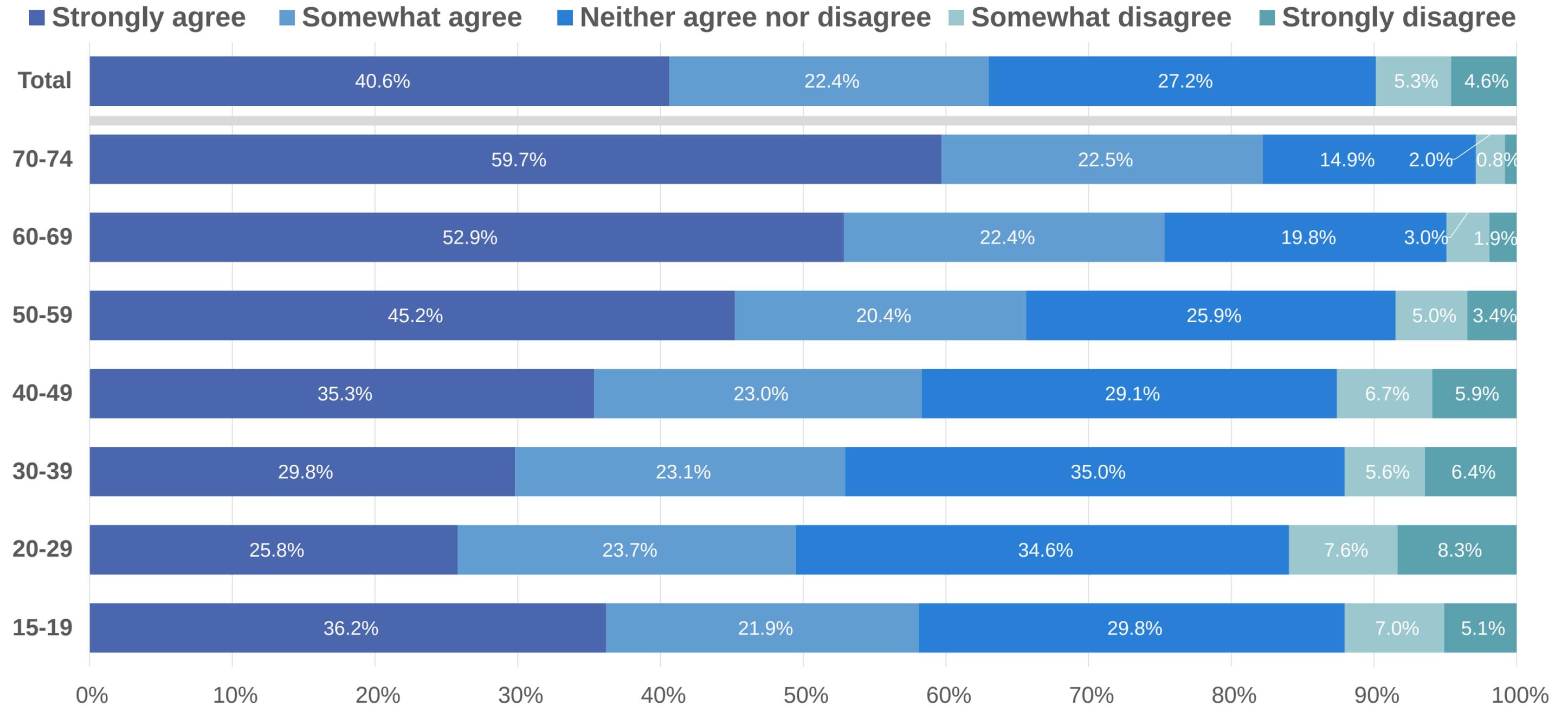
# Climate change makes me think that I don't want to have children in the future.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

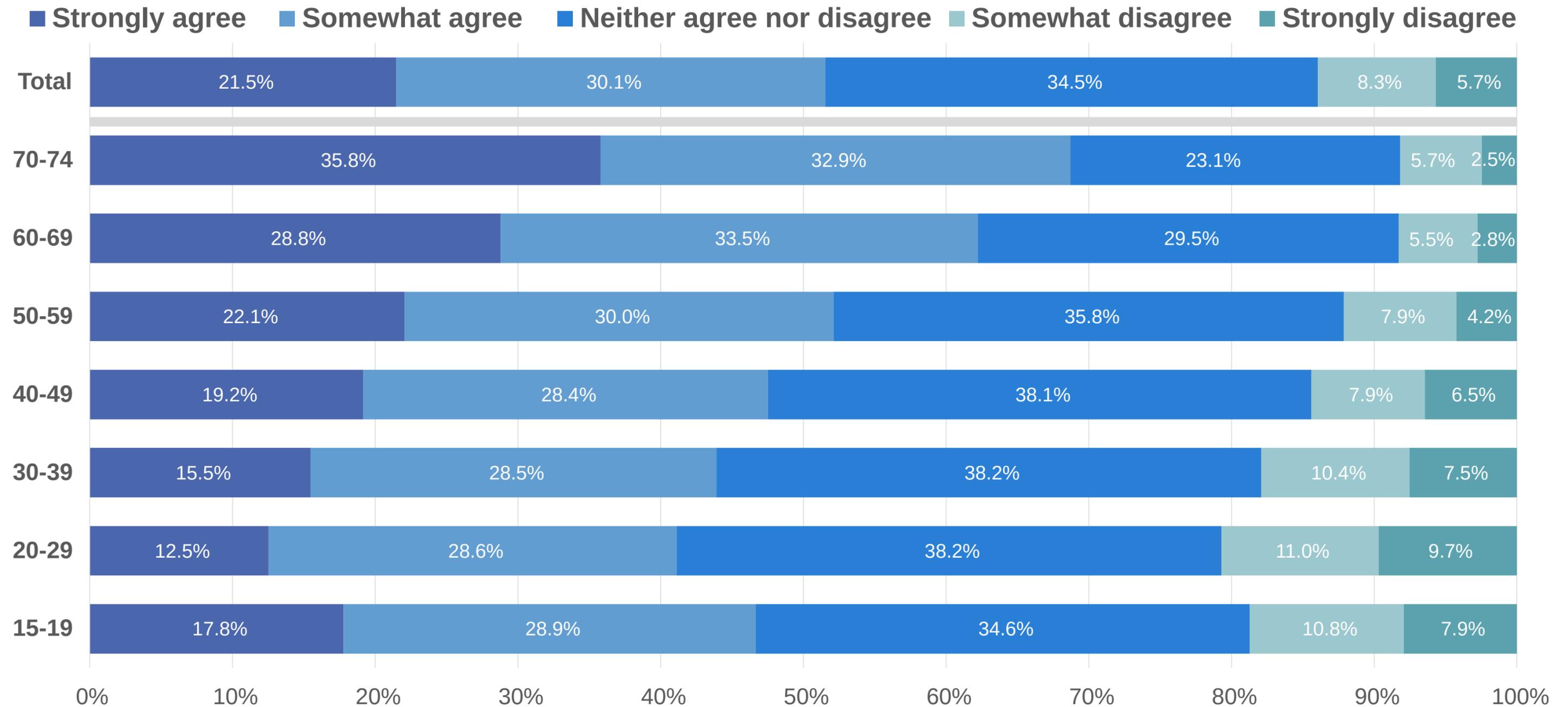
# CLIMATE NOSTALGIA

# I feel that the changes between the four seasons are not as distinct as they used to be.



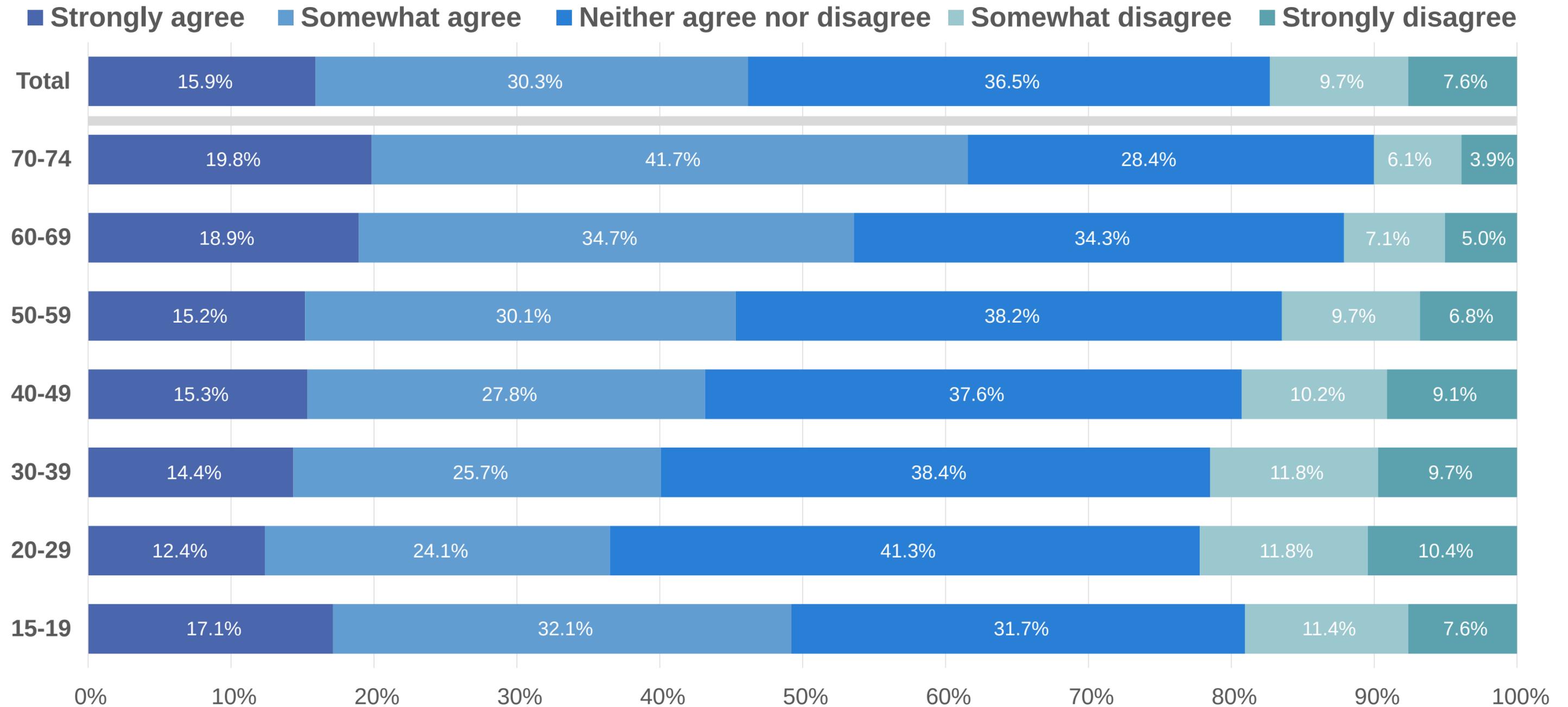
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

## Due to climate change, I feel that landscapes and natural sounds (such as the sound of cicadas or the murmuring of rivers) are being lost.



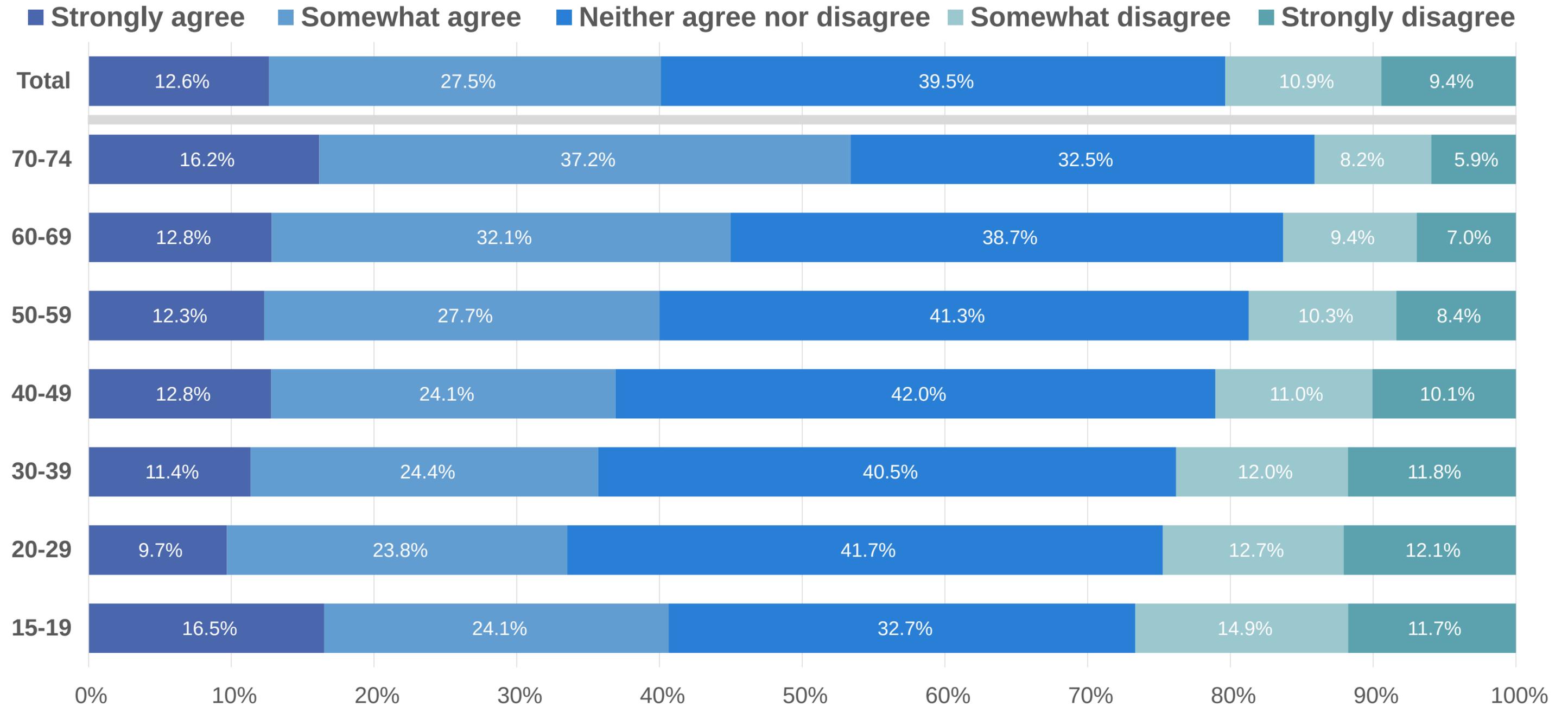
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# I feel sad when I think that, due to changes in nature, future generations may never be able to see 'the seasonal landscapes' that appear in old stories and traditions.



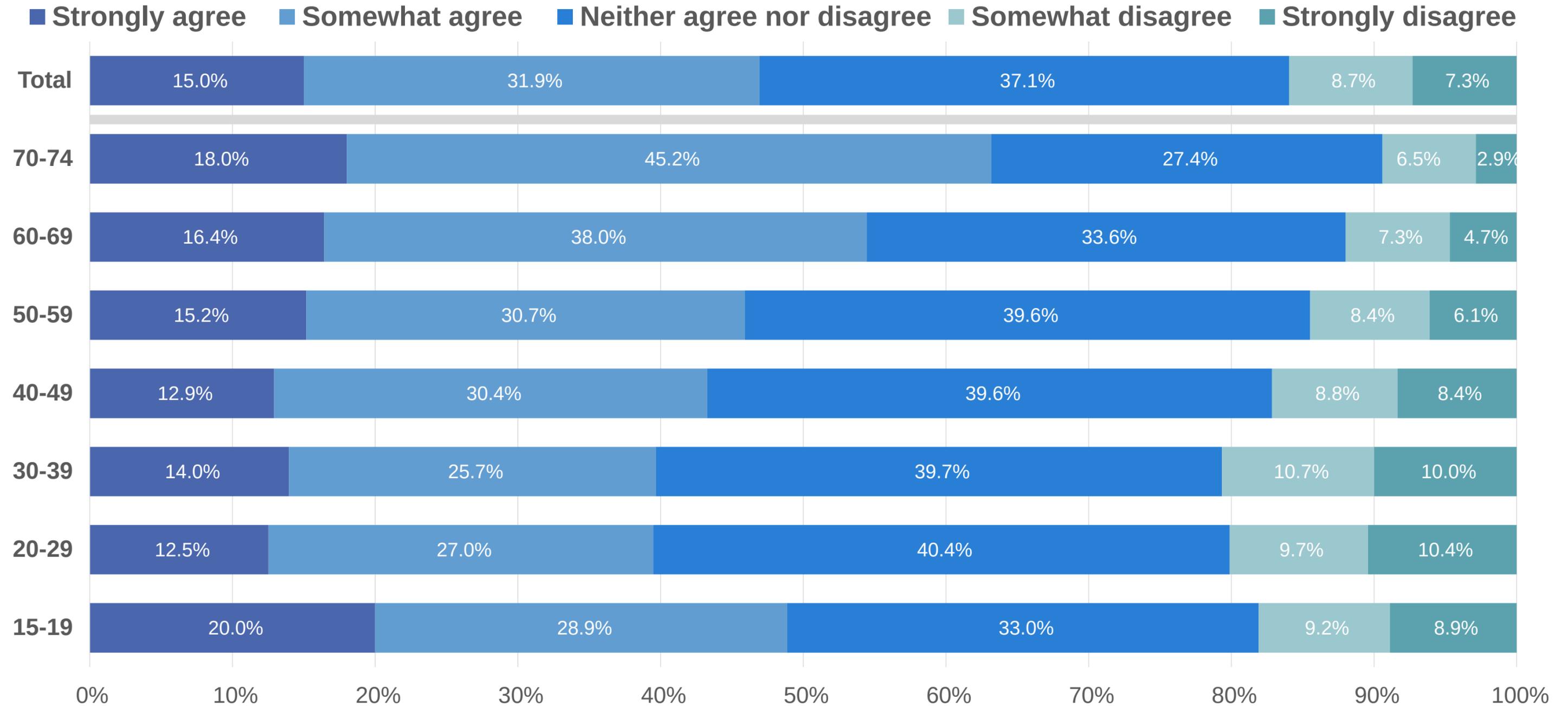
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# I feel heartache when I think future generations might not know the Japan I grew up in.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# I feel sad thinking about the loss of cultural practices rooted in the seasons.



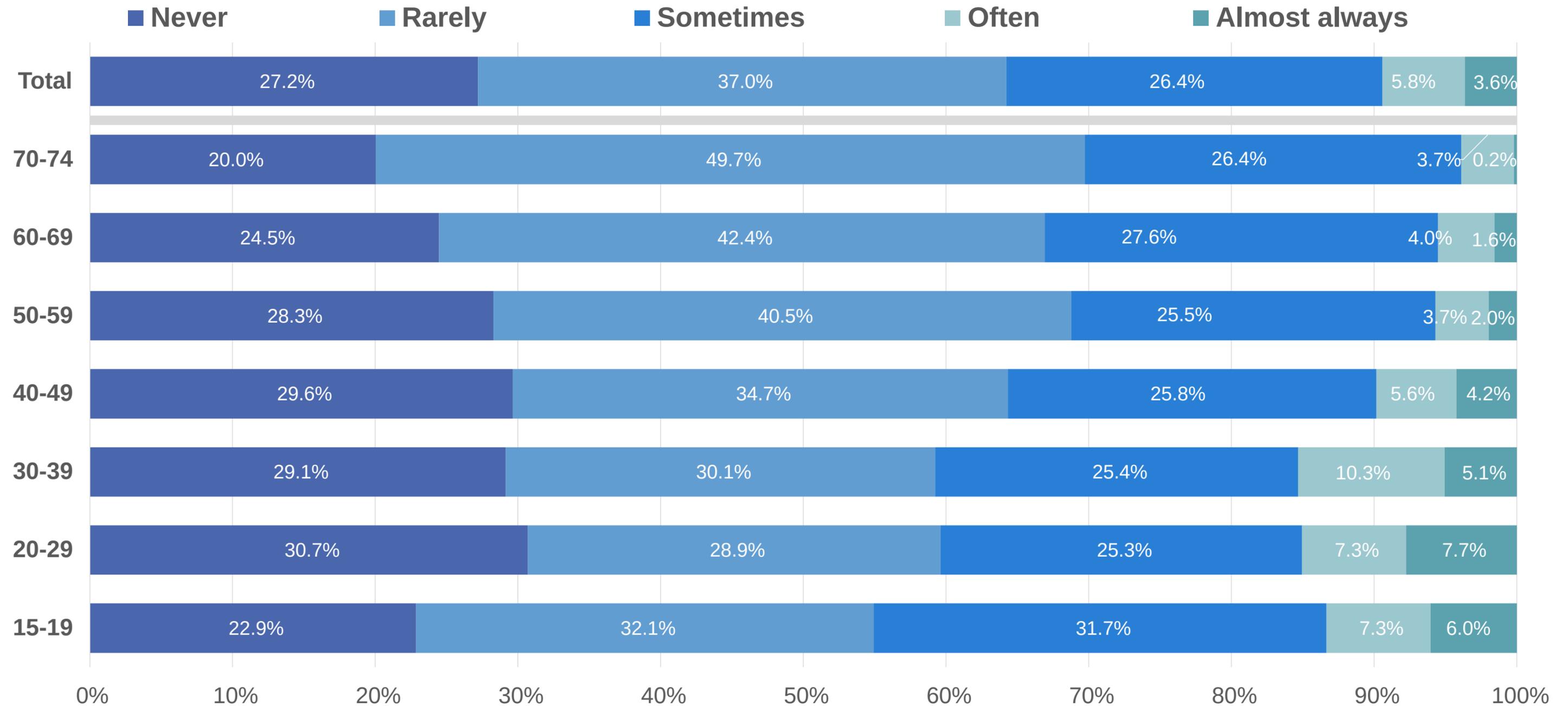
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# CLIMATE ANXIETY

13 item scale, Japanese version based on Tam, Chan, Clayton (2023)

Please rate how often the following statements are true of you:

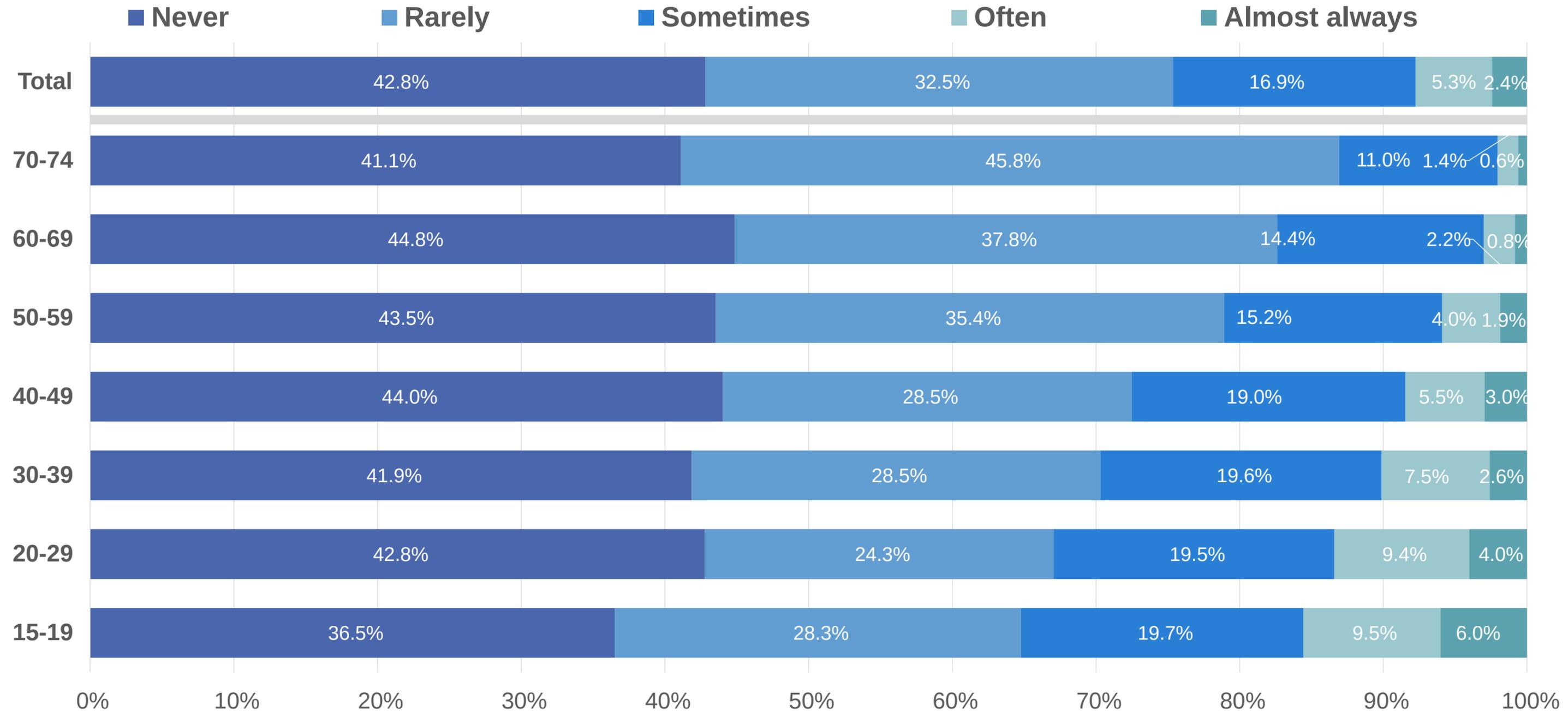
## Thinking about climate change makes it difficult for me to concentrate.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

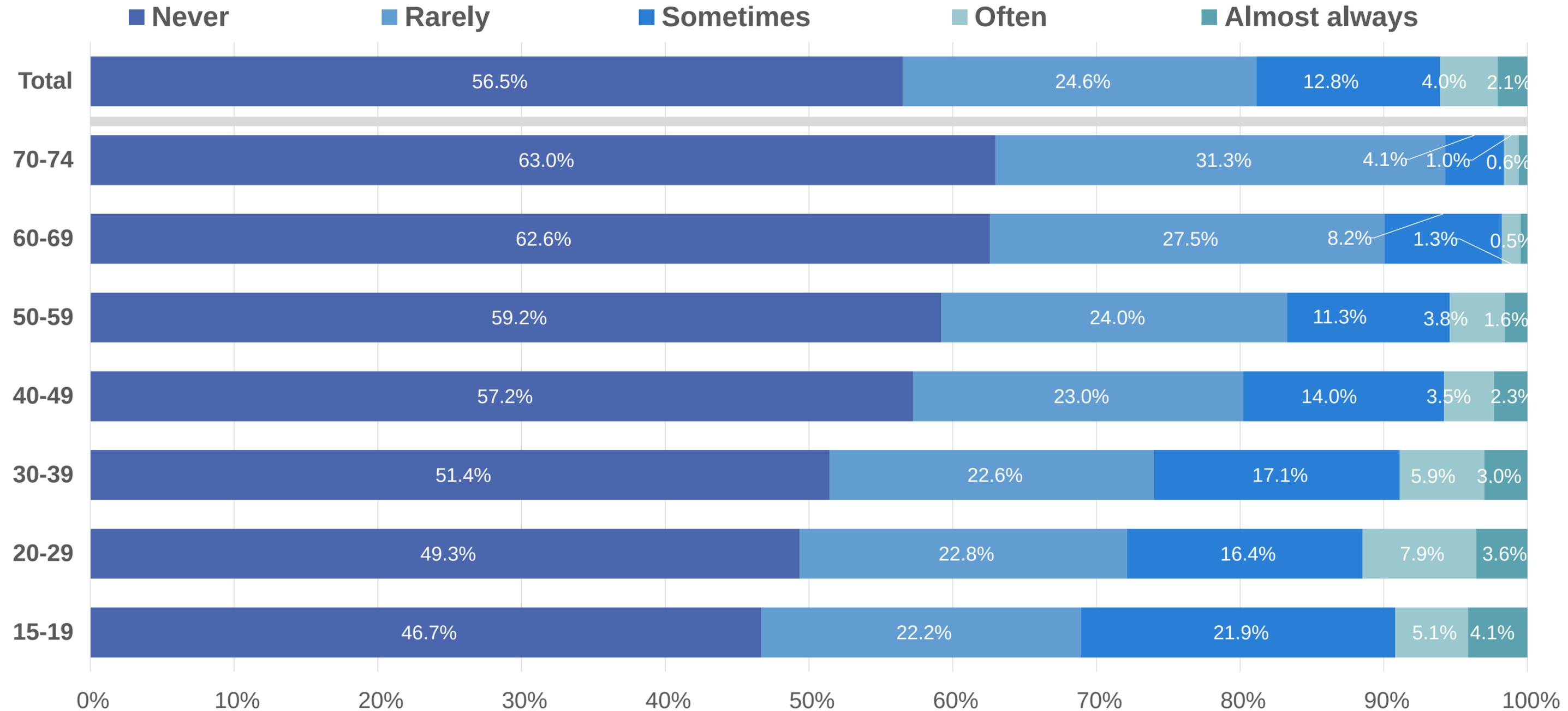
## Thinking about climate change makes it difficult for me to sleep.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

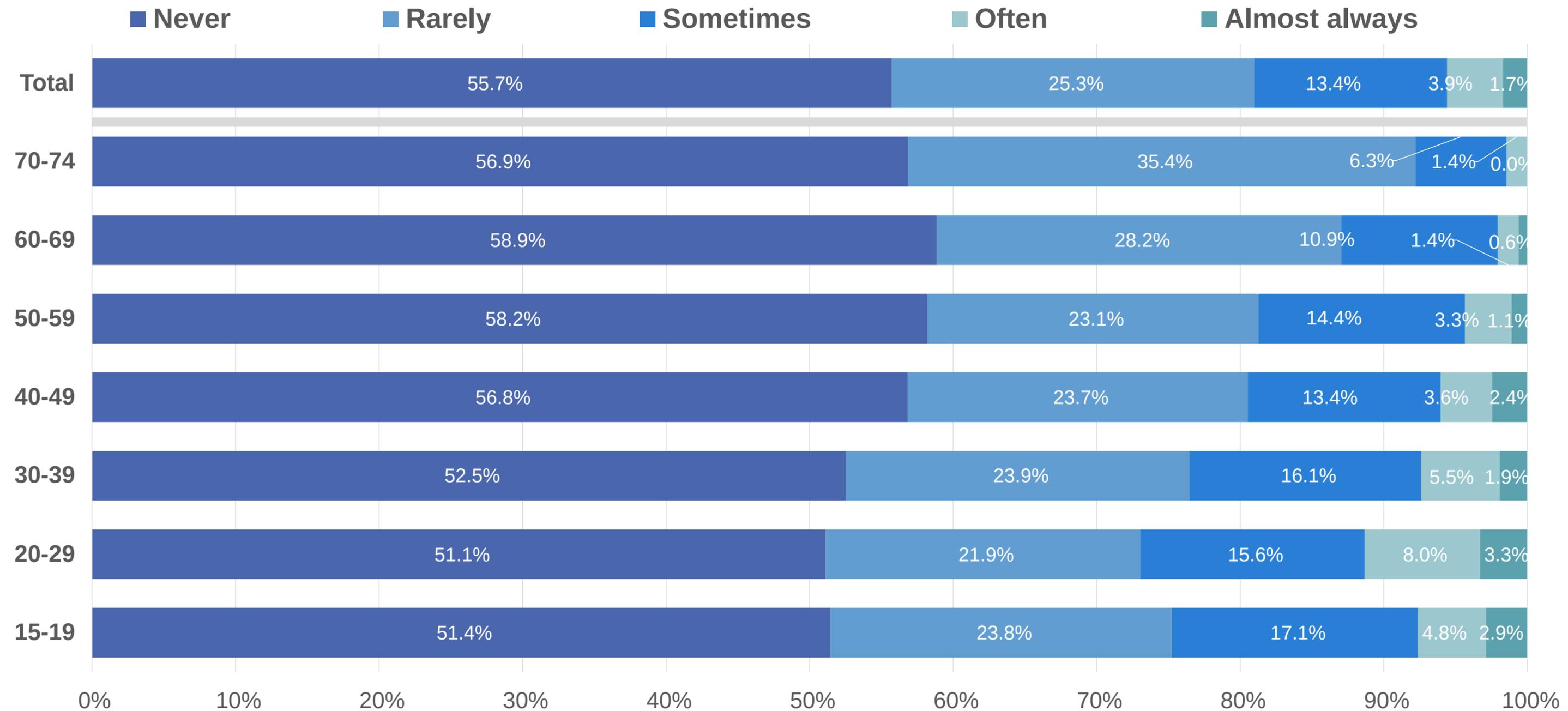
## I have nightmares about climate change.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

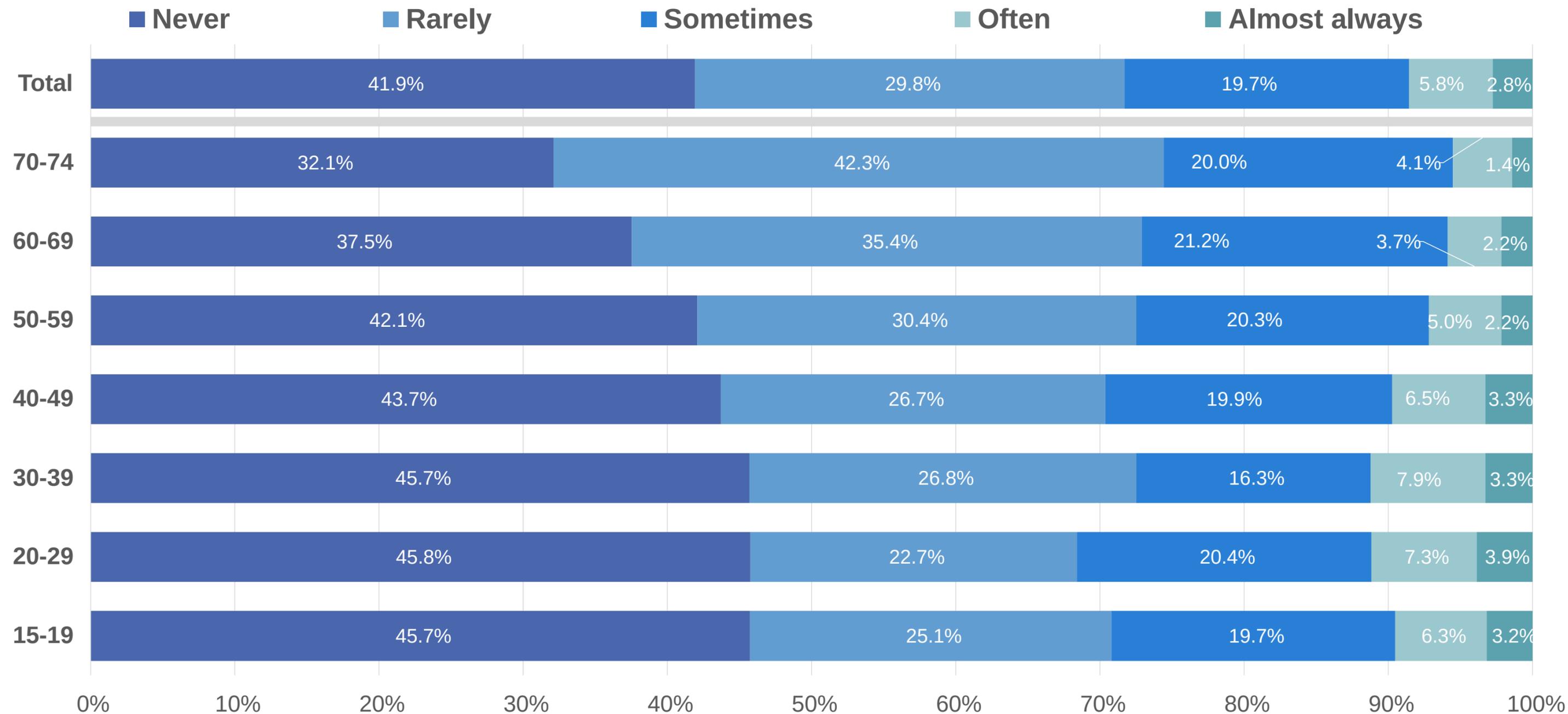
## I find myself crying because of climate change.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

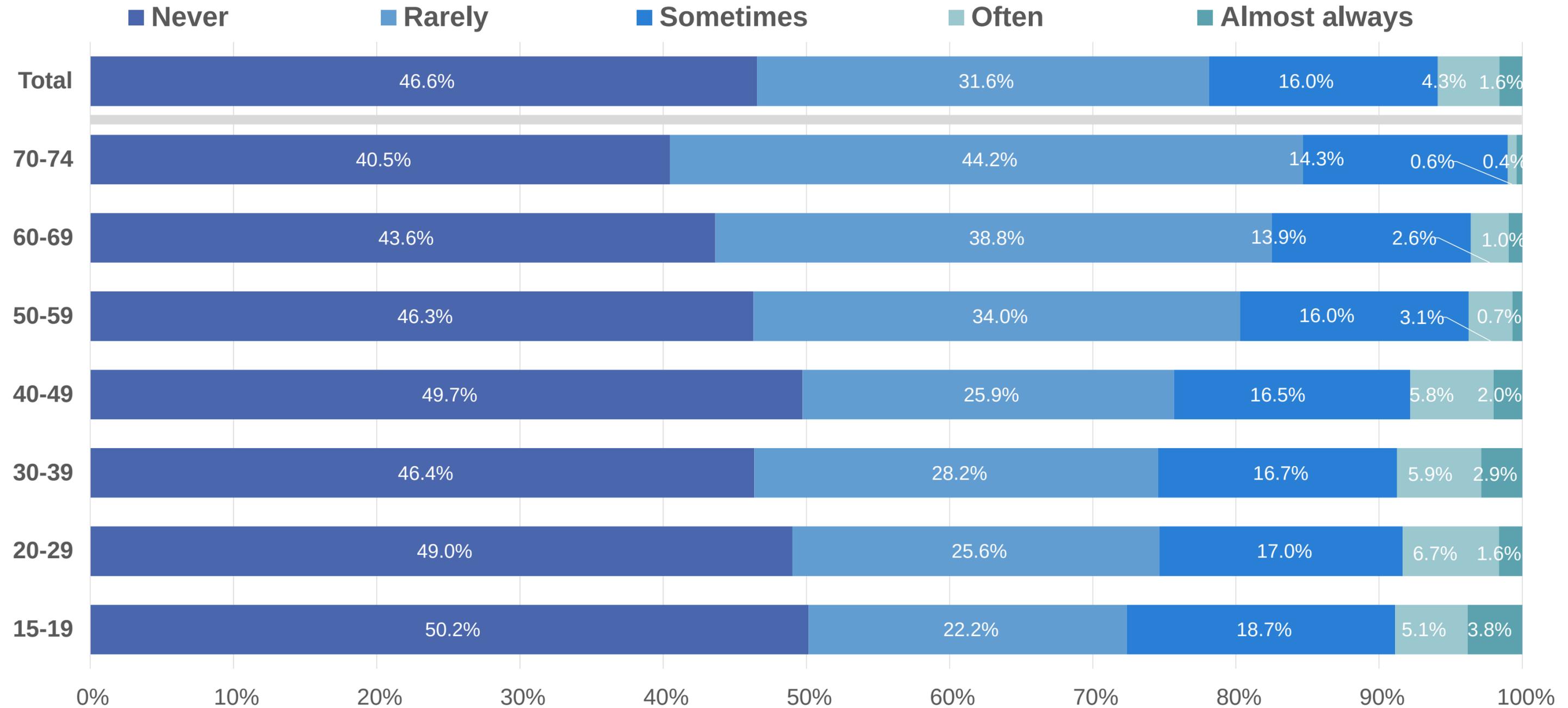
## I think, “why can’t I handle climate change better?”



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

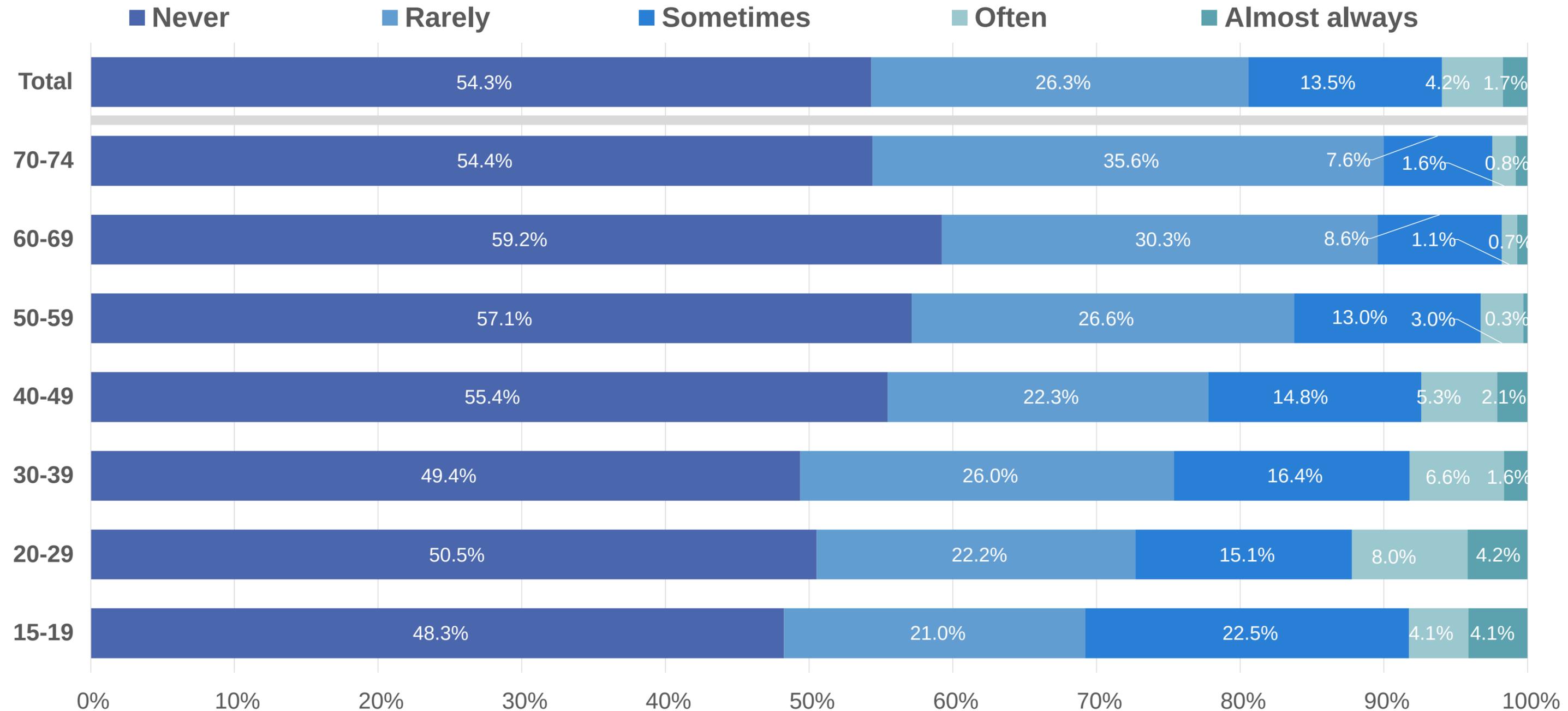
## I go away by myself and think about why I feel this way about climate change.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

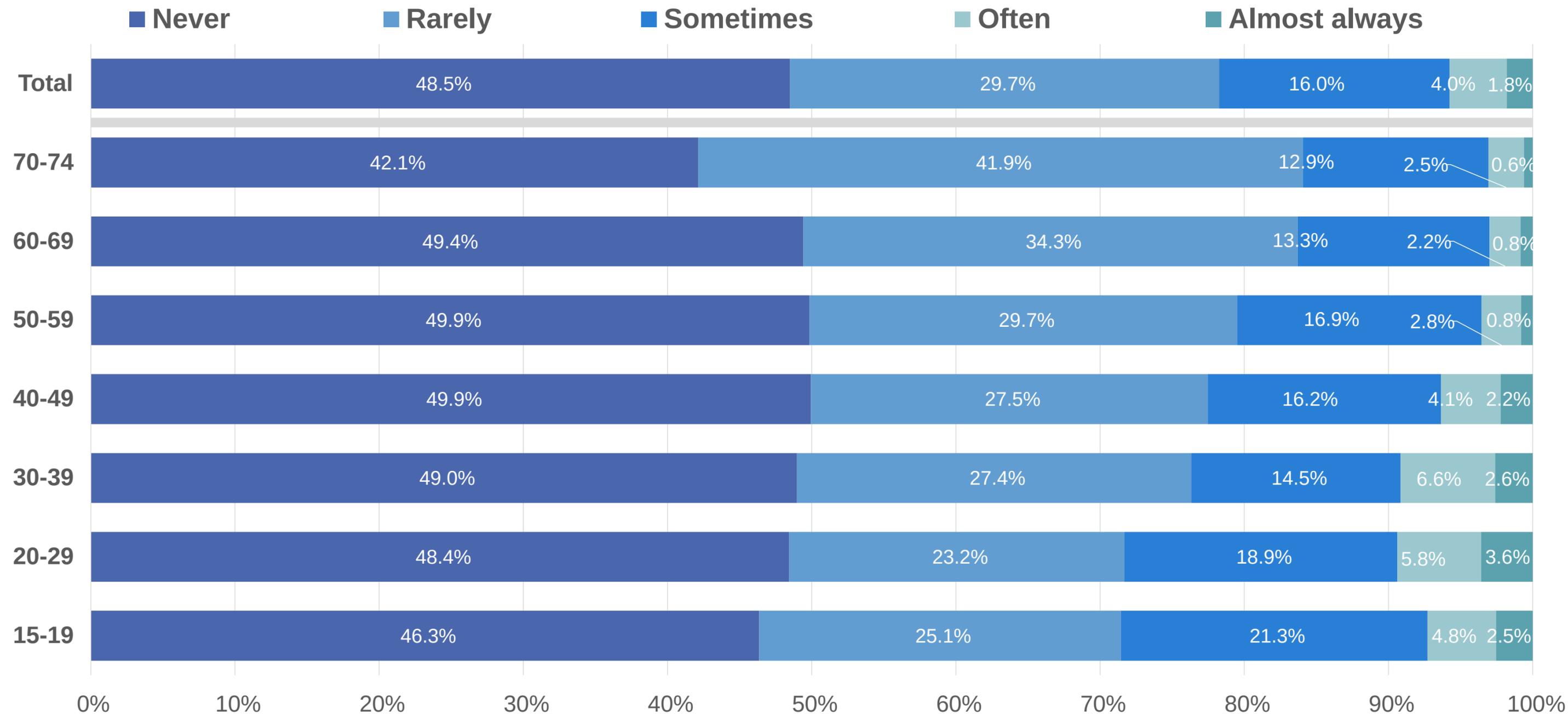
## I write down my thoughts about climate change and analyze them.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

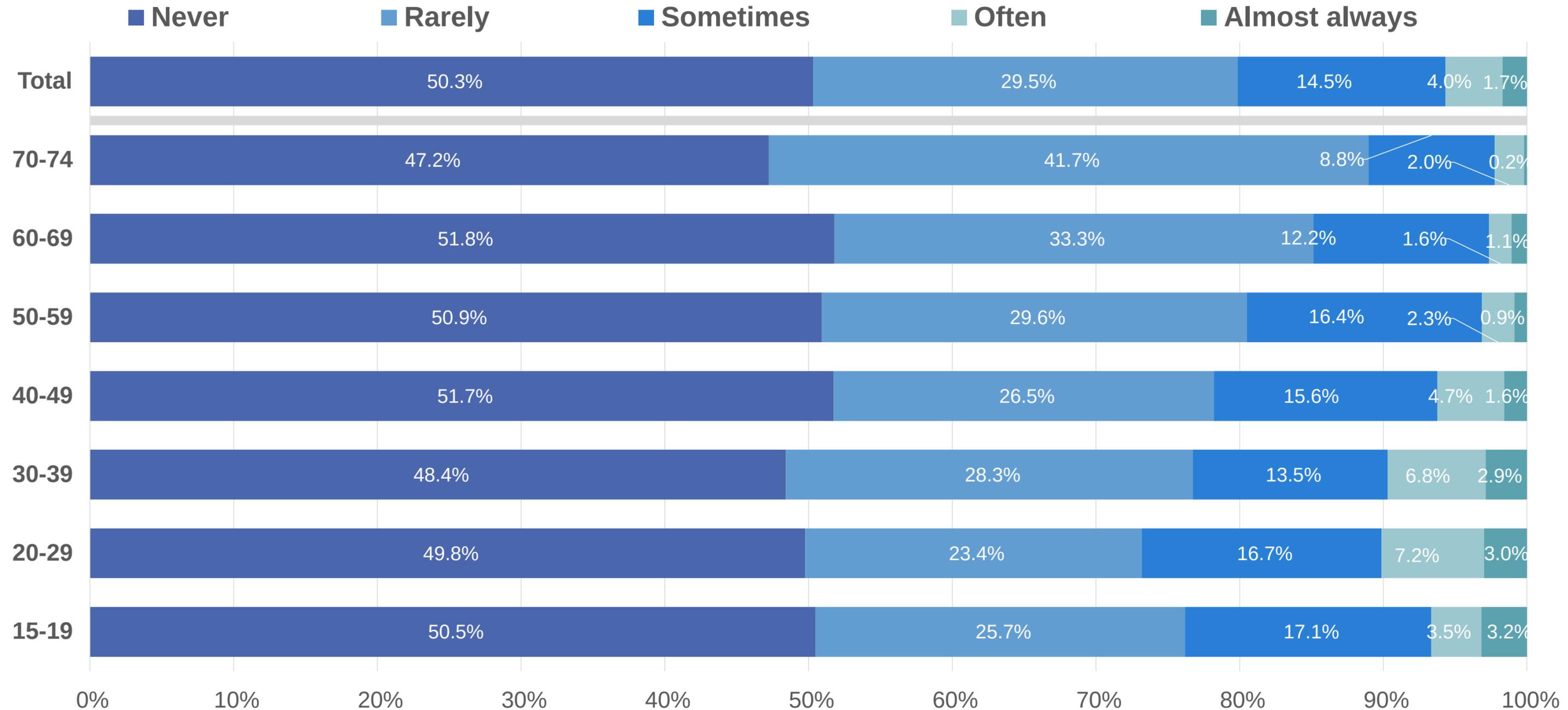
## I think, “why do I react to climate change this way?”



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

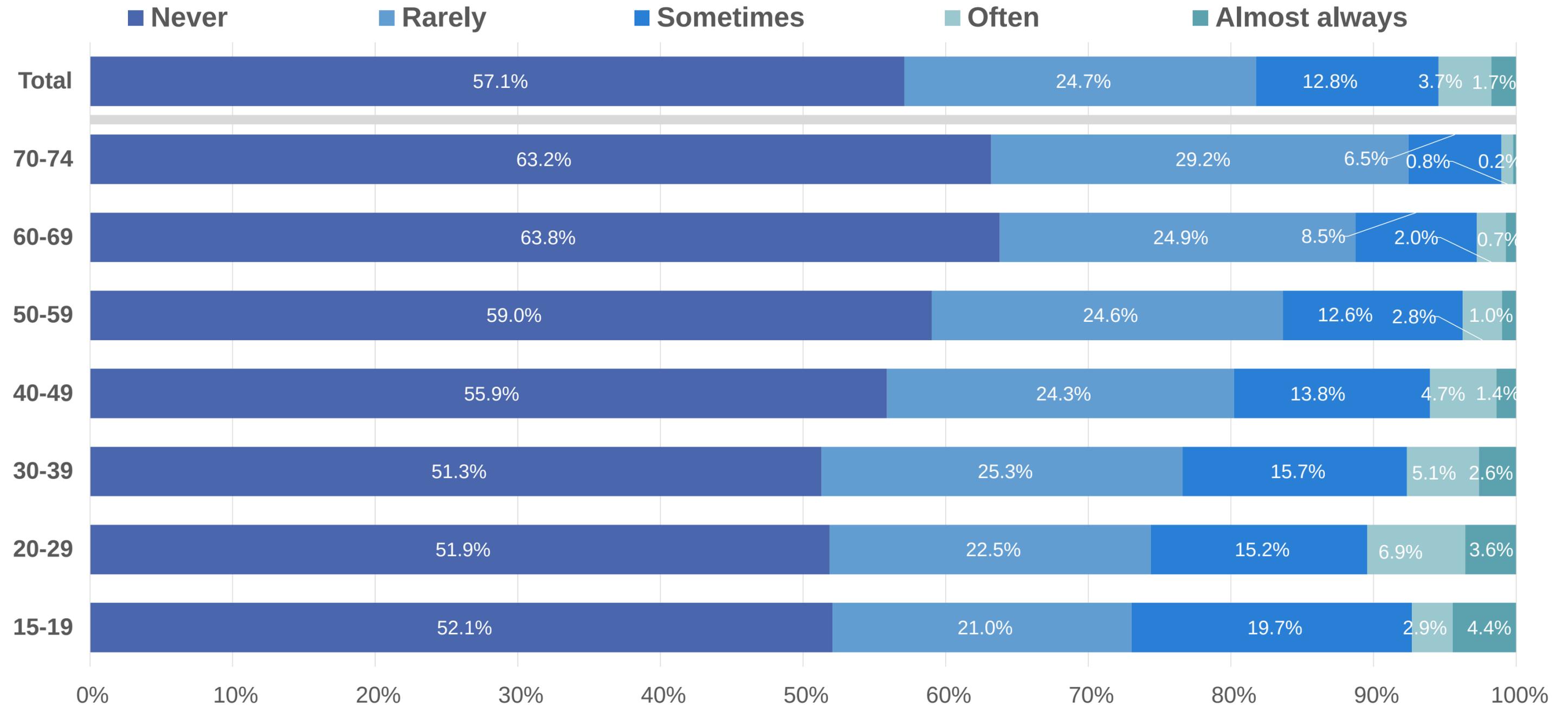
## My concerns about climate change make it hard for me to have fun with my family or friends.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

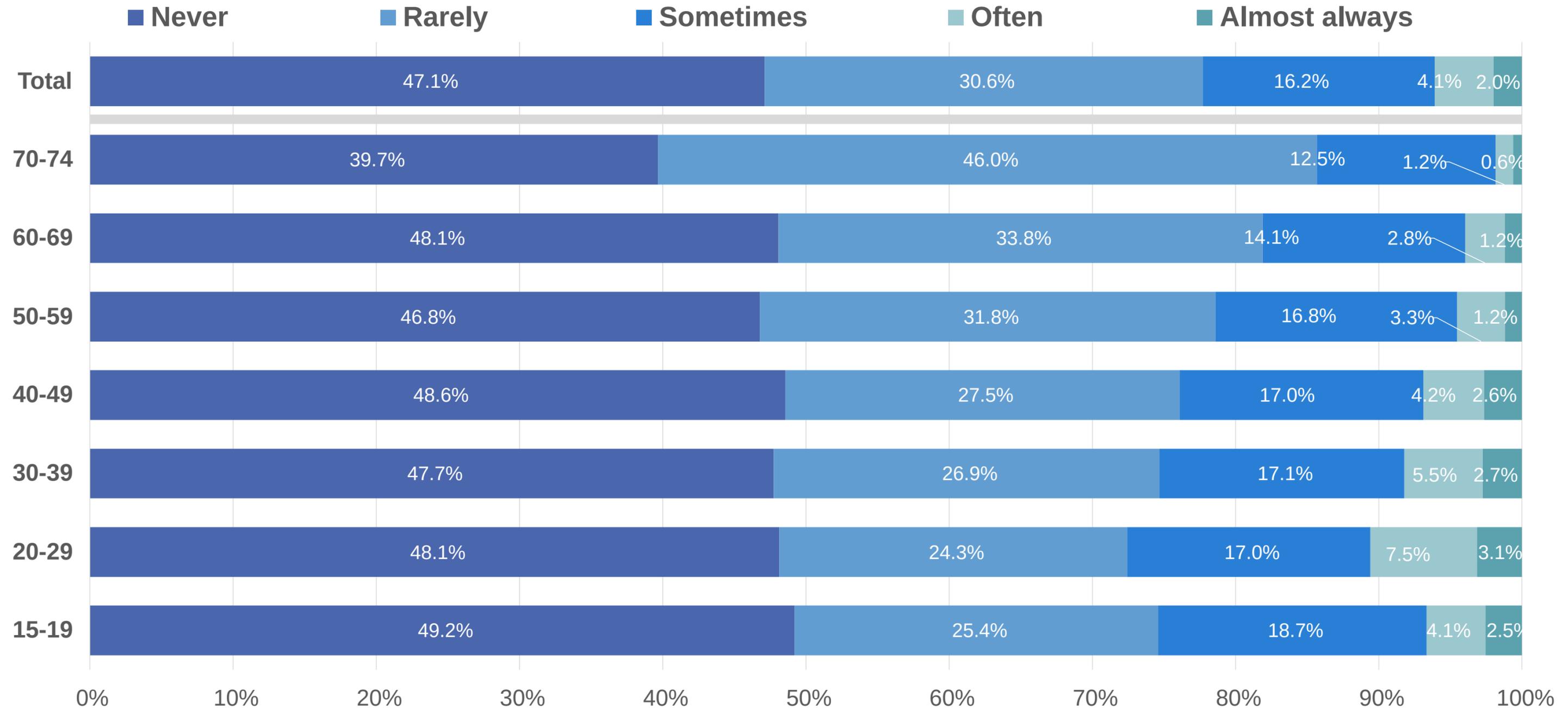
## My concerns about climate change interfere with my ability to get work or school assignments done.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

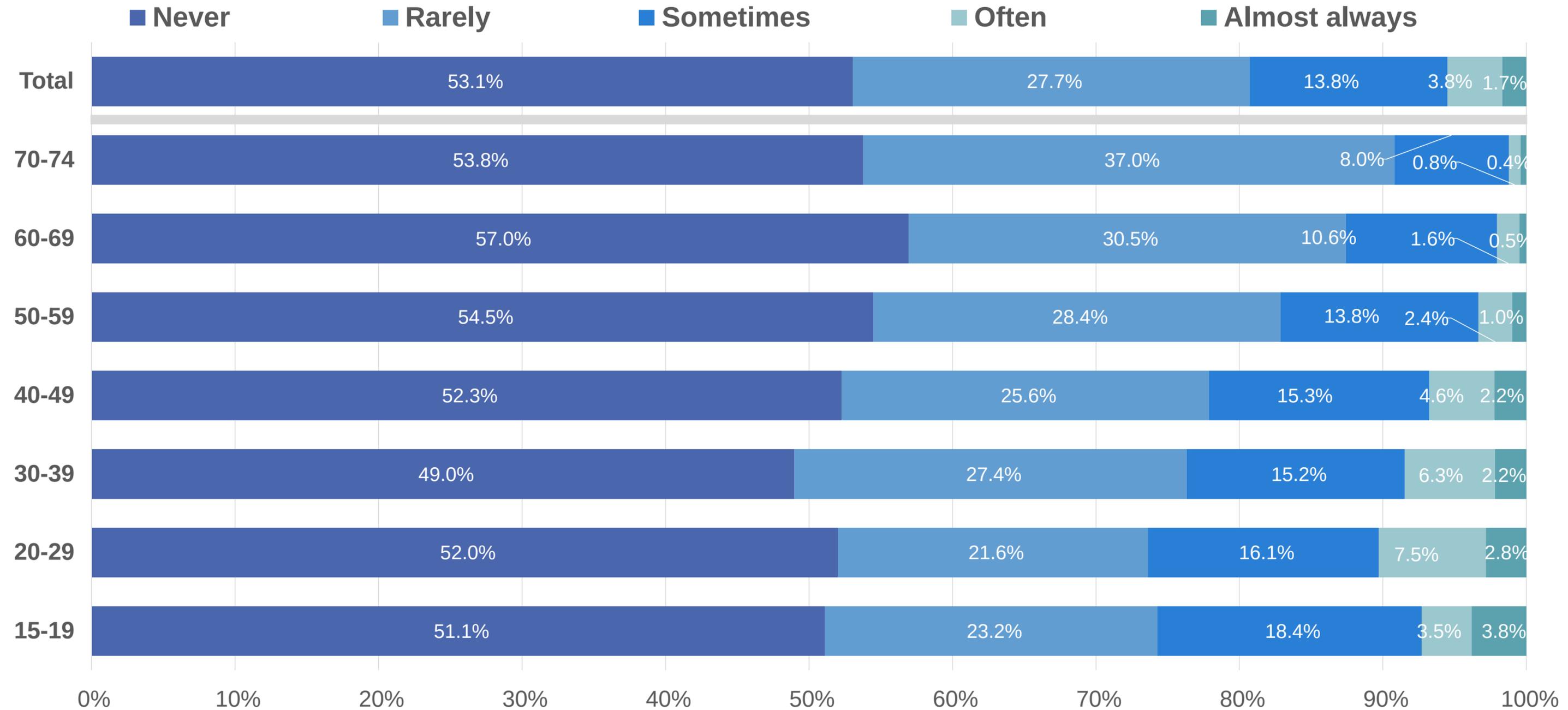
## I have problems balancing my concerns about sustainability with the needs of my family.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

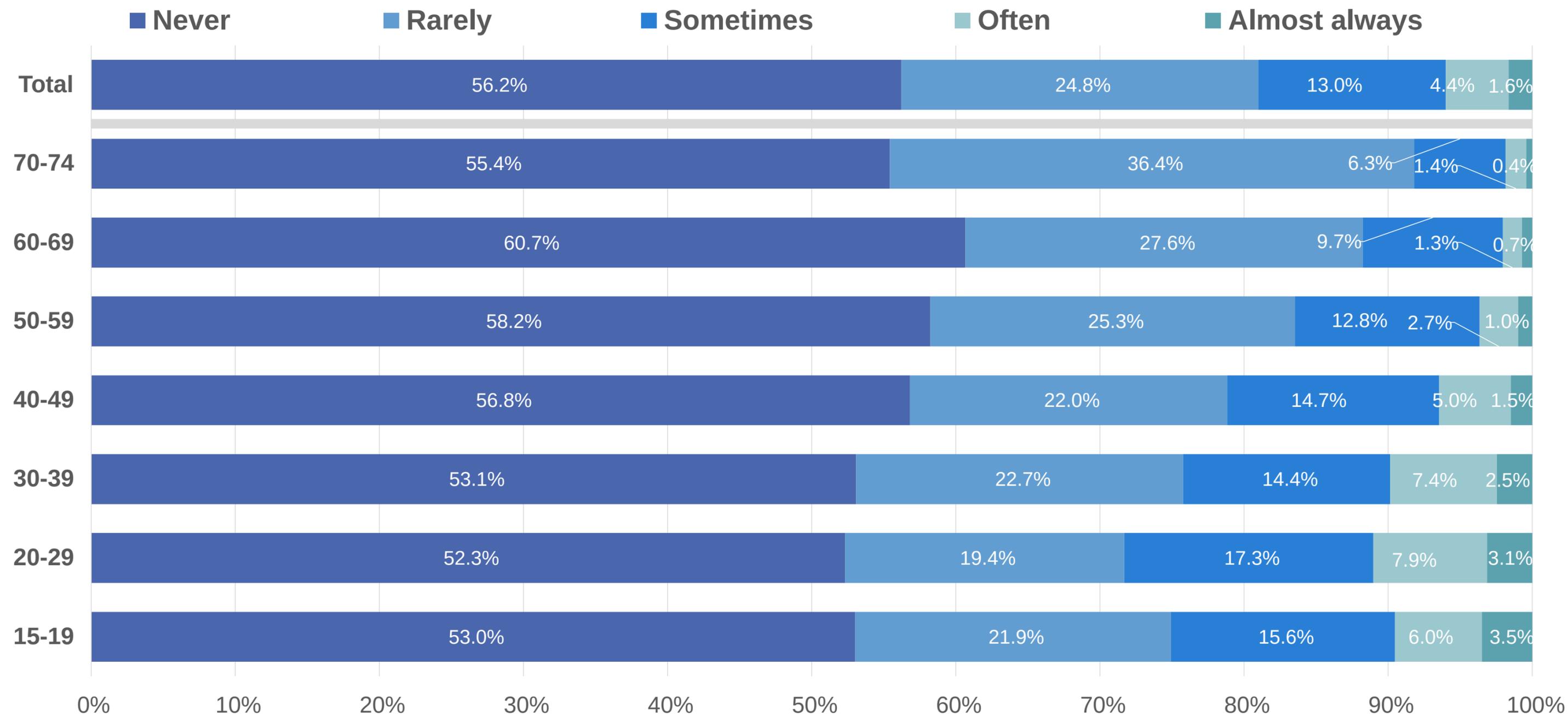
## My concerns about climate change undermine my ability to work to my potential.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please rate how often the following statements are true of you:

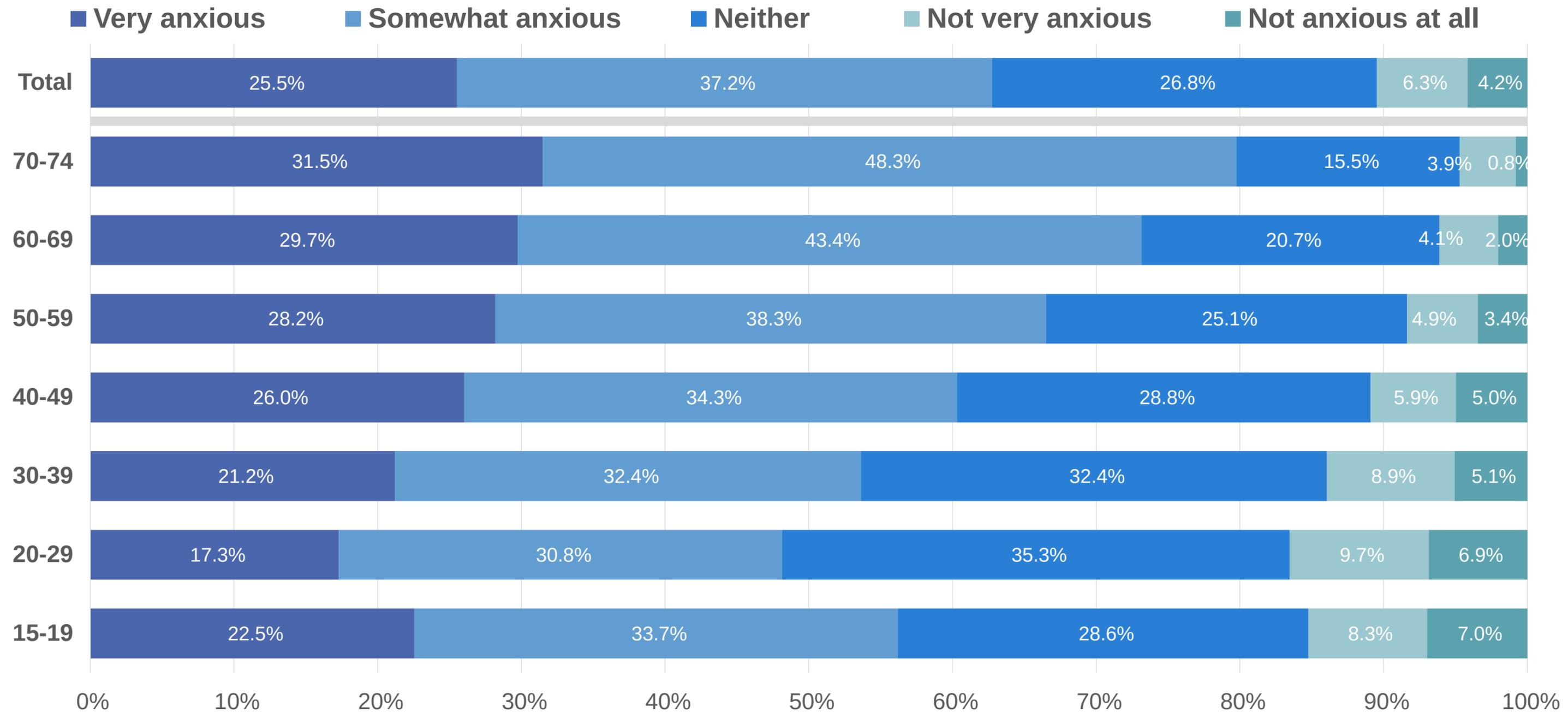
## My friends say I think about climate change too much.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# CLIMATE CHANGE-RELATED WORRIES

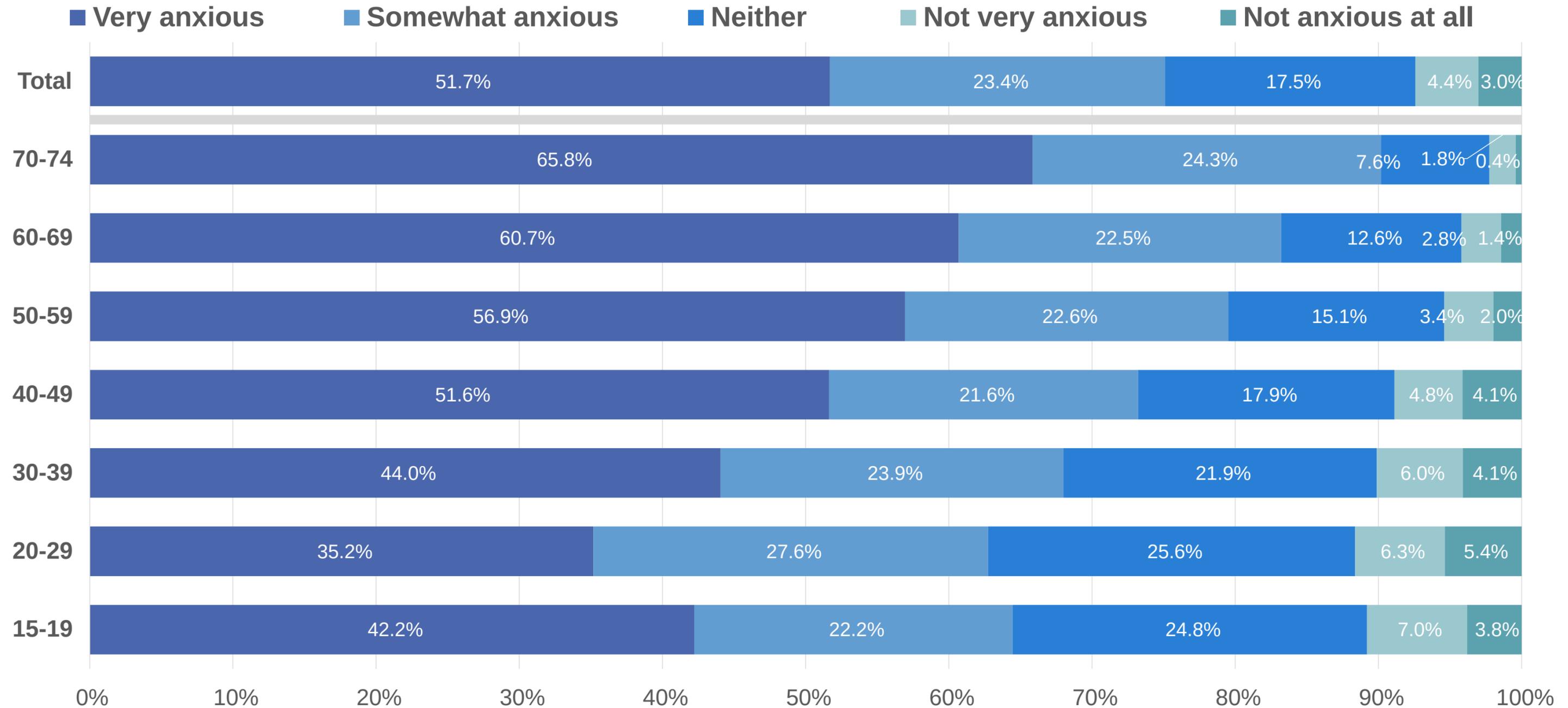
Please indicate how worried you feel about the following:  
**The impact of climate change on life in Japan.**



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please indicate how worried you feel about the following:

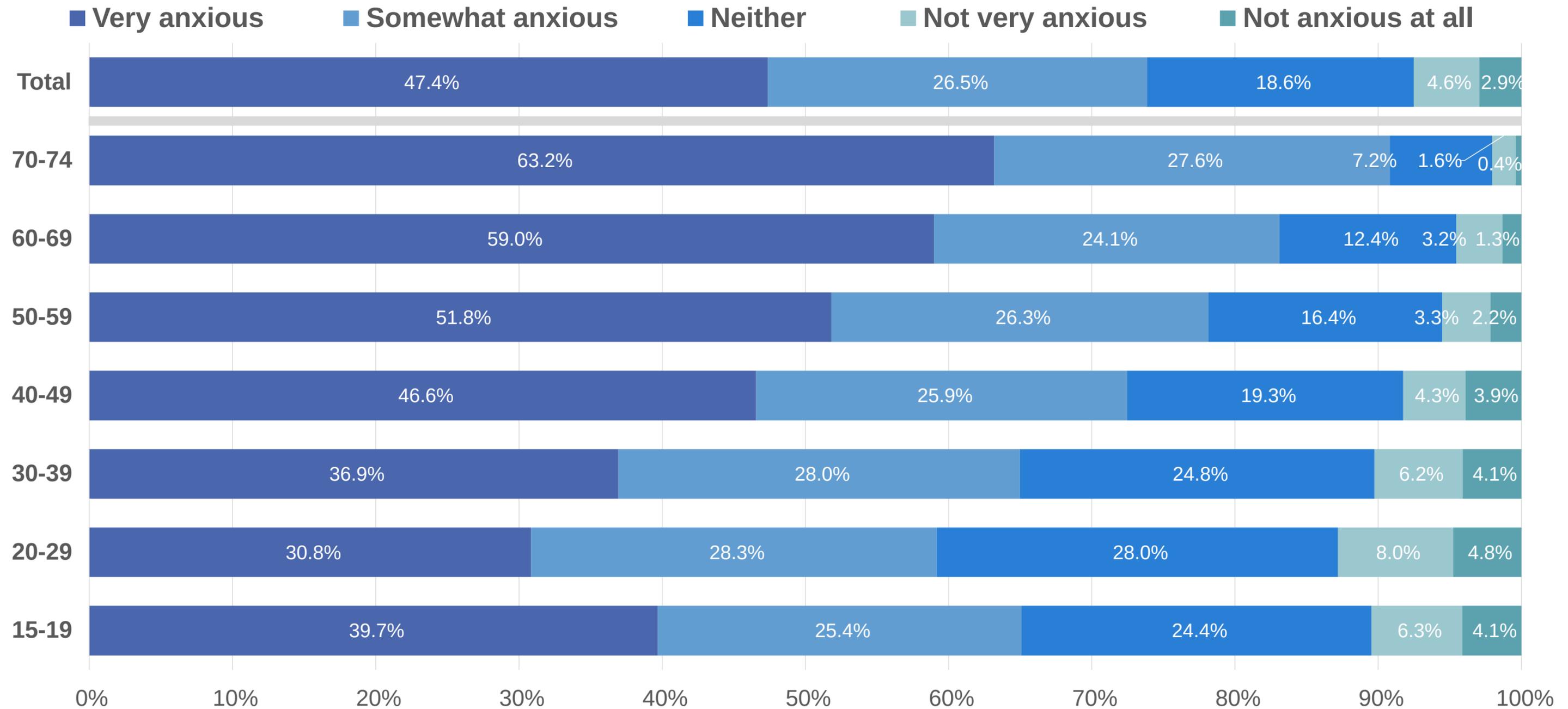
## Summers will become hotter and hotter.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

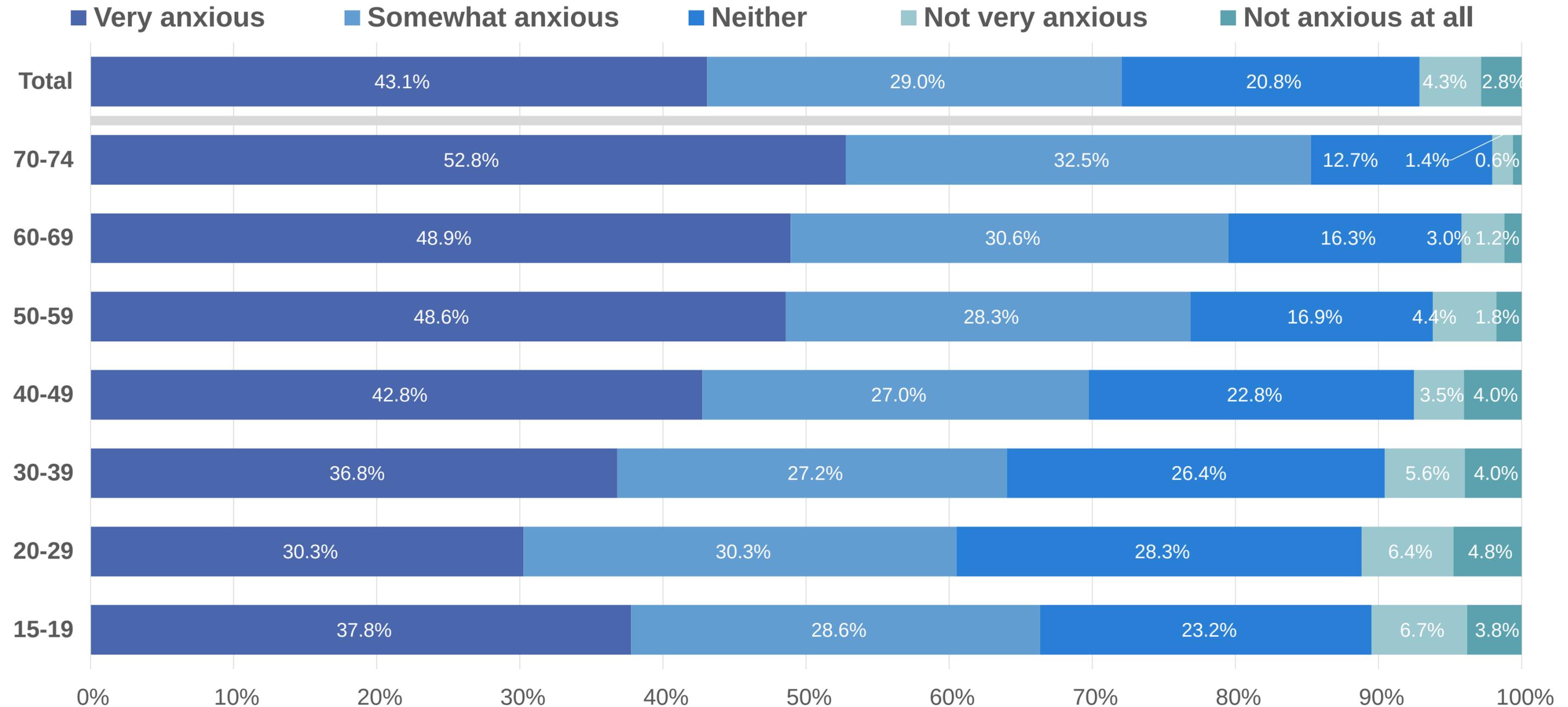
Please indicate how worried you feel about the following:

## Extreme weather events will increase.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

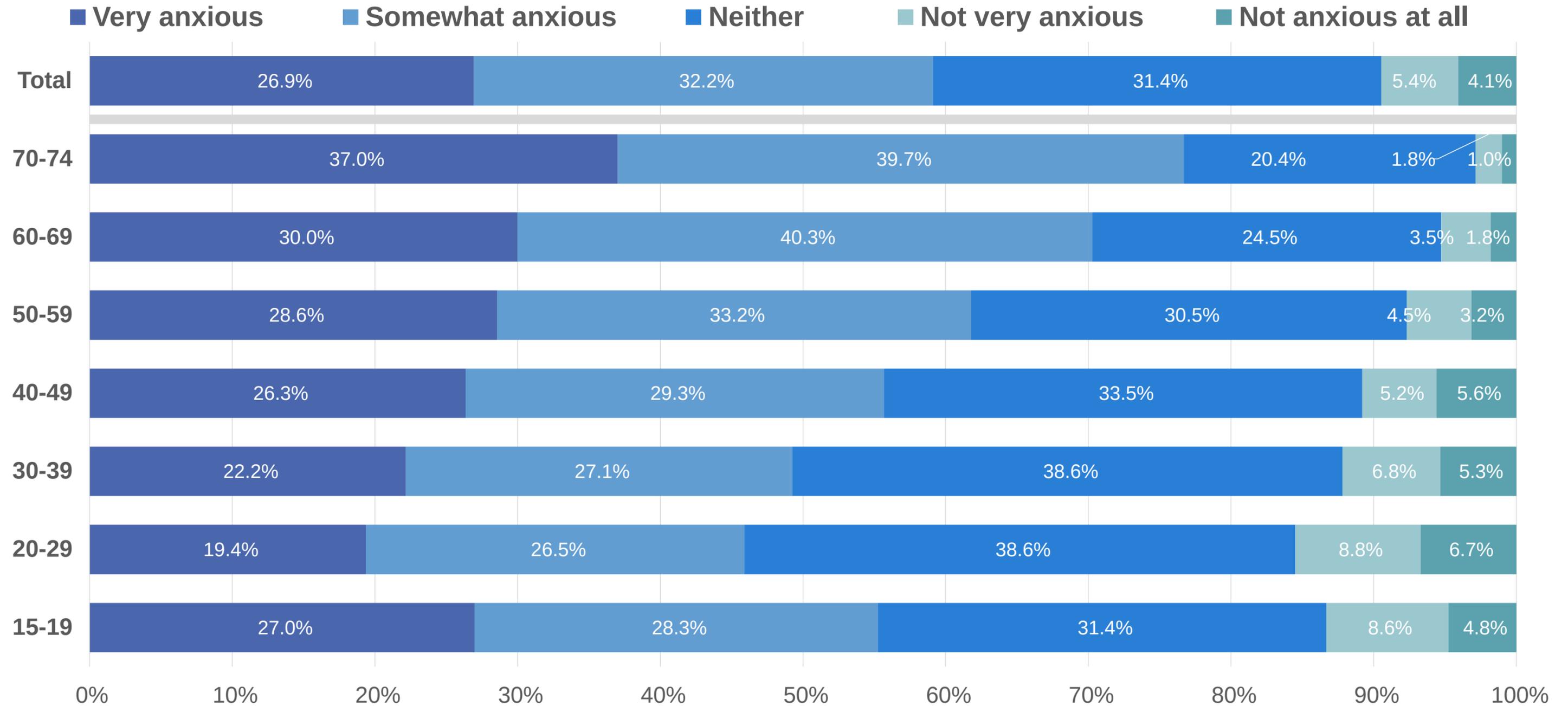
Please indicate how worried you feel about the following:  
**That the cost of living (e.g., for electricity, mobility, food) will increase due to climate change mitigation measures.**



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please indicate how worried you feel about the following:

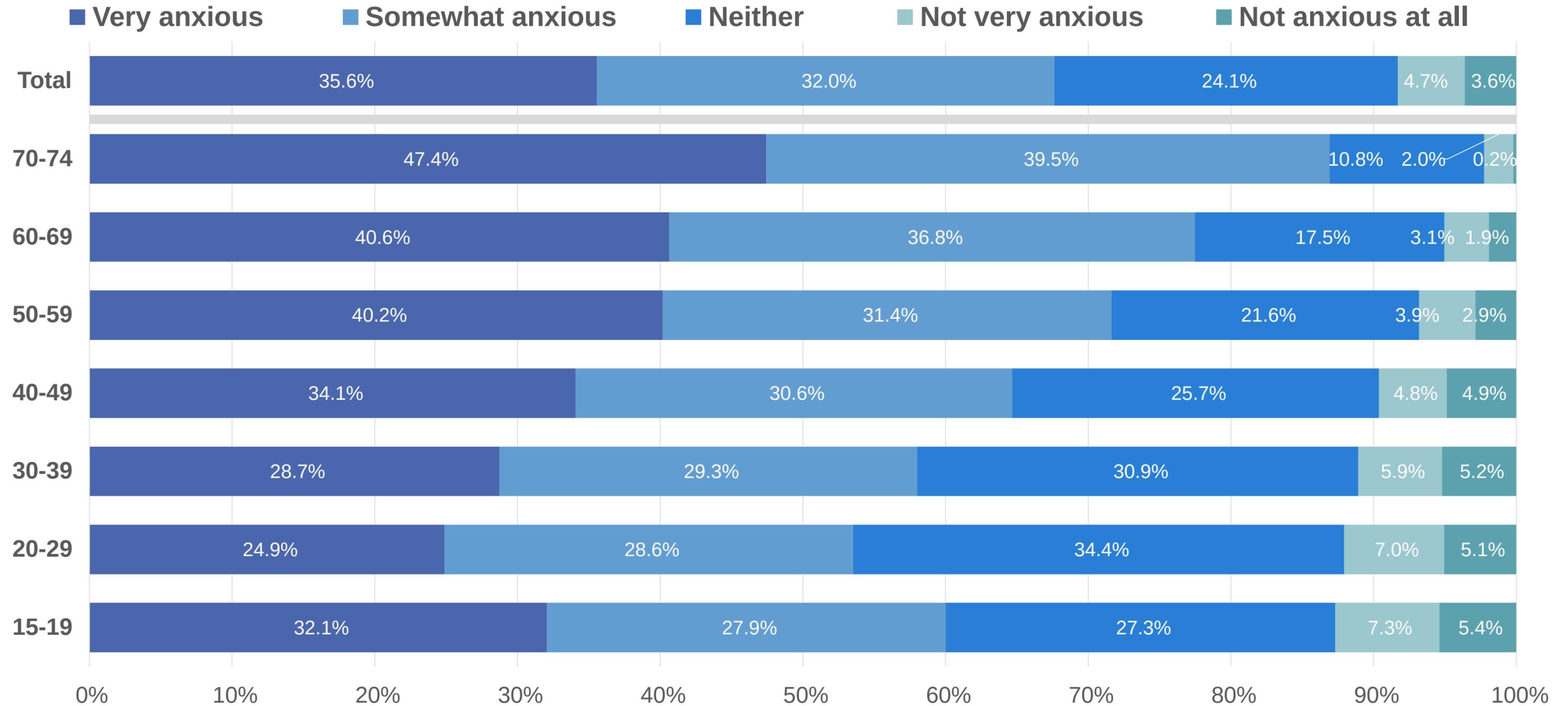
## Actions to counter climate change are too slow and will not be enough.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please indicate how worried you feel about the following:

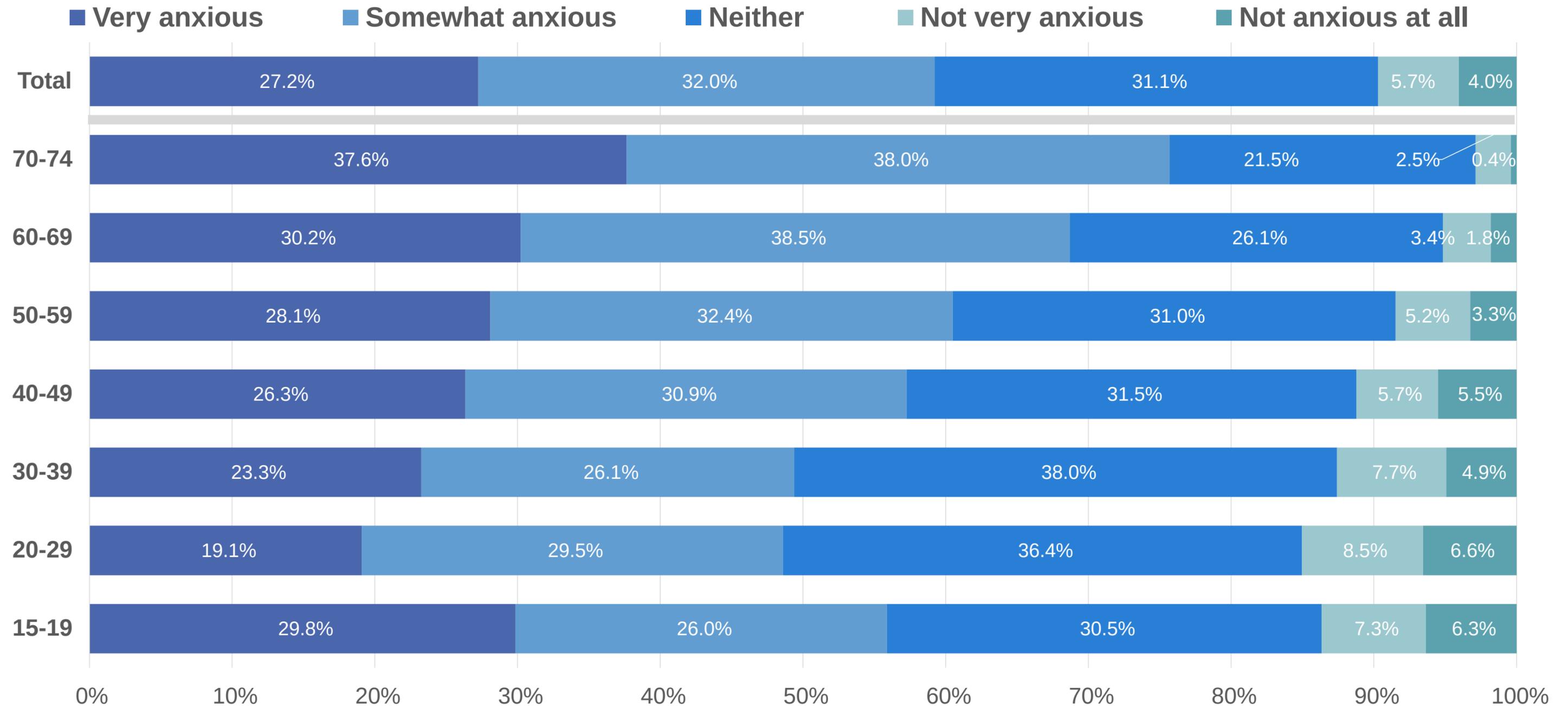
## Resource scarcity (e.g., water, food) in the future due to climate change.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please indicate how worried you feel about the following:

## That climate change will affect global political stability in the future.

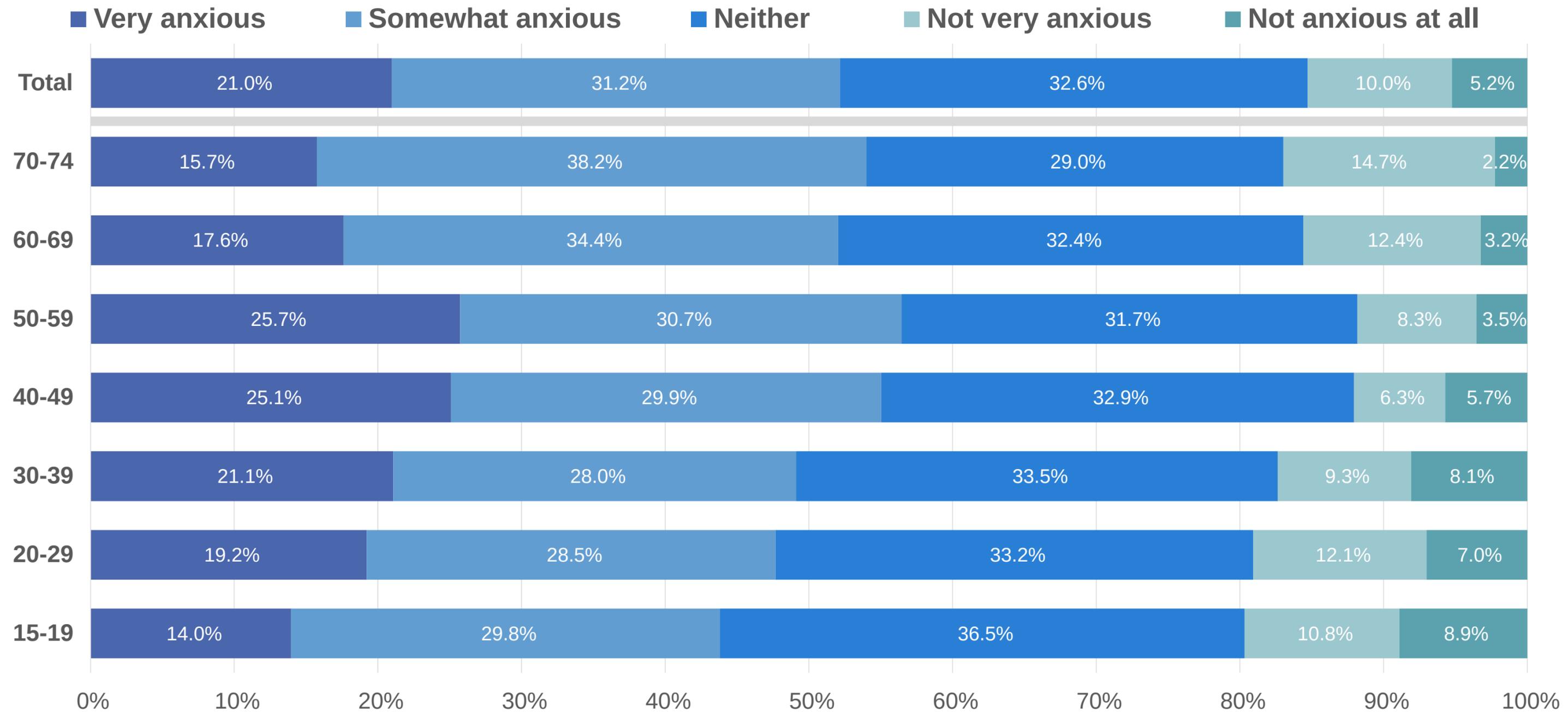


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# **WORRIES ABOUT OTHER SOCIAL AND ECONOMIC ISSUES**

Please indicate how worried you feel about the following:

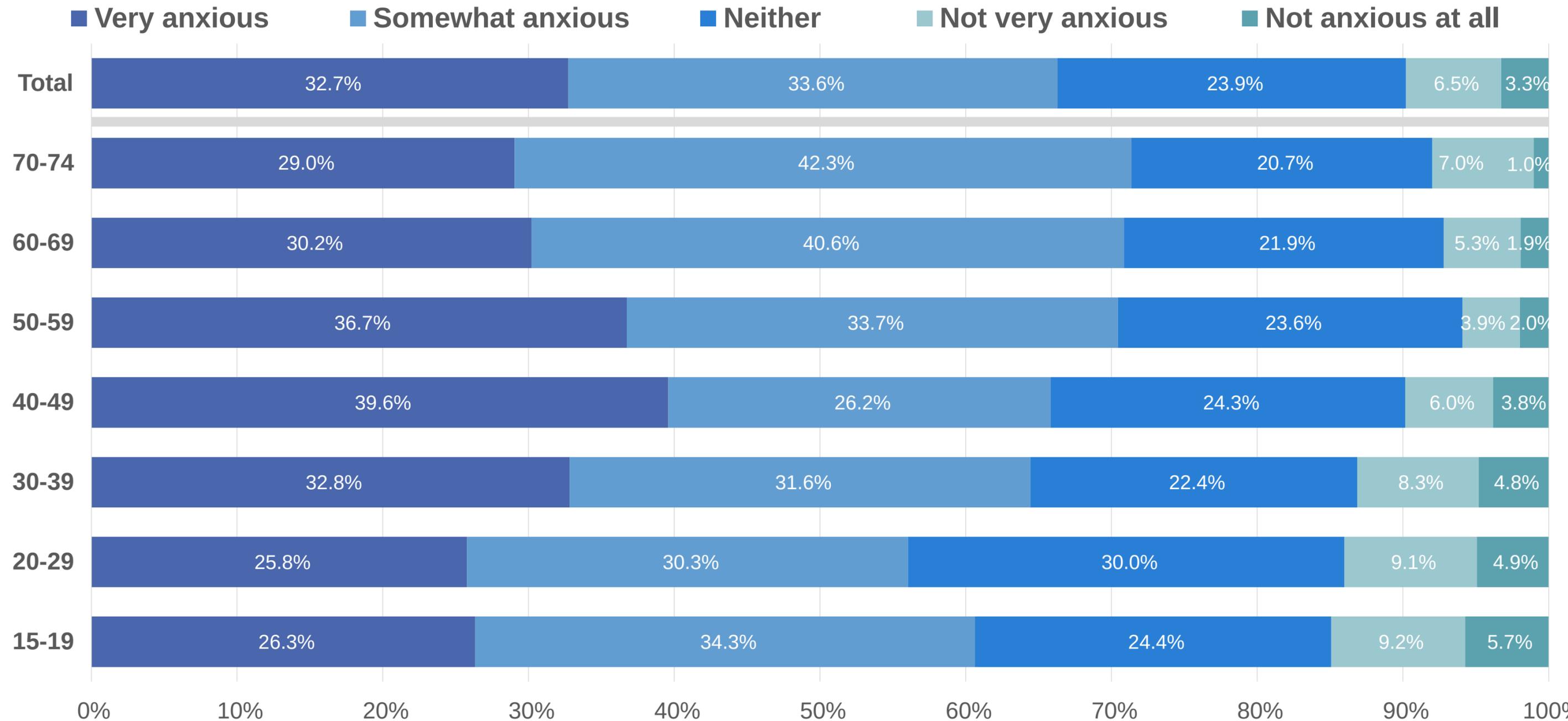
## Own financial situation



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please indicate how worried you feel about the following:

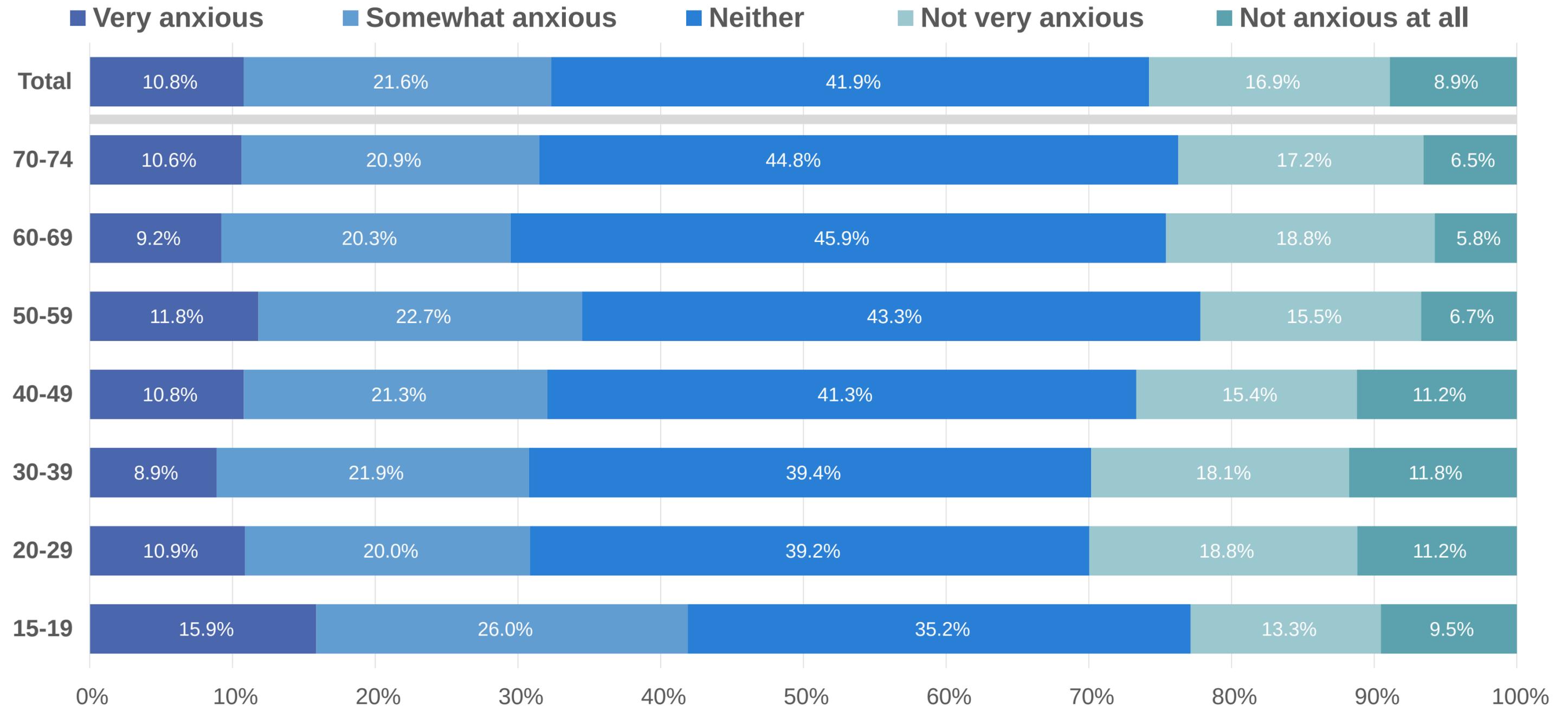
## Japan's economy



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please indicate how worried you feel about the following:

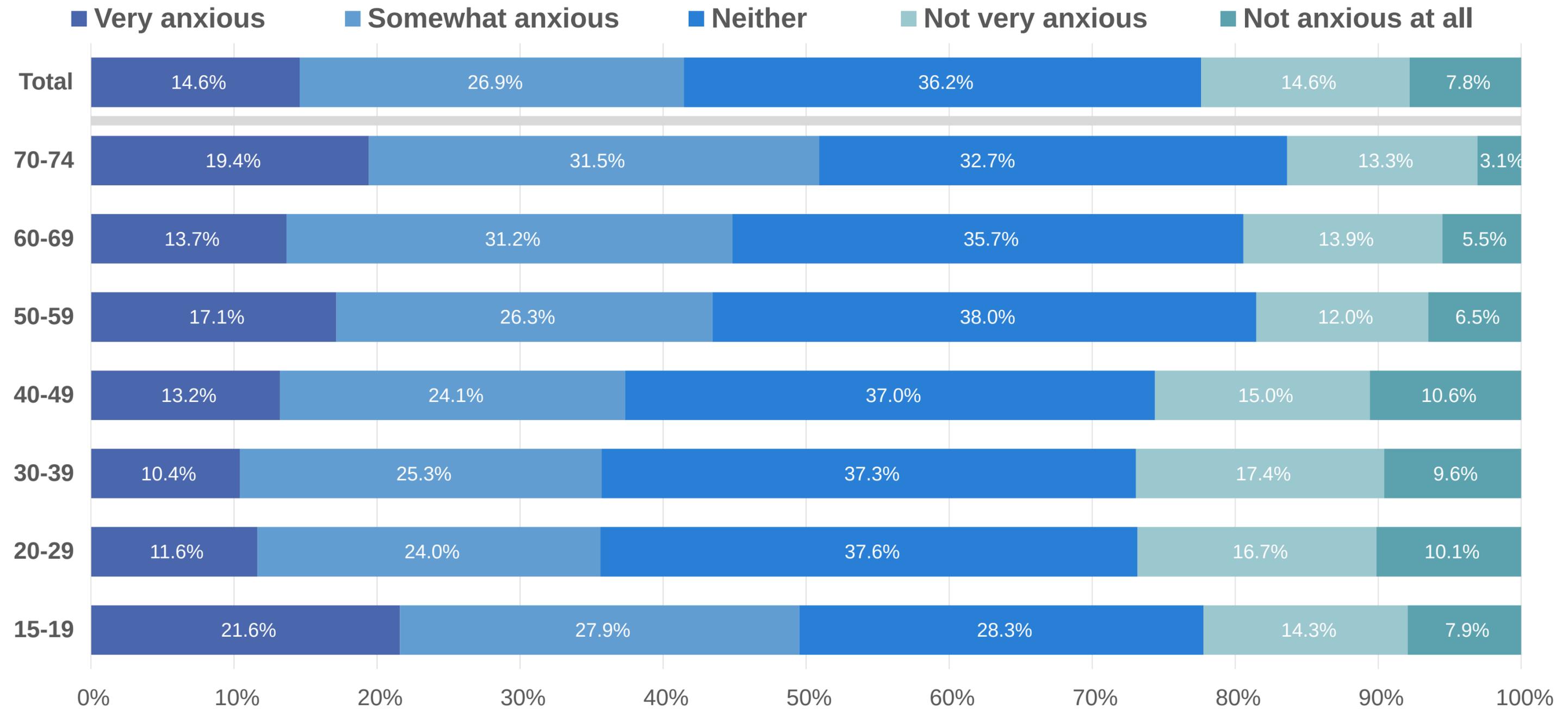
## Substitution of jobs through automatization and use of robots



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



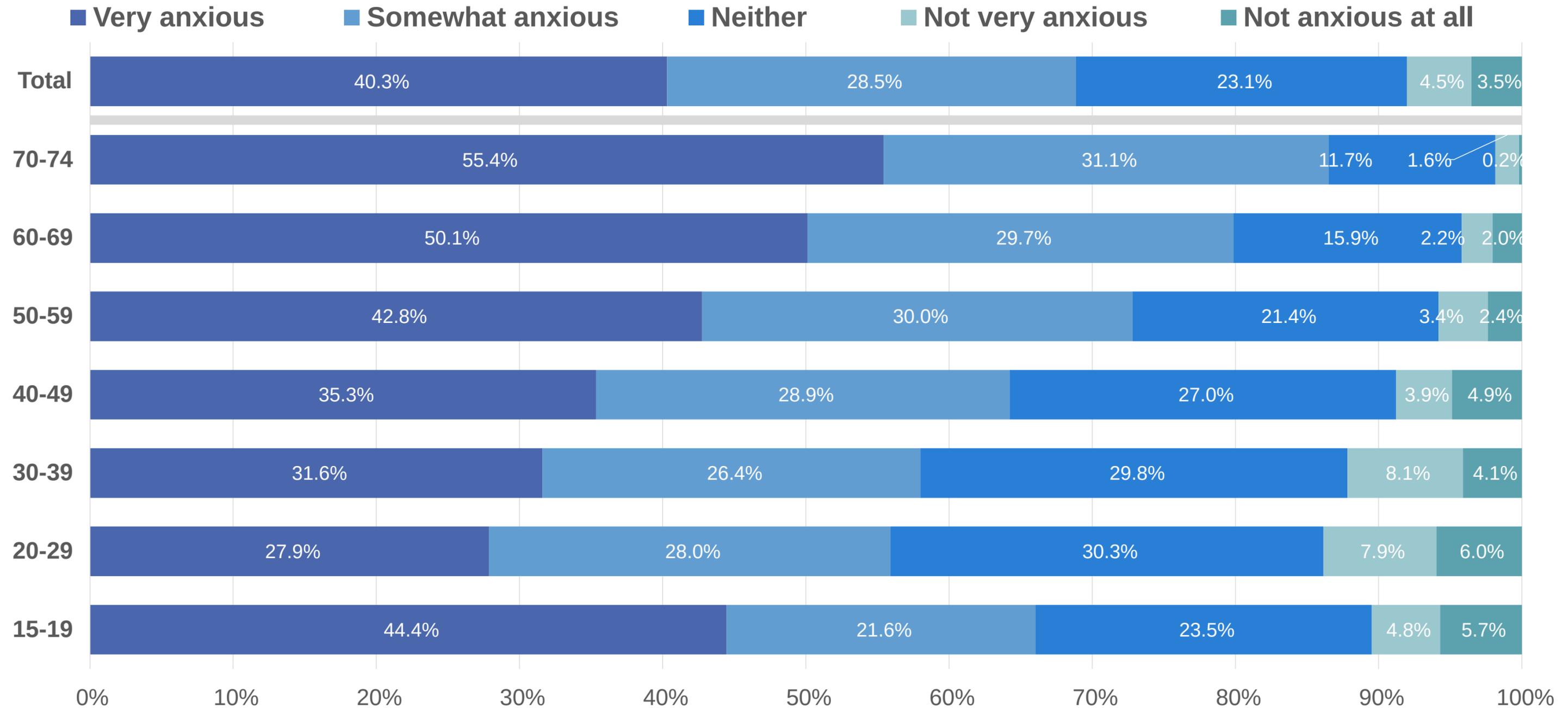
Please indicate how worried you feel about the following:  
**We will become increasingly dependent on AI.**



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

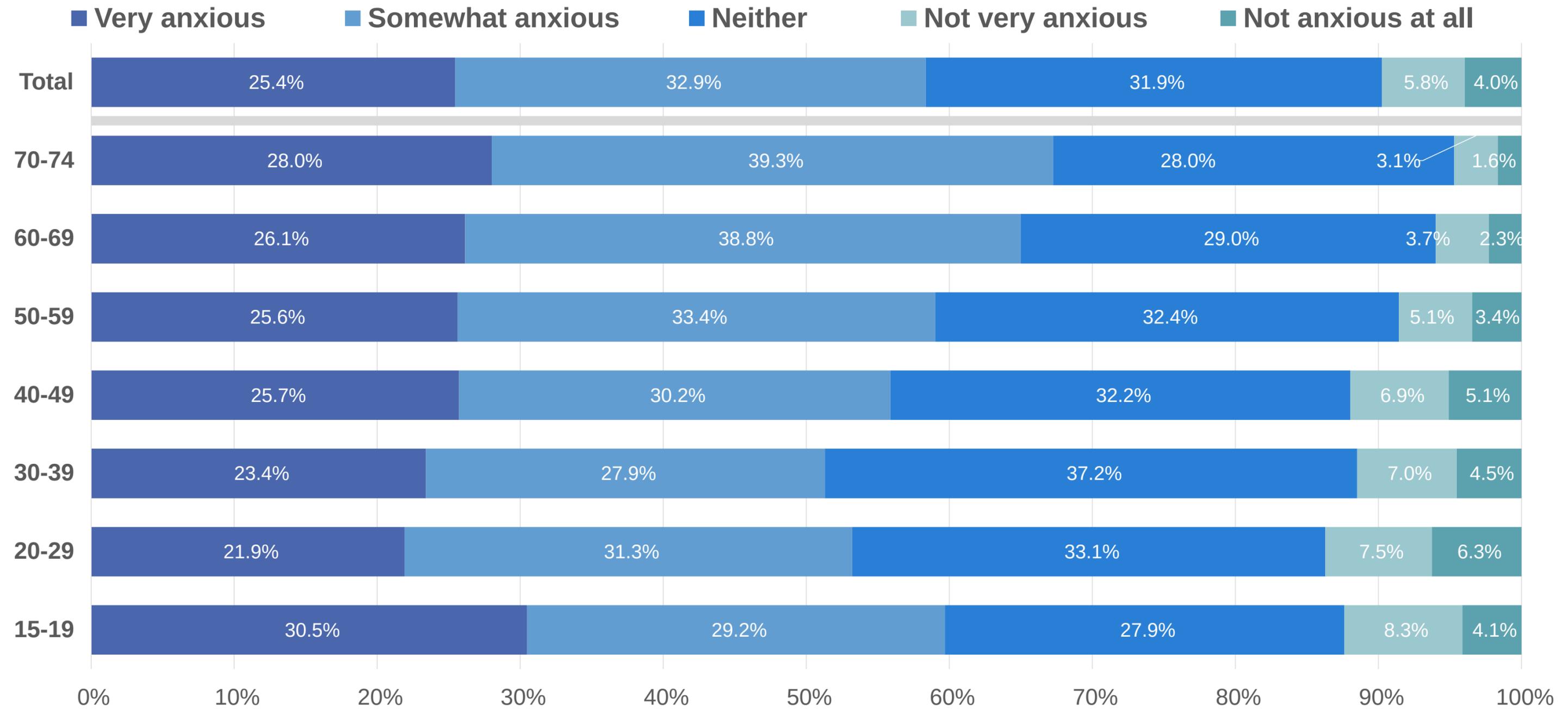
Please indicate how worried you feel about the following:

## Wars and other conflicts will increase.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

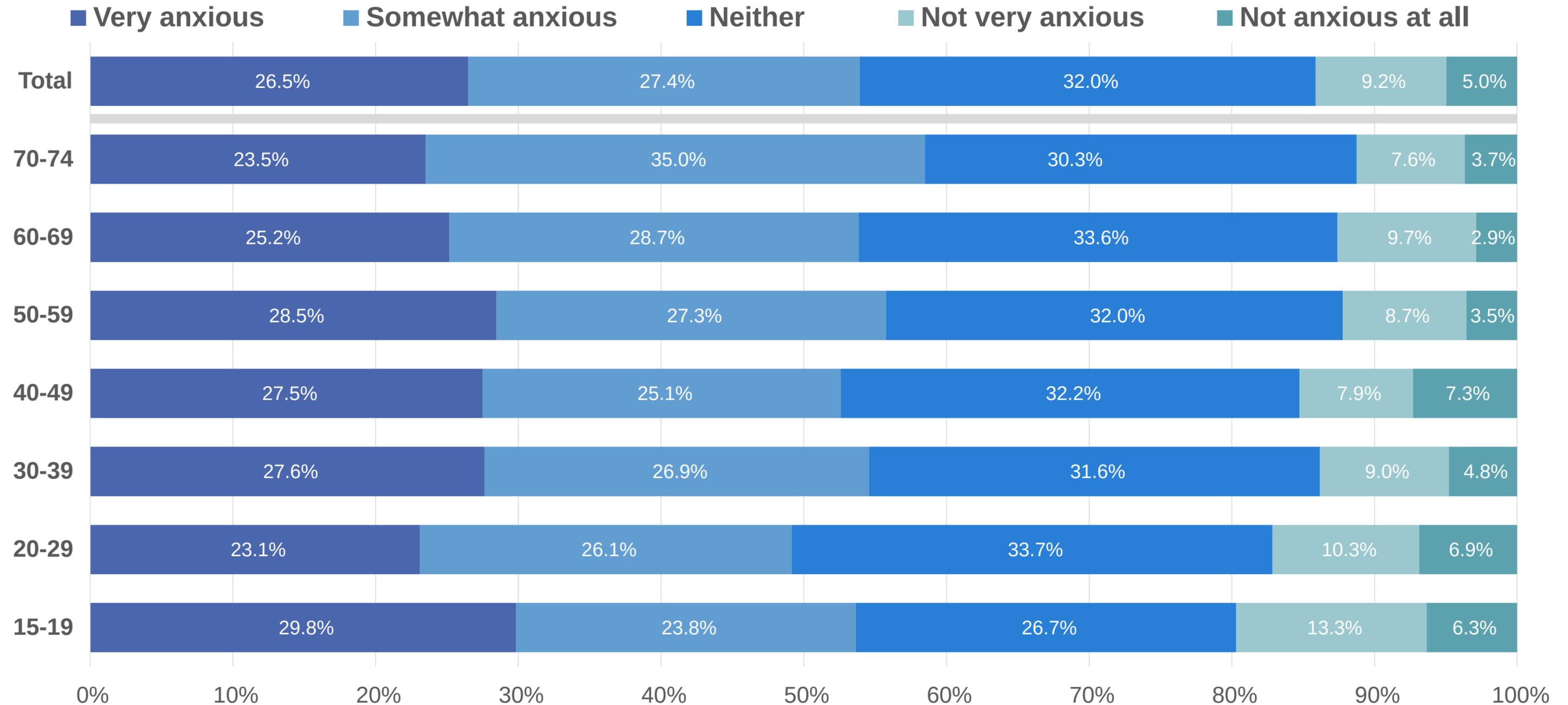
Please indicate how worried you feel about the following:  
**It will become harder to know what is true.**



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

Please indicate how worried you feel about the following:

## As the number of foreigners increases, old Japan is disappearing.

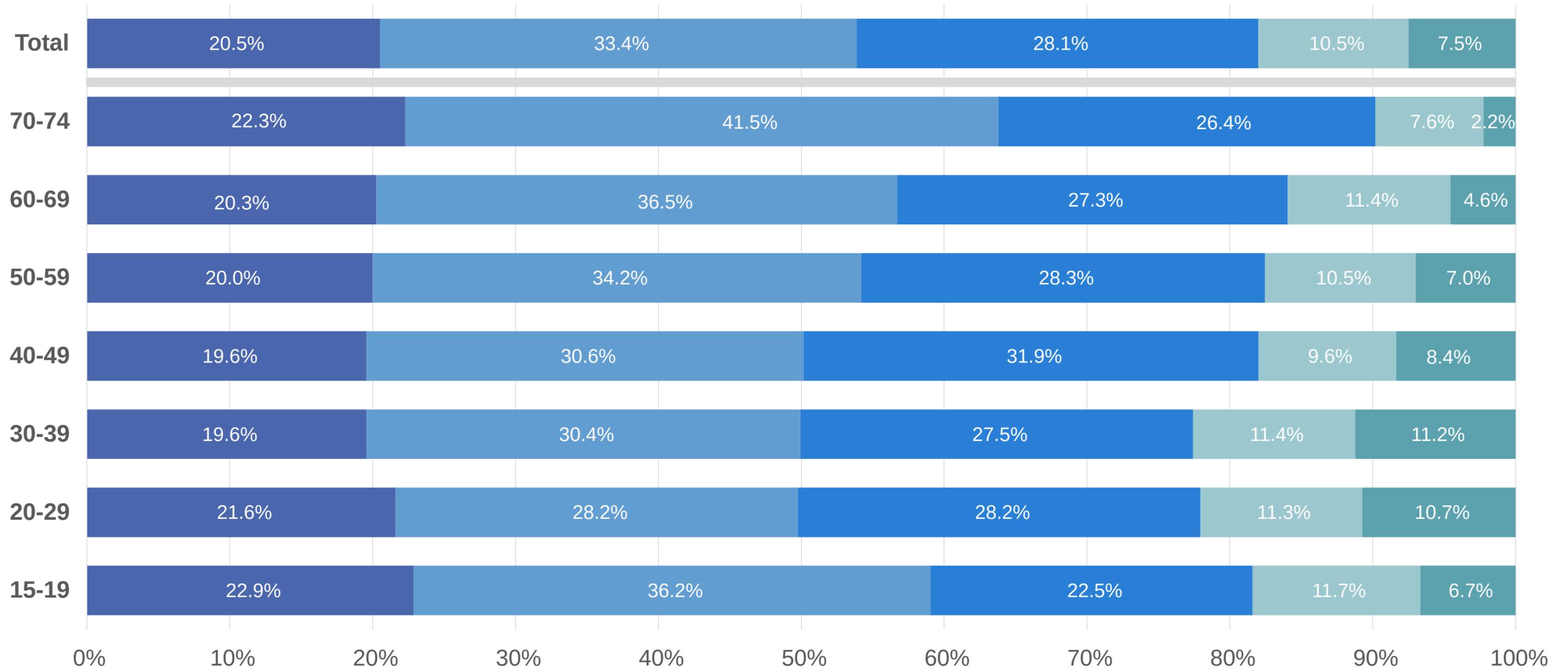


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# CONNECTION WITH NATURE

# I like to spend time in nature.

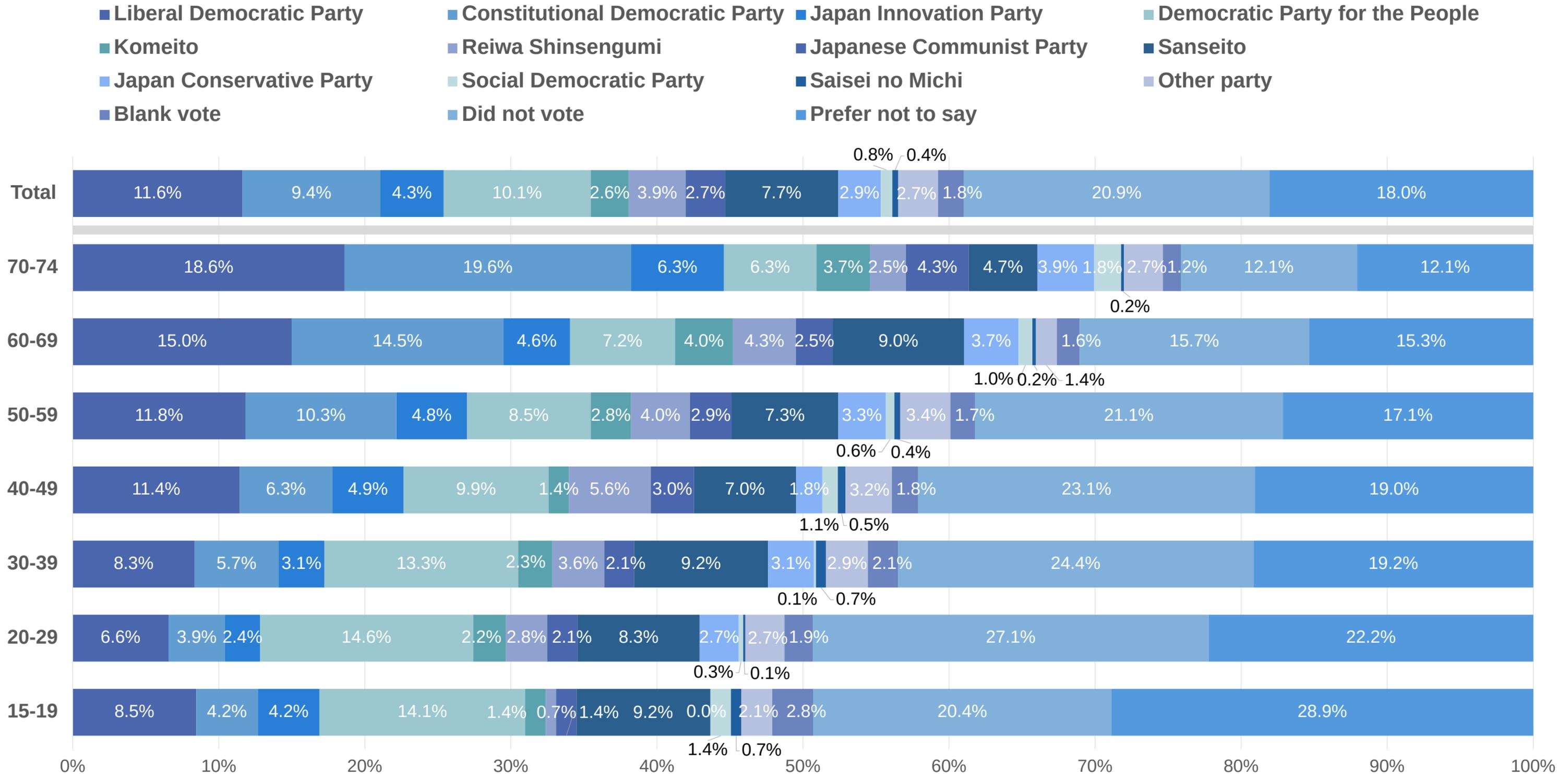
■ Strongly agree  
 ■ Somewhat agree  
 ■ Neither agree nor disagree  
 ■ Somewhat disagree  
 ■ Strongly disagree



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# VOTING AND POLITICAL ENGAGEMENT

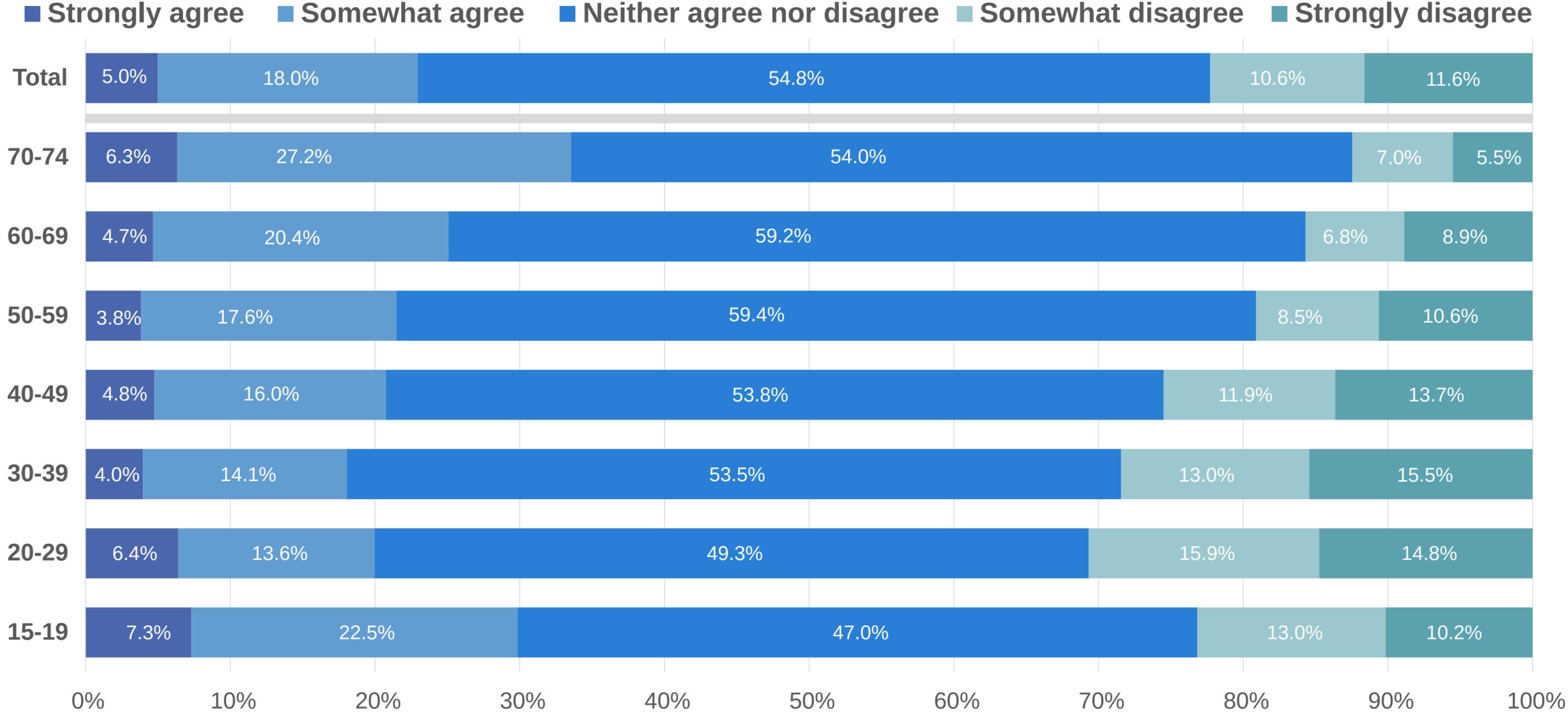
# Party voted for in House of Councillors election 2025 (proportional representation vote)



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



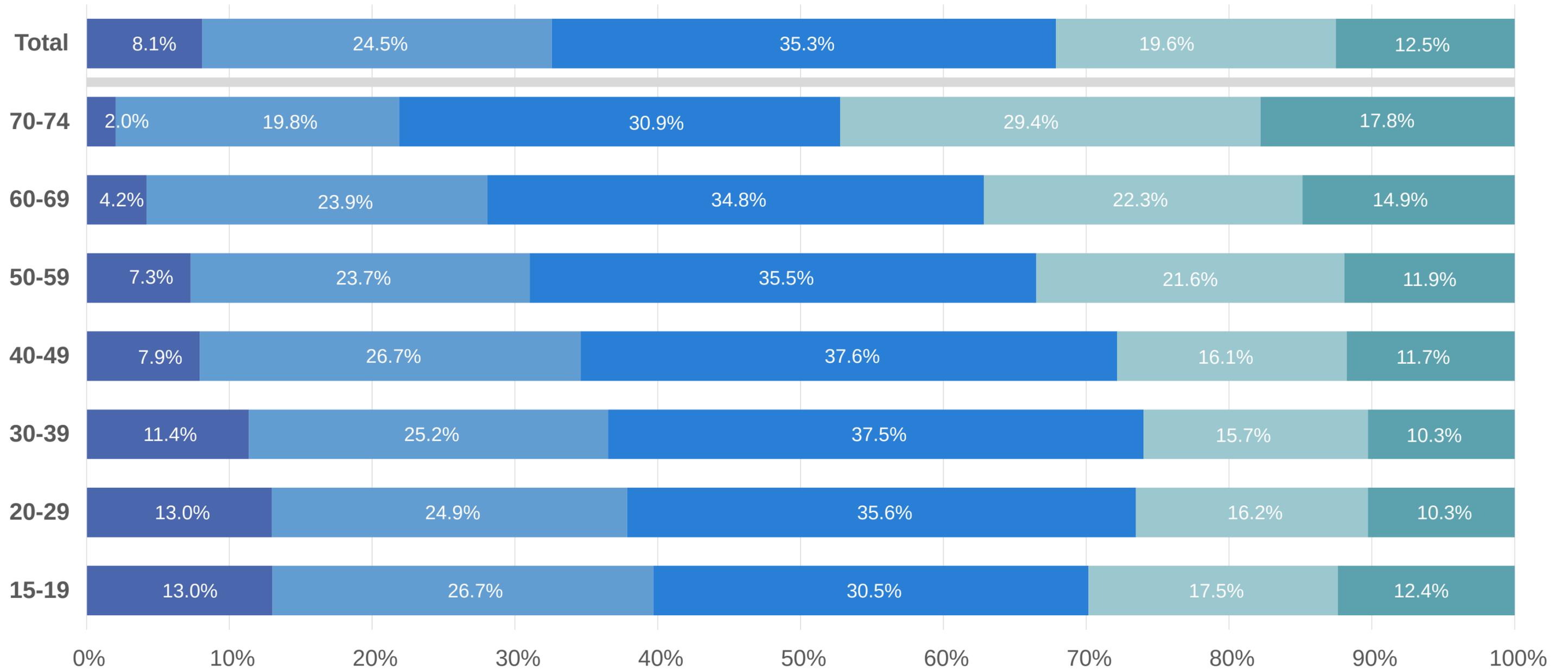
# If there was a party that puts battling climate change first, I would vote for it.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

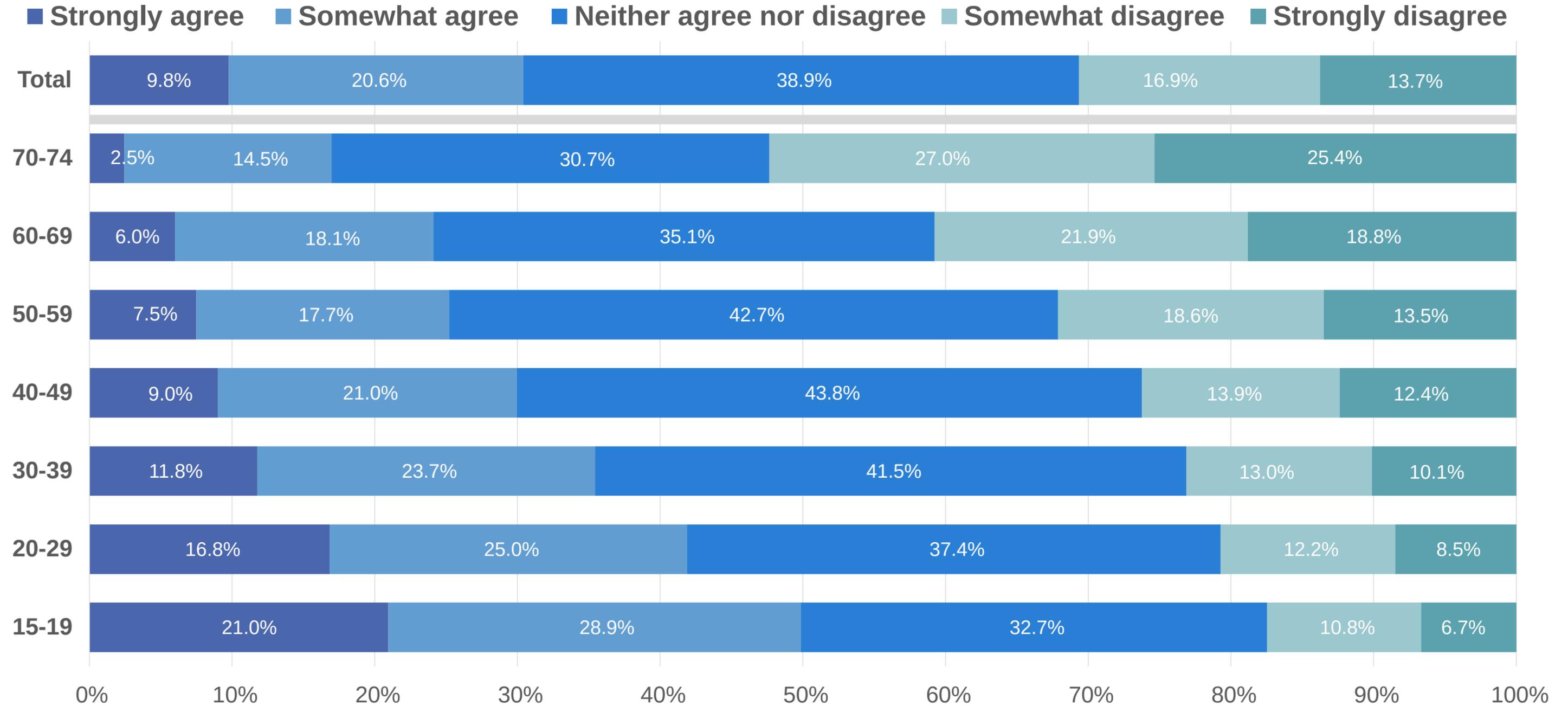
# Politics is too complicated to understand.

■ Strongly agree  
 ■ Somewhat agree  
 ■ Neither agree nor disagree  
 ■ Somewhat disagree  
 ■ Strongly disagree



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

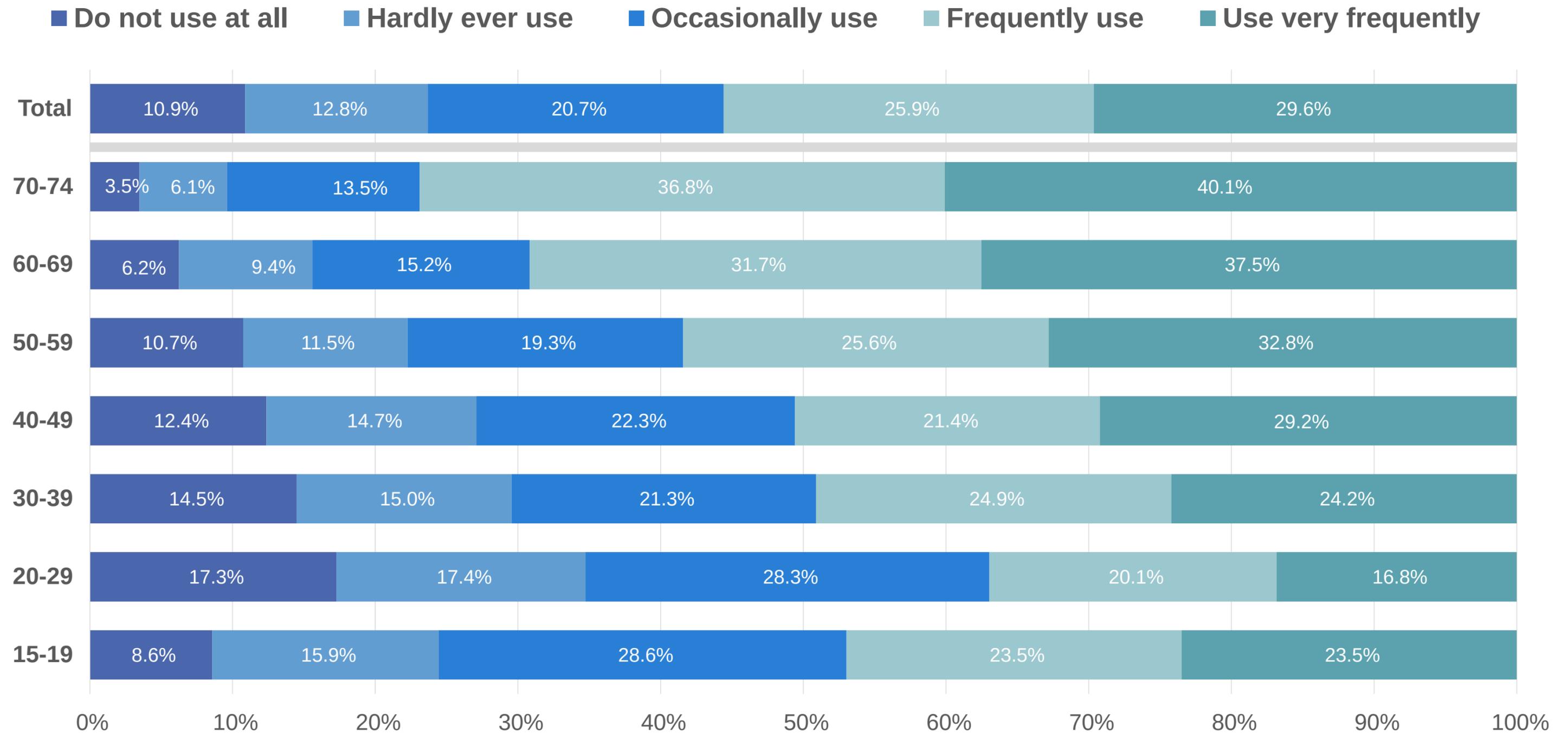
# If I can choose, I would rather watch something entertaining (comedy, drama, etc.) than a news program.



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# INFORMATION SOURCES: USES AND TRUST

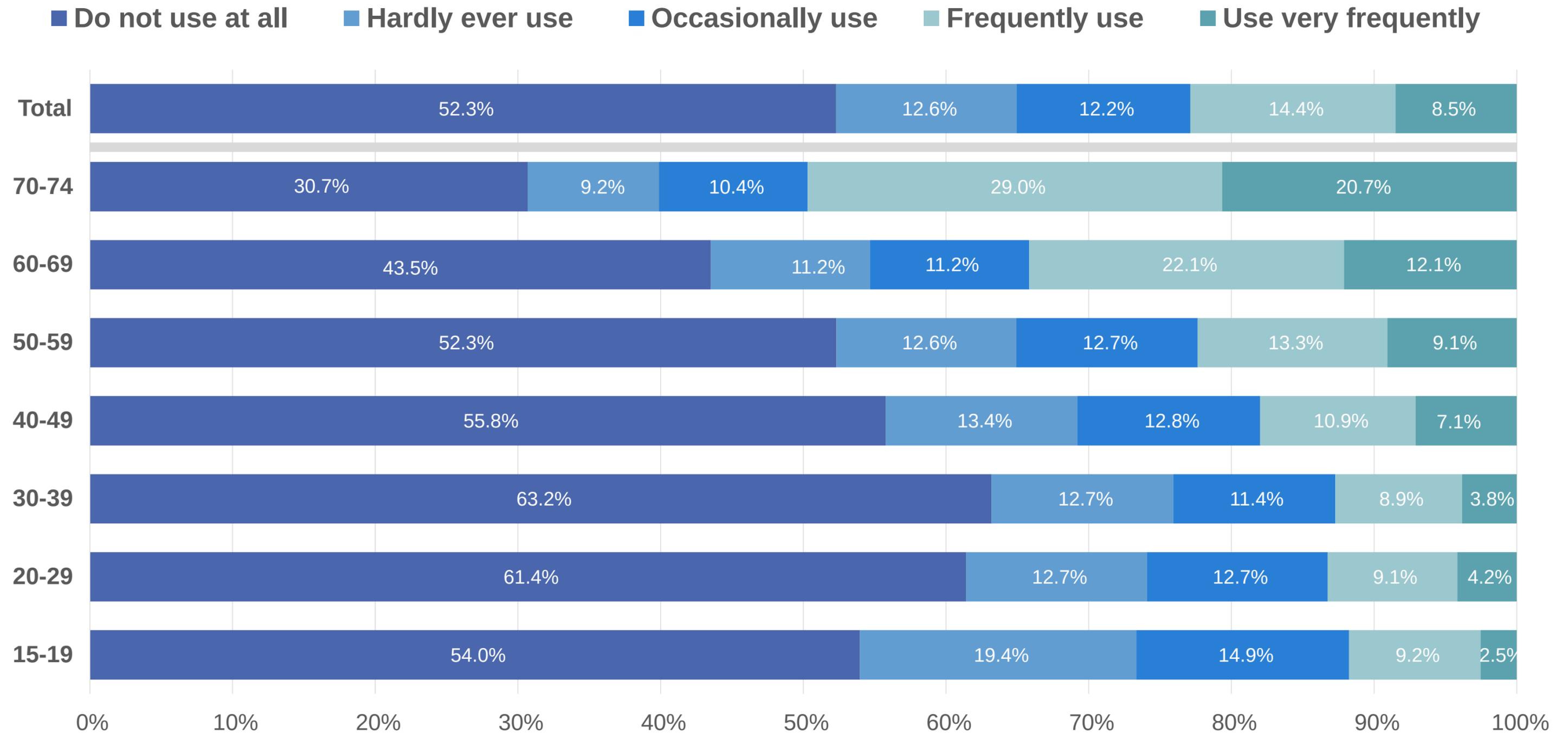
# How often do you use TV to obtain information?



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



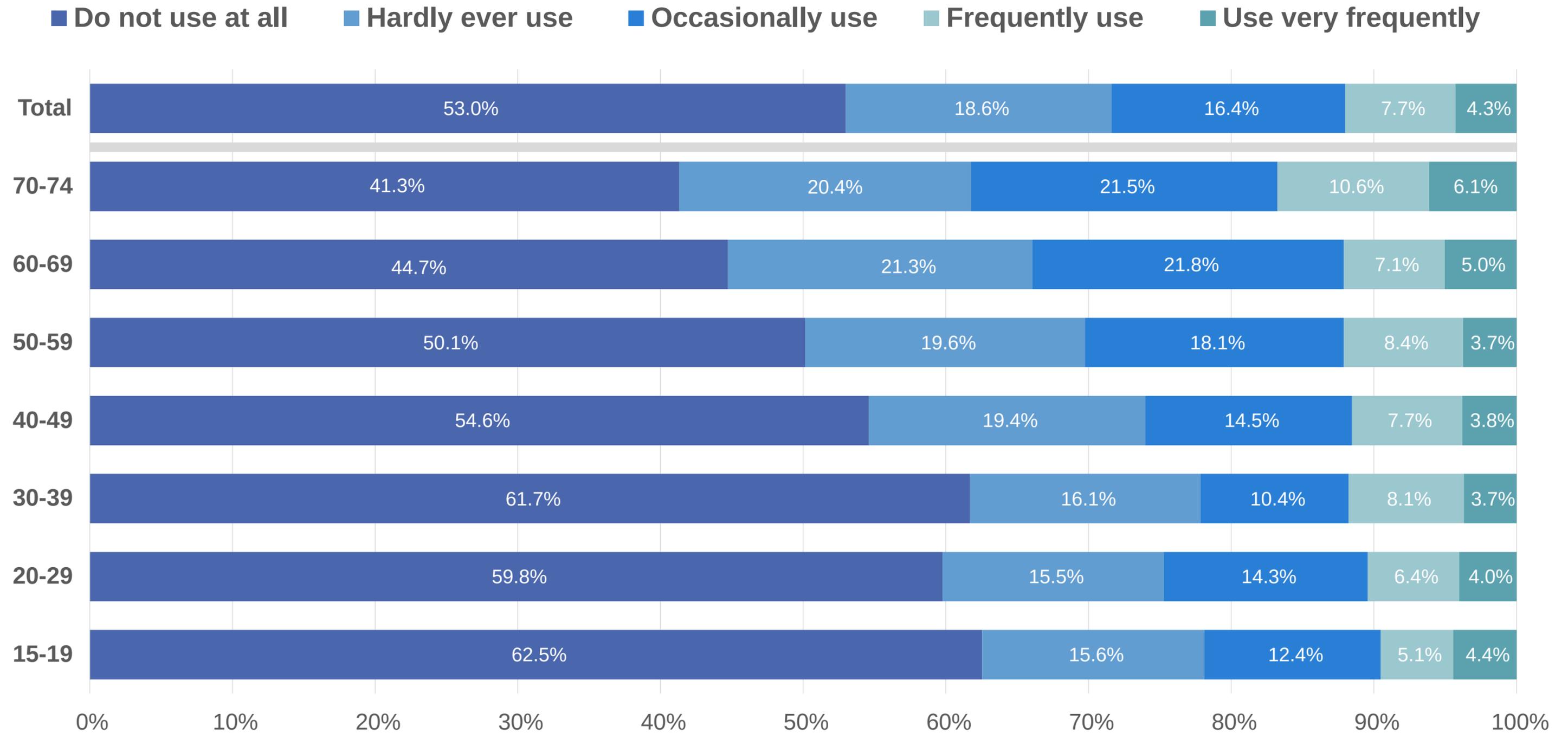
# How often do you use newspapers to obtain information?



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

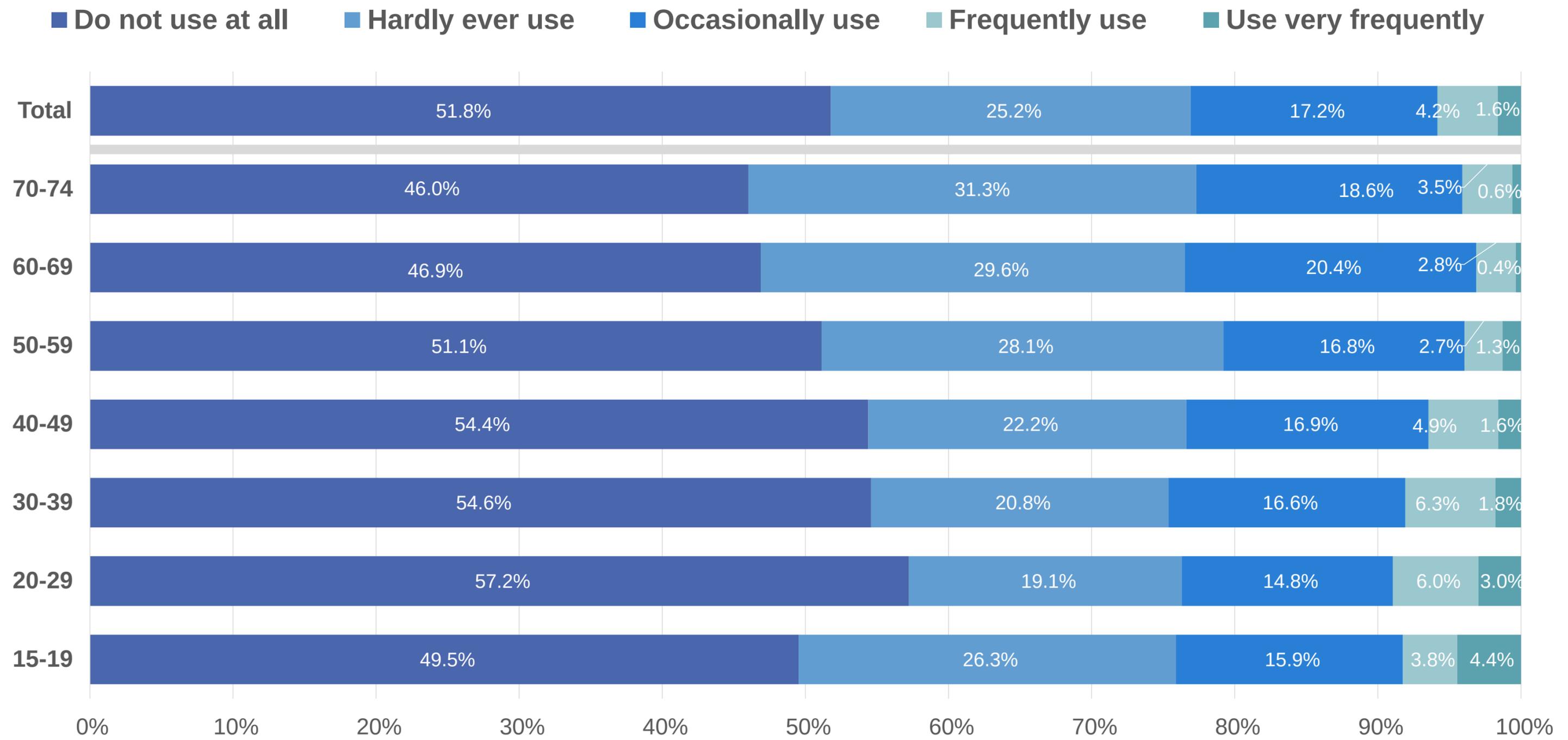


# How often do you use the radio to obtain information?



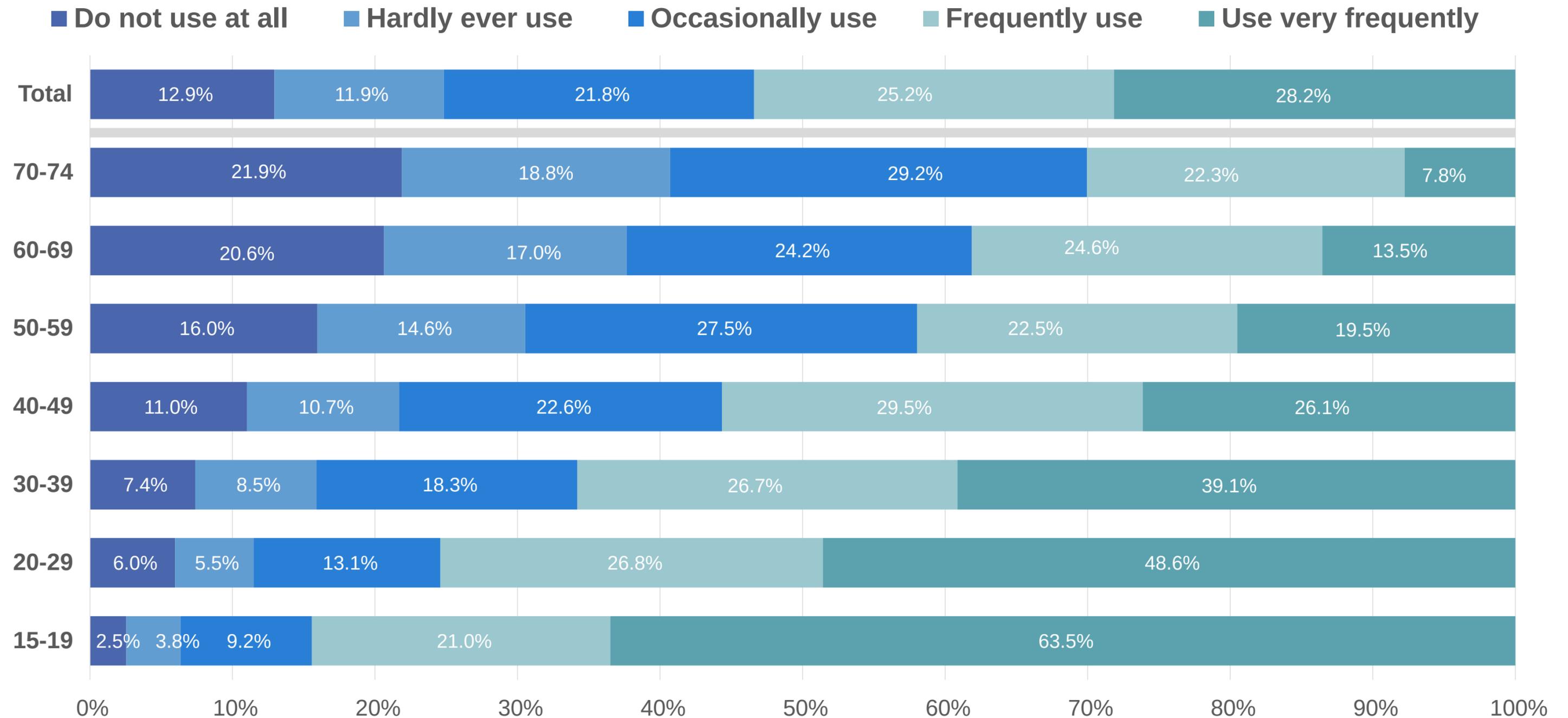
Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# How often do you use magazines to obtain information?



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

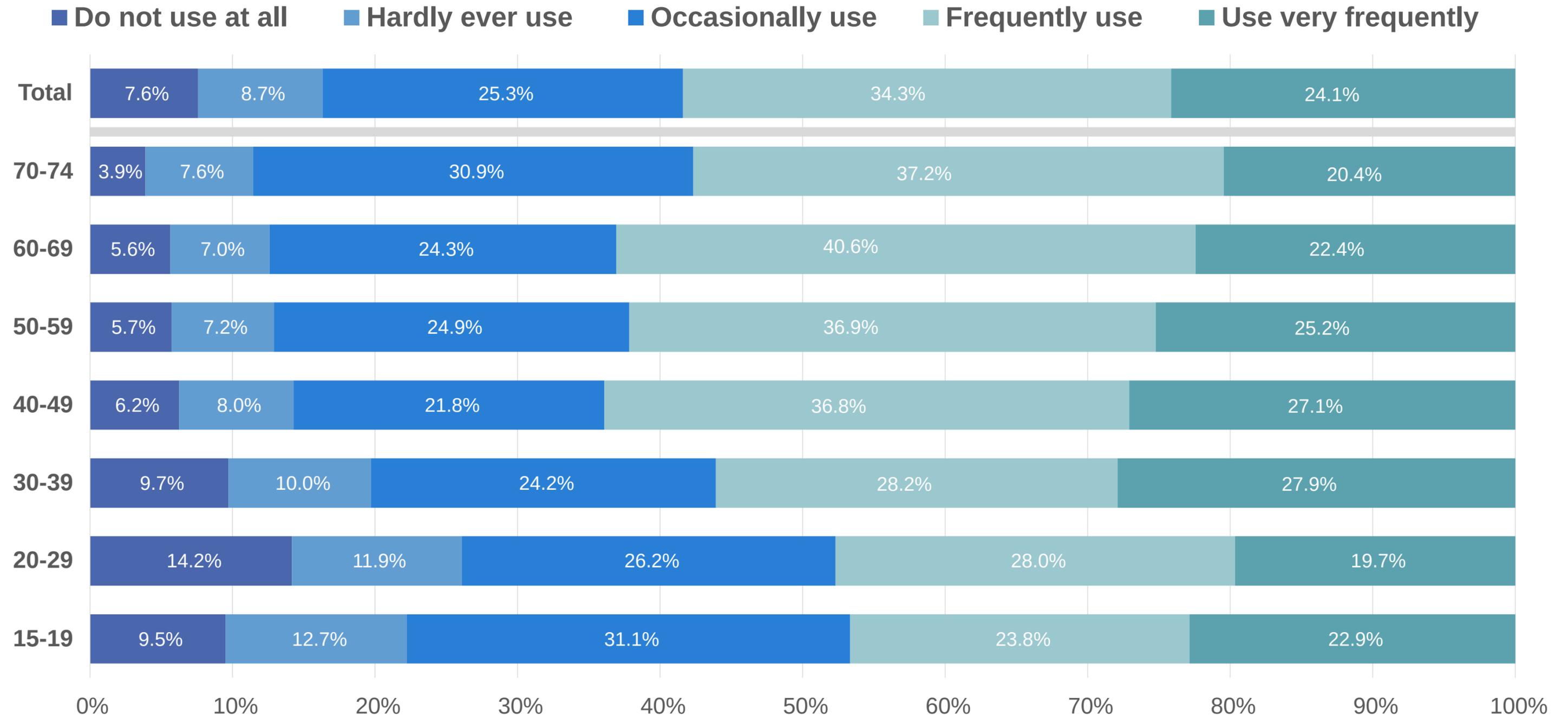
# How often do you use social media (e.g., X, Instagram, TikTok) to obtain information?



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



# How often do you use news sites (e.g., Yahoo! News, NHK News) / Web-based media (HuffPost, BuzzFeed Japan) to obtain information?

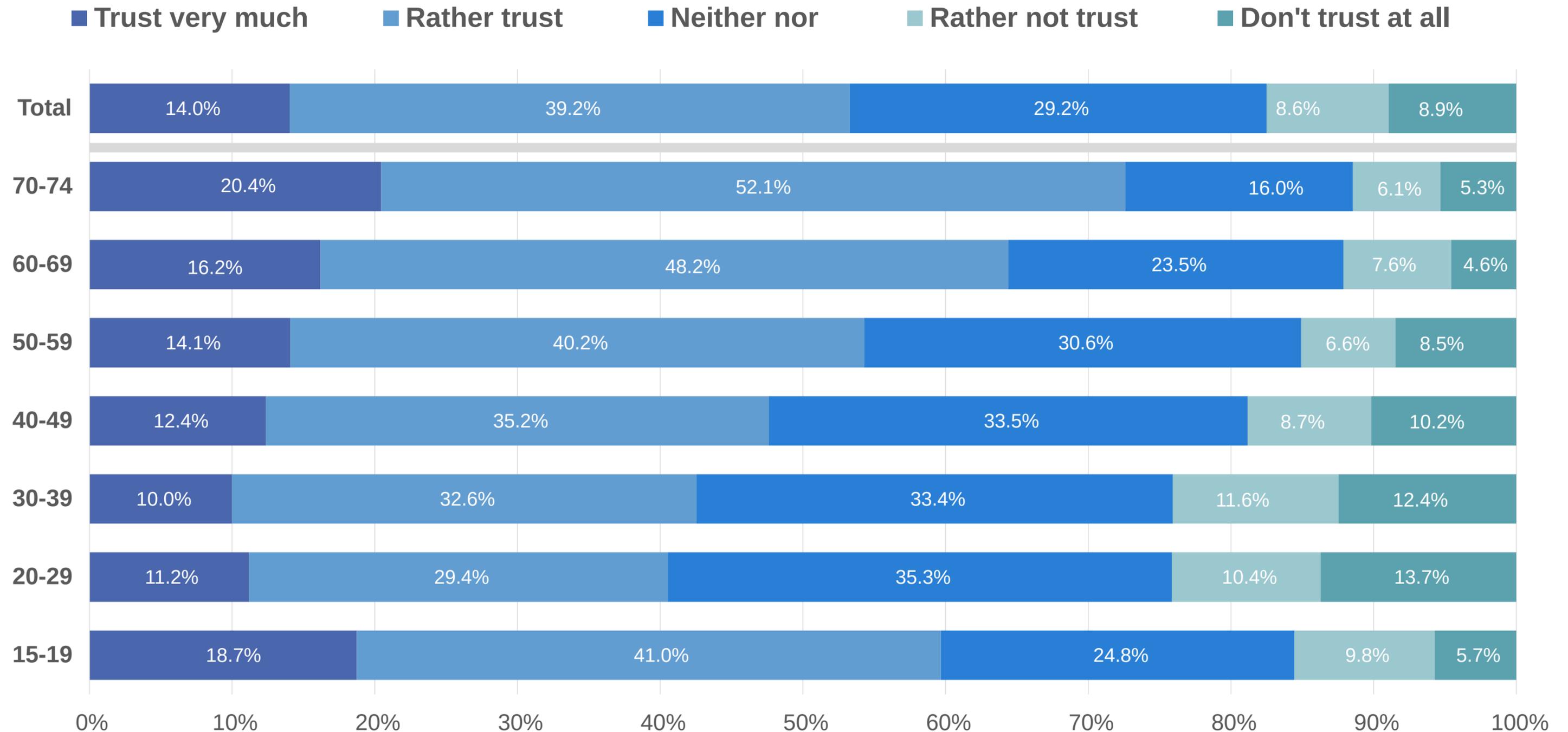


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# TRUST IN INFORMATION SOURCES

To what extent do you trust the information you receive from the following sources?

## Newspapers and television (news)

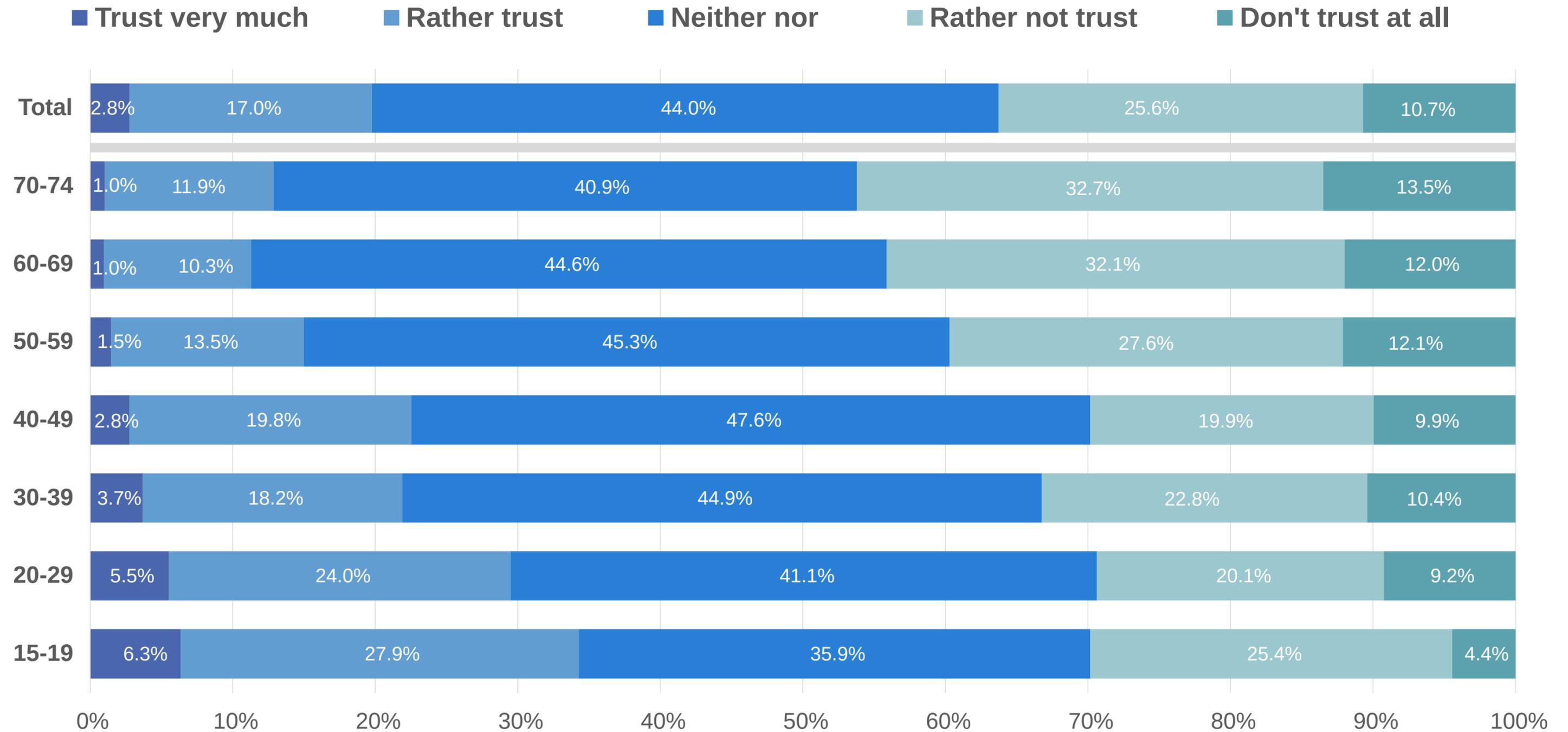


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



To what extent do you trust the information you receive from the following sources?

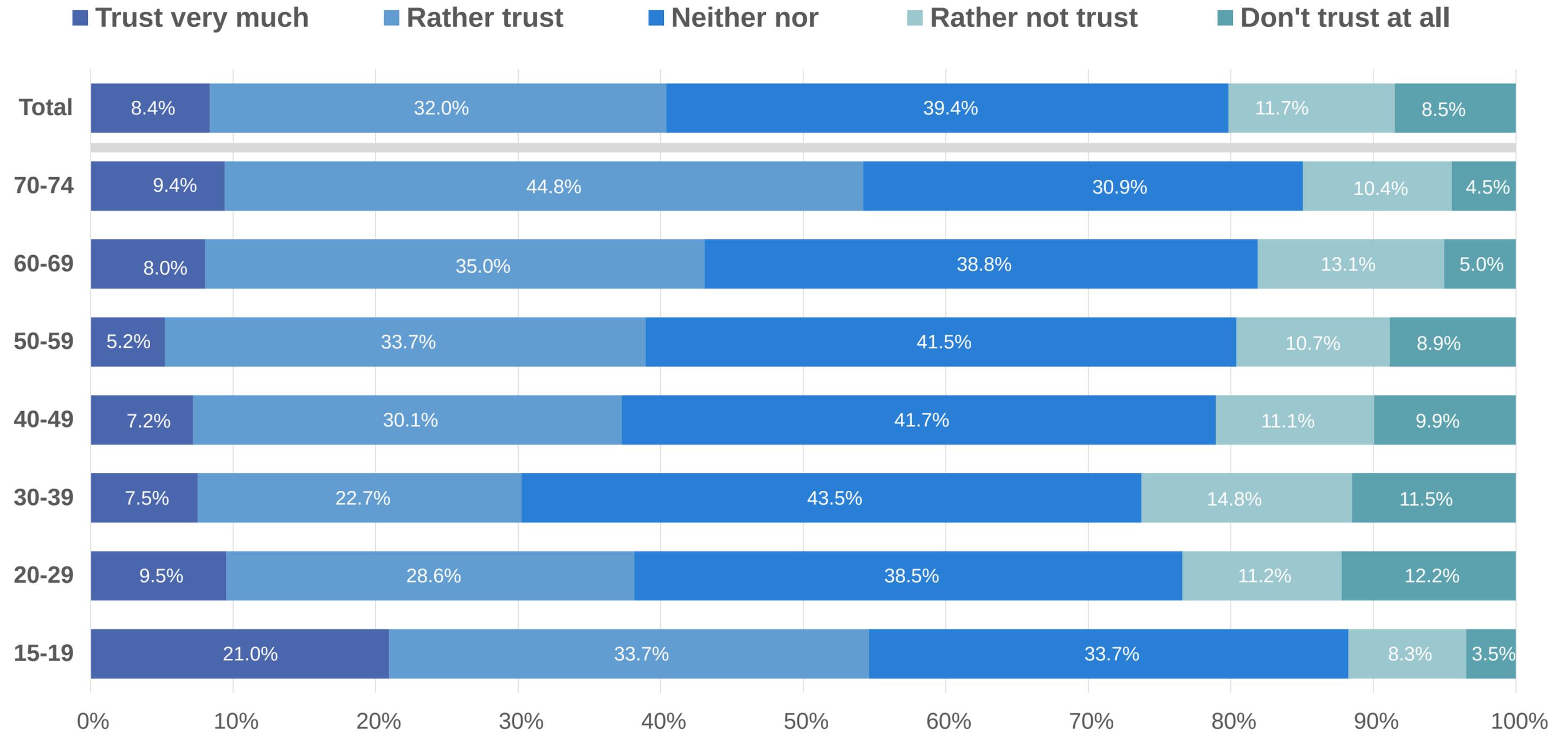
## Social media (e.g., X, Instagram, YouTube)



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do you trust the information you receive from the following sources?

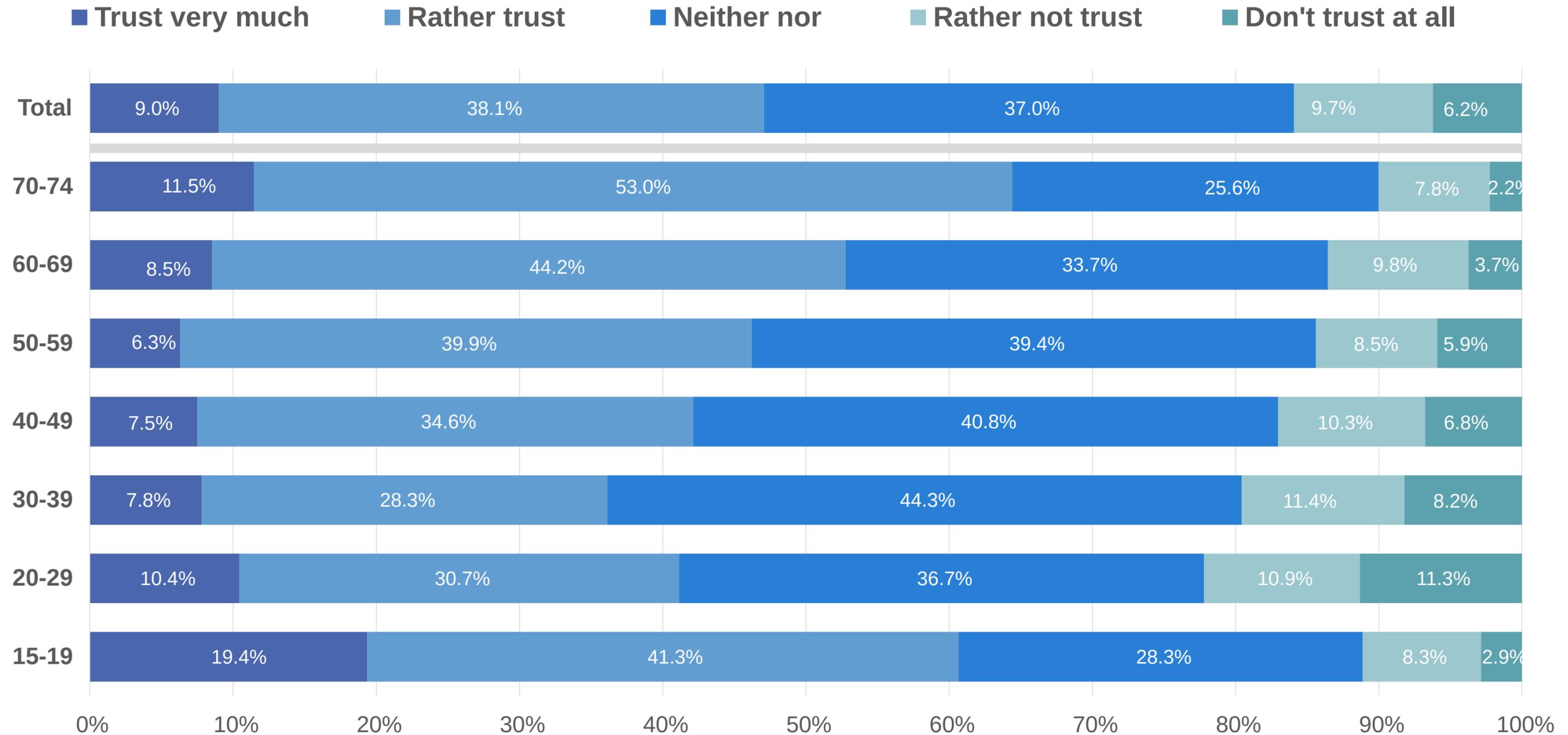
## Central government (e.g., national ministries and public institutions)



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do you trust the information you receive from the following sources?

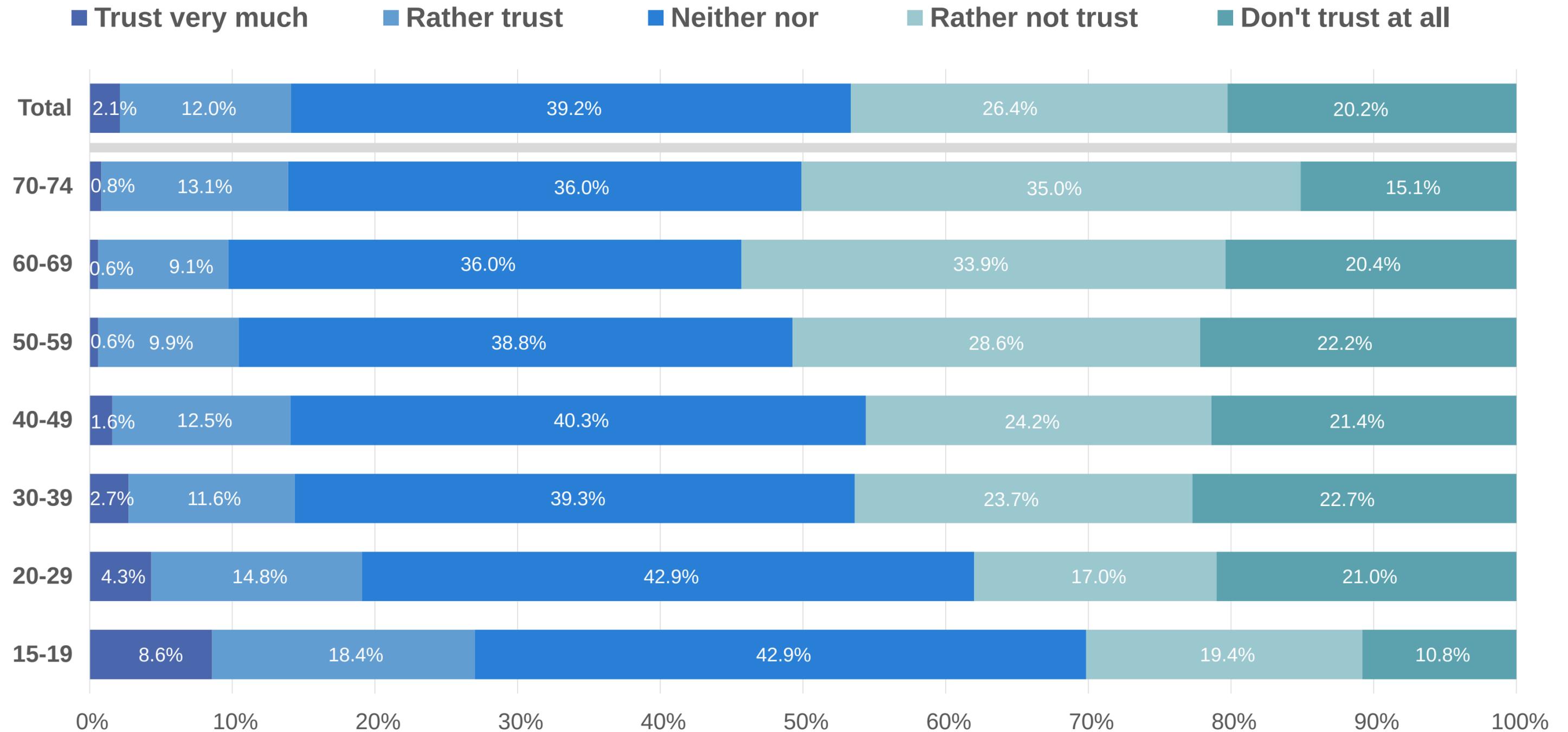
## Local governments (e.g., prefectural and municipal governments)



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

To what extent do you trust the information you receive from the following sources?

## Politicians (e.g., members of the national or local legislatures)

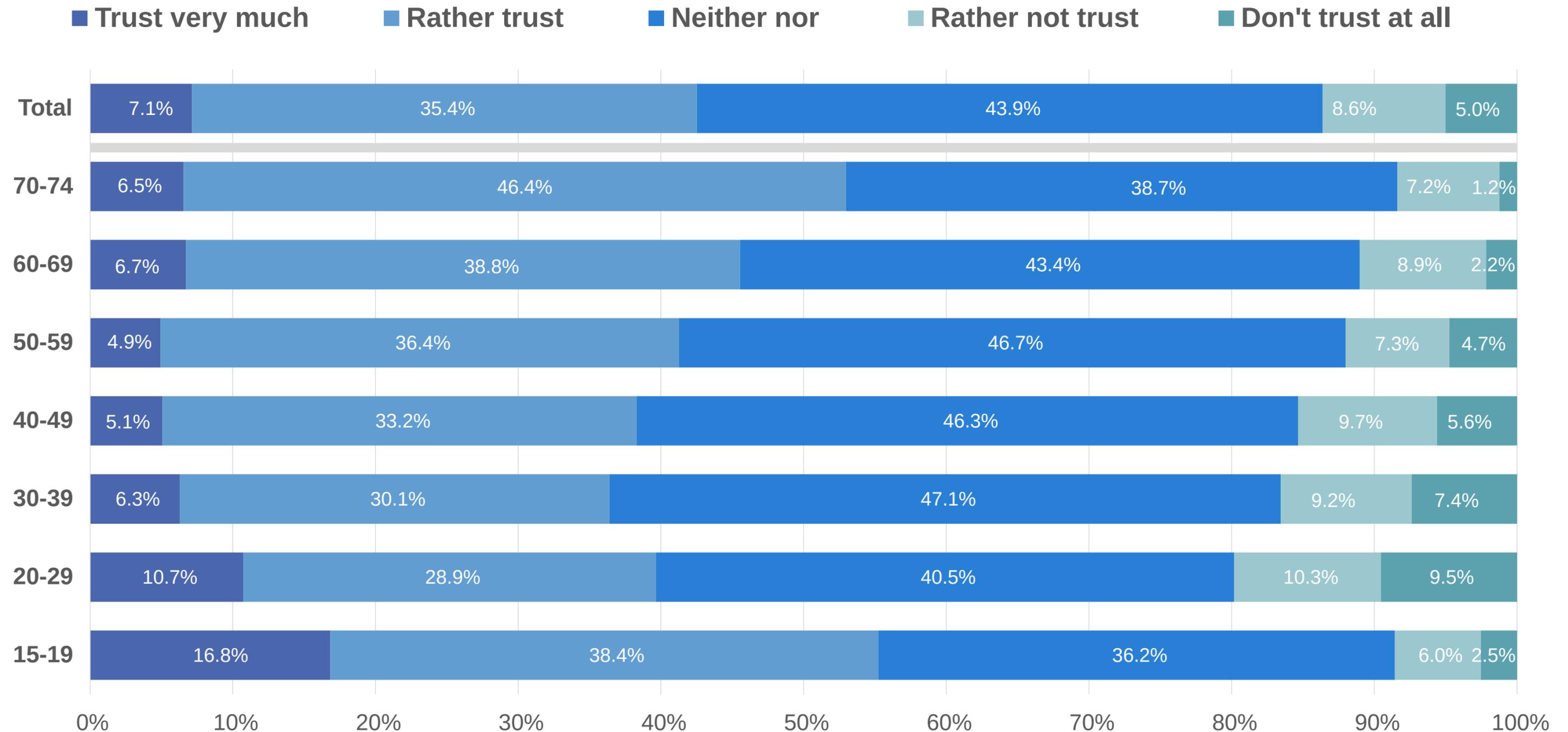


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>



To what extent do you trust the information you receive from the following sources?

## Scientists (e.g., experts affiliated with universities or research institutions)

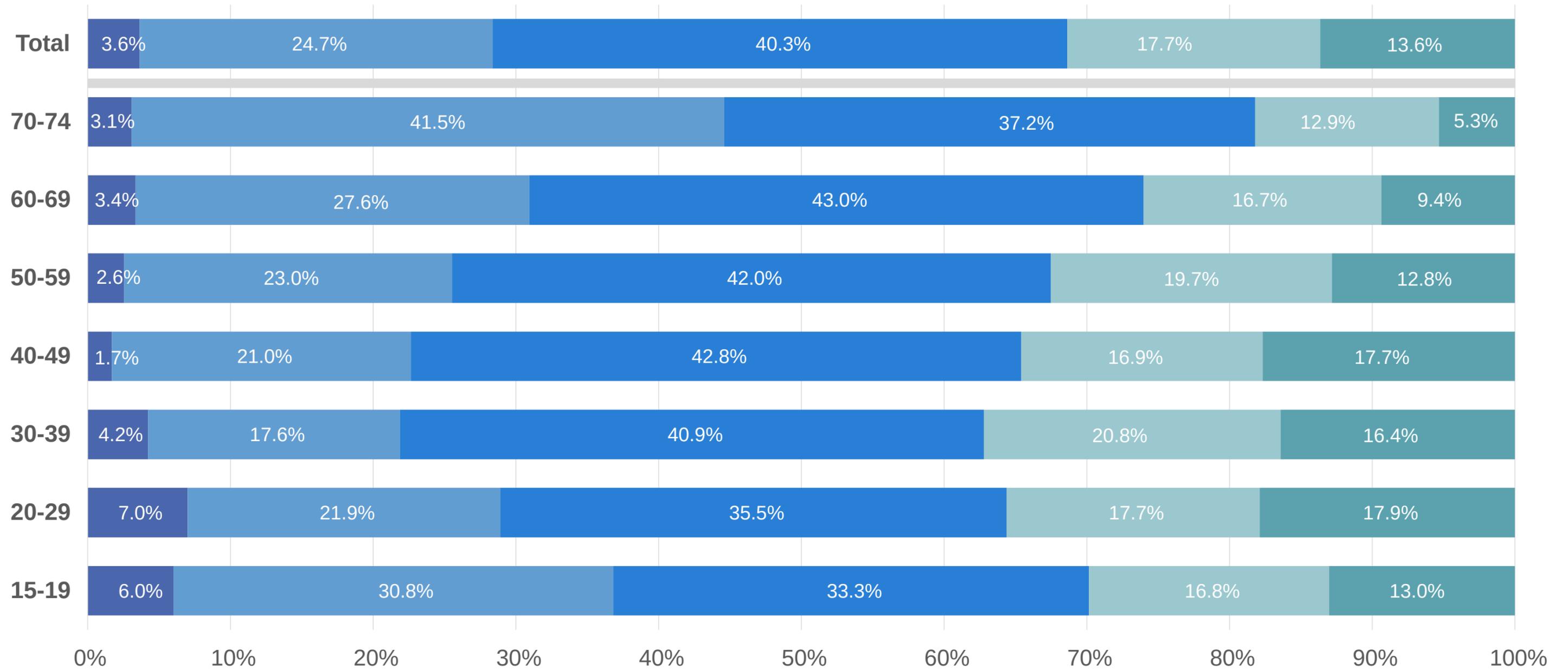


Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# **GENERAL SOCIAL TRUST AND SOCIAL BELONGING**

# Most people can be trusted.

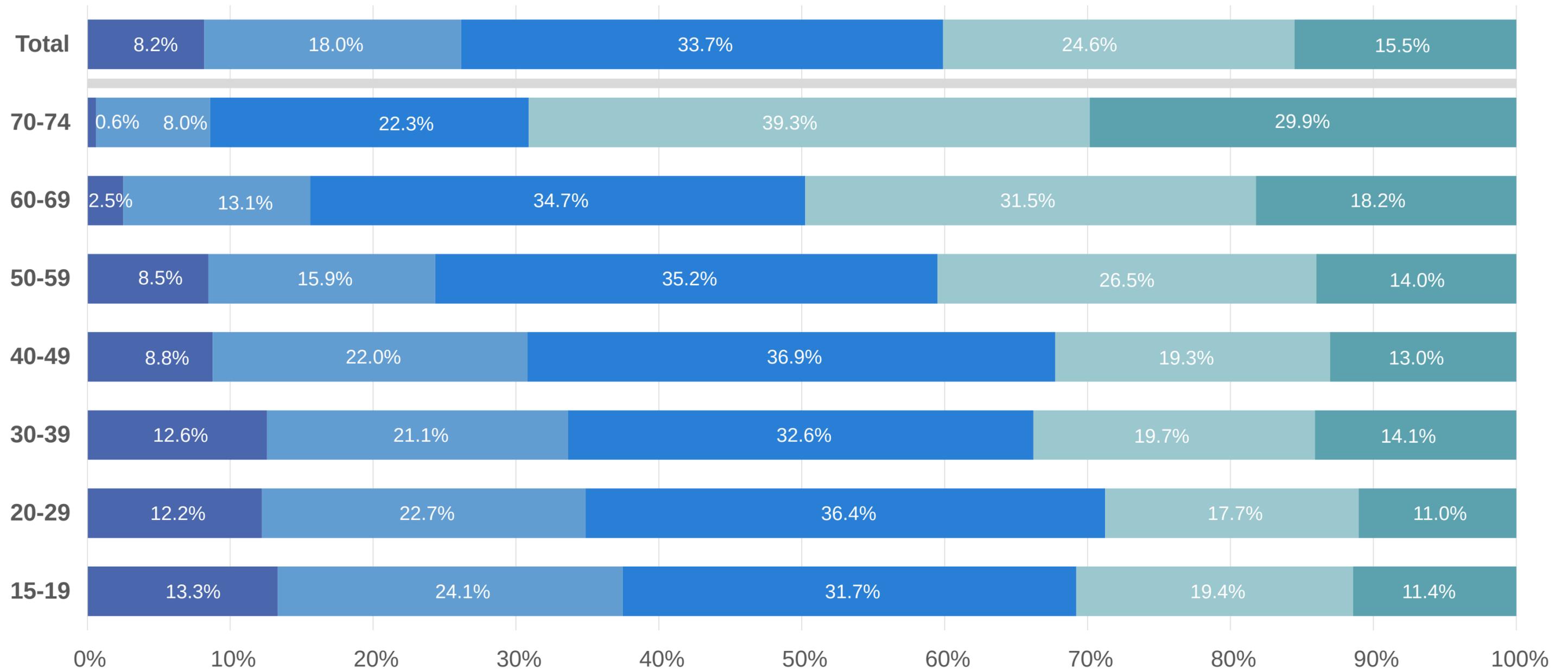
■ Strongly agree  
 ■ Somewhat agree  
 ■ Neither agree nor disagree  
 ■ Somewhat disagree  
 ■ Strongly disagree



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# I worry that I am left behind by society.

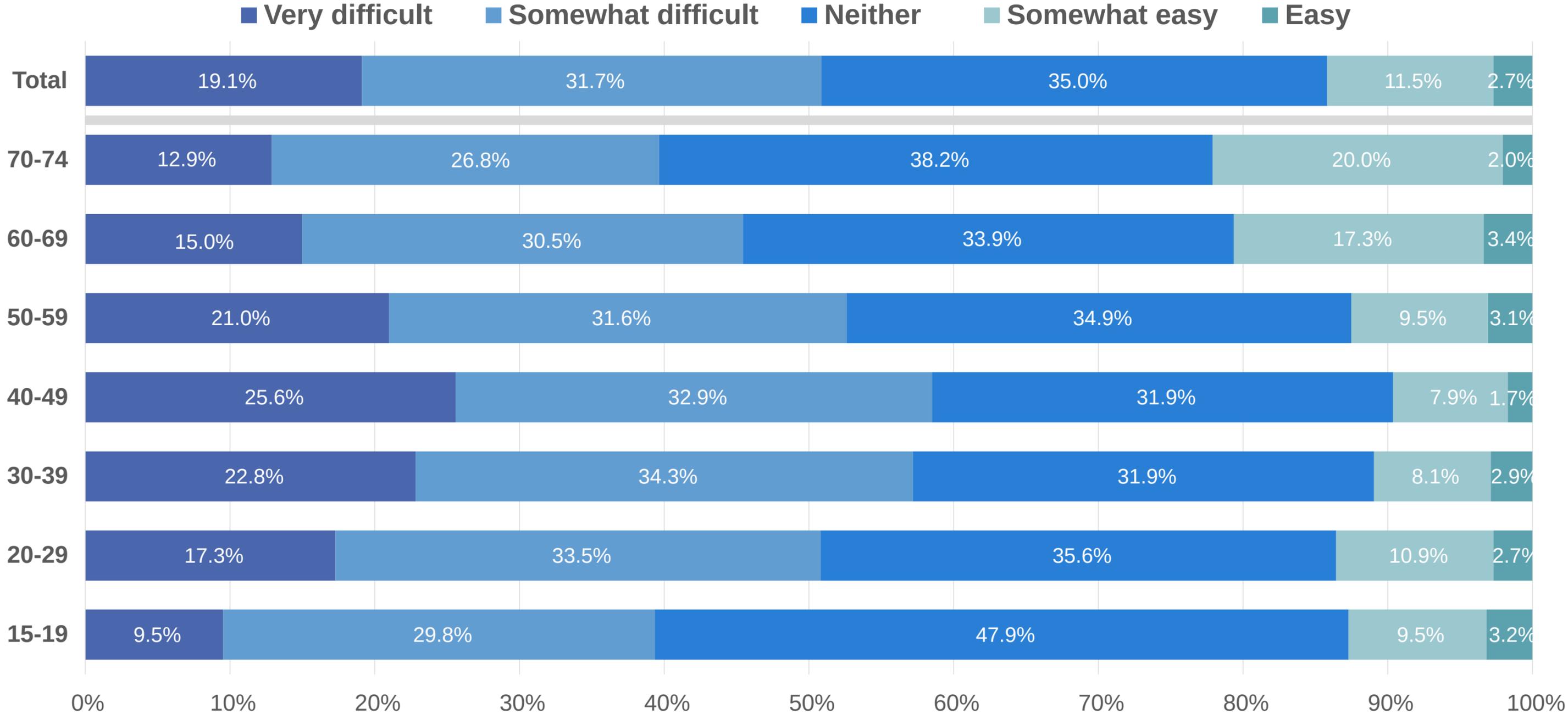
■ Strongly agree  
 ■ Somewhat agree  
 ■ Neither agree nor disagree  
 ■ Somewhat disagree  
 ■ Strongly disagree



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# EXPERIENCES OF FINANCIAL STRAIN

# Is it difficult or easy to manage your household finances with your family's income?



Source: Sophia University Climate Survey 2025, Hommerich et al. (2026), <https://doi.org/10.5281/zenodo.18408499>

# **SAMPLE DEMOGRAPHICS**

		%	N
Gender	Men	50.3	2515
	Women	49.7	2495
Age Groups	15-19	6.3	315
	20-29	13.4	671
	30-39	14.6	731
	40-49	18.9	945
	50-59	20.3	1015
	60-69	16.7	834
	70-74	9.8	489
Marital Status	Married	48.7	2433
	Never married	42.7	2136
	Divorced or separated	6.6	329
	Widowed	2.0	102
Education	Currently enrollend in high-school	2.5	123
	Completed secondary education	29.5	1474
	Completed post-secondary vocational education	11.5	573
	Completed junior or technical college	9.6	478
	Four-year university degree	41.3	2063
	Graduate degree	4.1	199
	Others/missing	1.8	90
Urban/rural residence	Very urban area	6.4	320
	Somewhat urban area	43.8	2188
	Intermediate between urban and rural	32.2	1609
	Somewhat rural area	12.8	639
	Very rural area	4.9	244
Subjective social status	Top	1.5	73
	Upper-middle	21.8	1090
	Lower-middle	43.8	2188
	Upper-lower	22.6	1130
	Lower	10.4	519
Total		100	5000

Source: Sophia University Climate Survey 2025, Hommerich et al. (2026),  
<https://doi.org/10.5281/zenodo.18408499>

For inquiries regarding the content of this report, please contact us at: [hommerich\[at\]sophia.ac.jp](mailto:hommerich@sophia.ac.jp)

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